# SATRANGI...HAQ SE!

### Our Mandate: EQUALITY SERVED TO ALL.

SATRANGI Has A Mandate To Uphold And Safeguard The Emotions And Mental Health Of All Students With Their Orientations, In Maniben Nanavati Women's College (MNWC). We Work To Ensure All Our Fellow Mates Are Protected, Acknowledged And Educated About Their Emotions, Focusing On Mates Left Behind By Inequality, Social Progress And LOVE.

### Goals

1. To Be Able Bring About Equality And Improve The Emotional Rights Situation

Of LGBTQ+ People In MNWC.

2. To Be Able Provide Opportunities For Girls To Engage In Making MNWC A

Place Which Everyone, Regardless Of Their Sexual Orientation Or Gender

Identity, Can Live Free From Hatred, Prejudice And Discrimination.

3. To Be Inclusive And Open In Our Work To Challenge Discrimination And To

Consult, Involve And Inform The Individuals And The Communities We Serve.

4. To Create A Safe Emotional Space For All Regardless Of Their Sexual Orientation.

5. To Work On Holistic Well-Being Of Our Mates In MNWC.

### GET ACQUAINTED

Sex The Classification Of A Person As Male Or Female. At Birth, Infants Are Assigned A Sex, Usually Based On The Appearance Of Their External Anatomy. (This Is What Is Written On The Birth Certificate.) A Person's Sex, However, Is Actually A Combination Of Bodily Characteristics Including: Chromosomes, Hormones, Internal And External Reproductive Organs, And Secondary Sex Characteristics.

### Gender

Refers To The Socially Constructed Characteristics Of Womon And Men, Such Ad Norms, Voles, and it sub onship and Araba's Araba's in incoups Of Womm in and Mark 1's ane if one is volety To Sirole v And Car By Other ged \*

### Sexual Orientation

The Scientifically Accurate Term For An Individual's Enduring Physical, Romantic And/Or Emotional Attraction To Members Of The Same And/Or Opposite Sex, Including Lesbian, Gay, Bisexual And Heterosexual (Straight) Orientations. Avoid The Offensive Term "Sexual Preference," Which is Used To Suggest That Being Gay, Lesbian Or Bisexual Is Voluntary And Therefore "Curable." People Need Not Have Had Specific Sexual Experiences To Know Their Own Sexual Orientation: In Fact, They Need Not Have Had Any Sexual Experience At All.

### Homosexual

(See Offensive Terms To Avoid) Outdated Clinical Term Considered Derogatory And Offensive By Many Gay And Lesbian People. The Associated Press, New York Times And Washington Post Restrict Usage Of The Term. Gay And/Or Lesbian Accurately Describe Those Who Are Attracted To People Of The Same Sex.

### Heterosexual •\*

An Adjective Used To Describe People Whose Enduring Physical, Romantic And/Or Emotional Attraction Is To People Of The Opposite Sex, Also Straight,

### LGBT / GLBT

Acronym For "Lesbian, Gay, Bisexual And Transgender." LGBT And/Or GLBT Are Often Used Because They Are More Inclusive Of The Diversity Of The Community. Care Should Be Taken To Ensure That Audiences Are Not Confused By Their Use. Ensure That The Acronym Is Spelled Out On First Usage.

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### Gay

The Adjective Used To Describe People Whose Enduring Physical, Romantic And/Or Emotional Attractions Are To People Of The Same Sex (E.G., Gay Man, Gay People) Sometimes Lesbian (N. Or Adj.) Is The Preferred Term For Women. Avoid Identifying Gay People As "Homosexuals" An Outdated Term Considered Derogatory And Offensive To Many Lesbian And Gay People

### Lesbian

A Woman Whose Enduring Physical, Romantic And/Or Emotional Attraction Is To Other Women, Some Lesbians May Prefer To Identify As Gay (Adi.) Or As Gay Women. Avoid Identifying Lesbians As "Homosexuals," A Derogatory Term (See Offensive Terms To Void).

### Bisexual

A Person Who Has The Capacity To Form Enduring Physical, Romantic And/Or Emotional Attractions To Those Of The Same Gender Or To Those Of Another Gender. People May Experience This Attraction In Differing Ways And Degrees Over Their Lifetime. Bisexual People Need Not Have Had Specific Sexual Experiences To Be Bisexual. In Fact, They Need Not Have Had Any Sexual Experience At All To Identify As Bisexual. (See Next Section)

### Transgender

(Adj.) An Umbrella Term For People Whose Gender Identity And/Or Gender Expression Differs From What Is Typically Associated With The Sex They Were Assigned At Birth. People Under The Transgender Umbrella May Describe Themselves Using One Or More Of A Wide Variety Of Terms - Including Transgender, Some Of Those Terms Are Defined Below. Use The Descriptive Term Preferred By The Individual. Many Transgender People Are Prescribed Hormones By Their Doctors To Change Their Bodies. Some Undergo Surgery As Well. But Not All Transgender People Can Or Will Take Those Steps, And A Transgender Identity Is Not Dependent Upon Medical Procedures.

### Queer

Traditionally A Pejorative Term, Queer Has Been Appropriated By Some LGBT People To Describe Themselves. However, It Is Not Universally Accepted Even Within The LGBT Community And Should Be Avoided Unless Describing Someone Who Self-Identifies That Way Or In A Direct Quote. When Q Is Seen At The End Of "LGBT," It Typically Means Queer And/Or Questioning.

### Homophobia

Fear Of Lesbians And Gay Men. Intolerance Or Prejudice Is Usually A More Accurate Description Of Antipathy Toward LGBT People



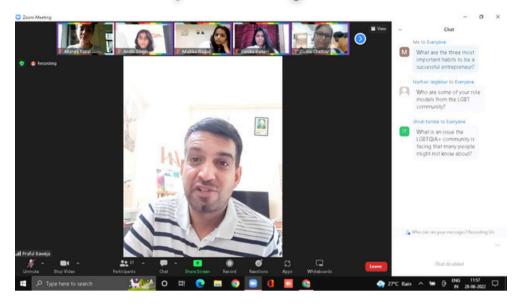


To create and publicise a platform for the LGBTQ+ students as a means of support and guidance.



To involve every stakeholder in this journey of awareness, conversation and inclusivity

## Invited experts from the community who shared tips on health, wellness and finance







Tune in to watch her create



Maniben Nanavati women's college working towards creating LGBTQ+ inclusive educational platforms, opportunities and learning environment.





### HATAII WUMEN 3

VALLABHBHAI ROAD, VILE PARLE (W), MAHARASHIRA - 400056 AWARDED BEST COLLEGE 2018-2019

### DEPARTMENT OF PSYCHOLOGY'S







in collaboration with... Women's Development Cell

Presents ....



An exciting film screening event!



Conducting programs within the college to provide opportunity for a healthy conversation and awareness

## Experts guiding our students on Responsible Allyship



MANIBEN NANAVATI WOMEN'S COLLEGE

BEST COLLEGE (2018–19) AFFILIATED TO SNDT WOMEN'S UNIVERSITY VALLABHBHAI ROAD, VILE PARLE WEST, MUMBAI

## SATRANGI CLUB

Organises

A TALK BY Ms. KAJAL MAKWANA Queer Affirmative Counseling Psychologist Founder, Giraffe Space



## **"RESPONSIBLE ALLYSHIP IN ACTION"**

An initiative by the Department of Psychology

**20TH JANUARY, 2024** 9:10 am onwards in 2.2





### 💽 GPS Map Camera

### Mumbai, Maharashtra, India

157, LIC Colony, Suresh Colony, Vile Parle West, Mumbai, Maharashtra 400056, India

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Lat 19.095471°

Long 72.841163°

20/01/24 10:24 AM GMT +05:30

## Celebrating Special Days



## Conversations to create awareness



Events to remove stigma







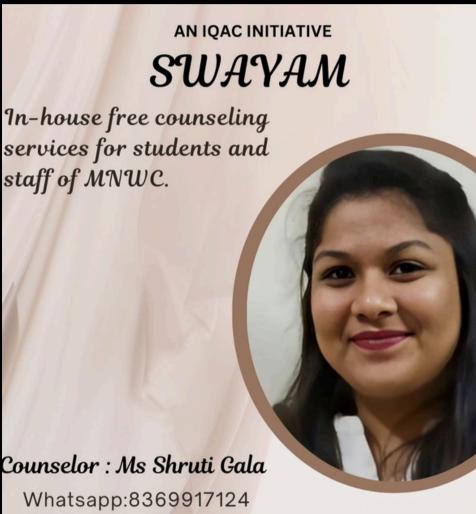


## Conversations to collect feedback



## Events to provide support

# SWAYAM – In House Free Counseling



If you or a friend want to talk about things that can't be talked about with others, do meet our counselor. She's here to support, guide and facilitate your growth with complete confidentiality.

Counselor : Ms Shruti Gala Whatsapp:8369917124 (Only texts, No calls)