

**7.3.1 Portray the performance of the Institution in one area distinctive to its priority and thrust within 200 words.**

**I.**  
**Community Outreach Initiatives by  
Departments**

**1. Child Development**



### **RAAH- Apki Raah humari Manzil**

RAAH is a digital platform that was initiated by the Department Of Child Development, Maniben Nanavati Women's College for transgender community and their Parents in the year 2019-20. This was the student-led research Project represented at Avishkar & Anveshan- prestigious student research conventions (State, zonal & National level) and begged prizes. It's **Vision** is to To E.A.S.E. (E – Empathize A – Accept S – Sensitize E – Empower) parents towards gender identity. It's **Mission** is To integrate transgender people into the mainstream society; To empower and educate parents of transgender children; To increase awareness among society about transgender individuals. Since then the student team along with their Mentor Dr Swati Partani are working to benefit Transgender community in multitude ways. Raah has covered numerous events which have helped us succeed in our mission bringing us closer to our vision. Live events like Azadi ke Lafz, Kavach Clothes Distribution Drive, and Distribution Drives (Distribution of nutritional kits & hygiene kits to HIV Trans patients) & Videos to prepare immunity booster recipes amidst complete lockdown in collaboration with generous organizations were conducted. Insightful webinars like - "Beyond Gender: Unmasking Gender Norms", "Trans-Jan: A conversation with the members of the Transgender community." and the three webinars held in collaboration with Volunteer for India ECLIPSING GENDER: A Step towards "Trans" informing Gender Norms, DECODING GENDER (Hint: It isn't binary) and Gender Affirming Surgical Interventions aimed towards parents, teenagers and transgender individuals respectively were also held.

In the academic year 2022-23, RAAH collaborated with Tweet Foundation to benefit the Transgender individuals sheltered at Garima Greh. They were provided with intensive 4 months training in Digital Literacy and English Language Literacy to make them employment ready. Most of them were absorbed in jobs post training. Laptops were donated to Garima Greh Residents to

further Hone their skills. RAAH team is reaching out to the Transperson at traffic signals, Trans Cafes to know their challenges, help them and advocate for them. Here are some of the highlights of Project RAAH:

### Activities conducted in the year 2019-2020

#### 1. Project Poshan

Date: 23rd April 2020

Through this project Team RAAH successfully distributed 62 nutritional kits to PLHIV as nutritional support.



### Activities conducted in the Academic Year of 2020-2021

#### 1. Azadi Ke Lafzz

Date: 15th August 2020



## 2. Clothes Distribution Drive

Date: 17th September 2020



## 3. Beyond gender: Unmasking Gender Norms - Gender Sensitization Programme

Date: 20th November 2020



4. Trans-Jan A conversation with the members of the transgender community.

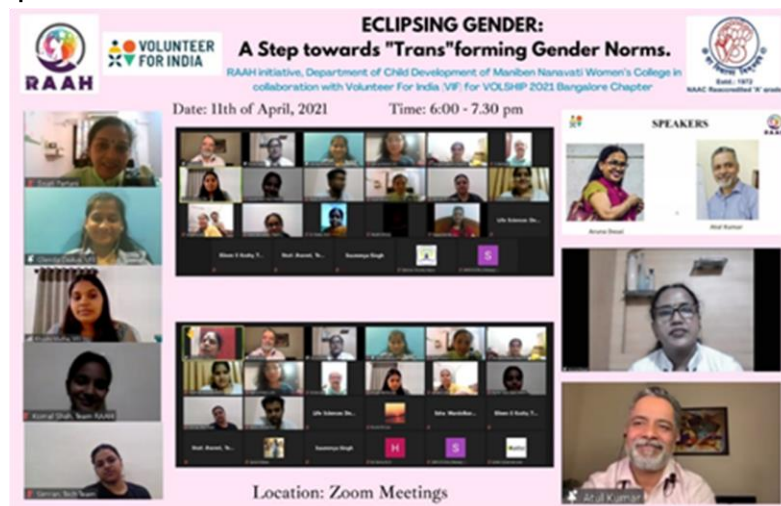
Date: 22nd November 2020



### Activities conducted in the Academic year 2021-2022

1. Eclipsing Gender: A step towards "Trans" forming gender norms

Date: 11th April 2021



2. Decoding Gender: (Hint it isn't binary)  
Date: 18th April 2021



3. Gender Affirmative surgeries An Overview  
Date: 25th April 2021



4. Helping Hand: Ration Distribution to Ms. Rose Shaikh  
Date: 2nd November 2021



5. Ration Distribution Drive  
Date: 22nd June 2021





5. Hygiene Kit Distribution Drive

Date: 10th July 2021



## Activities conducted in the Academic Year 2022-2023

Dr Swati Partani initiated Project RAAH action research skill-based intervention program to empower Adult Transgender individuals from Garima Greh adopted by Tweet Foundation. This Project was sponsored by Rotary Club of Bombay Airport. This skill intervention Program included English literacy course including grooming skills, as well as Digital literacy course included MS CIT course. This was the requirement to upskill the Transgender individuals to cater to their needs of upskilling to procure employment. Digitally equipped infrastructure and faculty members for English literacy, grooming skills and digital literacy course of MS CIT were made available to them during this course. The RAAH project was funded and further supported by donating 13 laptops to the Garima Greh by The Rotary Club of Bombay Airport. Transgender individuals not only got upskilled and got certificates for the completion of the course but were also procured jobs through a placement drive by Tweet foundation.

### 1. Visit to Garima Greh

Date: 19th March 2022



## 2. Project RAAH: Skill Development programme for Transgender Persons

Date: 4th August 2022

"Having the ability to master a skill is truly one of the most important aspects for success"



## 3. Skill Development Programme: English Sessions

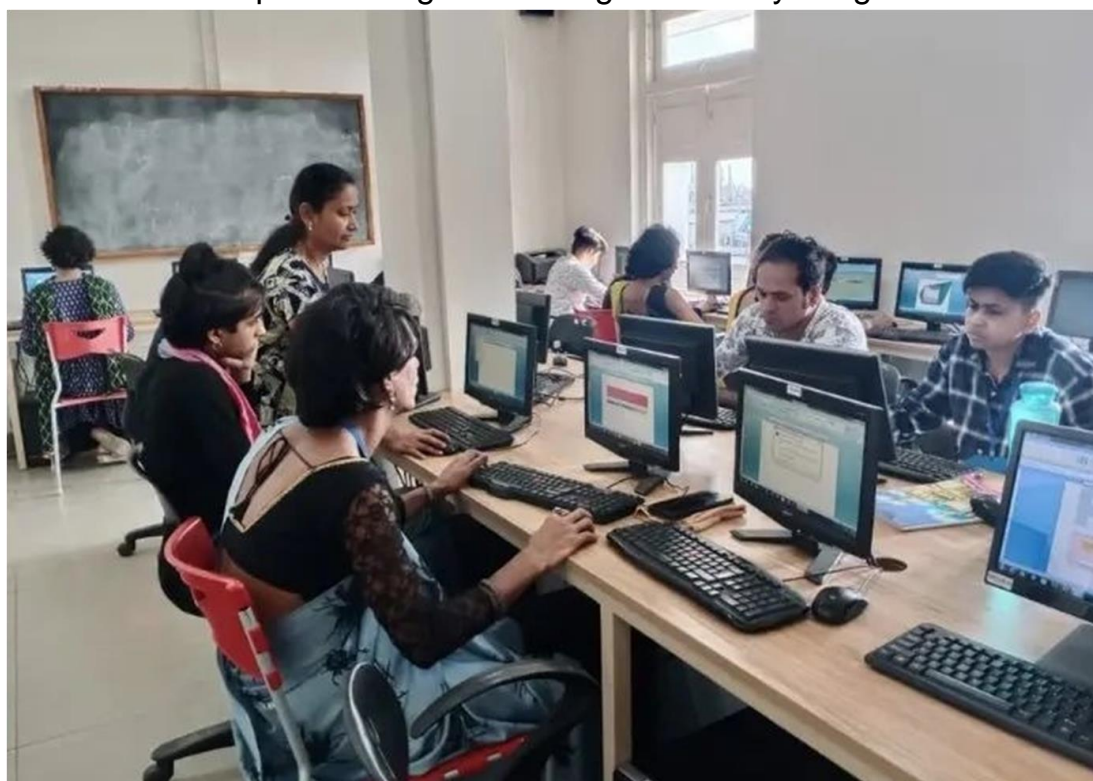
"One way of truly communicating is to break the language barrier"



#### 4. Skill Development programme: Reading Sessions



#### 5. Skill Development Programme: Digital Literacy Programme



## 6. Grooming Sessions



## 6. Laptop Distribution Drive; Date: 13th October 2022

"It doesn't matter what you give, its what you give that matters"





7. Certificate Distribution and Closing Ceremony for Skill Development Programme; Date: 8th April 2023  
"It is the end of a decade but the start an age"



8. Dr Swati Partani invited for Panel discussion by Tweet Foundation for Trans education & employment on 18th August 2022



9. Dr Swati Partani got felicitated for work done Through RAAH At Transmela, The Lalit, New Delhi organized by Tweet Foundation  
Date: 10<sup>th</sup> March, 2023



10. Team RAAH's visit to Bambai Nazariya  
Date: 28th December 2022



11. Dr Swati Partani was invited for Panel Discussion with Girl Up Delhi  
Coalition and, RAAH Date: 6th January 2023





12. Interview with Mahi: Trans Individual at Traffic Signal

Date: 18th February 2023

“Creating awareness always starts with a small step”



13. Open House discussion at The Trans Cafe

Date: 1st March 2023



14. Trans Inclusion Summit

Date: 15th April 2023

“Being able to share a part of one’s knowledge and success is the true meaning of life”



15. In celebration of Pride month Team RAAH visits The Trans Cafe

Date: 4th June 2023 "Celebrating the month of Pride"





Swati Partani &lt;swati.partani@mnwc.edu.in&gt;

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**Thank you for your association in our 11th Book Week!**

4 messages

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Swati Baid <education@mmcmail.org.in>  
To: swati.partani@mnwc.edu.in  
Cc: Vrushali Naik <daycare@mmcmail.org>

Tue, Nov 24, 2020 at 12:09 PM

Dear Swati Mam,  
Greetings from MMC!

Just a small note to thank you so much for partnering with us on the occasion of our 11th Book Week and giving this wonderful opportunity to our children to be introduced to your wonderful story telling and the world it opens up for them! This year has been different than the usual for all of us but the excitement of our children was no different. Our children were very excited for an online story telling session and enjoyed the session with your students.

Three students Tasmiya Kazi, Shital Parekh and Sana Makhnoji from Maniben Nanavati Women's College had associated with our children on the 21st November for an online story telling session for our children. Tasmiya and Shita conducted two sessions each with different centres for approximately 30 minutes each and Sana conducted one session for the same duration. All three of them were well prepared and our children had an amazing experience with each one of them. I really wish to compliment the college for encouraging their students to participate in such activities. We look forward to further association as well.

We thank each one of them once again for taking time out from your busy schedule to open up new vistas for them. It would be great if you can visit our Facebook page and "like" our page, which will help to spread the word around!

It was possible for us to commemorate this occasion only with your whole hearted support!

Regards,  
Swati



Swati Baid  
Education officer  
Mobile: +91 7045599210 | Board: +91 22 22020869 / 79  
Email: [education@mmcmail.org.in](mailto:education@mmcmail.org.in)  
Website: [mumbaimobilecreches.org](http://mumbaimobilecreches.org)  
Facebook | Twitter | YouTube  
<https://goo.gl/maps/vzbFayYz7iK2>

Mumbai Mobile Creches  
1st Floor, Abbas Building Mereweather Road, Colaba, Mumbai – 400 001

CIN: U80101MH2006NPL164821

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Book Week 2020- Thank you card 6.png  
1593K

**NAME OF STUDENTS ALLOTTED :BHAKTI SONI (TYBA)**

**BHOOMI BHATEYA (FYBA)**

**COLLEGE NAME :NANAVATI COLLEGE**

**CLASS: T.Y.B.A AND F.Y.BA**

**NAME OF THE ORGANIZATION : Mumbai Mobile Creche**

**ADDRESS: B.G Shirke Construction Bombay Dyeing Mill Near Bhoiwada Hindu Smashan Bhoomi,  
Mumbai: 400 014**

**DATE- From 16th October to 23rd October**

**TIME: 9:00am to 1:30pm(4 AND HALF HOUR EVERYDAY)**

**TEACHER PUPIL RATIO (TPR) :In Total 3:50**

- For Creche (play school) -1:7
- For Balwadi (pre -primary)-1:18
- For Primary-1:25

**TEACHING PEDAGOGY: Their teaching pedagogy is based on activities where concrete learning is their through Child Centric Behavior**

**OBJECTIVE:**

\*To study the facilities available for education at MMC (Mumbai Mobile Creche)

\*To help them with creative ideas for book week

\*To Observe and analyze the behavior and environment of the child as well as the centre.

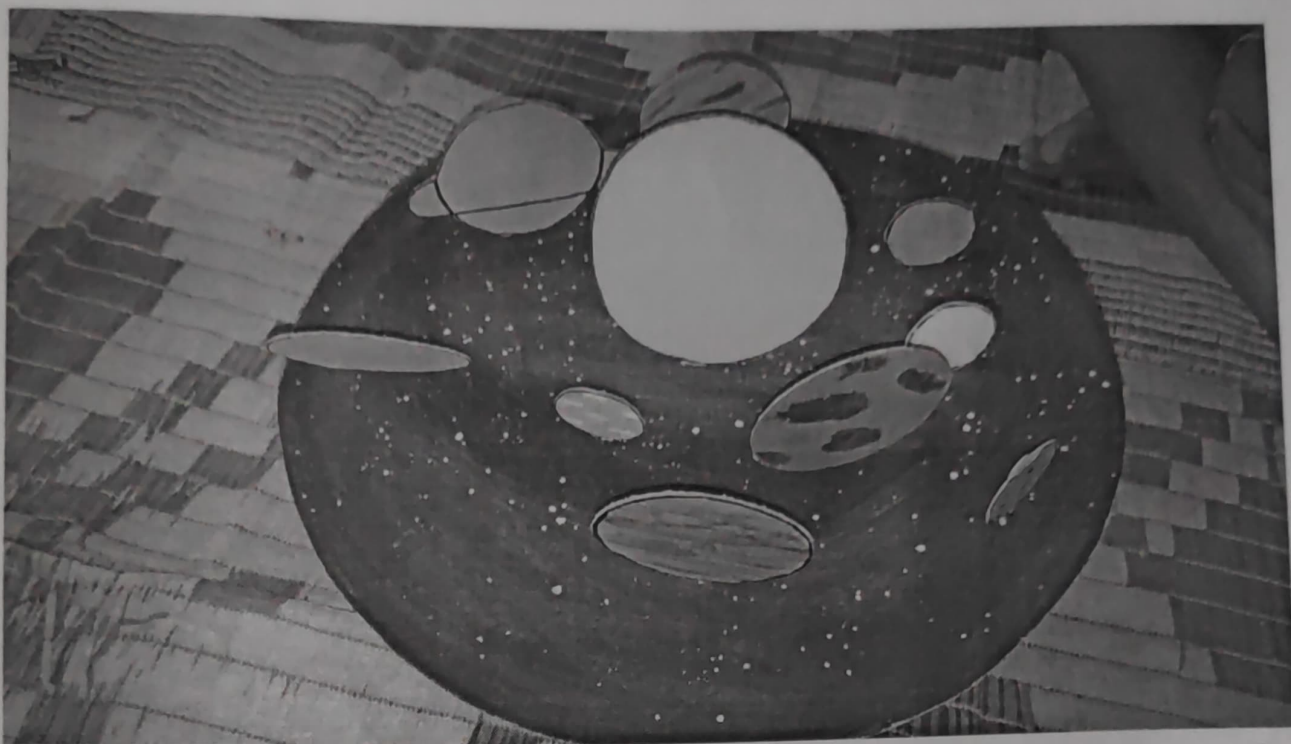
**OBSERVATION: As we visited to the centre we were allotted was at Bombay Dyeing Centre where we enter the centre on first day that is On 16th of october children were sitting in the classroom allotted to them i.e their were total three classroom where in one classroom it was allotted for Creche second classroom was allotted to the balwadis (pre primary) and the third classroom was allotted to primary children .We first went to meet and to greet the teacher incharge over their where she introduced and gave short knowledge about the Mumbai Mobile Creche .Later on she gave us some form to fill. After that we went for the observation where all childrens were having their breakfast i.e milk and choccos but breakfast they sing a song .After that we went to balwadi where the children were allotted for playing in group of three where their were beads activity, blocks,drawing,etc. After that we did riddles where we asked the Teacher to give story books for book treasure hunt activity for book week. After that we went to primary class where we made model of bakery with help of the children.In between they were getting snacks i.e banana and some calcium,protein medicine for weight gain .After that around 12.20 /12.30 they have their lunch time where they eat khichdi. One thing we observed that they were helping teacher to get utensil , washing their utensils after eating, brooming the classroom etc. Around 12.45 to 1.00 pm parents come to pick their children as they**

have their lunch break. After children goes Teachers have their lunch break from 1:00 to 2:00 and we also had break from 1:00 to 1.30 where we do lunch and after finishing lunch we discuss and plan for next day.



On 2nd day i.e on 17th October

We reached around 9.05am they all were gathering around 9.30 they were having breakfast At 10.00 to 11.00 after breakfast we went to balwadi class where they taught the activity as given by teacher and had a rhymes section. After balwadi activity we went to primary class where with the help of few children we made a model of solar system. While other children were having their normal class with the teachers. At 12.30 they had a lunch time. At that time we were finishing with left over work of the model Around 1.00 we had a break where we ate and discussed and planned about the next day.



On 3rd day i.e on 18th October

We reached at 9.05am where children were still coming at 9.30am they had their breakfast i.e milk poha After that at 10.00 am they were having their normal routine lesson. We went to balwadi class and taught them rhymes, drawing and story telling session was taken as the balwadi teacher had went for the meeting. At around 11.30 with the help of some balwadi as well as primary students we did slogans. We observed that at 12.00 primary sections were having chess class where they learn chess. They have chess class twice in a week i.e on tuesday and friday .Around 12.30 they had lunch time after that Teachers have break time from 1.00 to 2.00pm where we also have break from 1.00 to 1.30



On 4th day i.e 19th October

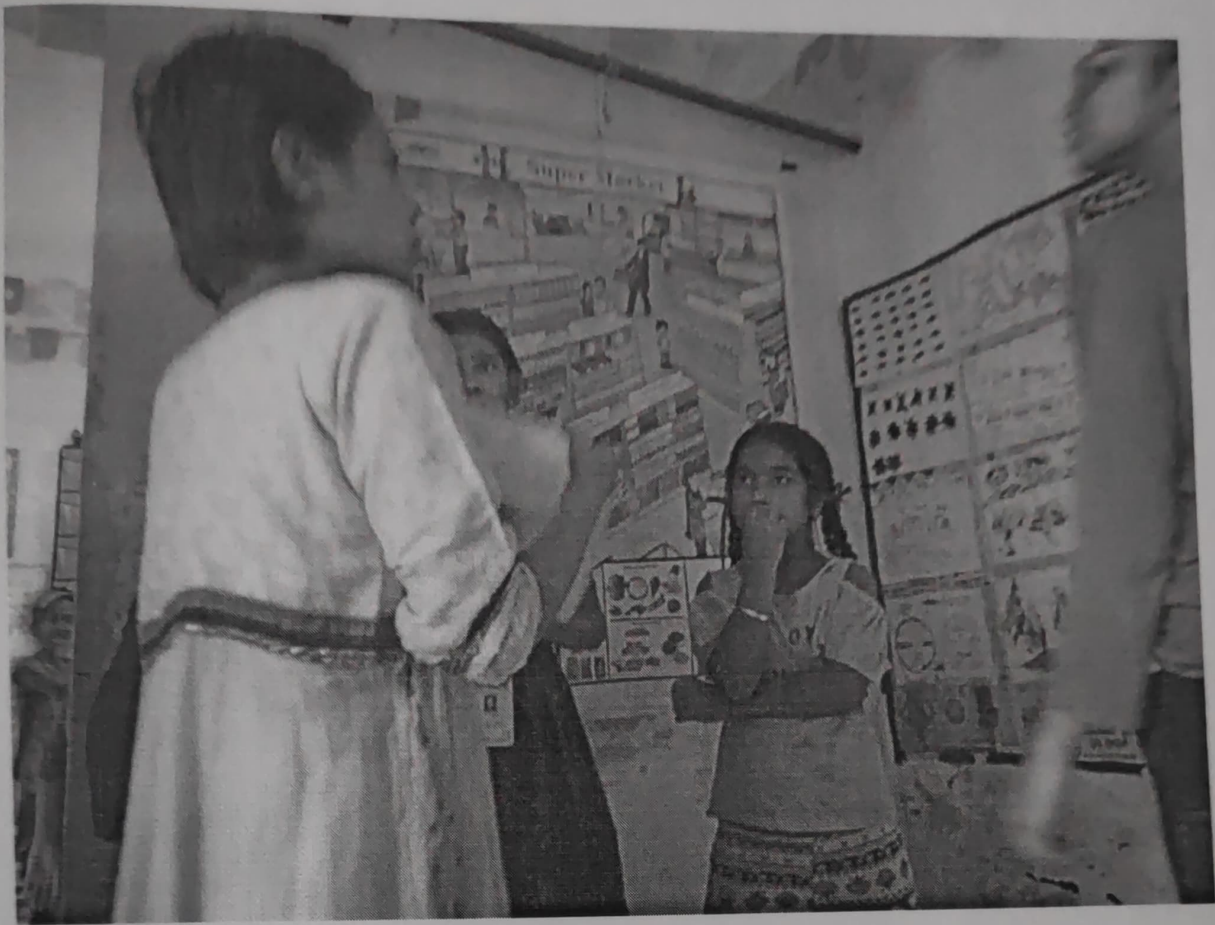
At 9.05 we reached. At 9.15 to 9.30 we took short story session. At 9.30 they were having breakfast. Around 10.00am we went to primary class where with the help of some children made a model of mumbai city till 12.00pm. After that we made a welcome song for the Book week. At 12.30 they had lunch time where till that time we did Reading of Khichdi book where they have to make script for role play. At 1.00 to 1.30 we have break.



On day 5 i.e on 21st October

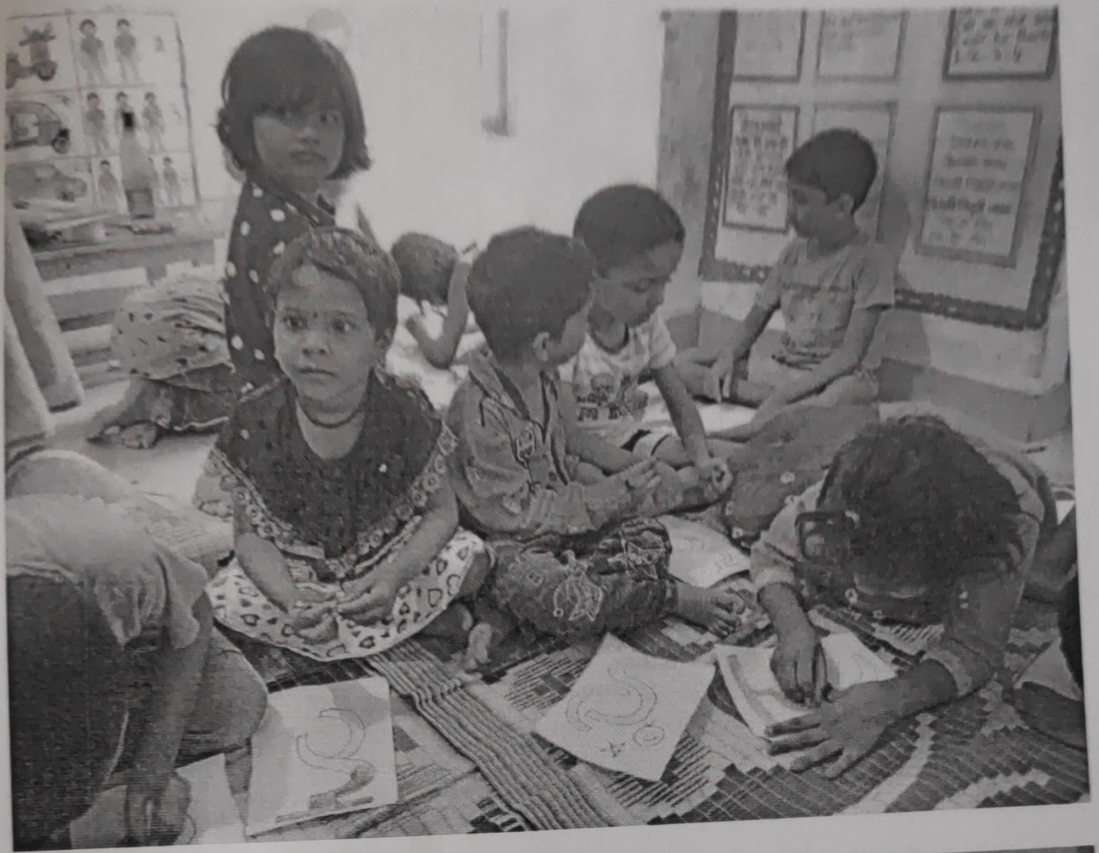
We reached at 9.06am. At 9.30 they were having breakfast. At 10.00am we took some children from balwadi as well as from primary class for welcome song practice. After that we made them understand about the khichdi book i.e for role play selected the children who can do act properly made them practice for role play after that as a part of their activity we did lantern as well as helped teacher for drawing. Around 11.45 we did slogan with the help of children. At 12.30 they had their lunch time. At 1.00 we as well as teacher had lunch break.

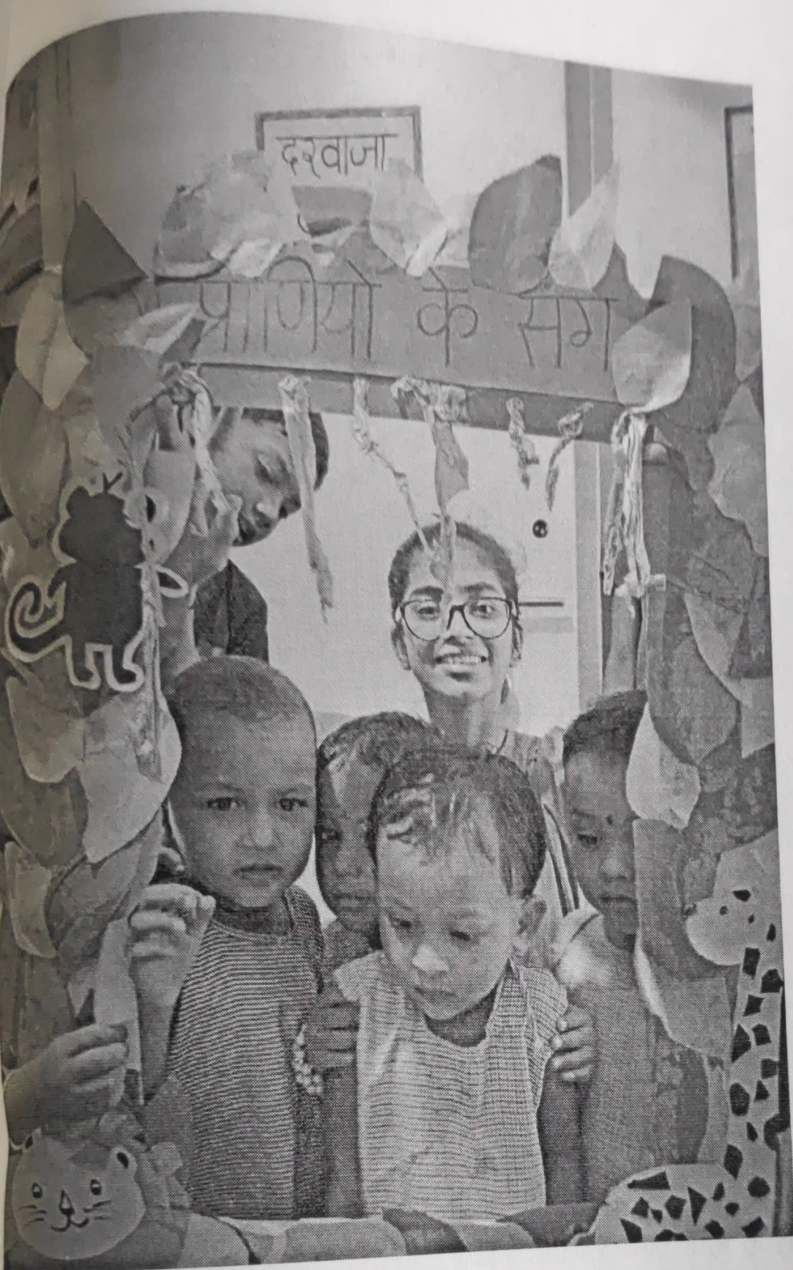




On 6<sup>TH</sup> day i.e on 22<sup>nd</sup> October

We reached at 9.15 am because of rain and there was a lot of puddles. We greeted everyone. At 9.30 children had their breakfast. After that at 10.00 am we went to balwadi and did some drawing activity. And did role play practice. After that around 11.30 we made selfie point crops with the help of children. Around 12.00 pm some children went for chess class while some were still helping us to make selfie point crops for book week. At 12.30 it was lunch time for children. At 1.00 pm it was break for teacher as well as for us.





On the 7<sup>th</sup> day i.e 23<sup>rd</sup> October

We reached at 9.15 am .We greeted everyone .At 9.30 we helped teacher in serving the breakfast to the children .After that at 10.00 we did story telling session and even we did role play practice .At 11.00 we gather all the children for science activity.We showed them as well as told them to perform science activity . At 12.00 we did incomplete work which was left .



**CRITICAL ANALYSIS:** The visit was very inspiring .By observing these children it realize that education doesn't stop and no one stops individual if one has spirit to do.Rather than education the children over here were so kind and helpul always ready to help eachother,teachers etc.

**EXPERIENCE :** Overall experience was good learned alot of creative things from them which didn't think off that this would also be possible.



**MUMBAI  
MOBILE CRECHES**  
FUTURES UNDER CONSTRUCTION

25.11.2019

TO WHOMSOEVER IT MAY CONCERN

This is to certify that **Ms. Bhakti Soni** from the **Department of Child Development, Maniben Nanavati Women's College** completed a 30 hours internship at Mumbai Mobile Creches from **16<sup>th</sup> to 23<sup>rd</sup> October 2019**.

**Mumbai Mobile Creches**, a 47 year old non-profit, supports children living on construction sites to be safe, healthy and educated. We run comprehensive day care centres for them on the sites and provide education, health care, nutrition, recreation and safety to the children from birth up to 14 years of age.

During the internship, Bhakti was placed at one of our centres at Bombay Dyeing, Dadar and was involved in the activities for the preparation of our annual Book Week event, including role play, songs, art and craft, and teaching-learning aids.

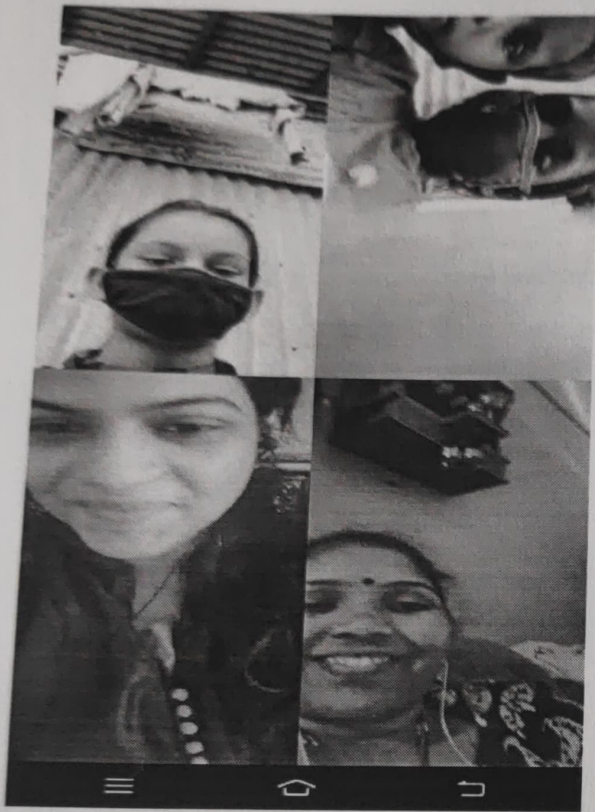
Bhakti was sincere, efficient and hardworking during her internship with us.

We wish Bhakti All the Best for her future.

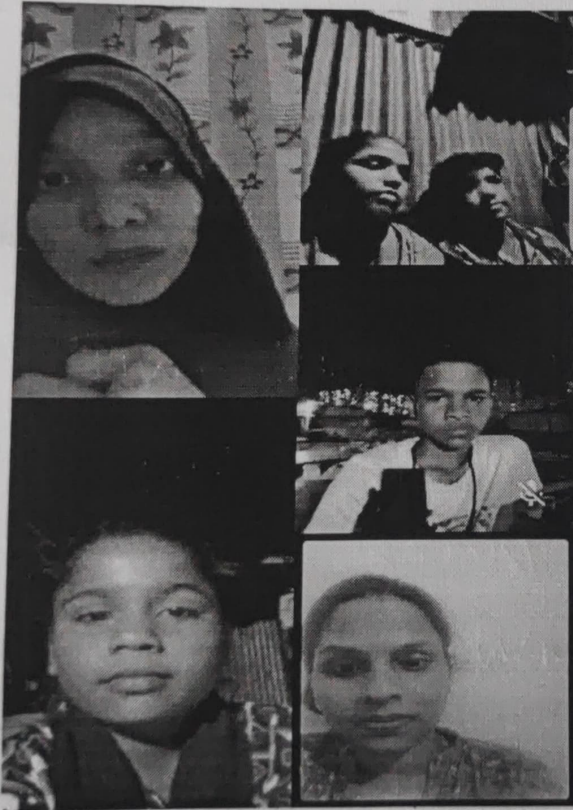
*Vrushali Naik*

Vrushali Naik  
Program Coordinator.

Mumbai Mobile Creches  
Online storytelling



Three students from the department of Child Development conducted story telling session amidst covid pandemic for preschool children along with their parents on 11<sup>th</sup> Book week celebrated by Mumbai mobile creche on 21<sup>st</sup> November, 2020



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## REPORT

**NAME OF THE EVENT:** One Day Sensitization Program on 'Intergenerational Bonding between Grandparents and Children'.

**DATE OF THE EVENT:** Tuesday, 30<sup>th</sup> October 2018.

**LOCATION OF THE EVENT:** Maniben Nanavati Women's College, Vallabhbai Road, Vile Parle (West) Mumbai 400056.

**CONTACT:** Dr Harshada Rathod, Principal.

**NUMBER OF PERSONS ATTENDING:** 68 Parents 88 Students (Total 156)

**SPONSORING ORGANIZATIONS:** The Ministry of Social Justice and Empowerment, Govt. of India, National Institute of Social Defence (NISD), Centre for the Study of Social Change (CCSC), and Regional Resource Training Centre (RRTC) in association with Bharat Vikas Parishad, Powai Chandiwali branch.

On 30th October, the **Department of Child Development and the Parent Teacher Association** of Maniben Nanavati Women's College organized a colorful and memorable event. The three hour program (10am to 1pm) was aimed at encouraging intergeneration interaction and bonding amongst younger and older generation, dispelling myths and stereotypes regarding elder people and aging and providing a platform for children to share their experiences regarding older people and aging.

The program started at 10:00 am with registration and breakfast for all the parent and student participants. This gave a valuable opportunity for fellowship and collegiality. A selection of popular Hindi songs on parents, grandparents and children was played to create an ambience of love and joy. The screening of the short film 'DESI GIRL', made by the students, helped to highlight some of the issues that the younger generation has to face. A short film on older people was screened to bring the focus to the concerns of our senior citizens. These screenings helped to provoke interest in the theme of the event and foster greater understanding of the challenges faced by the each generation.

The resources persons were Advocate Nirmala Samant Prabhawalkar, Mr. Prakash Borgaonkar, President of Help Age India and Mrs. Neelam Potdar, coordinator of Bharat Vikas Parishad, founder of Saksham digital empowerment program.

The speakers helped to create awareness by giving real life examples. One of the biggest problems faced by the elderly today is 'elder abuse' which is not only physical but also verbal. The focus was also on the important statistics pertaining to the senior citizens in the country. There are 12 crore senior citizens in the country at present, which has 40% of them living alone and 90% living without pension. Attention was drawn to two important days namely the '1<sup>st</sup> October- International Day of Older People' and '15 June – World Elder Abuse Awareness Day'.

Two skits perform by the students of PG Diploma ECCE and Child Development helped to bring alive some of the key concerns of intergenerational bonding. One of the parents also participated in the skit.

The students of the college demonstrated their respect and admiration for their parents and elders by preparing bouquets for the guests and bookmarks for the parents. It was a labor of love. The parents made beautiful cloth bags and each parent received one as a token of love and affection. A lucky draw for the parents and distribution of certificates brought the event to a close. The smiles on the faces of the students and the parents stood witness to the success of the event. The event will be forever etched in our memories as a day when souls were woven together.

*"The beauty of collaboration between older and younger generation is that we combine wisdom with strength – a surefire way to accomplish more for the glory of God".*

*Brett Harris*



Date: 19<sup>th</sup> October 2018

To,  
Harshada Rathod,  
The Principal  
Nanavati College,  
Vileparle West,  
Mumbai - 400056.

RECEIVED ON...	23/10/18
ATTEN TO	481
FILE.....	

Sub: **Sub:** One Day Sensitization programme for 100 to 150 College students  
Topic "Intergenerational Bonding between Grandparents and Children"

Dear Madam,

Many thanks for your kind cooperation to cssc as and when required. I am requesting you to help for organizing a program in joint coordination with you. The brief background is as under:

The Ministry of Social Justice and Empowerment, Govt. of India with the National Institute of Social Defence in joint collaboration has given programme to our institute namely CSSC Mumbai to hold sensitization programme in school for creating awareness regarding the intergenerational bonding between the children and their grandparents. The program also intends to promote intergenerational solidarity between older persons and younger generation. It is seen that youngsters have a lot of myths and stereotypes regarding older persons and aging which leads to negative views towards them. The main purpose of this workshop would be to convey to the students that all of us are going to be old someday and hence we need to be sensitive towards the older people.

**The specific aims and objectives of the programme are:**

- To encourage intergenerational interaction and bonding amongst younger and older generation.**
- To dispel myths and stereotypes regarding elder people and aging.**
- To provide a platform for children to share their experiences regarding older people and aging.**

To  
Swathi / Harshada  
Pr. do the needful  
H.R.  
23/10/2018

- d. To present positive real-life examples where the young and old share a bond of love, trust and care,
- e. To create awareness and sensitize the police functionaries about elderly population and police duties of offering safety, security, prevention of elder abuse . Also how to handle complaints, police helpline Etc.

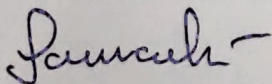
This will be an interactive session by experts and eminent resource persons; we will facilitate them power point presentations, stories, and real life examples. We will also try to have some older people sharing their experiences for actual interaction, sharing and discussion. **The date and timings will be as per our mutual confirmation. But we will appreciate working day in the month of October 2018. The maximum duration of the sessions by our resource persons will for three hours only.**

Kindly note the following requirements as the receipt are for govt record.

1. CSSC will give you of Rs. 4000/- for minimum 100 to 150 participants for refreshment.
2. CSSC will give administrative expenses of Rs. 2000/- to College for programme participation certificates as per our Pro forma.
3. Kindly submit each receipt and vouchers to CSSC of signed by College authority to be given to CSSC staff on the same day of programme.
4. This programme is useful to teaching staff also.

Awaiting for you confirmation,

Thanking you, for your kind cooperation.



Adv. Nirmala Samant Prabhavalkar

Ex - Mayor, Mumbai

Chief Functionary, RRTC- CSSC,

Mobile No: 9820030584

Email: [nirmalasamant50@gmail.com](mailto:nirmalasamant50@gmail.com)

WEAVING SOULS TOGETHER,  
THE LOVE THAT HAD MOVED AWAY FARTHER,  
BRINGING BLISS TO OUR LIVES FOREVER,  
WE WELCOME YOU TO OUR LITTLE  
PARADISIAC ENDEAVOUR.

CENTRE OF THE STUDY OF SOCIAL  
CHANGE IN COLLABORATION WITH  
CHILD DEVELOPMENT DEPARTMENT  
&  
PARENT TEACHER ASSOCIATION  
OF  
MANIBEN NANAVATI WOMEN'S  
COLLEGE.

Cordially invites you for the event on:

*Intergenerational bonding  
between  
grandparents and children*

LET'S GATHER ON:  
30TH OCTOBER, 10:30AM  
4.2 SEMINAR HALL  
OF MNWC.

VENUE:  
MANIBEN NANAVATI WOMEN'S COLLEGE,  
VALLABHAI ROAD,  
VILE PARLE(W),  
MUMBAI,  
MAHARASHTRA- 400056



# Program Schedule

Intergenerational bonding  
between  
parents and grandparents.

10:00am-10:45am: Registration and Breakfast.

10:45am-11:00am: Short Film.

11:00am-11:15am: Arrival of the Guests,  
Lighting of lamp (Along with Prayer),  
College song.  
Escorting Guests to Dais.

11:15am-11:30am: Introduction and Felicitation of  
Guests.

11:30am-11:40am: Skit by PG ECE students, DR  
BNCDC.

11:40am-12:00pm: Guest Speaker: Ms. Nirmala  
Prabhawalkar.

12:00pm-12:40pm: Guest Speaker: Mr. Prakash  
Borgaonkar.

12:40pm-12:45pm: Intergenerational Situation.

12:45pm-12:55pm: Guest Speaker: Ms Neelam  
Potdar.  
Lucky Draw.

12:55pm-1:00pm: Vote of thanks.









सत्यमेव जयते



CENTRE FOR THE STUDY OF SOCIAL CHANGE

## One Day Sensitization Programme on "Inter - Generational Bonding"

Approved As

Regional Resource Training Centre (RRTC) For Old Age Care Division By  
Ministry of Social Justice & Empowerment (MSJ&E), Government of India

In association with

**Maniben Nanavati Women's College, Vile Parle (W), Mumbai**

Partnering with

**Bharat Vikas Parishad, Powai – Chandivalli Branch**

### Certificate

This is to certify that Ms./Mr. Nida Ghodke of Class TYBcom Roll No. 13 of

Maniben Nanavati Women's College, Vile Parle (W), Mumbai, participated in the One Day Sensitization Programme on "Inter – Generational Bonding" organised by National Institute of Social Defence (NISD) and Centre for the Study of Social Change (CSSC) Mumbai held on 30<sup>th</sup> of October 2018.

**Dr. Harshada Rathod, Principal**

**Maniben Nanavati Women's College**

**Adv. Nirrnala Samant Prabhavalkar**

**Chief Functionary - RRTC - CSSC, Mumbai**



Venue: Seminar Hall, Maniben Nanavati Women's College, Vile Parle (W), Mumbai-400056

## **II.**

# **Sociology**



**DEPARTMENT OF SOCIOLOGY**  
**SOCIAL BONDING: Connecting with the community**

**Project Sneh:**

**OBJECTIVES:**

1. To provide a platform to students to know about community life
2. To enable the students to understand the concept of community and life outside home
3. To increase the awareness about community development needs
4. To engage the students in the development of society/ community
5. To contribute and participate for a better society and nation

**Engagement:**

The Department of Sociology has always been involved in community outreach programs and provided the students various platforms to get engaged through various avenues and syllabus-based activities.

The students are motivated to create awareness about various social issues like Dowry, female and child health, domestic violence, problems of elderly, Clean India, Girl child etc. through street plays using puppets at various public places like railway stations, colleges, municipal schools in college vicinity also in our college campus.

**The Journey:**

The department is involved in teaching in Municipal schools since 2012-13 as part of APC-I Paper on Education and Society for SYBA students, since then we have continued this practice of teaching BMC school students of grade 5-8 using various teaching aids like flash cards and puppets. This practice continued till 2016 till our syllabus changed, but we continued our

engagement with students by visiting the J.K. Public school in Goregaon and engaging with school students by providing them puppet making skills using the discarded items at home and make learning enjoyable.

Since 2017 we have integrated the school teaching as part of community and extension activity and called it PROJECT SNEH, which is helping school students through various NGO's in helping them in various areas like Computers, language skills, good touch bad touch and many other.

### **OUTCOMES:**

Students look forward to participate in this project as they enjoy teaching and interacting with the school students and come up with various activities that are helpful for them. This project has helped students to come forward and share their skills, giving them an opportunity to reach others in need and has also build up their confidence and feel empowered as they open up easily with smaller children and also socially.

There has been an increase in students enrolling for ECCE and BEd. Courses after graduation helping them to have a career in teaching.

Many students have developed a liking for community work and have started working with several NGO's and are also helping NGO's as volunteers.

**Dept. Sociology**  
**Extension Activity**  
**2018-19**

**Trishul**




**Trishul (NGO)**  
**Women empowerment and child education**

"The empowered woman is powerful beyond measure and beautiful beyond description"  
 "Children must be taught how to think and not what to think"

Date-21/11/2018, Day-08

**Kajal Sangoi:** Today was the 8th day in NGO I founded lots of difference in my students. They immediately came showed their homework and asked me their doubt. I had today many other new tiny and small students who I worked with today I usually took reading in the group I told all of them to read the one paragraph and told them to explain and also I gave them difficult words from the chapter. It was fun and enjoying day in the end we played games as days are to an end I will miss these kind of experience.

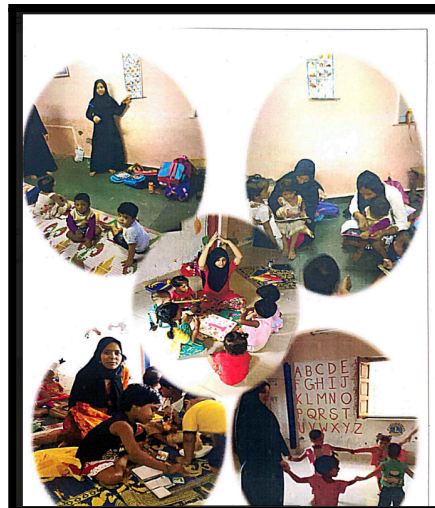
**Karishma Agarwal:** Today I asked the children to say some few lines about themselves. They spoke very nicely but their English was a little weak so I made them understand the difference between the words they spoke and how better it would sound when they say it. Dictation words from the story was taken by me. I also explained the opposite words and made them write it down. There were few children in my group of students were cute and understanding.

**Sana Ghodke:** My 8th day experience in TRISHUL NGO was a good day today's concept was different they were reading the story and explaining the story then we did math table. When a senior kg student was there with me today he was a nice student I taught him several new topics and told him to talk about himself. It was a great day.



**Sanskriti Seva Kendra**

**Sociology project**  
**Services provided at:-**  
**Sanskritik seva Kendra**

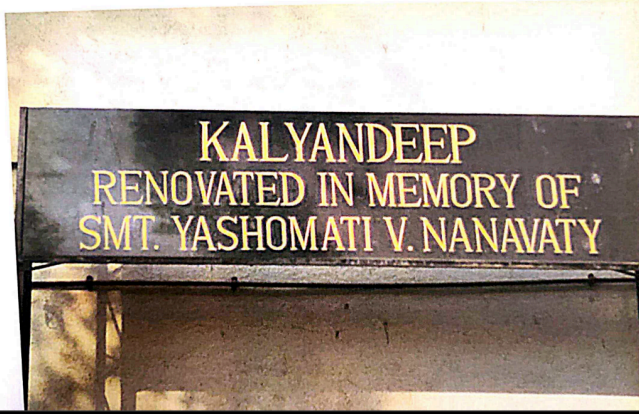



**2019-20**

**Kalayndeeep**

SYBA SOCIOLOGY

By Shaikh Saira(73), Vidhi Joshi(70), Saba Khan(72) and Pooja Devlekar(69)



## Dept of Sociology: CHAITANYA PROJECT

To sensitize and motivate students to protect and save the environment, they made 75 cloth bags and distributed them among teachers, parents and vendors at Vile Parle station.



# **III.**

## **Food and Nutrition**

# MANIBEN NANVATI WOMENS COLLEGE

DEPT OF FOOD & NUTRITION & FOUNDATION COURSE

YEAR: 2022-23

**NAME OF ACTIVITY:** Various activities at ADAPT Centre for Special children

**DATE:** 2017-18 TO 2019-2020      **TARGET GROUP:** Special children

**NAME OF FACULTY:** Dr.Rita Patil & Ms. Shama Chavan

**TITLE:** Community Activity

**In Collaboration With:** Indian Dietetic Association , Mumbai Chapter

**VENUE:** ADAPT Center for Special Children, Bandra      **TIME:** 1.00-2.30 pm

## **OBJECTIVES:**

1. To sensitise students towards the needs of special children
2. To make them understand the challenges faced by these children
3. To understand their physical, psychological & nutritional needs
4. To work hand in hand with parents & teachers of special children for their continuous upliftment

**METHODOLOGY:** From FY & SYBA every week 5 students would visit the 'ADAPT' centre at Bandra reclamation. These students will be helping the IDA, Mumbai chapter members in counselling the parents of these special children. The students prepared informative charts for display at the centre. Charts on importance of eating breakfast, importance of five food groups, need for balanced diet was emphasized. Every student was allotted 1 or 2 special children and they conducted different activities for them. The attendance record of visiting students was maintained in a diary.

**OVERVIEW:** This Community Social Responsibility project was done in collaboration with 'Indian Dietetic Association, Mumbai Chapter at ADAPT, Bandra

**OUTCOME:** Overall, it was a good experience and the ALUMNI also was involved in the process

**ANY OTHER REMARKS:** The activity was appreciated by the all the stake holders.

## Various activities at ADAPT Centre for Special children





# MANIBEN NANVATI WOMENS COLLEGE

DEPT OF FOOD & NUTRITION & FOUNDATION COURSE

YEAR: 2022-23

**NAME OF ACTIVITY:** Talk & Demonstration of recipes

**DATE:** 30/9/2019

**TARGET GROUP:** Anganwadi sevikas

**NAME OF FACULTY:** Ms. Shama Chavan

**TITLE:** Demonstration of Low salt, low sugar and high protein recipes & talk

**No. of Participants:** 175

**In Collaboration With:** NSI , Mumbai Chapter

**VENUE:** ICDS Centre, Kurla

**TIME:** 1.00-2.30 pm

## **OBJECTIVES:**

1. To deliver a talk on low fat, low sugar
2. To explain importance of proteins in the diet
3. To demonstrate the low fat, low sugar and high protein recipes

**METHODOLOGY:** This activity was conducted by SYBA students and talk was delivered by Ms. Shama Chavan.

**OVERVIEW:** The SYBA students showed a small skit on importance of healthy diet and low salt and sugar intake. The talk highlighted the same where they were given importance of exercise along with the dietary intake. They demonstrated recipes like Corn Bhel, Green Moong dal Chila and Stuffed ragi Idli.

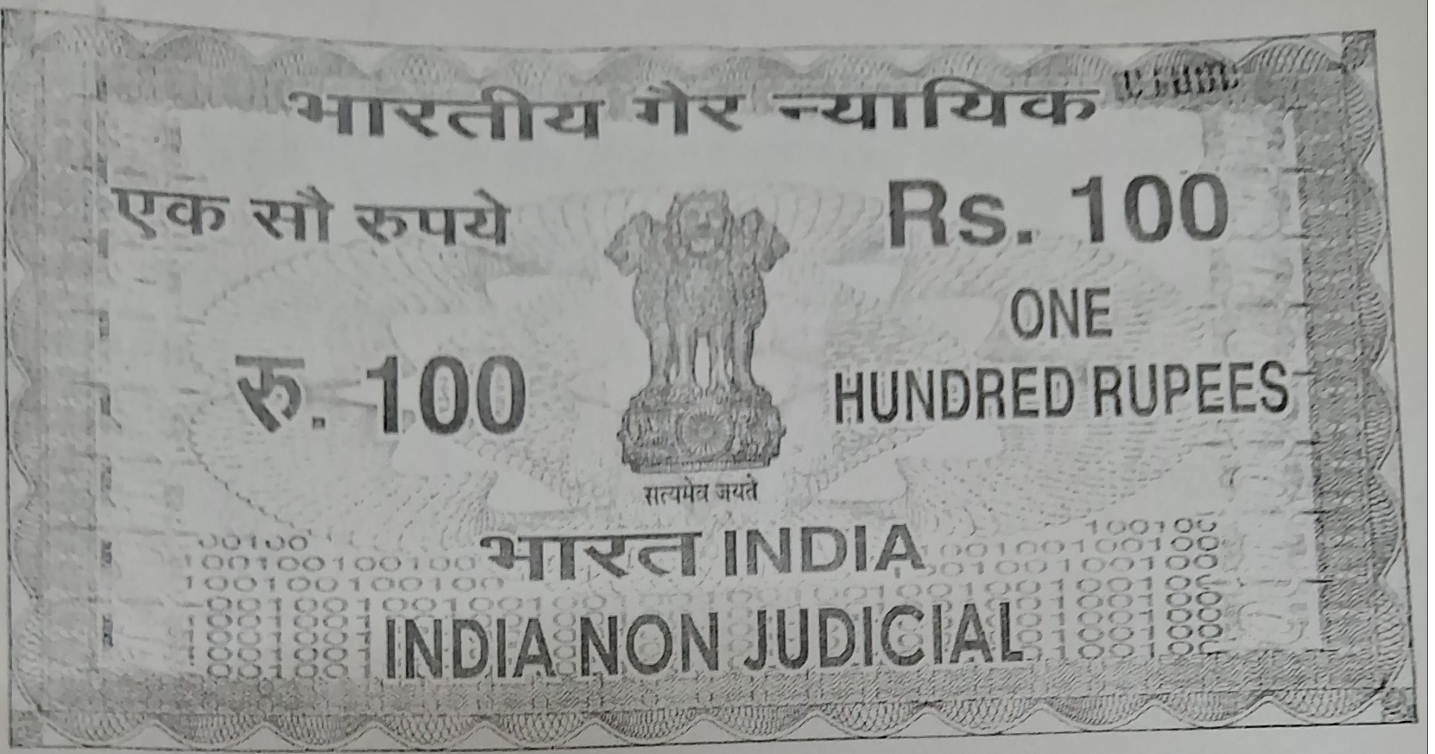
**OUTCOME:** Overall, it was a good and informative session.

**ANY OTHER REMARKS:** The talk was well appreciated by the ICDS sevikas

## Talk & Demonstration of recipes



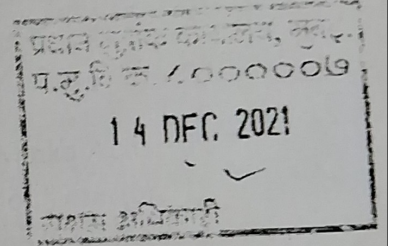
**III.**  
**Commerce (UG)**



महाराष्ट्र MAHARASHTRA

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ZL 694814



श्री. दि. क. गव.

MEMORANDUM OF UNDERSTANDING (M.O.U)  
BETWEEN

Department of Commerce (Post Graduate Section)

And

Department of Commerce (Accounts, Finance and Insurance),

Of

Maniben Nanavati Women's College (MNWC),

Vallabhbai Road, Vile Parle (W),

Mumbai – 400 056.

And

L-Earning lifeline OPC Private limited

Office no. 55, 2nd floor, Xth Central Mall,

Mahavir Nagar, Kandivali West,

Mumbai – 400 067.

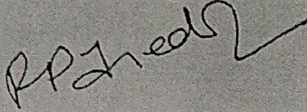
This M.O.U is entered into on date: 1<sup>st</sup> April 2022 to Date: 31<sup>st</sup> March 2023 as a part of Institutional Social Responsibility (I.S.R) activity of Dept. of Commerce, Maniben Nanavati Women's College.

Validity period of M.O.U: This M.O.U will be valid from 1<sup>st</sup> April 2022

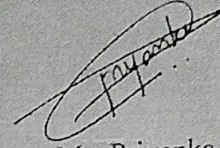
Areas of work:

1. Extension activity: Students' of Maniben Nanavati Women's College will create and Spread finance awareness to women of the community using the podcast: Ek Chuski Finance/A sip of finance (Available in 8 Languages). Students will help individuals and families to use the App created by L-Earning Lifeline OPC Pvt Ltd for flexible learning.
2. Market Research Project- L-Earning lifeline OPC Private Limited to support Market Research Project to students of M.Com and B.com AFI students.
3. Support for Guest Lectures/ talks etc. L-Earning lifeline OPC Private Limited to help conduct guest lectures on financial management for students of Maniben Nanavati Women's College

The M.O.U is undersigned in the presence of 2 witnesses

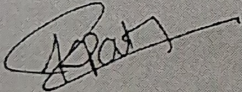


Dr. Rajshree Trivedi  
Principal  
Maniben Nanavati Women's College

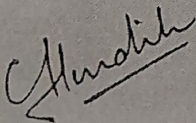


Ms. Priyanka Acharya  
Founder, Director  
L- Earning Lifeline OPC Pvt Ltd.

In Witness of



Ms. Kinjal Patel  
Coordinator M.com  
Maniben Nanavati Women's College



Mr. Hardik Majithia  
Coordinator B.com AFI  
Maniben Nanavati Women's College

Ms. Priyanka Acharya.  
Founder, Director  
L- Earning Lifeline OPC Pvt Ltd.



Date: 5<sup>th</sup> Jan 2023 to 25<sup>th</sup> Feb 2023

**Live Extension Activity Completion Certificate**

This is to certify and acknowledge that the bellow mentioned has successfully completed 30 hours of Live Extension Project activity at our organization. Their performance has been remarkable and has been also recognized by both, our internal & external stakeholders.

List of Students,

Mansi Rana

Sabiha Mohammed Hanif

Tanvi Ganesh Parte

Bhakti Mahadev Jamburle

Misbah Khairdi

Juli Suthar

Rajni Upadhyay

Komal Kanojia

Saima Khanji

Ansari Farheen

Poonam Singh

Anjali Choudhary

Muskan Madanlal Gupta

Sahu Santoshi Parmanand

Jagruti Sawant

Alifa Liyakath Ali

Saba Barudgar

Divya Yadav

Mitali Padyar

Sadeeya Shaikh

Carol Fernandes

Radha Sharma

Kinjal Amin

Trupti Patel

Baby Yadav  
Sheetal Pawar

We wish them all the very best in their future endeavours.



Best Regards,

Priyanka Acharya  
Founder Director, L-Earning Lifeline OPC Pvt Ltd  
[writetous@laxmigyaan](mailto:writetous@laxmigyaan)  
[www.laxmigyan.com](http://www.laxmigyan.com)

Office: 55, 2<sup>nd</sup> Floor, Xth Central Mall, Mahavir Nagar, Kandivali West, Mumbai – 400067  
+91-9136491555 | [connect@thelearninglifeline.com](mailto:connect@thelearninglifeline.com) | [www.thelearninglifeline.com](http://www.thelearninglifeline.com)



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Priyanka Acharya is presenting

The presentation slide features the 'I/M Podcasts' logo and lists the following content:

- Welcome to I/M, where we provide high-quality podcasts of all shapes and sizes!
- A Sip of Finance Podcast - English
- Ek Chuski Finance Podcast - Hindi
- Ek Chuski Finance Podcast - Gujarati
- Linktree profile: [linktr.ee/youarehere](#)
- Claim your Linktree now!

Participants visible in the grid:

- Priyanka Acharya
- Juli Suthar
- Sadeeya Shaikh
- Beena Karmiyani
- Sabiha Siddiqui
- Carol Fernandes
- Bhakti Jamburle
- 10 others

9:52 AM | vzn-thta-ksi

31°C Haze

09:52 04-05-2022

WhatsApp Meet vzn-thta-ksi

meet.google.com/vzn-thta-ksi

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Participants visible in the grid:

- Bhakti Jamburle
- Sadeeya Shaikh
- Mansi Rana
- Baby Yadav
- Sabiha Siddiqui
- Priyanka Acharya
- Juli Suthar
- 11 others

9:06 AM | vzn-thta-ksi

31°C Haze

09:06 04-05-2022