



Shree Chandulal Nanavati Women's Institute & Girls' High School's
(Since 1947)

MANIBEN NANAVATI WOMEN'S COLLEGE

(Affiliated to SNDT Women's University, Mumbai)

BEST COLLEGE (2018-2019)

Reaccredited with 'A' by NAAC for the 3rd Cycle (2016-2021)

Vallabhbai Road, Vile Parle (West), Mumbai-400 056. Contact: +91-22-4825 1722, 85915 90241

E-mail: mnwcollege@hotmail.com • Website: mnwc.edu.in

Chairman, Mg. Committee
Smt. Himadri S. Nanavati

Principal
Dr. (Mrs.) Rajshree Trivedi

INSTITUTIONAL DISTINCTIVENESS

Maniben Nanavati Women's College, established in 1972, cherishes the **Vision- Sa Vidya Ya Vimuktaye** (Knowledge is That Which Liberates). Our Vision finds its actualization in our **Mission- Empowerment of Women Through Access to Education**. The institution derives its rich legacy from **Late Smt. Maniben Chandulal Nanavati**, a freedom fighter who worked relentlessly for the upliftment of the deprived. We continue to cherish her ideals of compassion and service to society.

MNWC is committed to the cause of social responsibility; for bringing positive change in the lives of many- the ones within the institution and beyond it. Engaging students in various community outreach activities, events and projects makes them socially responsible individuals. Our teachers put in painstaking efforts to instill in them values such as empathy, integrity, respect and gratitude. The Management, Administrative and Support Staff contribute in their own distinct ways to reach out to society. Our initiatives have reached out to more than 10,000 beneficiaries in different ways.

A. Community Outreach Initiatives by Departments: These initiatives, not a part of NSS or NCC, are taken by various Departments to implement the subject-knowhow for serving the society. Both, students and teachers, are actively involved in it. The Departments & their initiatives are:

1. Child Development:

a. RAAH for Transgenders –

- Courses on Digital Literacy and English skills with Tweet Foundation (18 individuals).
- Documentaries on entrepreneurship, immunity-booster recipes.
- Kavach -Clothes-Distribution Drive (60 individuals)
- Poshan -Nutritional Food-Kits (62 persons)

b. At Pre-schools for Needy Children: Teaching-Learning aids, celebration of Children's Day, Fun Activities, Intergenerational Bonding Event.



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2. Sociology:

- a. **SNEH:** Students were placed in different NGO's like Mumbai Gujarati Sangha, JDT School, NGO Trishul, Mumbai Education and Charitable Trust, Master Pro Institution, Sanskrutik Seva Kendra, Kalyandeeep. The schedule is for 30 hours of work.
- b. **Chaitanya:** Students made eco-friendly cloth-bags to distributed in the community and vegetable vendors.

3. Food and Nutrition:

- a. **ADAPT:** Nutrition Education at ADAPT School for 75 spastic children was carried out using Flash cards & Charts on importance of hygiene, sources of vitamins, minerals etc. 50 parents were given personal counseling for children with feeding problems.
- b. Students visited an ICDS centre and imparted nutrition education to Anganwadi sevikas. Students conducted a demonstration on Low salt, Low sugar, high protein recipes. Around 175 Anganwadi sevikas from 5 different ICDS centre were present for the event.

4. Commerce (UG):

- a. Over 190 F.Y. students participated in Cleanliness drive, teaching in BMC school and underprivileged children, distribution of paper bags to vendors, rally on awareness about women violence.
- b. 15 students visited Zilla Parishad School to conduct RC.
- c. Under an MOU with L-Earning Lifeline OPC Pvt. Ltd, students conducted awareness programmes on Insurance for illiterate women. Students conducted talks for children on introducing financial literacy.



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5. Gujarati:

- a. Ration-Kits were given to 62 needy children of Chimanlal School.
- b. 1500 paper-bags from old newspapers distributed to vegetable-vendors.

6. Psychology (PG):

- a. Vocational Guidance provided by Counseling over 100 Students of 9th and 10th Grade.
- b. World Suicide Prevention Day- Students reach out to netizens through Instagram page called as Self- Care Central with 2000+ beneficiaries. Activities like video messages from experts, competitions, workshops, walkathon are also conducted.
- c. Self-Care Centre Project reaches out to a large number of beneficiaries.

7. Psychology (UG): Students offered remedial Coaching to 80 children from Class III and IV of Vidya Vikas Mandal School.

8. Commerce (PG): Students offered remedial coaching for 30 hours to needy children at the Centre of the NGO Spark-A-Change.

9. Economics: Students offered remedial coaching to needy children from Matruchhaya High School.

10. English: 11 Students offered remedial coaching to needy children of NGO Spark-a-Change

11. Management Studies- Students offered remedial coaching to needy students of different schools-Dynamic Welfare Sanstha, Mother Teresa Home and others.



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B. UGC Sponsored Gandhian Studies Centre:

- A 15-hour online course on “Value Education through Gandhian Philosophy.” 232 students completed the course.
- Birth Anniversary of Mani Ba:** As a mark of respect in honour of our beloved, Mani Ba who believed in the principle of reuse and reduce, student make cloth bags from waste cloths and distribute them to vegetable-vendors and needy women.
- Gandhi For All Times:** A book published commemorating 150th Birth-Anniversary.
- Webinars & Talks:** Dr. G.S. Chauhan from UGC, Ms. Sonal Parikh (5th Direct Descendent of Gandhiji), Dr. Kanyakumari Padayachee (South Africa), Ruqailya Joshi & others.

C. Students' Initiatives:

YAMI: Youth for Action Mission and Intellect: 8 students were selected as YAMI core committee in 2021-22. In 2022-23- YAMI collaborated with the Blue-Ribbon Movement and engaged students in socially relevant issues. A significant achievement was building of student civic leaders who engaged with civic authorities to bring about change in surroundings through their Community Connect Challenge. Students from SY BCom connected with civic authorities to bring about a change in the college and home surroundings.

YAMI's Accessibility Program is an ongoing initiative with Project Mumbai to study and report about the networking of Mumbai Local Trains across all suburbs.

YAMI a celebration of the constitution through an online webinar titled, *Tum, Main Aur Samvidhan*” was organised in January 2023 where students were made aware about our constitution in a fun and exciting way.

Students of Sociology department conducted a “Consumer Awareness” Drive in collaboration with YAMI and NIEDIC, to spread awareness on adulteration of food. They demonstrated the ways to check food item adulteration.



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Satranghi, Haq Se: a unique student-led initiative to spread awareness and understanding about gender identity crisis by organizing open Mic, talks, counselling and webinars.

D. Donations by MNWC:

- a. 5 water-coolers installed at Goregaon & Borivali station-platforms. Thousands of beneficiaries daily.
- b. 19 Computers to Maharashtra Railway Police; Sushiksha Intervention Centre, Saksham Vocational Centre of IWC of Bombay Airport.
- c. Furniture- 14 cupboards donated to Zilla Parishad School, Palghar District.
- d. Classrooms given for Bank Exams, Swadhyaya Kendra, Church meetings, Readers Club. Child-N-You conducts classes for Diploma in Applied Arts for Individuals with Intellectual-Disability.

R.P. Trivedi

Dr. (Mrs.) Rajshree P. Trivedi
Principal

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