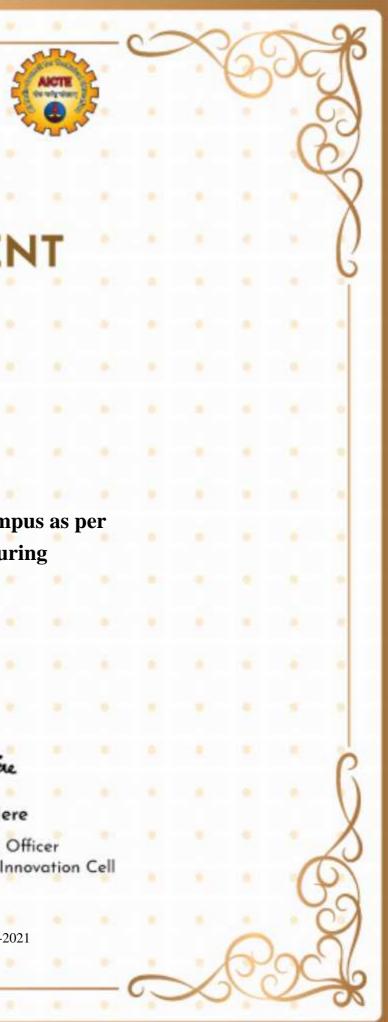
INCUBATION CENTRE (Nanavati Innovation & Entrepreneurship Development Incubation Centre)





MoE's INNOVATION CELL (GOVERNMENT OF INDIA)





CERTIFICATE OF ESTABLISHMENT

This is to certify that

Maniben Nanavati Women's, Mumbai

has established an Institution's Innovation Council (IC202115844) in the campus as per the norms of Innovation Cell, Ministry of Education, Govt. of India during the academic calendar year 2020-21

Prof. Anil D. Sahasrabudhe Chairman AICTE

Abhay de

Dr. Abhay Jere Chief Innovation Officer Ministry of Education's Innovation Cel

Certificate No: 5388

Aishe Code: C-44338

Date: 10-07-2021





Verification Submitted Institute Data for Atal Ranking of Institutions on Innovation Achievements (ARIIA) - 2020-21 Institute Name: Maniben Nanavati Women's College [ARI-C-44338]

List all the departments / centers / units are part of innovation and startup ecosystem of the institite

| | Srno | Department / Center / Unit Name | Type of Department / Center / Unit | Mention the Stream / Discipline / Sector of focus | Department / Center / Unit Level | Program Type | Student / Benificiary Strength (2019-20) | Academic Staff Strength (2019-20) | Non-academic Staff Strength (2019-20) |
|---|------|--|---------------------------------------|---|-------------------------------------|---------------|---|--------------------------------------|--|
| 1 | | Nanavati Innovation, Entrepreneurship Development and Incubation centre | Incubation Unit | Multidisciplinary | UG / PG / PhD | Non-Technical | 1196 | 60 | 41 |

Participation of HEI in Innovation & Entrepreneurship Initiatives of Ministry of Education (Till Today)

| Programs/Initiatives | Status | Registration ID |
|--|--------|-----------------------------------|
| Adopted National Innovation and Start-up Policy at the HEI | Yes | Not Required |
| Establishment of Institution's Innovation Council (IIC) at HEI | YES | IIC Registration ID : IC202115844 |
| Trained Innovation Ambassadors at HEI | NO | Not Required |
| Participation in Smart India Hackathon (SIH) | No | Not Required |
| Facilitated listing start-ups/ technologies in Young India combating COVID with Knowledge, Technology and Innovation (YUKTI 2.0) portal of MIC | No | Not Required |
| Participation in National Education Alliance of Technology (NEAT) | No | Not Required |

Section 1 > i : Details of Co-curricular events/programs related to Innovation, IPR and Entrepreneurship/Start-up Conducted by the HEI

| Srno | Name of Program (Full Name) | Program Theme | Program Type | Program Category | Organizin g Departm ent / Centre / Student Body Name | Program Start Date | Program End Date | Program Duration(i n Days) | Program Location | Internal Participa nts (Student) | Internal Participa nts (Faculty) | External Participa nts (Student) | External Participa nts (Faculty) | Total Number of Participa nts | Had institute spent expenses either from own resource/received fund to organise the program/activity/event? | Did any of the participants received any awards/recognition for startup / innovation ideas / research? |
|------|--------------------------------------|------------------|-----------------|---------------------|---|--------------------------|---------------------|----------------------------------|---------------------|---|---|---|---|---|---|---|
|------|--------------------------------------|------------------|-----------------|---------------------|---|--------------------------|---------------------|----------------------------------|---------------------|---|---|---|---|---|---|---|

Declaration

To, The ARIIA Committee MHRD's Innovation Cell New Delhi

Joint Declaration by the Head of the Institute and Nodal Officer

Dear Sir,

Herewith, myself Dr. Rajashree Trivedi (Head of Institute) and Mrs. Jyotsana Darshan Raut (Nodal Officer) jointly declaring on behalf of our institute is that all the information submitted are true and correct to best of our knowledge.

Thank you

The Head of Institute



Dr. Rajashree Trivedi Head of the Institution, Mumbai, Maharashtra Nodal officer

Mrs. Jyotsana Darshan Raut Nodal Officer, Mumbai, Maharashtra

Responsibility for accuracy and authenticity of data lies with the concerned institution.





MOE'S INNOVATION CELL

INSTITUTION'S INNOVATION COUNCIL

MANIBEN NANAVATI WOMEN'S

ENTREPRENEURSHIP AND INNOVATIONS-THE WAY AHEAD

| OVERVIEW | | | | |
|-------------------------|---|--|--|--|
| Objective: | Benefit in terms of learning/Skill/Knowledge obtained: | | | |
| NA | The session helped the students understand the obstacles and various ways of making a start up. | | | |
| Academic Year: | Program driven by: | | | |
| 2020-21 | Self-driven Activity | | | |
| Month: | Stry of Education Initiative) Program /Activity Name: | | | |
| October | Entrepreneurship and innovations-The Way Ahead | | | |
| Program Type: | Other: | | | |
| Leadership Talk | null | | | |
| Program Theme: | Other: | | | |
| Entrepreneurship | NA | | | |
| Date & Duration (Days): | External Participants, If any: | | | |
| 10/09/2021-10/09/2021-0 | 2 | | | |
| Student Participants: | Faculty Participants: | | | |

| 130 | 10 | | | | |
|--|---|--|--|--|--|
| Expenditure Amount, If any: | Remark: | | | | |
| null | null | | | | |
| | | | | | |
| ATTACHMENTS | | | | | |
| Video: | null | | | | |
| Photograph1: | | | | | |
| Photograph2: | - /uploads/institutes/monthlyReport/Photograph2/3559- IC202115844.png | | | | |
| Session plan, If any: | https://api.mic.gov.in/uploads/institutes/monthlyRep ort/report/7190-IC202115844.pdf | | | | |
| This report is electronically generated against report submitted on Institution's Innovation Council Portal. | | | | | |



of n India



INSTITUTION'S INNOVATION COUNCIL

CERTIFICATE

* * * * *

Institution's Innovation Council (IIC) established at

Maniben Nanavati Women's, Mumbai

had undertaken various activities prescribed by Innovation Cell, Ministry of Education, Govt. of India to promote Innovation and Start-up in campus during the IIC calendar year 2020-21.

Strewis

Prof. Anil D.Sahasrabudhe Chairman AICTE

Abhay The

Dr. Abhay Jere Chief Innovation Officer MOE, Innovation Cell

pavilahu

Mr. Dipan Sahu Assistant Innovation Director MOE, Innovation Cell

Certificate No: 5388

Issued On : 2022-01-03



Government of India





Showing 61 to 70 of 137 entries

Previous

14

Next





Letter of Appreciation

Dear Sir/Madam,

Please accept our sincere gratitude to all the chief functionaries and every members of the IIC Institution's Innovation Council (IIC) of Maniben Nanavati Women's for the continuous support and contribution towards building the innovation and entrepreneurship culture development in your campus and also extending support to help other IIC institutions towards growth of the IIC network during the academic year 2021-22.

Chief Functionaries of the IIC at Maniben Nanavati Women's, Mumbai

| Name | Position |
|-----------------------|---|
| Dr. Rajashree Trivedi | President |
| Dr Swati Partani | NISP Co-ordinator |
| Ms Kinjal patel | ARIIA Coordinator, Member |
| Dr. Rita Patil | NIRF Coordinator |
| Dr. Rajashree Trivedi | Convener, IPR Activity Coordinator |
| Ms. Geeta Varun | Innovation Activity, Internship Activity Coordinator |
| Mr. Hardik Majithia | Social Media,Member |
| Dr. Swati Partani | Start up Activity Coordinator |

As we are progressing towards a 'quality' driven I&E ecosystem development, we strongly believe that the IIC model and its unique structure is definitely putting your HEI's thoughts, actions and aspirations in a systematic way to achieve inclusive and holistic development of the ecosystem.

Thank you & regards.

Yours Sincerely,

Dipan Kumar Sahu

pavilahu

Assistant Innovation Director MoE's Innovation Cell, Govt. of India



Ministry of Education Government of India

Certificate



NATIONAL INSTITUTIONAL RANKING FRAMEWORK

INDIA RANKINGS 2023

MANIBEN NANAVATI WOMEN'S COLLEGE

Participated in the Innovation Category

J.G. Sithomy

CHAIRMAN, AICTE

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CHAIRMAN, NBA

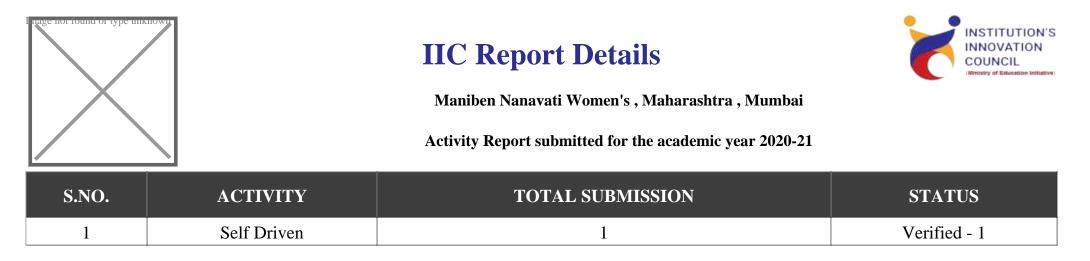
MEMBER SECRETARY, NBA

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| | Dashboard | | |
| | Welcome to Institutions on Innovation Achieven Pre-Qualifier & Data Submission Por | | |
| Dear "Maniben Nanavati Women's College" [Allo-C-44338 | , For New AISHECode Updations Click Here | | |
| Thesis you very rouch for registering with MRAS and appreciate your in | mentil to participate in ANNA 2022 publics process. | | |
| For quick communication and query clearance, all audal officers ar | e requested to join the Telegram group "ABIIA 2022" by clicking the link | D | |
| Data Submission Portal is active. You can download the excel guide | for parameter wise data sections in the framework for ARSA 2022 (apdets | off Chik Pere. | |
| Videa guidelines Cick Here & Presentation Guideline for ARIA Da | ta Submission. Click Here | | |
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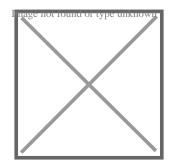
| | IIC ID IC202115844 | Maniben Na | navati Women's (C-44338) | | **** | | 9 |
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| Manage Ree Insultation / | Name | | Dr. Rajashree Trivedi | | | | |
| Performance Carri | Emell | | rajshnee.tohed@intriwc.edu | căn- | | | |
| | Alternate Email | | principal@mmwc.edu.in | | | | |
| Manage Activity | Contact | | 9820375069 | | | | |
| A CARTON RECEIPTING | Alternate Contact | | 7400045947 | | | | |
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| Details of Institution | |
|---|--|
| | |
| Name of the Institution: | Maniben Nanavati Women's |
| AISHE Code: | C-44338 |
| Institute Type: | State University & Deemed Universities (Govt. & Gost. Aided) |
| Is your Institute AICTE approved? | / tipiter |
| Address: | Vallatiritrial Roat(Vile Paris(West), |
| City: | Manbai |
| State: | Maharastens |
| Details of Head of Institution | |
| | |
| Name of Head of Institution: Designation of Head of Institution: | Dr. Rajstave Trivedi Princpal |

| NISP | Nisp.mic.gov.in/nisp/profile |
|-------|--|
| ARIIA | https://www.ariia.gov.in/DSP/Dashboard |
| IIC | https://iic.mic.gov.in/institute/bifurcation |



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IIC Report Details

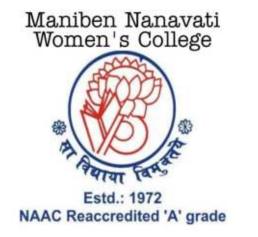


Maniben Nanavati Women's, Maharashtra, Mumbai

Activity Report submitted for the academic year 2022-23

| S.NO. | ACTIVITY | TOTAL SUBMISSION | STATUS |
|-------|-----------------------|------------------|---------------|
| 1 | IIC Calender Activity | 11 | Verified - 11 |
| 2 | Self Driven | 11 | Verified - 11 |
| 3 | MIC Driven | 4 | Verified - 4 |
| 4 | Celebration | 8 | Verified - 8 |

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MANIBEN NANAVATI WOMEN'S COLLEGE Awarded best college 2018-2019

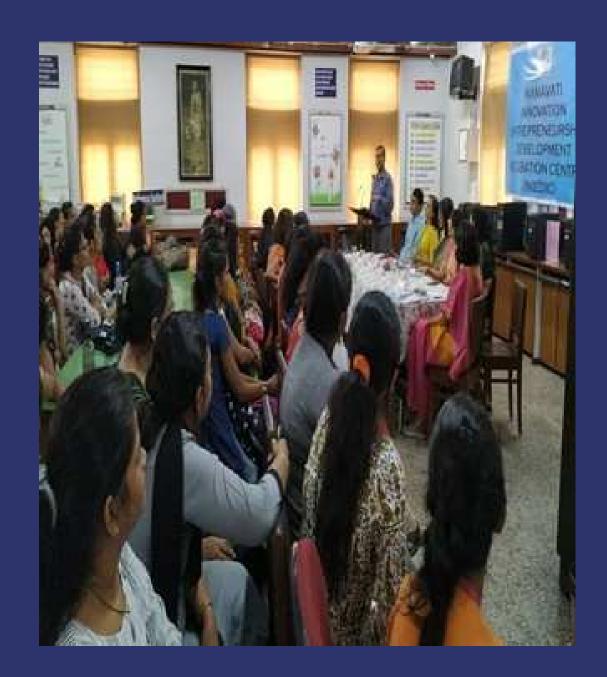
AFFILIATED TO SNDT WOMEN'S UNIVERSITY VALLAHBHAI ROAD, VILE PARLE (W), MUMBAI, MAHARASHTRA - 400056

NANAVATI INNOVATION ENTREPRENEURSHIP DEVELOPMENT INCUBATION CENTRE



IDEATE CONNECT AUGMENT

INTRODUCTION



Maniben Nanavati Women's College has been a pioneer institute in Mumbai dedicated to the mission of empowering women and leading them to attain independence in social, economic and political spheres.

Imparting higher education blended with skill-based training programs and preparing students for employment readiness, nevertheless making them globally responsible citizens has been an integral part of the vision, mission and goals of the college.

Innovation, entrepreneurship and incubation has been the need of the hour considering the recent prevailing winds of change encouraging the digital youth to be job-givers rather than job-seekers.

NIEDIC aims to provide a suitable ecosystem to young women to brand and ideate their starts-ups and thereby encourage them to venture into being an entrepreneur.

OBJECTIVES

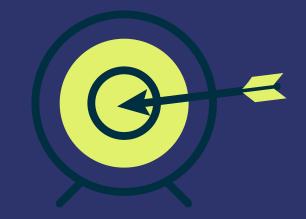
TO MAKE THE STUDENTS GOOD ENTREPRENEURS.

TO PROVIDE GUIDANCE FOR PROCEDURES TO SET UP THEIR OWN STARTUP.

TO CREATE A GOOD STARTUP ECOSYSTEM, BY ESTABLISHING A NETWORK

BETWEEN ACADEMICIANS, FINANCIAL INSTITUTIONS, ESTABLISHED INDUSTRIES AND OTHER SUPPORT.

TO PROVIDE COST-EFFECTIVE, VALUE ADDED SERVICE OF MENTORING, LEGAL, TECHNICAL, INTELLECTUAL PROPERTY RELATED INFORMATION.



VISION

TO EMPOWER STUDENTS WITH BUSINESS AND COMPETENCE SKILLS



TO EMPOWER AND ENCOURAGE STUDENTS TO IDEATE FOR A START-UP AND INNOVATION







REASONS TO JOIN NANAVATI INNOVATION ENTREPRENEURSHIP DEVELOPMENT INCUBATION CENTRE

LEARN NEW SKILLS

FUNDING OPPORTUNITIES

GAIN ENTREPRENEURIAL EXPERIENCE

ACCELERATE THE GROWTH OF YOUR STARTUP

<u>Report on Inauguration of Nanavati Innovation, Entrepreneurship</u> Development and Incubation Centre (NIEDIC)

On 11th September 2019, Nanavati Innovation entrepreneurship Development Incubation Centre (NIEDIC) was inaugurated. 21 teachers and 90 students of BA and BMS attended the inauguration programme.

The inauguration ceremony started at 10:00 am with Introduction and Felicitation of the Chief Guest Mrs.Meenal Mohadikar. She is the founder member of "Aamhi Udyogini Pratishthan" which is a trust established 20 years back on 8th March 1997. This organization was formed with the sole intention of women empowerment. She shared her life experience of how she started herbusiness on a small scale and her journey towards becoming a success entrepreneur. She addressedthe students on how to start a business and what are the requirements for starting the business. She discussed about how to get a license for starting a business and acquiring finance. She will be mentoring our students to start up a small scale business.

Special invitee for the programme was Mr. Nilesh Lele managing director of Exelon Foodbio Advisors Pvt. Ltd a company that provides technical and management consultancy to startups and small & medium enterprises. He is also the Proprietor of Exelon Basket, which is into manufacturing beverages since 2012.

He holds a Chemical Engineering Degree from ICT (formerly called UDCT) and has completed his MBA from The United States of America. He has worked as Vice President at MNC Banks such as Barclays Capital and Deutsche Bank in India and USA. Nilesh is a Hon. Secretary of Association of Food Scientists & Technologists India (AFSTI). On Board of Governor of UDCT Alumni Association

He spoke about his business and expressed few tips on how to start a business on a small-scale level. He also shared certain ideas with students like the uses of different waste products e.g. use of wastepart of jackfruit for making latex which can be used for construction of roads. Recently they launceddirect farm to society selling of fresh produce aimed at doubling farmer income by 2022.

Guest Mrs. Maloo Natrajan is Senior Vice-Chairperson of FICCI FLO. FLO was established in 1983, as a division of the Federation of Indian Chambers of Commerce and industry (FICCI) which is the apex body of industry and commerce in India. Mrs. Maloo Natrajan discussed the importance of marketing in any business.

Our Hon. Secretary of management Dr. (Smt.) Yogini Sheth addressed the students and explained about the Incubation Centre. She congratulated the college on the inauguration of the Incubation Centre. Our Principal Dr. Rajshree Trivedi also addressed the students and was thankful to the invited guest. The programme ended with a vote of thanks by Mrs. Jyotsana Raut.



Mrs. Maloo Natrajan addressing the students.

Maniben Nanavati Women's College. Vile Parle(W), Mumbai-400056.

NIEDIC Centre.

Place:Sane Guruji Vidyalaya

Date:12/11/2019.

Time of the Seminar : 2.00 pm to 4.45 pm

The programme head Mrs. Meenal Mohadikar who is associated with 'Udyogini ' for over 22 years had organised

a seminar for Dadar branch members of 'Udyogini' in Sane Guruji Vidyalaya in Dadr(W) on governmnet schemes

initiated by the government at State Level and National Level. The seminar was attended by Ms. Saloni Mehta Assistant professor of Maniben Nanavati Women's College (B.M.S Department)

Majorly the audience were of the age between 18 years to 60 years. The session was open for all .

The seminar started off with the introduction of the speaker and how 'Udyogini' started off.

Members were asked to introduce themselves. They were asked to share their business details, contact details with the other members and also about their recent achievements. The new members were introduced to the scheme of registeration process on the Udyogini website that is absolutely free.

Various Government schemes were introduced to the audience by Mrs. Poonam Darade.

Key Features of the scheme:

1. The loan sanctioning process is easy and simple. The entire pocess of making an application is done in online mode

2. The loan scheme is open to all.SC/ST candidates are given relief in case of interest payments.

3. Mrs.Poonam Darade explained the entire process in a very interactive way.

- 4. The loan limit for sevice industry is Rs.10 lakhs and for manufacturing industry the limit is of Rs.50 lakhs.
- 5. Also the information was given regarding 'Uduog Aadhar'.

The programme ended at 4.45 pm on a positive note that Government has come up with various other schemes as well

and it is ready to help common man in every possible way they can.



Report on the Session "SWOT Analysis" Conducted by Aamhi Udyogini Pratisthan at Thakur Institute of Management Studies

On 15th November 2019, a session on "SWOT Analysis" was jointly conducted by Aamhi Udyogini Pratisthan and Thakur Institute of Management Studies, Career Development & Research. The Programme started with the self Introduction of the attendees of the session and the area of their business so as to create a networking with all the entrepreneurs and their business. After the brief introduction by all the attendees the guest Mrs. Meenal Mohadikar was introduced by the director of the Thakur Institute Mrs. Vinita Gaikwaad.

This session was conducted with a view to help the beginners in the business and the people who wanted to be entrepreneurs. Queries related to finance were solved.

People willing to start the businees to be registered on the Aamhi Udyogini website. Mrs. Meenal Mohadikar started with the "SWOT Analysis" session stating Swot analysis to be done to find out the product of the business. She gave information about the workshop to beheld at Dadar by IES on 1st March 2020.

An Exhibition is to be put up at Dadar and Borivali from 9th to 13th January 2020. The session ended with a briefing on Annual Magazines by a co-worker of Aamhi Udyogini Pratisthan.



Mrs.Meenal Mohadikar briefing about SWOT Analysis and the attendees to the session.

<u>Five days Faculty Development Programme 2019</u> <u>jointly organised by</u> <u>PTVAIM's COEI and Atal Incubation centre- Rambhau Mhalgi Prabodhini (AIC-RMP) in</u> <u>association with Association of Indian Management Schools (AIMS) titled on</u> <u>"Essentials of Entrepreneurship"</u> <u>From 2nd to 6th December 2019</u>

Ms. Pranaya Revandkar (Assit. Prof. / Coordinator of BMS) attended 5 (Five) days Faculty Development Programme 2019 jointly organised by PTVAIM's COEI and Atal Incubation centre-Rambhau Mhalgi Prabodhini (AIC-RMP) in association with Association of Indian Management Schools (AIMS) titled on "Essentials of Entrepreneurship" with an objective to inspire and encourage faculty members to become entrepreneurship educators.

The program was inaugurated by Prof. Ravindra Kulkarni Hon. Pro Vice Chancellor of Mumbai University.

Day 1 : 2nd December 2019

Dr. Radha Iyer Professor at K. J. Somaiya Institute of Management Studies and Research and Mr. Uday Wankawala, Chief Executive Officer at Atal Incubation Centre- Rambhau Mhalgi Prabodhini deliver a session on "Orientation to entrepreneurship" and "Entrepreneurial ecosystems" and also there was an Engagement of stakeholders from the Campus.

Day 2: 3rd December 2019

Session on "Formation of Entrepreneurship Cell" by Dr. Hasina Sayed, Assoc. Prof & HOD-Commerce at Jai Hind College. Madam mainly focuses on How to Form Entrepreneurship Cell, Different Activities conducted by E-Cell, Organization structure of Faculty, E-cell branding and Challenges faced by them.

An E-cell experience by Ms. Zarna Shah the E-leader at Jai Hind College shared her valuable experience and how she got motivated.

Dr. Sucheta Pawar, Associate Professor – PTVAIM's Head of COEI addressed the faculty members about the activities conducted in PTVAIM's COEI and introduced Mr. Ravi, an incubatee at PTVAIM's COEI shared his entrepreneurial experience. It was an interactive and activity based session.

Day 3: 4th December 2019

An interactive and case study based session on opportunity evaluation by Dr.Radha Iyer, Mentor-Start up India /Convener -Entrepreneurship Cell & Skill Hub(under RUSA)/HOD Management Studies-Jai Hind College and session on Finance- back of the envelope Cash-Flow. She also talks on cost, revenue and pricing strategy.

A young entrepreneurs journey to success by Mr. Sanat Heerani a second year students of Jai Hind College shared his experience.

Day 4: 5th December 2019

Session on Cash flow and Business model ideas by Dr. Prema Basargekar, Associate Prof. at K.J. Somaiya Institute of Management Studies and Research in the area of Economics and Entrepreneurship Development

Factors for preparing business model and Nine building blocks of Business model was discussed. PTVAIM'S COEI incubatee –Mr. Omkar Kanerkar Director of IInfobucket Technoplex LLP shared his entrepreneurship journey with the participants. Faculty members were divided into groups and were asked to present the business idea with the help of business canvas. The session ended with 5 Principles of effectuation.

Day 5 : 6th December 2019

Dr. Radha Iyer talks about Business Plans, Value Proposition, Competitive scenario and entry barriers.

Panel discussion with the students ventures, entrepreneur from PTVAIM's and K.J. Somaiya College were conducted by Mr. Udya Wankawala followed by question answer from the participants.

The programme ended with review and action plan.



Inauguration Function by chief guest Prof. Ravindra Kulkarni Hon. Pro Vice Chancellor of Mumbai University.



Session by Dr. Hasina Sayed



Case study discussion by Dr. Radha lyer,



Feedback by the participants



Group photo with Faculty and all the participants with certificate

Maniben Nanavati Women's College

Nanavati Innovation, Entrepreneurship Development and Incubation Centre

NIEDIC in collaboration with Dr.BNCDC put up stalls in the college campus during annual exhibition on 4th& 5th of February 2020 from 9:00 am to 4:00 pm.

Students of BA (English &Guj), B.Com (AFI) and BMS had put up 6 stalls.

22 students of BA (Eng&Guj) had put up 2 food stall in which they sold variety of healthy and tasty food items like Mayonnaise Sandwich, Methi puri, Cheese Straw, Fruit Chat, Veg Cutlet, Paneer Cutlet, Guava Juice, Biscuits etc.

6 Students of B.Com (AFI) had put up 2 stalls of Designer Kurtis, Dress material, Scarf and Artificial Jewellery, Cosmetics and Glass Bottles.

10 Students of BMS put up 4 stalls of Fancy Jewellery, Designer Kurtis, Cosmetics, Mehndi and hair accessories etc.

| | | | BMS | | B.Com(AFI) BA. (En | | | g & Guj) | |
|------------|---------|----------|-------------|-----------|---------------------------|----------|-------------|----------|--|
| | Stall.1 | Stall.2- | Stall.3- | Stall.4- | Stall.5- | Stall.6- | Stall.7- | Stall.8 | |
| | - | Mehendi | Cosmetics | Handmade | Accessories | Designer | Cheese | - | |
| | Rings | | & | Soaps | | Dresses | Sandwich, | Cheese | |
| | & | | Accessories | & | | | Methi Puri, | | |
| | Rubber | | | Jewellery | | | Naankhataai | Straws | |
| | Bands | | | | | | | | |
| | | | | | | | Veg | Paneer | |
| | | | | | | | Cutlet, | cutlet, | |
| | | | | | | | Mayo | Guava | |
| | | | | | | | Sandwich, | Juice | |
| | | | | | | | Tomato | | |
| | | | | | | | Soup | | |
| Investment | 940 | 70 | 7496 | 4000 | 5000 | 15000 | 3314 | 2782 | |
| Sale | 1140 | 155 | 12305 | 4500 | 5320 | 10000 | 6570 | 4753 | |
| Profit | 200 | 85 | 4809 | 500 | 320 | 5000 | 3256 | 1971 | |

Statement of Investment and Profit

Testimonies of the Students

1) **BMS Students-** The first exhibition we put up in our college was of cosmetics and clothing. While deciding about the shop we were all very confused many question woke in our minds but we ended with a decision of putting cosmetics and cloths. It was a very great experience we all enjoyed a lot doing the group work also we learnt many things from it from bringing each n every things we all worked in a team. In this 2 days our communication skills definitely increased a lot

Our experience in 2 days of exhibition was very nice .after all we learn so much skills which further we can develop ourselves for entrepreneurs. Besides taking theoretical knowledge we also take step to practical knowledge. We enjoyed making sales and profit .we get to know some basic of marketing and management.

2) B.Com (AFI) Student (Mehreen Mansoori) - On day students had put up tuck shop for different kind of product like Accessories, Pakistani suits collection, Makeup products etc.. I had rented this products from the dealer for the sale. It was my first experience where I came across the customer and I understood that every customer has a different set of requirements I could understand customers point of view. I was slowly learning the communication skills that I need to know while talking to a customers I wish to setup a business of Pakistani royal collections and various collections for which it had been a first step for being an young entrepreneur it has develop my confidence and know . I wish to learn more entrepreneur skills and setup my own business before I graduate I would like to thank N.I.E.D.I.C for setting a bazar and giving me the opportunity to discover my new site and entrepreneur.



BMS girls with their stalls selling cosmetics and Accessories



Crowd of girls for buying the articles



Food and Nutrition girls with their foodstall

Maniben Nanavati Women's College Nanavati Innovation Entrepreneurship Development Incubation Centre Report on One Week Faculty Development Programme on "Entrepreneurship, Incubation

and Innovation"

A one-week faculty Development programme was organized by Teaching Learning Centre of Ramanujan College Delhi from 23rd June 2020 to 29th June 2020. Mrs.Jyotsana Raut and Ms. Snehal Obhan participated in the FDP.

Day 1 (Inaugural Session 11:00 to 12:30)- Mr. S.P Agarwal Principal of Ramanujan addressed the audience on the topic of FDP and Mr. Prabhat Ranjan one of the Resource person spoke about the college and its different areas of working. He said this is the right topic in this pandemic situation, the college started in 2010 and it is funded by Delhi University from 2012. 10 centers of Higher learning, 40 societies working in their area of education. Importance is given on the mental health of the students. More importance is given on the faculty teaching and learning. Till now they have completed 10 programmes and its main objective is to reach the unreached.

The 2nd speaker for the day was Mr. Kamal Jeetji, he is the RSS member for 40 years, mentor for swadeshi startups. He talked about Ayurvedic medicines and new technology to be used and what can be its base. Research on medicines by America and India. In India research is done using various environmental goods, some technology driven solutions to be done in India. India is still depended on other countries like china for small spare parts and solutions, so because of banning Chinese products it becomes necessary to work on developing these goods within India so that India becomes self reliant and self-depended.

A quiz was posted at the end of Day 1 to test the participants on the basis of topics covered. **Day 2 (Video lectures on Intellectual Property Rights and Startups)-** Different videos were posted on IPR and startups on the basis of which quiz was posted for the participants.

Day 3 (From work Bench to Enterprise lessons from the entrepreneurial journey)- Day 3 concentrated on inculcating entrepreneurial spirit, achievement motivation, training or teaching others to become entrepreneurs and also selfmotivation to become Achiever/ Innovators/ Entrepreneurs.

Day 4 (Business Opportunity Identification)- Day 4 session was about identification of business opportunity. 25000 lakh solar panels from china dumping of cheap goods. Close down of Vitamin B complex industries due to dumping of Chinese goods. Manufacturing capacity taken over by multinational companies eg: Refrigerator Company (Kelvinator and Whirlpool). 15 times higher per capita income than India. Goods worth 7,00,000 cores being imported from China. India should start using swadeshi Indian goods and start becoming self reliant. Development of technology within the home country.

A Quiz was posted on the basis of video lectures at the end of the session.

Day 5 (Assessing Viability of a business)- Dr. H. Purushotham NRDC(National Research Development Corporation) spoke about promotion of Innovation, Incubation, Entrepreneurship and startups in Academia and its challenges and opportunities. He spoke about market survey and analysis, competitors analysis, Customer perception, Potential market analysis, level of acceptance, Customer satisfaction, product improvement, steps to research, measures of successful R&D, Higher Education challenges. He explained about the role of incubation, resource mobilization, Technology Commercialization, collaboration with industry and entrepreneurship. A quiz was posted to test the participants at the end of Day 5.

Day 6(**Startup ecosystem in India**)- In the session it was explained about the startup ecosystem in India. India is the third largest eco-system in the world, number of start-up:45000(7500 technology startups). VC/Angel funds-239 nos, Mergers and acquisitions-451 nos., venture funds invested 4.2 billion from January to sept 2018. The resource person spoke about IPs, startups, and Aatma nirbhar bharat.

An assignment on Atma Nirbhar Bharat Abiyan was given to the participants along with a quiz at the end of Day 6.

Day 7 (**Incubation and Startups**)- Prof. Unnat Pandit spoke about personal care and wellbeing and currently relying on Indian products, improving the economic conditions of the country, efficient utilization of the data present should be analyses for the productive knowledge to design the solution.

Dr. Kamlesh Raghuvansh spoke about seamless communication. It's time to change, its time of disruption, time of uncertainty, it's time for youth to utilize the knowledge at the right time of lockdown, transform teaching experience to learning process.

Dr. Surjoday Ghosh explained about the thumb rule Lay of Land- without capital an idea is very little. He spoke about Corporate social responsibility, Industrial partners, startups, industrial designing, objectives of incubation, mentorship, Incubation revenue sources, strategic positioning. Mr. Dipan Sahu (Assistant innovation director MHRD. He spoke about Innovation cell, Entrepreneurship Typology and productive Entrepreneurship. He explained Rustow's five stages of growth, role of entrepreneur and entrepreneurship in economic development.

A quiz was provided at the end of day 7 i.e on 29 June 2020. Certificates for the same were provided on the completion of all the assignment.

REPORT OF SKILL DEVELOPMENT: Udyojokta Demystified – AnyoneCan

This is a 40 Hours Skill Development Programme .Total Participants of MNWC- 26

and BM Ruia College – 26 students. This is a collaborative programme organised by Dept of Commerce & NIEDIC of MNWC and Dept of Commerce and IQAC of B.M Ruia college and Powered by Inner Wheel Club of Bombay Airport. The Inaugural session was held on **12th Sept 2020** and the Chief Guest for the Programme was Ms Preeti Bhagat – President, Inner Wheel Club of Bombay Airport. The participants for the Inaugural programme were Members of Inner Wheel Club, Mr BR Venkatesh and Mrs Tejaswini Venkatesh, Entrepreneurship Promoters and Proprietors of MBTLA Training Academy.The Inaugural Programme included Speeches of Prof Sunita Sharma, Smt Himadri Nanavati : Chairperson Managing Committee,MNWC. Ms Preeti Bhagat, Dr Rajshree Trivedi, Dr. Santosh Kaul Kak (Principals of Both Colleges), Dr Rita Patil spoke on activities of NIEDIC . Mr B.R Venkatesh gave an introduction of MBTLA Academy.The Inaugural session ended with Vote of Thanks given by Dr. Nooruzia Qazi.

14th Sept 2020.: The Programme started with Ms Tejaswini sharing her life story with everyone. The EDP training helps to transform a person's life into a whole new which includes his thinking capabilities, behaviour towards others and encourages inactive persons to become active ones. The students were encouraged to answer questions like what are you good at? What are you afraid from?.

15thSept2020:In this session Mr Venkatesh sir along with Ms Tejaswini explained the students Importance of Entrepreneurship for the country .

This was followed by a discussion on Traits of Entrepreneurship – to increase bonding, talking skills, communication skills, Developing networking, connecting right people at right age, problem solving skills etc. The participants were asked to rate themselves on the scale of 1 - 5. This was followed by setting goals for themselves for each quality, which was followed by an action plan.

17th **Sept2020**: In this session students were explained how to sart a business, and basic things required to do a business. Risk taking is the biggest quality .

We have to start with idea generation . Success is hidden in Ideas.Every business whether big or small has to go through this process of Ideas generation.Students were given an experience of how to generate Ideas.

18th Sept 2020: Ideas in itself contain meaning, mantra of successful business.Our house itself gives ideas of various types of business. Observation is the key of getting ideas.

e.g if washing clothes with hands is a problem than washing with machine is a solution to that problem. In short find a problem and than find a solution to that. Anyone can become an entrepreneur by becoming a problem solver.

21st Sept 2020: The whole group was divided into smaller groups of 4, with 2 students from each college. The groups sat down together to discuss the problems they were facing around. Each group was given a name. Mr Venkatesh started the activity of Hobbies, skills, and qualities. A discussion was initited on difference

between skills and qualities.. This was followed by Newspaper activity.the participants were taught how to find business information from newspaper. How business could be developed by solving problems faced by students were also discussed.

22nd Sept 2020: The topic for discussion was Idea Generation taking newspaper as base different ideas were generated like printing business, packing etc. Newspaper also generates ctitical thinking, reading, and writing. A newspaper shows how we can grow our business. A PPT presentation was shown named Scamper. The PPT had 7 points but Tejaswini only explained first point. – Substitute. It tells us about what resources, materials can we substitute to enhance the product and the process.

23rd **Sept, 2020:**The topic of discussion was Business Idea.Different examples of business idea were given like in college if all girls are using recharge card, then if a counter is opened in the college canteen will earn money for institution . stories of how manikchand started his business were narrated.Different examples like food centre, health & fitness centre were given.

24th Sept, 2020: The topic of discussion was Market Research. What all needs to be researched about the market like customers, competitors, price of the product, manpower etc. The role of Transportation was also discussed. The concept of Product Life Cycle was also explained.

29th Sept 2020: All the groups were given home work to do marketing research of the products selected by them. The groups collected information about the raw materials to be used for their products. They were explained about different types of Organisations – Private Firms, Partnership Firm, Sole Proprietor and Company form of Organisation. The teams were also asked to explore about their Product – customers, competitors, license, financial suppliers, Government Policies, Promotion, etc.

8th October 2020: Mr Venkatesh explained the basics of License, Finance, Taxation, Registration, Risk and litigation. After explanation the teams were asked to list the expenses of the business selected by the group. They had to also list 5 sources of income of their business selected.

9th October 2020: The topic of discussion was the expenses of business and what things should be considered before starting a business. One is required to plan the budget and evaluate the income and expenses according to the concept of business rules of cash book. Cash book does not show profit or loss nor can it show a negative balance. This was followed by a discussion on different types of costs incurred by a business.

13th **October 2020:** Mr Venkatesh explained that there are three different types of.

16th October 2020: In this session a case study was done of a Tea Shop. The location choosen was Andheri Station and it was given a name as Tea Point. This was followed by preparation of a Budget. All expenses and possible costs were included in the budget.

19th October 2020: The topic of discussion was Business Improvement and how business can be made profitable. The example of Tea point was taken and each one calculated the costing and material required for each cup. This also helped to calculate how much profit would be made on each cup. The session was very thought provoking and gave a lot of ideas about starting business.

20th October 2020: The topic of discusion was Fixed Cost and Start Up Cost. Examples of Fixed Cost – Employee Salary, Electricity Bill etc and examples given about start up cost were – place, interior, electricity fitting, advertising, name plate, CCTV etc. This was followed by calculating Total Cost.

22nd October 2020: The topic of discussion was Advertisement – Why desired and different types of advertisement, that to at a very cheap cost. The students were given guidance how to prepare their presentation. Different queries of the students were answered.

23rdOctober2020: The girls were guided for the presentations to be done by them. On 24th and 26th October 2020.

24th October2020: Business Plan Competition Day 1: The programme started with invoking the blessings of All Mighty . Seven teams made a presentation of their business plans. The Judgement Criteria was – All members Participation in Presentation, Marketing Content, Financials ,Overall Viability of project and Overall team presentation. The Judges for the competition were Entrepreneurs Mr Samir Shah and Mrs Meena Shah. 75 participants were present for online programme. The winners were 1st Prize (Rs 2,000) Team Fantastic Four, 2nd Prize (Rs 1,000) each Udyojak and Tufani Girls and 3rd Prize (Rs1,000) SP3.Team.

26th October2020: Business Plan Competition Day2: Six teams made a presentation of their business plans. The Judges for the competition were President of Inner Wheel Club of Bombay Airport Ms. Preeti Bhagat and CEO of Torsion GroupMr Suketu Jariwala. 67 participants were present for the presentations. The winners were 1st Prize (Rs 2,000) Team Fly Four, 2ND Prize (Rs1,200) Ambitious Girls and 3rd Prize (Rs900 each) Team Rose and Aqua Women. Day 2 prizes were sponsored were Ms Preeti Bhagat. The Programme ended by students presenting their feedback.

costs - Start Up costs, Fixed Costs and Variable Costs. A video on costing of a Tea Shop was shown. Different questions like location, size, whether would purchase or hire, what would be the Layout of the shop were discussed with help of different examples





MANIBEN NANAVATI WOMEN'S COLLEGE NIEDIC & DEPT OF COMMERCE ACTIVITY REPORT YEAR: 2021-22

NAME OF THE ACTIVITY: Guest lecture on "Why Become An Entrepreneur?"

DD/MM/YY: 16th March, 2022

TARGET GROUP: S.Y. & T.Y Accounts

NAME OF FACULTY: Ms. Madhuri Ayker

NO OF STUDENTS: 50

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Mr. Anirudh Naik, Suvarn Spunfabrics Ltd., Madkai Industrial Estate Ponda-Goa

VENUE: Online, https://meet.google.com/guh-oemz-cqx

TIME: 9:00 a.m. – 10:00 a.m..

OBJECTIVE: to bring conceptual knowledge, corporate experience and entrepreneurial attitude

METHODOLOGY: Experiential & Participative Learning

OVERVIEW: To understand the skills required by a successful Entrepreneur and the desire to improve the world, ability to raise money, relieve stress, to be reproductive, to make entrepreneur friends, ability to spot new trends and to deal with failure. Elaborating on the importance of following their passion according to their skills.

OUTCOME: lecture was very informative and interesting as he shared many of his personal experiences, hurdles he faced and the action plan the actually took him to success.

ANY OTHER REMARKS: Nil



Maniben Nanavati Women's College Best College 2018-19

The Nanavati Innovation and Entrepreneurship Development Incubation Centre (NIEDIC) Maniben Nanavati Women's College organize meeting

Jan 7, 2022, 2.00 PM

In the Meeting session our resource person form Institution's Innovation Council Dr. Bhavna Ambudkar enlightened all the committee members on the National Innovation Start up policy.

- What is Entrepreneurship?
- Why 'E' for all
- Start-up for generating revenue
- 'E' should be something different, related to challenges.
- Business/ E- Start Up
- E is not only focusing on students but, start-ups can be of a team of faculty with students, alumni, society members.

Need to create the ecosystem of innovation.

What is expected from the institution?

- 1. Formulation of strategy by the apex body.
- 2. Strategies and governance expected from the apex body.



Maniben Nanavati Women's College Best College 2018-19

The Nanavati Innovation and Entrepreneurship Development Incubation Centre (NIEDIC) & Staff Study Circle (An IQAC Initiative) of Maniben Nanavati Women's College organize Orientation Session for Faculty

Jan 28, 2022, 11.00 AM

A faculty orientation session was jointly organised by The Nanavati Innovation and Entrepreneurship Development Incubation Centre & Staff Study Circle of Maniben Nanavati Women's College under the mentor mentee program of Institution's Innovation Council (IIC) for the Entrepreneurship development activities to be conducted in college. We are a registered member of IIC. and Dr. Bhavna Ambudkar is our mentor. Total 37 teachers attended the session and certificates were given to the attendees. The basic aim of this orientation session was to enlighten all the faculty members on how they can contribute towards developing an entrepreneurship culture on campus.

Apart from students, the teacher, parents and other members of society can also be a part of the entrepreneurship cell of our college.

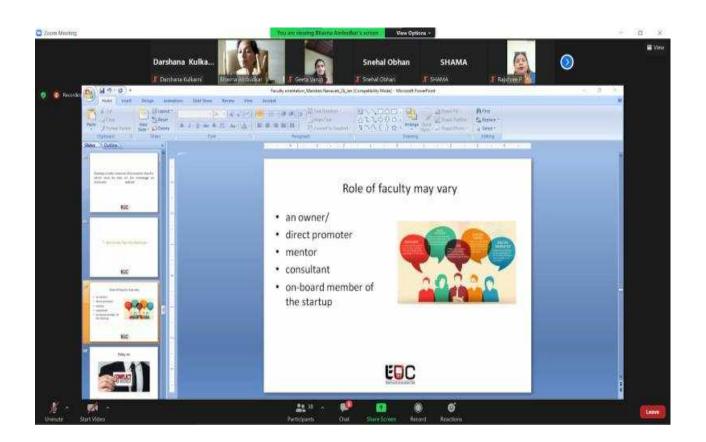
Our mentor Dr. Bhavna Ambudkar informed all the faculty members regarding various guidelines to be followed while forming a start-up.

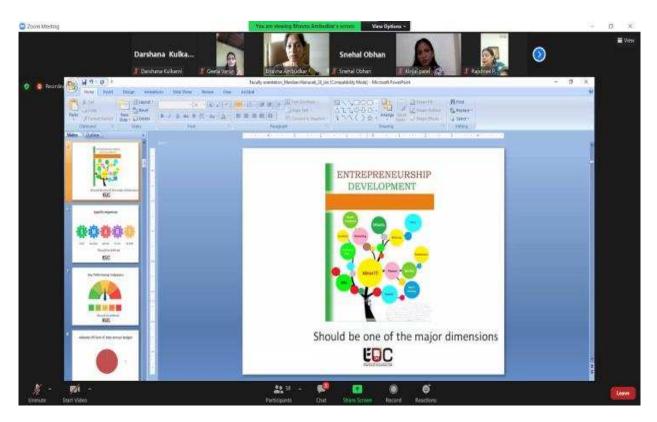
She also guided us on how we can encourage students to think about having a start-up through the syllabus that we teach. We can develop customised teaching & training material for start-ups. Teaching methods can involve case study, organising competitions, boot camps, etc for generating innovative ideas.

We must recognise outstanding ideas related to start-ups. SPOC mechanism should be created in the institute.

Also she emphasised on an important aspect of assessing & monitoring the end result of all our activities and recording it. Measuring success of the start-up on the basis of sustainability, social impact, finance, technology, commercial success etc.

Towards the end a question & answer session was held where Bhavna ma'am addressed queries raised by staff members.







MANIBEN NANAVATI WOMEN'S COLLEGE

NANAVATI INNOVATION & ENTREPRENEURSHIP DEVELOPMENT INCUBATION CENTER

ACTIVITY REPORT FORMAT YEAR: 2022 - 23

NAME OF THE ACTIVITY: Webinar: How to create a successful start up.DD/MM/YY: 22/08/22TARGET GROUP: TY B COM & SY BAFINAME OF FACULTY: Dr Swati Partani & NIEDIC MembersNO OF STUDENTS: 64SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Attra Jitendra Surendra (CFO and Headof operations of Edelwiss General Insurance Company)

VENUE: Online ZOOM App

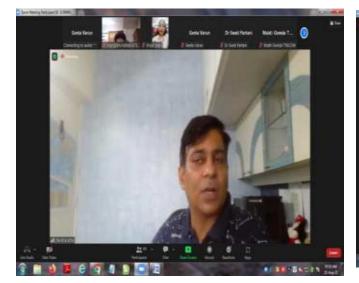
TIME: 7.30 - 9.00am

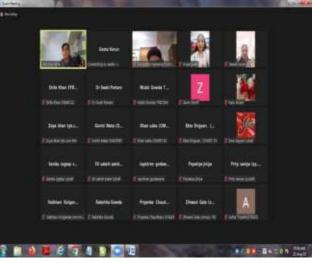
OBJECTIVES: To create awareness about startups in various sectors To motivate students for to generate ideas for startups

METHODOLOGY: Participatory Learning Approach has been used.

OVERVIEW: The session was started by Dr. Swati Partani ma'am. Later Ms Kinjal introduced our resource person Attra Jitendra Sir. Sir explained the basic meaning and strategy about start up business, What are the challenges entrepreneurs have to face in the early stage of business and how to overcome various business challenges. He explained various stages to become successful entrepreneurs and start new ventures.

OUTCOME: The session was very interactive, Students enjoyed the session and their doubts related to start up business got solved.





MANIBEN NANAVATI WOMEN'S COLLEGE

ACTIVITY REPORT FORMAT

YEAR: 2021 - 2022

NAME OF THE ACTIVITY: Progress Monitoring Visit (Under Mentor Mentee Scheme)

DD/MM/YY: 09.07.2022

SPEAKER / RESOURCE PERSON (WITH DESIGNATION):- Bhavna Ambudkar (Dean of Alumni Relations, EDSI Cell, Dr. D.Y. Patil Institute of Technology, Pimpri, Pune).

TIME: 12.30pm to 4.00pm.

OBJECTIVES:- Observing progress of the mentee institute and giving guidance for the same.

OVERVIEW:- Ms. Bhavna Ambudkar shares her knowledge and guided all HOD'S about New Education Policy & Incubation Centre. Ma'am also discussed Intrapreneurship & Entrepreneurship in detail.

Bhavna ma'am resolves the queries of faculty members about Intrapreneurship, Alumni involvement in business creation and Budget & other things related to start up business.

Teaching pattern of teachers should be different than blackboard, whiteboard or projector method. The classroom should be interactive. For making class interactive teacher can give any case study or any situation to their students and collect response for the same.

Bhavna ma'am guided faculty members what type of activity they have to do, to inculcate activity based learning among students and how that activity will be helpful for students also how we can create future entrepreneurs with the help of such activity and practical training. The overall session was interactive.

OUTCOME:- The major outcome of session is to searching innovative mind and student or teacher coming with innovative ideas to authority.

MANIBEN NANVATI WOMENS COLLEGE

Nanavati Innovation and Entrepreneurship Development Incubation Centre ACTIVITY REPORT YEAR: 2022- 2023

NAME OF THE ACTIVITY: Launch of 5G

DD/MM/YY: 25 February 2023

TARGET GROUP: (FYBAF and FYBMS)

NAME OF FACULTY: Miss Kinjal Patel, Mr. Suraj Dubey

NO OF STUDENTS: Fifty two

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): live

inauguration of 5G launch

VENUE: Classroom no 5.3

TIME: 11.30 - 12.30

OBJECTIVES: The objective of the workshop were

1)To introduce the concept of 5G among youngsters.

2)To put light on the concept of research.

METHODOLOGY: Participative

OVERVIEW: The students was shown to the through the YouTube streaming of launching 5G services.

OUTCOME: The 5G services were premiered in India on 1 october,2023, at the India Mobile Congress. PM Narendra Modi officially premiered the 5G network at the initiations of the India Mobile Congress (IMC) 2023 on October 1st. The students were shown the online YouTube video on launch of 5G.



MANIBEN NANVATI WOMENS COLLEGE

Nanavati Innovation and Entrepreneurship Development Incubation Centre ACTIVITY REPORT YEAR: <u>2022- 2023</u>

NAME OF THE ACTIVITY: Leadership talk

DD/MM/YY: 25th February 2023

TARGET

TIME: 10.30 -

GROUP: (Fyba cd and fybms)

NAME OF FACULTY: Dr Swati Partani, Miss Kinjal Gupta

NO OF STUDENTS: Fifty two

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Professor T.G Sitharam

VENUE: Classroom no 5.3

11.30

OBJECTIVES:

The objective of the workshop was

1)To introduce the concept of leadership among youngsters.

2)To put light on the concept of research.

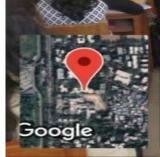
METHODOLOGY: Participative

OVERVIEW:

An interview session of Professor T.G Sitharam was shown to the students through the YouTube streaming.

OUTCOME:

The Professor highlighted two important topics of research and funding for changing the country into a devloped one by 2047. He guided how to handle stress through meditation. He addressed that research leads to innovation. He made the one listening to him aware of the importance of research. He put the view to the government that there should be enough funding to give to students who choose to opt for Phd in their careers. The student were motivated by the guidance of Professor Sitharam. There was a question answer series done immediately after the session by Dr Swati Partani. Students were actively responding in it

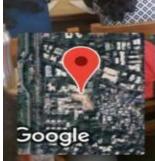


GPS Map Camera

Mumbai, Maharashtra, India 2nd Floor, Maniben Nanavati, Women's College, Vallabhbhai Patel Road, LIC Colony, Suresh Colony, Vile Parle West, Mumbai, Maharashtra 400056, India

Lat 19.096354° Long 72.84054° 25/02/23 10:49 AM GMT +05:30

GPS Map Camera



Mumbai, Maharashtra, India 3RWR+F97, LIC Colony, Suresh Colony, Vile Parle West, Mumbai, Maharashtra 400047, India Lat 19.09622° Long 72.840819° 25/02/23 10:57 AM GMT +05:30



"Design Effective Innovation & Startup Policy in HEIs".
—By Dipin Kumar Sahu
Asst innovation Director, MOE innovation cell
Attendee: Dr Swati Partani
Date: 16th February, 2023
Time: 11:00-12:00

Key Highlights:

- Allocate 1% of total budget of institution fund
- Legitimate entrepreneur activities
- Channelise CSR funds
- Should be equity based for up coming untimely challenge
- Institution can have max 9.5 % equity from students not more than that
- Develop matrix of services
- Innovation—-acceleration—-Provide quality service
- Plan visits to incubation centers for faculty and students
- Set up policy for innovation with amendables clause
- Incentives to faculty and students through academic break and rewards
- 20% of teaching time can be replaced with start up activity

- Faculty can take share as much and become founder but can not be employed at startup
- IP should be shared with institution as co partner
- Weave innovation in curriculum for handson experience (min 4 credits)
- IIC activities should be in sync with incubation activities to improve ARIIA ranking
- Use both Top down and bottom up approach to have innovation and incubation of start ups
- Refer to NISP policy online for further clarification

MANIBEN NANVATI WOMENS COLLEGE

NANAVATI INNOVATION & ENTREPRENEURSHIP DEVELOPMENT INCUBATION CENTRE

ACTIVITY REPORT FORMAT YEAR: 2022 - 23

NAME OF THE ACTIVITY: EDSI Panel Discussion.DD/MM/YY: 27/08/22TARGET GROUP: AllBMS & OMSP StudentsNAME OF FACULTY: Dr Swati Partani & NIEDIC MembersNO OFSTUDENTS: 45

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Nikhil Kulkarni (Director – NETRARIT Foundation) & Pankaj Patil (MGN Fellow Pune).

VENUE: Online ZOOM App

TIME: 11.30am onwards

OBJECTIVES: Creating awareness about start up in various sector & motivating students for the same.

METHODOLOGY: Participatory Learning Approach has been used. **OVERVIEW:** The session Was well attended by the students from different colleges it begin at 11: 30 vair Bhavna mam introduced the speakers of the session Mr Harshal Patil, Mr. Pankaj and Mr Nikhil the lecture started with introduction to difference between business and entrepreneurship by Mr Nikhil he also gave definition on startup. The next speaker Mr.Pankaj added points to it and mention some government based startp. He also gave brief explanation on a unicorn startups, after this Mr. Harshal enlightened students about incubation board like what exactly happens over there how people get associate with it. They also threw light on how incubation centre supports startup he mentioned that being an incubation centre the first priority is to identify at which stage they start working and mention what kind of support is needed. he also mention the levels of funding follows first at the district level second it is sent to the divisional level next he next hi enters about the startup week when successful startup come and brief their journey towards starter the lecture successfully ended with the question and answer session.

OUTCOME: The session was very interactive, Students enjoyed the session and their doubts related to start up business got solved.





DR. D.Y. PATIL INSTITUTE OF TECHNOLOGY, PIMPRI, PUNE

ENTREPRENEUR SHIP DEVELOPMENT STARTUP AND INNOVATION CELL



DPU

invites you for

PANEL

Nikhil Kulkarni Director - NETRARIT Foundation



Pankaj Patil MGN Fellow Pune 11:30 AM ONWARDS 27 AUGUST 2022

JOIN US!



MEETING ID: 921 6717 1964 PASSCODE: 470942









MANIBEN NANAVATI WOMEN'S COLLEGE Awarded Best College 2018 - 18 Vallabibbal Road, Vile Parke (W). Anumbel, Maharashtra - N00056, Attiliated to S.N.D.T. Women's University

NANAVATI INNOVATION ENTREPRENEURSHIP DEVELOPMENT INCUBATION CENTRE

> In collaboration with NSS Unit WORKSHOP ON HOW TO MAKE ECO FRIENDLY SANITARY NAPKINS

A Social Entrepreneurship Initiative

Resource Person: Ms Rajasi Kulkarni Diwakar

DATE: 7TH JANUARY, 2023 TIME: 2:00-5:00PM VENUE: VIRATHAN BUDRUK, SAPHALE, PALGHAR DIST. THANE

TARGET GROUP: WOMEN IN THE COMMUNITY AND STUDENTS



MANIBEN NANAVATI WOMEN'S COLLEGE

DEPT OF COMMERCE

ACTIVITY REPORT YEAR: 2022-2023

NAME OF THE ACTIVITY: Workshop on "Women Entrepreneurship Development Program"

DD/MM/YY: 6 th to 10th March 2023

TARGET GROUP: T.Y. (E.D) Students

NAME OF FACULTY: Ms.Vaishnavi Arya

NO OF STUDENTS: 34 students

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): G. Somasundaram VENUE: Zoom (Online)

TIME: :5:00 pm to 7:00 pm

OBJECTIVES :- To understand the importance of (MSME) Micro Small And Medium Entrepreneurship Development.

METHODOLOGY:- Learning MSME and Women Entrepreneurship Development.

OVERVIEW:- Students gained knowledge about this topic in this secession, Entrepreneurship & it's journey, how to generate Entrepreneurial ideas, identifying business opportunities, Entrepreneurship as a career option, skill for Entrepreneur and skill development, learning from successful entrepreneurs, MSME schemes and promotional measures for women Entrepreneurship, how to draft business plan and business model generation business environment factors that impact Entrepreneurship, foreign trade policy and export opportunities for women Entrepreneur.

OUTCOME:- It was an interactive session. The students asked many queries and obtained information about the Micro Small And Medium Entrepreneurship Development. The session gave ideas about different types of business start-ups. Students learn about the foreign trade policy and exports. ANY OTHER REVIEWS:- NIL

| Recording | | | | III View | | Participents (44) | |
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| Vaibhavi kolgav | Nisha Raut (MN | Aarti Gupta MN | Tanu Pandey (M | Ruhi Ansari(MN | 6 | Shivani Sharma (MIVWC) | H |
| Vaibhini kolgerkar (MNWC) | Nisha Raul (MNWC) | Aarti Gupta MNWC | Tane Fandey MNWCI | T Buhi Ansari(MNWC) | | Tanwar Farheen (MRWC) | J.F |
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| Ishita Ravariya | Praveena Mano | Khan saba (OMS | Tanwar Farheen | н | Ø | Khushboo parvin (mmwc) | S. |
| 🕈 ishka Ravanya MMWC | 🗊 Praveena Manoharan | Khen sabe (CMSP) 62 | (I Tanwar Farheen (MRWC) | # kaushalya Rathodi/MWWC | 1 | Néha suryawanshi (MNWC) | M. |
| | | | | | (VX | Vaibhavi kolgavkar (MR/WC) | H |



Ministry of Micro, Small & Medium Enterprises (Govt. of India Society).



Maniben Nanavati Women's College Nanavati Innovation Entrepreneurship Development Incubation Centre Minutes of the Meeting

The following is an account of the minutes taken on the Google Meet held on 5th October 2020 at 5:15 pm.

1. Attendees

| The following members were PRESENT | | | | |
|------------------------------------|------------------------|--|--|--|
| Meeting Chairperson | Dr.Rajashree Trivedi | | | |
| In-charge | Dr. Rita Patil | | | |
| Co-incharge | Mrs. Jyotsana Raut | | | |
| Member | Ms. Geeta Varun | | | |
| Member | Mrs. Pranaya Revandkar | | | |
| Member | Mrs. Snehal Obhan | | | |
| Member | Mrs. Saloni Mehta | | | |
| | | | | |

2. Agenda

To Discuss the website page To Discuss the Advisory Board members of the NIEDIC To start creating startups with the help of Ms. Geeta Varun through her existing business

3. Topics of discussion

The meeting started with the briefing of the website page. The following points were discussed:-

- 1) Website page should be designed in such a way, that it should include points like concept note, Objectives and outcomes of NIEDIC.
- 2) An advisory board needs to be formed which will include Suketu Sir, Minal Mohadikar madam and some industry persons and some industries to be joined to promote their businessess, Research Organisations.
- 3) Paperwork of NIEDIC to be done for NAAC. Report writing to be done by Ms. Pranaya Revandkar and documents needs to be collected from Sharma madam.
- 4) Website page will be designed by Dr. Rita Patil and Mrs. Jyotsana Raut
- 5) Brochure to be prepared by Snehal Obhan and Mrs. Twinkle Sanghavi
- 6) Advisory Board members to be contacted and formed by Dr. Rajashree Trivedi and Dr. Rita Patil.
- 7) For entrepreneurship Ms. Geeta Varun has to encourage students for the same and a report of her business needs to be collected.



Maniben Nanavati Women's College Nanavati Innovation Entrepreneurship Development Incubation Centre Minutes of the Meeting

The following is an account of the minutes taken on the Google Meet held on 23rd November 2020 at 2:00 pm.

1. Attendees

| The following members were PRESENT | | |
|------------------------------------|------------------------|--|
| Incharge | Mrs. Jyotsana Raut | |
| Co-incharge | Ms. Geeta Varun | |
| Member | Dr. Rita Patil | |
| Member | Mrs. Pranaya Revandkar | |
| Member | Mrs. Vaishali Ranadive | |
| Member | Mrs. Snehal Obhan | |
| Member | Mrs. Saloni Mehta | |

2. Agenda

To discuss the SOP of NIEDIC 2020-21

3. Topics of discussion

The meeting started with the briefing of the SOP. The following points were discussed:-

- 1) Listed out the activities of SOP month wise
- 2) In the month of December Identification of students 2 from each department for entrepreneurship development.
- 3) In the month of January and February a workshop to be conducted on entrepreneurship.
- 4) In the month of April and May talks by different experties to be organised
- 5) If the situation becomes normal, then exhibitions or Tuck shops to be put up by students in the college, also a visit to a manufacturing industry will be planned after the pendamic.
- 6) A brochure needs to be prepared for registering the prospective students in NIEDIC, who will be trained in the later stage. Also a Google form link will be attached to the brochure for the same.
- 7) Experts can be called from Atal incubation centre for talks or sharing their experiences.

Micro, Small and Medium Enterprises – MSME

Academic Year: 2017-18

| A. | Name of the Department | : | Department of Management Studies | | | |
|--|---|-----------|--|--|--|--|
| B. | Name of the Teacher In-charge | : | Ms. Snehal Obhan | | | |
| C. | . Stream | | Management | | | |
| D. |). UG/PG | | Undergraduate | | | |
| E. | Title of activity | : | | | | |
| F. | Date | : | 15th Jan 2018- 19th Jan 2021 | | | |
| G. | Total Duration | : | 30 Hours | | | |
| H. | College/ Inter-college /Regional/ National /International level : College Level | | | | | |
| I. | Names and Designation of Resource Person :Ms. Snehal Obhan and Ms. | | | | | |
| | PradnayaSawant | | | | | |
| J. | Budget allocated | : | Nil | | | |
| K. | K. Total expenses incurred | | Nil | | | |
| L. | . Target group | | TYBMS | | | |
| M. | . No. of students benefited | : | 17 Students | | | |
| N. | Whether in collaboration | : | MSME, Government of India | | | |
| 0. | Objectives of the activity | : | | | | |
| | • To create awareness with typ | es of R | etail. | | | |
| | • To impart the skills required | to be ar | n Entrepreneur. | | | |
| | • To educate the various mark | eting str | rategies required for retail Management. | | | |
| P. | Type of Learning | : | Presentation, group discussion | | | |
| Q. | Use of ICT | : | Yes | | | |
| R. Assignments / Projects/ Tests given after the activity : Assignment | | | | | | |
| S. | Whether evaluated | : | Yes | | | |
| T. | T. Learning outcomes | | The students were able to learn the | | | |
| types ofretail systems, process and Marketing of Retail systems. | | | | | | |
| U. | U. Feedback and analysis : No | | | | | |
| V. | V. Photographs with caption; Group photograph must attached : Attached | | | | | |
| Signat | ure of the Teacher : | | | | | |
| Name of the Teacher : Ms.Snehal Obhan | | | | | | |
| Date | Date : 19-01-2018 | | | | | |
| | | | | | | |





Department of Management Studies Initiatives for creation and transfer of knowledge related to Entrepreneurship and Retail management on 15th January, 2018 to 19th January, 2021 "Micro, Small, and Medium Enterprises – MSME"

Euntra Bizz - An entrepreneurial initiative

The department has initiated "Euntra Bizz" as entrepreneurial event every year since 2017 for the students of second and third year BMS. The aim of this event is to identify various challenges faced by the entrepreneurs. Also it aims to incorporate the management skills required to become an entrepreneur right from planning to execution.

The outcome: The students were able to execute their ideas by putting up stalls in the college campus, selling products ranging from food products to accessories to clothing, also apply marketing skills and earn profits out of it.



Department Management Studies has Initiated "**Euntra Bizz**" As Entrepreneurial Initiative Event Every Year Since 2017

<u>Nanavati Innovation Entrepreneurship Development Incubation Centre</u> (NIEDIC)

Nanavati Innovation Entrepreneurship Development Centre in collaboration with Bite Delight and Euntra Bizz organized Bazaar on 4th and 5th February 2020 for exhibiting food stalls to clothing and Jewellery. The students experienced the entrepreneurship skills.



Nanavati Innovation Entrepreneurship Development Incubation Centre (NIEDIC) in collaboration with Bite Delight and Euntra Bizz organized Bazaar on 4th and 5th February, 2020

Bite Delite

Entrepreneurship: Bite Delite practical is experimental learning in semester VI. It is an unique initiative. In this practical, students cook and sell snacks. The profits of the sale are shared between students and department. This small income generated is used for departmental expenses. The dual purpose of giving students a first-hand experience of entrepreneurship and generating funds for the department is achieved. Also at the yearly fair of BNCDC, the department pays for one stall. Interested girls sell food and they make enough profit to repay the stall charges beyond the profit for themselves.



Department Food and Nutrition has Initiated "**Bite Delite**" Practical is Experiential Learning in which students Cook and Sell Snacks

Report on the Session"SWOT Analysis" Conducted by Aamhi Udyogini Pratisthan at Thakur Institute of Management Studies

On 15th November 2019, a session on "SWOT Analysis" was jointly conducted by Aamhi Udyogini Pratisthan and Thakur Institute of Management Studies, Career Development&Research. The Programme started with the self Introduction of the attendees of the session and the area of their business so as to create a networking with all the enterpreneurs and their business. After the brief introduction by all the attendees the guest Mrs.Meenal Mohadikar was introduced by the director of the Thakur Institute Mrs.Vinita Gaikwaad.

This session was conducted with a view to help the beginners in the business and the people who wanted to be enterpreneurs. Queries related to finance were solved.

People willing to start the businees to be registered on the Aamhi Udyogini website. Mrs.Meenal Mohadikar started with the "SWOT Analysis" session stating Swot analysis to be done to find out the product of the business. She gave information about the workshop to be held at Dadar by IES on 1st March 2020.

An Exhibition is to be put up at Dadar and Borivali from 9th to 13th January 2020.

The session ended with a briefing on Annual Magazines by a co-worker of Aamhi Udyogini Pratisthan.



Mrs.Meenal Mohadikar briefing about SWOT Analysis and the attendees to the session.

SMT. KANTABEN SHAH RESEARCH CENTRE FOR MULTIDISCIPLINARY STUDIES

The Smt. Kantaben Shah Research Center for Multidisciplinary Studies was inaugurated on 15 June 2020. Principal, Dr. Rajshree Trivedi, members from the management committee, all the faculty members from the college, several students from various colleges and the speaker for the day were present during the inaugural ceremony.

Dr. Cicilia Chettiar (HOD- Department of Psychology) and the centre in-charge welcomed all the participants and gave an introduction to the workshop. Dr. Rajshree Trivedi talked about the inception of Kantaben Shah Research Center for Multidisciplinary Studies. Mr. Shachin Nanavati, who is the honorary treasurer of the managing committee addressed the participants. Ms. Angela Shah, patron for the centre shared her best wishes for the centre. At the inaugural session, Dr Vibhuti Patel, the speaker for the day addressed the audience on the topic 'Conducting Research under the Coronavirus Lockdown'. The inaugural session ended with a formal vote of thanks.

This was followed by a six day research methodology workshop in collaboration with the PG departments of Psychology and Commerce of MNWC. It aimed to introduce to students of PG sections of different streams, the fundamentals of research that they would require for the dissertation to be presented across their final year. A total of nine speakers guided 128 PG students from different colleges and departments of the University. The workshop was held from 15th June 2020 to 20th June 2020.



Smt. Angela Shah – Patron KSRC Shri. Shachin Nanavati, Trustee, MNWC.



Dr. Vibhuti Patel, Researcher

BMS

Academic Year: 2021-22

| A. Name of the Department | 1 | Department of Management Studies |
|--|-----------|---|
| B. Name of the Teacher In-charge | 1 | Ms. Snehal Obhan |
| C. Stream | ÷. | Management |
| D. UG/PG | | Undergraduate |
| E. Title of activity | 2 | Euntra Buzz |
| F. Date | 2 | 13th April 2022 |
| G. Total Duration | | 10 Hours |
| H. College/ Inter-college /Regional/ N | ational | International level : College Level |
| Names and Designation of Resource | ce Person | n : |
| In-house faculty | ÷ | |
| J. Budget allocated | 43 | Nil |
| K. Total expenses incurred | | Nil |
| L. Target group | : | SYBMS |
| M. No. of students benefited | ¢3 | Students |
| N. Whether in collaboration | 1 | No |
| O. Objectives of the activity | 2 | |
| To understand the various s | kills req | uired to become an entrepreneur. |
| To work and tackle sp environment. | ontaneo | us situations in the competitive business |
| To experience problem solv | ing skill | Is and tackle various business decisions. |
| P. Type of Learning | 1 | Experiential learning |
| O. Use of ICT | 1 | No |
| R. Assignments / Projects/ Tests giver | after th | |
| S. Whether evaluated | 0 | |
| T. Learning outcomes | | Students were able to experience and |
| practice various skills of being an e | ntrenner | |
| and the second | incepter | Self Analysis reports |
| U. Feedback and analysis | | |
| V. Photographs with caption; Group p | hotogra | ph must attached : Attached |
| Signature of the Teacher : | | |
| | l Obhar | (BMS Coordinator) |
| Date : 13th Apr | | 17 |
| Date . Tour op | | |



C



NAAC Reaccredited 'A' grade

Chairman Mg. Committee Smt. Himadri S. Nanavati

6

MANIBEN NANAVATI WOMEN'S COLLEGE

BEST COLLEGE 2018–2019 Awarded by SNDT Women's University, Mumbai (Affiliated to S.N.D.T. Women's University)

Conducted by : SHREE CHANDULAL NANAVATI WOMEN'S INSTITUTE & GIRLS' HIGH SCHOOL Vallabhbhai Road, Vile Parte (West), Mumbai-400 056 Tel: 2612 8840, Teletax : 91-22-2617 6196 E-mail mnwcollege@hotmail.com e Website www.mnwc-sndt.org

Principal Dr. (Mrs.) Rajshree Trivedi

(I) A

MNWC/2022-2023 / 161

23/5/2022

To. Dr. Vikram Suvarnkar

The Post Graduate Department of Psychology and The Nanavati Innovation and Entrepreneurship Development Incubation Centre(NIEDIC) would like to thank you for conducting a guest lecture on the topic of "Intellectual Property Rights" on 23rd May 2022. Your expertise and subject knowledge has indeed helped our students gain valuable insights into the matter.

We hope our college will continue to have such fruitful interactions with you in future.

Thank you.

Yours Sincerely

Dr. (Mrs). Rajshree P. Trivedi Principal Maniben Nanavati Women's College Vile Parle (W), Mumbai - 400 056.



NAAC Reaccredited 'A' grade

Chairman Mg Committee Smt Himadri S. Nanavati

MANIBEN NANAVATI WOMEN'S COLLEGE

BEST COLLEGE 2018-2019 Awarded by SNDT Women's University, Mumbai (Affiliated to S.N.D.T. Women's University)

Conducted by SHREE CHANDULAL NANAVATI WOMEN'S INSTITUTE & GIRLS' HIGH SCHOOL Vallabhbhai Road Vite Parle (West), Mumbai-400 056 Tel.: 2612 8840, Telefax 91-22-2617 6196 E-mail mriwcollege@hotmail.com • Website www.mnwc-sndt.org

Principal Dr. (Mrs.) Rajshree Trivedi 1911

MNWC/2022-2023/ 160

13/5/2022

To. Dr. Vikram Suvarnkar

The Post Graduate Department of Psychology and The Nanavati Innovation and Entrepreneurship Development Incubation Centre (NIEDIC) would like to invite you to be a guest lecturer on the topic of "Intellectual Property Rights" on 23rd May 2022. Your expertise and subject knowledge will be of immense value to our students.

We request you to kindly accept this invitation and provide our students with an opportunity to learn from you.

Thank you.

Yours Sincerely

perancor

Dr. (Mrs). Rajshree P. Trivedi Principal Maniben Nanavati Women's College Vile Parle (W), Mumbai - 400 056.

INNOVATION

Avishkar Research Convention 2019-20 Development of a Digital Platform based on Parental Awareness and their Perception towards Transgender People



"I was born as a normal child but it's the world that made me feel different."

-Laxmi Narayan Tripati



Glenda D Silva from Child Development Department Won 2nd Prize for Presenting Research Paper at Anveshan- Zonal Level Student Research Convention on 19th & 20th February, 2020. **"RAAH 2019-20"** **3.2.1** Institution has created an ecosystem for innovations and has initiatives for creation and transfer of knowledge.

A. Innovation:

Roshni 2018-19

Avishkar Report 2019

Event Name: Avishkar, State level Research Convention

Date: 15-18/01/2019

Objective: To enhance knowledge and gain experience through participation in the competition.

Host University: Gondwana University, Gadchiroli.

The State level, Inter University Research Convention named Avishkar, which was held in Gondwana University, Gadchiroli. The convention began on the 15 of January 2019 and ended on the 18". The convention commenced with an inaugural function, members on the dais addressed the audience by putting forward the objectives of the convention also informing about the committees that were aligned with it. On the second day, poster presentations took place, after which a list of shortlisted participants was given out by night. The participants then had to present their papers using a power point presentation on the next day. The projects were highly vivid even when belonging to the same field. A total of 5 disciplines from Maharashtra consisting of 20 universities with more than 500 projects presented, added to the pool of knowledge and invention. The valedictory function was held by evening on the 18". The prizes were distributed and a vote of thanks was presented.

Learning Outcome: An incomparable experience of the variations in research and how all of it caters to the same old aim, the growth of Humanity.



Lakdawala Yalnaaz from Child Development Department Won 2nd Prize for Presenting Research Paper at Avishkar State Level Student Research Convention on 15th to 18th January, 2019. **"Roshni 2018-19"**

Maniben Nanavati Women's College Nanavati Innovation Entrepreneurship Development Incubation Centre Report of Wings 2 Vision 3 Days Workshop

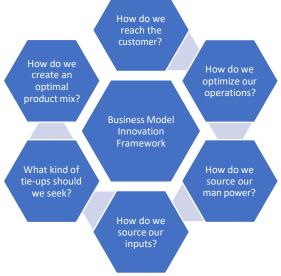
Day 1 (2:30 pm to 5:30 pm)

Design Thinking: Understanding the customer, ways to do user research, feasibility study, crystalizing your Business Ideas.

Resource Person: Dr. Kaustubh Dhargalkar

Dr. Kaustubh Dhargalkar started the Workshop from understanding the customer for starting the type of business. What are the different ways to do research and feasibility study of the business. He explained the 6 frameworks to design the business model





Day 2 (10:00 am to 3:00 pm)

Creation of business model canvas: The Resource person for the Day 2 session was Dr. Hasina Sayed she explained different areas to be covered while preparing a business model. A business model describes the rationale of how organization creates, delivers & captures value in economic, social, cultural or other contexts. The process of Business model construction is part of business strategy.

The canvas is used to describe, design, challenge & pivot your business model. It works in conjunction with other strategic management & execution tools and processes. The points of canvas include

- Key Partners
- Key activities
- Value Proposition
- Customer Relationship
- Customer Segment
- Key Resources
- Channels
- Cost Structure
- Revenue Streams



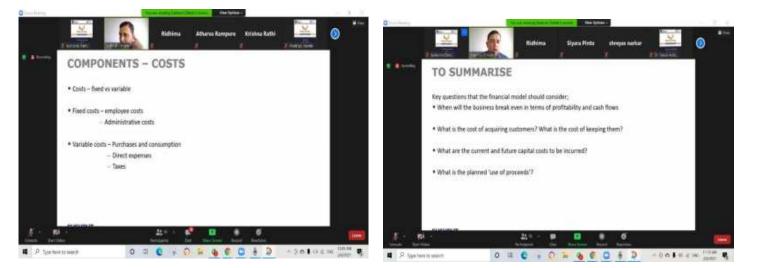


Day 3 (10:00 am to 11:30 am)

How to develop basic Cost and revenue model: The Resource person for the program was CA. Sushrut Chitale he spoke about How to develop basic cost and revenue model. He spoke about the characteristics of a good business model like clean and well laid out, assumptions on one sheet, Highlight editable cells so that they are easy to locate, consistent formulae and linking across the model.

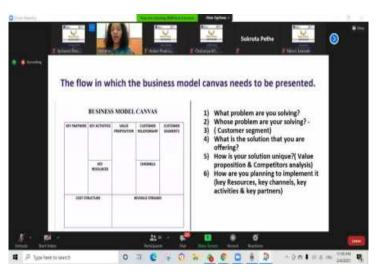
He explained different types of cost which are important for the business like fixed and variable cost, he summarized his session with soe key points like

- When will the business break even in terms of profitability and cash flows
- What is the cost of acquiring customers ? what is the cost of keeping them?
- What are the current and future capital costs to be incurred?
- What is the planned 'use of proceeds'





Format of Business idea presentation for Wings2Vision panel rounds, schedules and mentoring session details: Dr. Sucheta Pawar and Ridhima Mahabal explained about the business idea presentation and provided a template for the presentation of the business model. They explained about the different panel rounds and schedules for the same. 5 Students were mentored by Mrs. Jyotsana Raut out of it 2 students participated in the business model competition.





Maniben Nanavati Women's College

The Nanavati Innovation and Entrepreneurship Development Incubation Centre (NIEDIC)

TWO DAYS "INNOVATION & ENTREPRENEURSHIP EXPOSURE VISIT CUM TRAINING PROGRAM"

DATE: 23RD & 24TH JUNE 2022

NAME OF THE FACULTY ATTENDED: MS. GEETA VARUN, MS. KINJAL PATEL

ORGANISED BY: +D. Y. PATIL INSTITUTE OF TECHNOLOGY, PIMPRI, PUNE

Under mentor – mentee program D. Y. Patil Technology organised two days "Innovation & Entrepreneurship Exposure Visit cum Training Program". Ms Geeta Varun, Ms Kinjal Patel attended training program from Maniben Nanavati Women's college.

Day 1: 23rd June 2022

Session 1

Time: 11.00 am

Guest talk : Lean Business Model Canvas

Speaker : Mr. Ashok Sharaf

Mr. Ashok started with lean business model and correlated with importance of customer in lean business model. He also shared information about how to maintain good rapport with customer for generating revenue. He explained best sources of revenues are key activities, key resources, key partner. Sir also shared his experiences about business start up.

Session 2 :

Time: 2.00 pm

Guest Talk : IPR

Speaker : Dr. B.K Sahu , NRDC, GOI

The speaker Dr. B. K. Sahu initiated with importance of IPR. The session included talks on the value of Intellectual Property Rights and how to defend them, patenting procedures and patent informatics, patent searches, the role of innovation and invention in academia-industry partnerships, trademark and copyright protection, and do's and don'ts for researchers in the sense of publishing and patenting

Session 3:

Time: 11.00 am

Guest talk: Investor Talk

Speaker: Ms . Smita Mahajan

Ms. Smita Mahajan Started with different types of investors and about business plan, Business strategy, pitch deck. The resource person explained What is a Business Pitch?. He said business pitch is a platform used by the prospective entrepreneur to convince an investor or an organization to invest in a business idea. Guest speaker highlighted the importance of pitching the business ideas and the steps to be followed while pitching the ideas. Regarding the pitching different types of pitching namely investor pitching or elevator pitching can be used depending upon the need and requirements. He also stated that the matters to be presented while pitching is very important and it should be structured to convince the investor within a short time.

Day 2: 24th June 2022

Visit to incubation centre: Located in the Chinchwad-Talegaon-Chakan automotive district of Pune, the Auto Cluster Development and Research Institute is a facility for providing support to Small and Medium Enterprises. The Auto Cluster Development and Research Institute provide an area of the common facility, validation, training, seminar, workshop, and market promotional activities, especially for the automotive and engineering sector. This institute has established Pune as one of the biggest names in playing host to some of the biggest events in the automobile sector. Established under the guardianship of the Industrial Infrastructure Up-gradation Scheme (IIUS) of the Department of Industrial Policy and Promotion (DIPP), Ministry of Commerce and Industry, Government of India, Supported by Government of Maharashtra, Pimpri

Chinchwad Municipal Corporation with the initiative of Mahratta Chamber of Commerce, Industries and Agriculture (MCCIA), supported by Government of Maharashtra and Pimpri Chinchwad Municipal Corporation.

ACDRIL Pune is known for its unique model of technology infrastructure for innovations, technology up-gradation, new product development, prototyping, testing, etc. Auto Cluster is planning for supporting and developing key technologies such as emobility, searching new avenues of Design Validation platforms for future mobility under the expert's guidance





INTELLECTUAL PROPERTY RIGHTS

Activity Report

Activity: Guest lecture

Topic: Intellectual Property Rights

Organized by: NIEDIC and PG Department of Psychology

Date: 23rd May 2022

Venue: Google meet platform

Resource person:

Dr. Vikram Suvarnkar, learning and development professional, faculty at Dr. DY Patil Institute of Technology, Pune

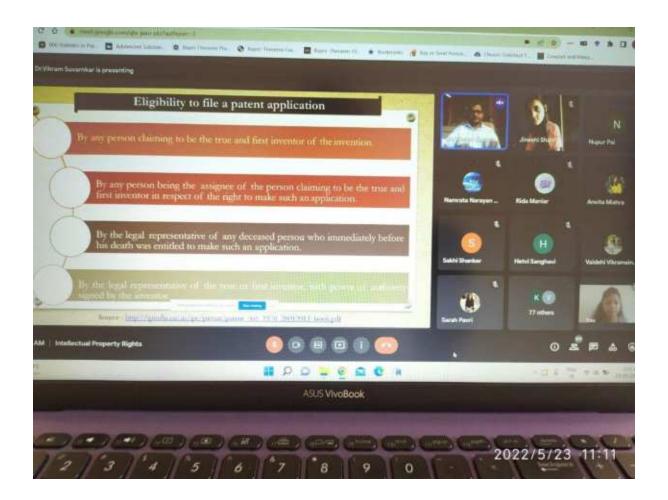
Number of students participated: 77 students of MA Psychology and M.CoM

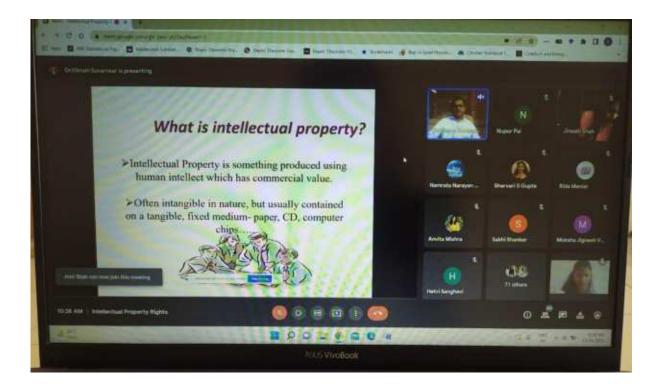
Objectives of the activity:

- To educate masters' students regarding topics such as copyrighting, patent filing, plagiarism and intellectual property rights
- To walk students through the process of patent filing
- To encourage students to develop intellectual properties like original research articles, innovations, start ups, etc.

Outcome of the activity:

- Students of MA and M.CoM got introduced to the topics of copyrighting, patent filing, plagiarism, intellectual property rights, etc.
- Awareness about intellectual property rights, understanding of how to file for IPR and other legal aspects of the same was developed among the students
- Students received ideas about producing intellectual property of their own







MANIBEN NANAVATI WOMEN'S COLLEGE AWARDED BEST COLLEGE 2018-2019

AFFILIATED TO SNDT WOMEN'S UNIVERSITY VALLABHBHAI ROAD VILE PARLE (W). MUMBAI, MAHARASHTRA - 400056





THATAR

The Nanavati Innovation and Entrepreneurship Development Incubation Centre (NIEDIC)

8

Post Graduate Department of Psychology (under Institution's Innovation Council's Mentor-Mentee Program)

Organizes a guest lecture on

INTELLECTUAL PROPERTY RIGHTS







Maniben Nanavati Women's College (Best College 2018 -2019)

Department of B.Design (Fashion Design) In Collaboration with UG Department of Commerce (B.com. & BAFI)



Organizes

Talk About : Unveiling the nuances of Intellectual Property Laws

> With Sagar Verma





Click Here to Join the Meeting

DEPARTMENT OF B.DESIGN FASHION DESIGN

ACTIVITY REPORT FORMAT

YEAR: 2022-2023

NAME OF THE ACTIVITY: Unveiling the Nuances of Intellectual Property Laws

DD/MM/YY: 09/10/2022 TARGET GROUP: Commerce and B. Design Students

NAME OF FACULTY: Ms. Nidhi Meet Soni

NO OF STUDENTS: 75

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Mr: Sagar Verma (Lawyer)

VENUE: Online Platform

TIME: 5pm to 6:30 pm

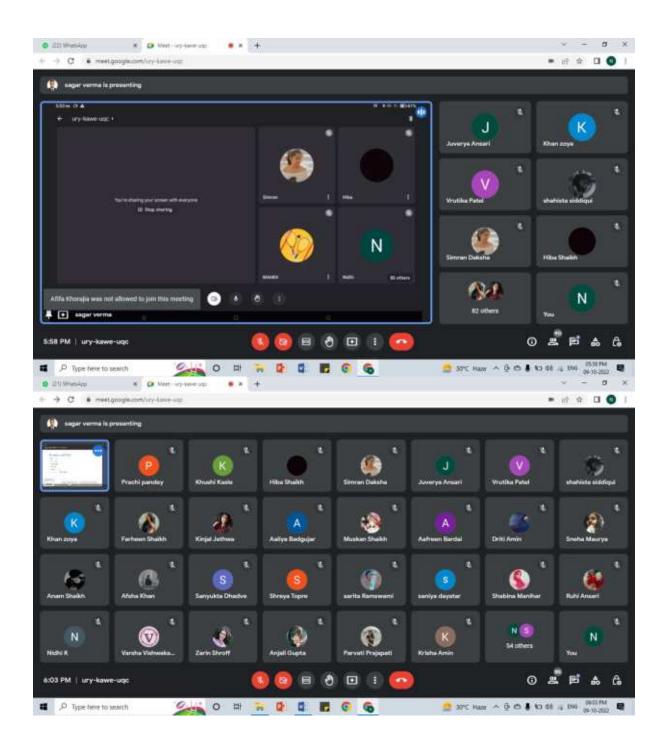
OBJECTIVES: To understand IPR in courtroom Application of IPR To know the process, and file application Advantages and disadvantages Rules, and Renewal process

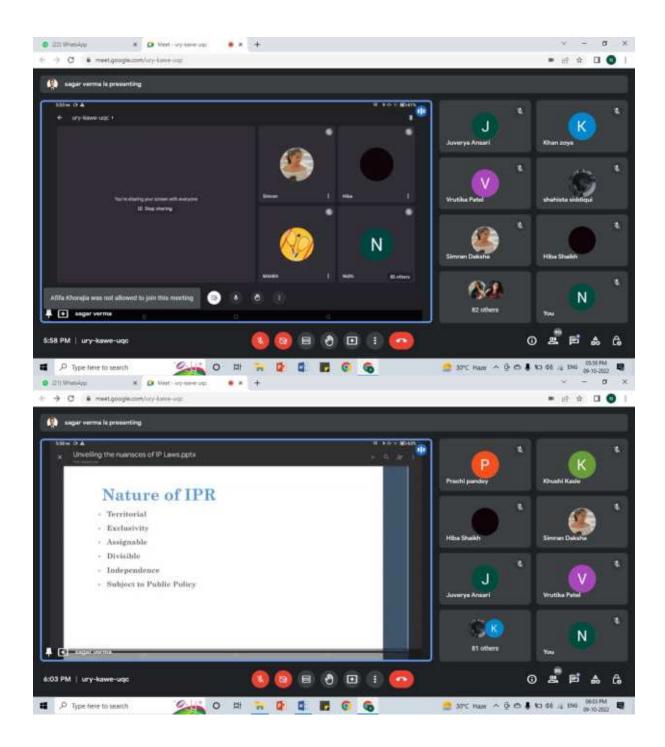
METHODOLOGY: Mr Sagar Verma presented through a presentation and via Online Platform. He started with Basics of IPR and then continued with various topics like Trademark, Trade secrets, Copyright, Patent and enforcing intellectual copyrights with various examples and case studies.

OVERVIEW: To know in depth study (basic to advance) about rules, regulations, types of intellectual property rights, process.

OUTCOME: Student will get clear idea as to how the process goes depending on which product and which type they want to register for. Individual also knows the drawbacks, and advantages.

ANY OTHER REMARKS: - Student gave a very positive feedback for the session. Though some wanted more clarification for certain topics.







BEST COLLEGE 2018–2019 Awarded by SNDT Women's University, Mumbai (Affiliated to S.N.D.T. Women's University) Conducted by : SHREE CHANDULAL NANAVATI WOMEN'S INSTITUTE & GIRLS' HIGH SCHOOL Vallabhbhai Road, Vile Parle (West), Mumbai 400 056. Tel.: 2612 8840

E-mail : mnwcollege @ hotmail.com • Website : www.mnwc.edu.in

irman Mg. Committee Himadri S. Nanavati

Principal Dr. (Mrs.) Rajshree Trivedi

MNWC/2022-23

DATE - 09-10-2022

To.

Mr. Sagar Verma

Subject: A talk on "Unveiling the nuances of Intellectual Property Laws

Dear Sir.

On behalf of B.Design (Fashion Design) students and other Degree College of Maniben Nanavati Women's College Mumbai, we express our heartfelt thanks for conducting a webinar on topics "Unveiling the nuances of Intellectual Property Laws" for our students on 9th October 2022 .

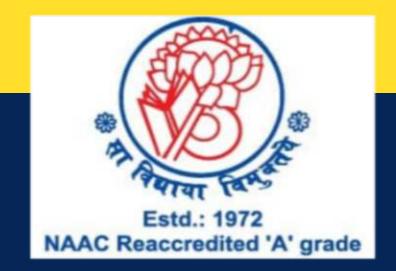
We are looking forward to similar kind of alliances in future.

Thanking you

Yours Faithfully,

franced

Dr. (Mrs). Rajshree P. Trivedi Principal Maniben Nanavati Women's College, Vile Parte (West), Mumbai - 400 056.



Shree Chandulal Nanavati Women's Institute and Girls High School MANIBEN NANAVATI WOMEN'S COLLEGE, MUMBAI (Best College 2018-2019) (Affiliated to SNDT Women's University, Mumbai)

Department of Economics and Commerce In Collaboration with Micro, Small & Medium Enterprises, Ministry of MSME, Government of India Organizes Workshop on "Intellectual Property Rights"





Date: 5th February, 2022 Day: Saturday Time: 10.00 AM to 11.00 AM Venue: Online Platform

Mr. Sanjai Kumar Assistant Director MSME Development Institute



Advt. Durgesh Baranwal Legal Advisor IPR

Google Meet joining info Video call link: https://meet.google.com/nsxfujx-avx Or dial: (US) +1 541-900-5098 PIN: 893 292 114#

DEPT OF COMMERCE & ECONOMICS

ACTIVITY REPORT FORMAT

YEAR: 2021-2022

NAME OF THE ACTIVITY: Workshop on "Intellectual Property Rights"

DD/MM/YY: 5th February, 2022

TARGET GROUP: B.Com II & III, B.A. I, II, III (Guj. Med)

NAME OF FACULTY:Ms. Pranaya Revandkar, Dr. Rekha Kaklotar, Ms. Rita Chandarana

NO OF STUDENTS: 51 (B.Com), 16 (B.A.)

SPEAKER/RESOURCE PERSON (WITH DESIGNATION):Advocate Durgesh Baranwal (Legal Advisor IPR), Mr. Sanjai Kumar Assistant, Director MSME Development Institute

VENUE: Google Meet

TIME:10.00 a.m. to 11.30 a.m.

OBJECTIVES: To Provide knowledge about IPR and its implementation

METHODOLOGY: Participative

OVERVIEW: The Department of Commerce and Economics organized a Workshop on "Intellectual Property Rights". Advocate Durgesh Baranwal (Legal Advisor IPR) and Mr. Sanjay Kumar (Assistant Director, MSME Development Institute) invited as a guest speaker. Advocate Durgesh Baranwal presented his PPT and explained the meaning types, process, function of Intellectual Property Rights. Mr. Sanjai Kumar gave information on Copyrights, Trademarks, Patents, Geographical Indication and Industrial Design and how it would be useful in practice. It was an interactive session where students also asked about their doubts. The session ended with the vote of thanks given by T.Y.B.Com student Taniya Liviya Dsouza.

OUTCOME: The students were able to understand the concept of IPR and its usefulness.

ANY OTHER REMARKS: NIL



(Affiliated to S.N.D.T. Women's University) Conducted by : SHREE CHANDULAL NANAVATI WOMEN'S INSTITUTE & GIRLS' HIGH SCHOOL Valiabhbhai Road, Vile Parle (West), Mumbai-400 056. Tel.: 2612 8840, Telefax : 91-22-2617 6196 E-mail : mnwcollege @hotmail.com • Website : www.mnwc-sndt.org, www.mnwc-sndt.com

Chairman Mg. Committee Smt. Himadri S. Nanavati

Principal Dr. (Mrs.) Rajshree Trivedi

2nd February, 2022

To, Advt. Durgesh Baranwal, Legal Advisor IPR

Subject: Invite as a Resourse Person for Workshop

Respected Sir,

The Department of Economics and Commerce of Maniben Nanavati Women's College, Mumbai organizes Workshop on "Intellectual Property Rights" in Collaboration with Micro, Small & Medium Enterprises, Ministry of MSME, Government of India. We would like to invite you as an expert speaker for the same. Your thoughts would enable our students to gain knowledge from your expertise and experience.

This session would be conducted online on 5th February, 2022 from 10.00 a.m. to 11.30 a.m. Kindly send in your resume at the earliest. Anticipating a favourable reply from your end.

Thanking you,

Rf awed

Dr. (Mrs). Rajshree P. Trivedi Principal Maniben Nanavati Women's College, Vile Parle (West), Mumbai - 400 056.



(Affiliated to S.N.D.T. Women's University) Conducted by : SHREE CHANDULAL NANAVATI WOMEN'S INSTITUTE & GIRLS' HIGH SCHOOL Valiabhbhai Road, Vile Parle (West), Mumbai-400 056. Tel.: 2612 8840, Telefax : 91-22-2617 6196 E-mail : mnwcollege @ hotmail.com & Website : www.mnwc-sndt.org, www.mnwc-sndt.com

Chairman Mg. Committee Pr Smt. Himadri S. Nanavati D

Principal Dr. (Mrs.) Rajshree Trivedi

5th February, 2022

To, Advt. Durgesh Baranwal, Legal Advisor IPR

Respected Sir,

The Department of Economics and Commerce of Maniben Nanavati Women's College would like to thank you for accepting our invitation as an expert speaker for the workshop on 'Intellectual Property Rights'. The Workshop was very interactive, informative and interesting. It was an honour to have you as our resource person.

We believe that the knowledge you have shared will help the audience immensely. We look forward to hearing from you.

Sincerely,

freed?

Dr. (Mrs). Rajshree P. Trivedi Principal Maniben Nanavati Women's College, Vile Parle (West), Mumbai - 400 056.



(Affiliated to S.N.D.T. Women's University) Conducted by : SHREE CHANDULAL NANAVATI WOMEN'S INSTITUTE & GIRLS' HIGH SCHOOL Vallabhbhai Road, Vile Parle (West), Mumbai-400 056. Tel.: 2612 8840, Telefax : 91-22-2617 6196 E-mail : mnwcollege @hotmail.com • Website : www.mnwc-sndt.org, www.mnwc-sndt.com

Chairman Mg. Committee Smt. Himadri S. Nanavati

Principal Dr. (Mrs.) Rajshree Trivedi

2nd February, 2022

To, Mr. Sanjai Kumar, Assistant Director, MSME Development Institute

Respected Sir,

The Department of Economics and Commerce of Maniben Nanavati Women's College, Mumbai would like to collaborate Workshop on "Intellectual Property Rights" with Ministry of Micro, Small & Medium Enterprises, Government of India. We will be pleased if you accept our invitation and share your expertise knowledge with our students.

This session would be conducted online on 5th February, 2022 from 10.00 a.m. to 11.30 a.m. Anticipating a favourable reply from your end.

Thanking you,

pared

Dr. (Mrs). Rajshree P. Trivedi Principal Maniben Nanavati Women's College, Vile Parle (West), Mumbai - 400 056.



(Affiliated to S.N.D.T. Women's University) Conducted by : SHREE CHANDULAL NANAVATI WOMEN'S INSTITUTE & GIRLS' HIGH SCHOOL Vallabhbhai Road, Vile Parle (West), Mumbai-400 056. Tel.: 2612 8840, Telefax : 91-22-2617 6196 E-mail : mnwcollege @hotmail.com • Website : www.mnwc-sndt.org, www.mnwc-sndt.com

Chairman Mg. Committee Smt. Himadri S. Nanavati

Principal Dr. (Mrs.) Rajshree Trivedi

5th February, 2022

To, Mr. Sanjai Kumar, Assistant Director, MSME Development Institute

Respected Sir,

The Department of Economics and Commerce of Maniben Nanavati Women's College would like to thank you for conducting collaborative workshop on 'Intellectual Property Rights' for our students. The workshop was very informative and interesting. It was an honour to have you as a resource person.

We believe that the knowledge you have shared will help the audience immensely. We look forward to your participation in our future events.

Thank you,

Sincerely,

RP2 wed

Dr. (Mrs). Rajshree P. Trivedi Principal Maniben Nanavati Women's College, Vile Parle (West), Mumbai - 400 056.

TRANSFER OF KNOWLEDGE

C. Creation and Transfer of Knowledge

Mental Health Awareness campaign

The P.G Department encourages students to apply the skills in the real world. For such skills to be showcased we encourage students to conduct Personality Development Workshop for F.Y B.A students which is done in collaboration with Foundation Course Department. The students also conduct one week to one month mental health awareness campaign under Mind-Mela Initiative for college students, beyond campus in varied settings in collaboration with N.G.O's like Adveka Foundations in month of September and October. The department also collaborates with U.G Psychology students during Psycho-Phonics sponsored by Indian -Oil and set-up EDUTAINMENT in the backyard and bring variety of psychology related games to spread awareness or to support any cause held in month of January.





PG students conduct a one-week to one-month **Mental Health Awareness campaign** under Mind-Mela Initiative for college students, beyond campus in varied settings in collaboration with NGOs like Adveka Foundation

Campus Breeze

Date: March 2018 issue

Target Group: DC English Advanced Learners

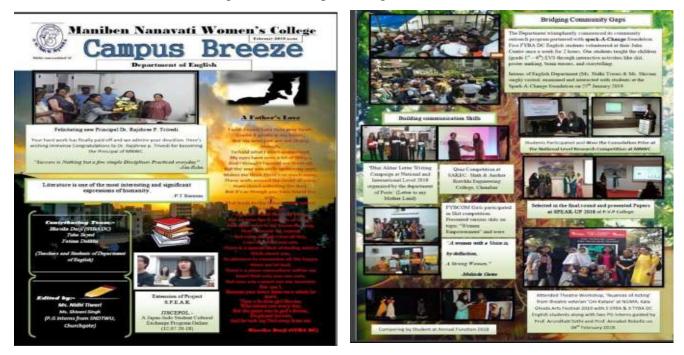
Name of the Faculty: Department of English

No of students: 7 FYBA DC English Students

Objectives: Campus Breeze is a bi-annual In-house Department of English Magazine created by the Advance Learners to showcase the creativity of the students of their class. Students are involved in creating the layout as well as composing creative pieces for the magazine. The magazine documents activities conducted by the department over the course of the semester.

Methodology: Students under the meticulous guidance of the faculty members write articles, poetry, and essays along with showcasing their talents such as drawing, painting, sketching etc and send out their contribution to be published into the magazine. The editors are responsible for editing the documents and preparing the overall layout of the magazine. The magazine is then published after careful rearrangement of the narratives and creativity.

Outcome: The Advanced Learners of the Department of English get an opportunity to portray their creativity. It encourages them to build on their strengths and confidently showcase it to the world. The magazine aims at promoting the talent of the students.



Campus Breeze is a Bi-Annual In-House Department of English Magazine Created by The Advance Learners to Showcase the Creativity of The Students of their Class

SATRANGI...HAQ SE!

SATRANGI...Haq Se, is a student-led initiative to provide a safe space for the young women of MNWC to open their hearts and their minds in an ever increasing discourse of gender, orientation and sexuality. It has a mandate to uphold and safeguard the emotions and mental health of all students with their orientations, in Maniben Nanavati Women's College (MNWC). We work to ensure all our fellow mates are protected, acknowledged and educated about their emotions, focusing on mates left behind by inequality, social progress and love.

It aims to be able bring about equality and improve the emotional rights situation of LGBTQ+ people in MNWC. For the many young women at MNWC, it will create a safe emotional space for all regardless of their sexual orientation. The committee provide opportunities to engage in making MNWC a place which everyone, regardless of their sexual orientation or gender identity, can live free from hatred, prejudice and discrimination. It was inaugurated on 9th March 2020 as part of the Women's day Celebration at MNWC.



Students of Psychology Department have Initiated LQBTGIA+ Awareness Program on 9th March 2020 Satrangi...Haq Se!

Student Led Seminars Department of English

The Departments of English Maniben Nanavati Women's College Vile Parle, S.C. B College of Arts and Commerce, SNDT Churchdate and M.D. Shah Mahila College Malad organised a student led seminar on "Popular Culture in the 2st Century on 27th February 2017 in the seminar hall of Maniben Nanvati Women's College Vile Parle.

The seminar was held at seminar hall from 9.30 am to 2 pm. 35 DC students from three Colleges attended it. The seminar began with the welcome and felicitation of Dr. Vidya Kumar Asst. Professor from Mithibai College who delivereda key note address on Popular Culture and its relevance and impact today in the 21st century in various field of media, culture, literature and so on. This was followed by release of Campus Breeze an in-house department publication by the principal Dr. Harshada Rathore, The guest of honour Dr. Vidya Prem Kumar and the editing team of FYDC students.

The students presented their papers on themes of the seminar and were given valuable feedback and suggestions on their presentations. FYDC students presented a short play on 'Modern retelling of Pride and Prejudice' They were appreciated for their performance. The seminar ended with words of praise and acknowledgement by Principal. After the Vote of thanks and distribution of certificates national anthem was sung by students.



Student Led Seminar on "Popular Culture in the 2st Century on 27th February 2017

Department of English

Student-Led Seminar Report

First Annual Student Led Seminar on 175th year on Walt Whitman's 'Leaves of Grass' was organized in which around 50 students participated from M.D. Shah, SNDT Churchgate, L.S. Raheja College, Mumbai & MNW College on 22nd January 2016. The resource person for the event was Prof. Dr. Miralini Chauhan, HOD English, Kirti M. Doongurse College, Mumbai. In this seminar Prof. Dr. Miralini Chauhan presented her views on one of the famous American Poet Walt Whitman's very famous poem Leaves of Grass. Students enjoyed this lively session.



Student Led Seminar on 175th year on Walt Whitman's 'Leaves of Grass'

DEPT OF CHILD DEVELOPMENT ACTIVITY REPORT FORMAT YEAR: 2017-18

NAME OF THE ACTIVITY: SEMINAR- BEING IN FOR INCLUSION

DD/MM/YY: 07/10/2017

TARGET GROUP: TY BA CD, Teachers and students from other colleges

NAME OF FACULTY: Dr. SWATI PARTANI

NO OF PARTICIPANTS: 103

CHIEF GUEST: Ms. MEERA KOTHARI

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Dr. MIHIR PAREKH, Ms. POONAM SHAH, Ms. SABA NARVEL, Ms. KIRAN SHETH AND Mrs. JYOTSNA ROBERT

VENUE: ROOM NO.- 4.2

TIME: 9.00 AM TO 5.00 PM

OBJECTIVES: to create awareness and extrapolate the idea of inclusion.

METHODOLOGY: Presentation, Panel discussion

OVERVIEW: the seminar commenced with greeting the authorities and dignitaries and lighting of the lamp. The sessions began soon after the inauguration by the chief guest. The first topic which was discussed was about RTI and inclusion. The next resource person exchanged knowledge on learning disability underachievement or giftedness- primary effects. The third speaker spoke about intellectual disability and social inclusion. Soon after the lunch break, in continuation with the second speaker, the next speaker extended her information on learning disability underachievement or giftedness- secondary effects. Last but not the least, the fifth speaker threw light on academic challenges in inclusion. A panel discussion which included all dignitaries took place. Doubts of the students were solved in this discussion. A poster competition was organized for the students and were judged. Certificates were distributed to the participants. The day long seminar concluded with vote of thanks to all the dignitaries.

OUTCOME: sensitizing the future educators towards children with special needs is an important element. The seminar created awareness among students and students were able to reach a conclusion through reasoning and information.

ANY OTHER REMARKS: an insightful seminar with extensive knowledge on special education .



Being in for Enclusion' one day deminar conducted by codept on 7th November, 2017 altended by 103 participants.

DETAILED REPORT

Department of Commerce & Economics of Maniben Nanavati Women's College in Collaboration with PG Department of Economics, SNDT Women's University and Indian Economics Association (IEA) organized ICSSR Sponsored International Conference on

USE OF DIGITAL TECHNOLOGY IN SERVICE SECTOR: "BEYOND METRO" 28% 29% September 2018

An ICSSR sponsored International Conference on "Use of Digital Technology in Service Sector: Beyond Metro" was organized jointly by the P.G. Department of Economics, SNDT Women's University, Mumbai, Department of Commerce & Economics, Maniben Nanavati Women's College, Mumbai and Indian Economic Association on 28th & 29th September, 2018. The venue of the conference was Maniben Nanavati Women's College, Mumbai.

In the Inaugural session of the Conference after the formal rituals Dr. D. K. Madaan, secretary of IEA spoke about the Indian Economic Association and the theme of the conference. The Keynote Address was given by Dr. Pushpa Woods, she mainly spoke on Challenges of GST, Lack of Knowledge and Investment products becoming more and more complicated in the economy. She further added that in metro cities we think we know better, but this is incorrect. Though we are educated in urban areas but beyond metro at smaller places people have developed their own tools of understanding. As we move really truly digital let us make everyone educated and teach them how to apply that education.

Dr. Meena Kute, Registrar (Additional Charge) of SNDT Women's University delivered the Presidential Address. After tracing the history of education technology she added that if one reads the book called oneself by realizing ones potential and capabilities one can convert the knowledge into wisdom.

After the inauguration, Panel discussion on the main theme of the conference was organized. Experts were called from different sectors to participate in the discussion. Dr. Amar Jesani from health sector, Mr. Digish Rawal, legal consultant, Mr. Purv Shah, stock consultant and financial market trainer, Dr. Ranga Reddy, Vice President IEA and Dr. S. K. Mishra from IEA gave their views on the status of the use of digital technology: Beyond Metro, its

ICSSR SPONSORED INTERNATIONAL CONFERENCE ON "USE OF DIGITAL TECHNOLOGY IN SERVICE SECTOR: BEYOND METRO" - 28TH & 29TH SEPTEMBER, 2018.

Organised by

Department of Commerce and Econimics, MNWC & P.G Department of Economics, S.N.D.T Women's University in Collaboration with Indian Economic Association



Registration Counter



Lighting of the lamp.



Welcome Address





Presidential Address



Release of IEA Conference Volume I & II



Keynote Address

Panel Discussion













Chairperson & Co- Chairperson of Technical Session I,II and III

The third technical session started after the lunch break. This session was chaired by Dr. A.K. Tomar, Joint Secretary IEA and Dr. Hansa Jain, IEA Member was the co-chairperson. 7 papers on varies topics were presented.



NAAC Reaccredited 'A' grade

MANIBEN NANAVATI WOMEN'S COLLEGE VALLABHBHAI ROAD, VILE PARLE (W). MUMBAI, MAHARASHTRA - 400056 AWARDED BEST COLLEGE 2018-2019

YAMI- Youth for Action , Mission and Intellect Let's Think Together.

FOOD AND NUTRITION DEPARTMENT

brings for all

begining on 17th May 2021 till.....

Most of the time, change is avoidable and comfort zones are preferred . However, the pandemic brought huge changes for each and everyone of us in different ways, for some it's bodily change and for some mental change. Don't you think this change should be embraced and pushed a further inch ?

The ever so peppy FN department is excited to present the "Challenge to Change " program. Open to ladies of all age groups, because changes occur at every stage in life.

What does it involve? Every week a challenge will be presented to you for changing small habits only to end up making it valuable and enriching. Six days of sincere work from Monday to Saturday only to face a new challenge on Sunday! All challenges will revolve around healthy habits only. Absolutely no judgement will be passed on here as it is a safe space for your overall growth. A simple effort to report the successful completion of a given challenge will only help us record the optimistic outcomes.

To join these challenges, fill the google form provided link https://docs.google.com/forms/d/e/1FAIpQLScqPCxrVG9IxvU 4tguBRVAiqhi9D0-EAHJ6PxHNXyJviDaxF7A/vjewform?usp=sf_

Who can join ? ALL can join - student's , mothers , teachers and families (Ladies only). We cannot escape change. But the lessons of change can be learnt involuntarily .Those who succeed in these challenges will be able to cope with changes and will be able to embrace CHANGE!

Project In-charge: Ms Janhavi Morekar



MANIBEN NANAVATI WOMEN'S COLLEGE RE-ACCREDITED 'A' GRADE BEST COLLEGE AWARD 2018-2019 AFFILIATED TO SNDT WOMEN'S UNIVERSITY

THE DEPARTMENTS OF ENGLISH, ECONOMICS AND FOUNDATION COURSE

INVITES YOU TO A GUEST LECTURE

ON

RIGHT TO INFORMATION BY

ADV. GAURI CHHABRIA

Advocate High Court Member of Maharashtra State Women Commission

JOIN US ON 12TH JANUARY 2023 AT 11 AM

4.2 AUDITORIUM

ENGLISH DEPARTMENT

ACTIVITY REPORT

YEAR: <u>2022-23</u>

NAME OF THE ACTIVITY: Guest Lecture on "Right to Information"

DD/MM/YY: 12th January 2023

FACULTY IN CHARGE: Ms Aaliya Sayed

TARGET GROUP: English, Economics and FC students

NAME OF THE RESOURCE PERSON: Adv. Gauri Chhabria

NO OF STUDENTS: 83 Students

VENUE: Room 4.2

TIME: 11 am to 12 pm

OBJECTIVES: To familiarise the students with their legal rights pertaining to information that the government authorities owe to the public.

METHODOLOGY: Participative learning

OVERVIEW: On 12th January 2023, the Department of English in collaboration with the Department of Economics and Foundation Course organised a guest lecture on "Right to Information". Advocate Gauri Chhabria was invited to give the talk in room 4.2 at 11 am inside the college campus. 83 Students partake in this activity. Adv. Chhabria guided the student with her PPT presentation about filing an RTI, the sections in the constitutions that they can appeal to, and the legal procedure that needs to be undertaken. She made the students aware of their rights and encouraged them to use their privilege for their good in the future.

OUTCOME: The students found the talk informative and insightful. They were eased into the legal procedures that are accessible beside the popular belief otherwise.



BEST COLLEGE 2018–2019 Awarded by SNDT Women's University, Mumbai

(Affiliated to S.N.D.T. Women's University)

Conducted by : SHREE CHANDULAL NANAVATI WOMEN'S INSTITUTE & GIRLS' HIGH SCHOOL Vallabhbhai Road, Vile Parle (West), Mumbai-400 056. Tel.: 2612 8840

E-mail : mnwcollege@hotmail.com . Website : www.mnwc.edu.in

Chairman Mg. Committee Smt. Himadri S. Nanavati Principal Dr. (Mrs.) Rajshree Trivedi

MNWC/2822-23 574

Date: 9th January, 2023

To, Adv. Gauri Chhabria Advocate High Court

Sub: Invitation Letter

Respected Madam,

It is with immense pleasure that the Department of English with the collaboration of the Department of Economics and Foundation Course of Maniben Nanavati Women's College Vile Parle (W), Mumbai is organizing a guest lecture for students on "Right to Information" on 12th January, 2023, Thursday at 11.00 AM onwards. We would like to invite you as a guest speaker for the same. We believe that your knowledge on this topic will be a great benefit for our students.

We are looking forward to your scholarly presence.

Thank you

Sincerely,

Bear

Dr. Rajshree Trivedi, Dr. (Mrs). Rajshree P. Trivedi Principal Maniberingipal vali Women's College. Vile Parle (West), Mumbal - 400 056.

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BEST COLLEGE 2018–2019 Awarded by SNDT Women's University, Mumbai (Affiliated to S.N.D.T. Women's University)

Conducted by : SHREE CHANDULAL NANAVATI WOMEN'S INSTITUTE & GIRLS' HIGH SCHOOL Vallabhbhai Road, Vile Parle (West), Mumbai-400 056. Tel.: 2612 8840 E-mail : mnwcollege @hotmail.com • Website : www.mnwc.edu.in

Chairman Mg. Committee Smt. Himadri S. Nanavati Principal Dr. (Mrs.) Rajshree Trivedi

Date: 12th January, 2023

MNWC 2022-23 874

10,

Adv. Gauri Chhabria Advocate High Court

Sub: Letter of Appreciation

Respected Madam,

We would like to thank you for delivering a guest lecture on "Right to Information" on 12^m January, 2023, Thursday at 11.00 AM onwards organized by Department of English in collaboration with the Department of Economics and Foundation Course of Maniben Nanavati Women's College Vile parle (W), Mumbai. We are grateful for all the valuable information you shared with our students. Your excellent presentation made this lecture meaningful and insightful.

We look forward to collaborating in the future.

Thank you

Sincerely,

Brean

Dr. WRajshreej Trivedi P. Trivedi Principal MarRenyinahovati Women's College, Vile Parle (Wost), Mumbal - 400 056.

A. Chlebria.



Department of English in collaboration with Department of Economics and Foundation Course

Name of the Activity: Guest Lecture on "Right to Information" by Adv. Gauri Chhabria

Target group: English, Economics and FC students

Venue: 4.2 room

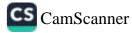
Time: 11 am

Date: 12th January 2023

BAJLOUPS

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Daulat Ram College University of Delhi

NATIONAL PAPER PRESENTATION COMPETITION

on "Positive Psychology: From What's Wrong to What's Strong" Organized by Positive Psychology Center (under Psychology Resource Centre, under IQAC)

This is to certify that Jalnaax Lakdowala of Haniben Nanavali Women's College, SNOT University. has presented a paper titled "Manital Adjustment And The Penceived Busity of Relaticentlip with Mathen- M-Law" in the "Student - Teacher" category in the National Paper Presentation Competition held on 1st November 2018.

Sponsored by

Losie V. Aver Dr. Pooja . Anand Convenor

f. Kapur Dr. Preeti Kapur Co-Convenor

Dr. Savita Roy

Principal



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'DIGITALIZATION AND SOCIETY'

(DAS-2019) 12th January, 2019







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Research Paper Competition on

'DIGITALIZATION AND SOCIETY' (DAS-2019)

12th January, 2019

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Organized by :

Maniben Nanavati Women's College, Vallabhbhai Road, Vile Parle (West), Mumbai, India

About the Seminar :

"It is not the strongest of the species that survive, nor the most intelligent, but the ones most responsive to change." – Charles Darwin

Digitalization is a modern day wave sweeping over every segment of the world, be it media, arts, economics, business, education or governance. The nature of the world is fast transforming in this stream of digitalization. As this new reality envelops us, it is crucial to explore its complex nature and evaluate its far-reaching psychological, behavioural, social, cultural, economic and political consequences. Digitalization holds within it the promise of a democratized era of increased accessibility, borderless interaction, efficient interaction and ceaseless innovation. And yet, this emerging trend is not without its shortcomings and pitfalls. Thus, this defining phenomenon of the 21 century demands a critical scrutiny by the sharpest researchers and thinkers to deliver a deeper understanding of contemporary digital society and chart a path to navigate its tricky terrain.

Aims/ Objectives:

- To discuss digital innovations taking place, their Pros and Cons and its impact across various disciplines.
- To open new avenues for student research in digital space.
- To utilize digital media for a better understanding of the society.
- To emphasize the fact that transition is the need of the hour for transforming the society with digitalization.

Sub themes include:

Digitalization and Governance Digitalization and Economic Growth Digitalization and Development (Individual and Social) Digital Banking and Financial Services Application Uses and Development Digitalization and the Marketplace from Conglomerates to Start Ups Digitalization and Media **Digitalization and Education** Digitalization and Human Behaviour Digital Art and Literature Digitalization and Health Digitalization and Identity: Gender, Class, Caste, Race, Sexuality Digitalization and Disability Digitalization and Crime **Digitalization and Ethics** Digitalization and Legislation Any Other Topic Relevant to the Theme.

About : Maniben Nanavati Women's College

Maniben Nanavati Women's College, is affiliated to S.N.D.T. Women's University, Mumbai is conducted by Shree Chandulal Nanavati Women's Institute & Girl's High School. It was established in June 1972 with the aim of providing opportunities to women to define, challenge and overcome barrier and to increase their ability to shape their lives and environment. The

Motto of the college is "EMPOWERMENT OF WOMEN THROUGH ACCESS TO HIGHER EDUCATION".

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National Seminar on 'DIGITALIZATION AND SOCIETY'

12th January, 2019

Maniben Nanavati Women's College, Vallabhbhai Road, Vile Parle (West), Mumbai, India

Relationship Between Smart Phone Addiction, Subjective Vitality, Sense of Agency, Loneliness and Sleep.

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Abstract: In today's era millennials are caught in the trap of mobile phone addiction which has pervasive effects. The present study would examine the mobile phone addiction among 149 individuals between 16 to 30 years of age. For the purpose of data collection, the tools used were: UCLA Loneliness Scale Version 3, Subjective Vitality Scale, Sense of Agency Scale. The study also consists of total amount of data usage of the individual in the past 3 months and the number of hours of sleep per 24 hours. To verify the hypotheses of the study, statistical analysis used were Descriptive Statistics and Simple Correlation. Results found out were interesting which suggested that as the sense of loneliness increases, subjective vitality decreases. The sense of agency, increases with S.V. as age increases, usage of phone decreases. Besides what we have found, what is equally relevant is what we haven't found. This study began with the assumption that people spend a lot of time with their mobiles and this is either the cause or the effect of their loneliness. However, as the results indicate, the total usage of data has had no relation with any of the three psychological variables.

Key Words: Mobile Phone Addiction, Loneliness, Subjective Vitality, Sense Of Agency, Hours Of Sleep. Data usage.

INTRODUCTION

Worldwide technology and its changes play a major role in each individual's life. The current trend of the society is to adopt every change in the field of communication technology. The mobile phones are boon of this century. Mobile phone is considered as an important communication tool and has become the integral part of the society, it is not only a communication device but it also a necessary social accessory. People are increasingly using mobile phones rather than the fixed telephones. The cell phone today is a lifeline for many. It is estimated that around 4.5 billion people use the cell phone worldwide. And it comes as no surprise that a huge chunk of this quantity consists of the youth. The cell phone is more of a necessity for them than a luxury. Umpteen number of surveys conducted on the youth worldwide have figured out that they consider cell phones an integral part of survival. The risk of cell phone addiction is a social and psychological problem which has been proposed by psychologists, psychiatrists, and educational supervisors. Previous studies have highlighted that psychological attributes like Damage to interpersonal skills and harmful psychological effects are strongly associated with people who use mobile phone excessively. A study was conducted on 150 individuals of an age group between 16 to 30 years to find the relationship between mobile phone addiction, subjective vitality, sense of agency and loneliness. Smartphone addiction involves a compulsive overuse of the mobile phones, usually quantified as the number of times users access their devices and/or the total amount of time they are online over a specified period (Rouse, M. May, 2018). The concept of subjective vitality refers to the state of feeling alive and alert-to having energy available to the self. Vitality is considered as an aspect of eudaimonic wellbeing (Ryan & Deci, 2001), as being vital and energetic is part of what it means to be fully functioning and psychologically well. The sense of agency has been defined as the sense that the individual is the one who is causing or generating an action or a certain thought in my stream of consciousness. As such, one can distinguish actions that are self-generated from those that are generated by others, giving rise to the experience of a self-other distinction in the domain of action which, in turn, contributes to the subjective phenomenon of self-consciousness. Comprehensively defined, loneliness is the absence or perceived absence of satisfying social relationships,

accompanied by symptoms of psychological distress that are related to the actual or perceived absence (Young,1982). The study also consists of total amount of data usage of the individual in the past 3 months and the number of hours of sleep per 24 hours. The amount of data usage was taken into account to seek a quantitative measure of mobile phone usage or the amount of online access of the individuals. The amount of sleep was also considered as past studies have highlighted a disturbance in sleep or deterioration of the sleep quality due to the use of mobile phone.

LITERATURE REVIEW

Smartphone Addiction is one of the most recent and burning issue in today's era. The average smartphone user checks their device 47 times a day / 17,155 a year. Conversation killer! 85% of smartphone users will check their device while speaking with friends and family,80% of smartphone users check their phone within 1 hour of waking or going to sleep, 35% of which will do within 5 minutes. Several Variables are thought to be related to Smartphone addiction like Damage to interpersonal skills and harmful psychological effects, Davey, S., & Davey, A. (2014). The Variables Under Study in the present paper are Smartphone Addiction, Subjective Vitality, Sense of Agency, Loneliness and Sleep. It is hypothesized that there will be a significant relationship between Smartphone Addiction and Subjective Vitality, Smartphone Addiction and Sense of Agency, Smartphone Addiction and Loneliness and Smartphone Addiction and Sleep. These following literature reviews attempt to demonstrate and support the hypothesis. In a study by Parasuraman, S., Sam, A. T., Yee, S., Chuon, B., & Ren, L. Y. (2017) variables like Smartphone usage and increased risk of addiction were addressed. The study aimed to study the mobile phone addiction behavior and awareness on electromagnetic radiation (EMR) among a sample of Malaysian population. A study focused on the variables mobile impact and effect of it Student academic performance by Soyemi, Jumoke & S.A., Oloruntoba & Okafor, Blessing. (2015). in Nigeria. Findings indicated that students are influenced negatively to a great extent by the mobile phone because attention is focused on chatting, music and others while their academic activities are neglected and left to suffer. Also, this study discovered that the use of mobile phone is uncontrollable among students which are the leading cause of poor academic performance among students. The study participants were aware about mobile phone/radiation hazards and many of them were extremely dependent on smartphones. One-fourth of the study population were found having feeling of wrist and hand pain because of smartphone use which may lead to further physiological and physiological complication. In the research article by AKIN, Ahmet. (2012), the variables addressed were Internet Addiction, Subjective Vitality and Subjective Happiness. According to the results, subjective vitality and subjective happiness were negatively predicted by Internet addiction. On the other hand, subjective happiness was positively predicted by subjective vitality. In addition, subjective vitality mediated the relationship between Internet addiction and subjective happiness. In another research paper by Ambhore, A. M. & Puri, P. A. (2018), the variables addressed were mobile phone addiction and loneliness amongst youths. For the purpose of the study youths 60 college going students (30 male and 30 females) select from Aurangabad city by using purposive sampling method. Mobile phone addiction scale and perceived loneliness scale were used for data collection. Descriptive statistics method and person product movement correlation method was used for statistics treatment. Results showed there was positive correlation between mobile phone addiction and loneliness among youths. One more research paper by White, Abbey & Buboltz, Walter & Igou, Frank (2010) addressed the variables Mobile phone use and sleep quality and sleep length in college students. Results indicate that various aspects of mobile phone use such as problem mobile phone use, addictive text messaging, problematic texting, and pathological texting are related to sleep quality, but not sleep length. Hence this wanted to ponder upon Sleep length.

Research Questions

- 1) Has Smartphone addiction contributed to decrease in subjective vitality amongst individuals?
- 2) Has Smartphone addiction contributed to decrease in sense of agency amongst individuals?
- 3) Has Smartphone addiction contributed to loneliness amongst individuals?

Aim

To determine the relationship between relationship between Smart Phone Addiction, Subjective Vitality, Sense of Agency, Loneliness and Sleep.

METHOD AND MATERIALS

Hypothesis

- 1) There will be a significant relationship between Smartphone Addiction and Subjective Vitality.
- 2) There will be a significant relationship between Smartphone Addiction and Sense of Agency.
- 3) There will be a significant relationship between Smartphone Addiction and Loneliness.
- 4) There will be a significant relationship between Smartphone Addiction and Lack of sleep.

Variables

The variables under study were

- 1) Smartphone addiction
- 2) Subjective Vitality
- 3) Sense of Agency
- 4) Loneliness
- 5) Sleep

Research Design

A quantitative correlation study was employed using survey method. A correlational study was used to find if there exists a relationship between two variables. It studied whether an increase or decrease in one variable corresponds to an increase or decrease in the other variable.

Sample and sampling design

Data was gathered from a Randomised sample of 105 college students ranging in age from 18 to 30 (M=20.06, SD=7.24) who responded to a survey which was generated using Google forms in November 2018. The Google forms were circulated and interested candidates were requested to be part of the study and were also requested to send the form to their contacts as well. Non - eligible respondents (below the age of 16 and above the age of 31). The sample consisted of 43.6 % Male respondents and 56.4% of Female respondents (Male=65, Female=84).

Instrumentation

UCLA SCALE OF LONELINESS VERSION 3- A 20-item scale designed to measure one's subjective feelings of loneliness as well as feelings of social isolation. Participants rate each item on a scale from 1 (Never) to 4 (Often).

This measure is a revised version of both the original UCLA Loneliness Scale and the Revised UCLA Loneliness Scale. The first revision was done to make 10 of the 20 original items reverse scored. The second revision was done to simplify the scale so less educated populations could comprehend it (see other UCLA Loneliness Scale pages on this website). The measure has high internal consistency (coefficient alpha = .96) and a test-retest correlation over a two-month period of .73.

Subjective Vitality Scale- Individual difference level version-Ryan and Frederick (1997) developed a scale of subjective vitality that has two versions. One version is considered an individual difference. In other words, it is an ongoing characteristic of individuals which has been found to relate positively to self-actualization and self-esteem and to relate negatively to depression and anxiety.

Sense of Agency scale by Tapal, A., Oren, E., Dar, R., & Eitam, B. (2017)-The structure of the Sense of Agency scale is two-factor confirmatory model. SoPA, Sense of Positive Agency, SoNA, Sense of Negative Agency. Reliability estimates computed using the new data, with reliability estimated at (McDonald's) $\omega = 0.80$ (95% CI = 0.76, 0.83) and $\omega = 0.75$ (95% CI = 0.67, 0.79) for the SoPA and SoNA, respectively. The scale also remotely measures aspects like General self-efficacy, Physical self efficacy, Locus of control while beliefs in free will were moderately related to the SoPA subscale and their relationship to the SoNA subscale was substantially weaker. This pattern suggests that SoPA is more related to philosophical concepts of personal autonomy and responsibility than Sona. Hebrew versions of the instruments were used in the study.

Methods Used for Data Analysis

To verify the hypotheses of the study statistical analysis used Descriptive Statistics and simple Correlation.

RESULT ANALYSIS AND FINDINGS

The main aim of the study was conducted to find the relation between Smartphone addiction, Subjective Vitality, Sense of agency, Loneliness among college students in Mumbai. The sample size was 149 with both males and females. The mean of total gigabyte usage was 26.35 (SD= 25.50). The mean of Total sleep found was 7.47 (SD = 1.53). The mean of Loneliness score was 42.65 (SD = 10.65). The mean of Subjective Vitality score was 28.99 (SD = 6.47). The mean of Sense of Agency score was 53.55(SD = 8.49). A detailed descriptive review of the four variables has been given in Table 1.

Table 1 shows the descriptive review of four variables

Table 1 Descriptive Statistics

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| | Mean | Std. Deviation | Ν |
|----------|-------|----------------|-----|
| Age | 22.13 | 7.24 | 149 |
| TOTAL GB | 26.35 | 25.50 | 149 |
| SLEEP | 7.47 | 1.53 | 149 |
| LONELY | 42.65 | 10.65 | 149 |
| SV | 28.99 | 6.47 | 149 |
| SOA | 53.55 | 8.49 | 149 |

A Correlational Analysis was conducted to find the Relationship between Smartphone addiction (Total GB usage), Subjective Vitality, Sense of Agency, Sensation Seeking and Sleep. It is reported in Table 2.

Table 2 Correlation

| | Age | TOTAL GB | SLEEP | LONELY | SV | SOA |
|--------|-------|----------|-------|--------|-------|-----|
| Age | 1 | | | | | |
| | | | | | | |
| TOTAL | 169* | 1 | | | | |
| GB | .040 | | | | | |
| SLEEP | .084 | .021 | 1 | | | |
| | .310 | .797 | | | | |
| LONELY | 185* | .045 | .026 | 1 | | |
| | .024 | .584 | .749 | | | |
| SV | .193* | .064 | 011 | 480** | 1 | |
| | .018 | .438 | .895 | .000 | | |
| SOA | 088 | .051 | .105 | .028 | .181* | 1 |
| | .285 | .537 | .203 | .737 | .027 | |

*. Correlation is significant at the 0.05 level (2-tailed).

**. Correlation is significant at the 0.01 level (2-tailed).

Results obtained showed a negative relation between Age and Total Gigabyte usage (r = -.169 p < 0.01). The results also showed a negative association between Sense of loneliness and Subjective Vitality (r= -.480 p<0.01). The Results also showed a positive association sense of Agency and Subjective Vitality (r=.181 p<0.01). There was no significant association found between sleep and Total GB usage and also none of the variables showed to have a significant relationship with smartphone addiction i.e. the total GB internet usage.

DISCUSSION

The results of this study are extremely interesting. The common assumptions are that youngsters are entitled, have poor sleep and have no energy because they spend too much time on their mobiles. This study questions these assumptions. For the present sample which is in the age group of 16-30, has participants who are working or studying or both or neither. One simple fact is that over a 24-hour period the average sleep they get is about 7 and a half hours. So, parents can be assured that their children are getting enough sleep. Other important findings: (1) As the sense of loneliness increases, subjective vitality decreases. (2) The sense of agency, increases with S.V. (3) As age increases, usage of phone decreases. Besides what we have found, what is equally relevant is what we haven't found. This study began with the assumption that people spend a lot of time with their mobiles and this is either the cause or the effect of their loneliness. However, as the results indicate, the total usage of data has had no relation with any of the three psychological variables. This should make us think. Are we right in jumping to conclusions about the negative impact of mobile phone use in youngsters? Perhaps we may be rushing to judge. Hence, we should consider the mobile and the internet not just as evil inventions of technology but allies in the search for self-mastery and empowerment. This study is also an eye-opener for us because it is throwing up some interesting questions. Although not the initial plan of the study, we did do a comparison between genders. There is no difference in the usage in terms of GB between males and females. Along with the traverse effects of Smartphone one such paper discussed also on the positive effects of it which was by Sarwar, Muhammad & Soomro, Tariq. (2013) they put forth through the study that the concept of "use it or lose it" principle in Psychology is very old and according to this concept the key to keep your brain functioning in its peak condition throughout your life lies in its smart use. The smart use of Smartphone will increase your brain

function instead of using the Smartphone only for entertainment it could be used to access useful information, interacting with friends and families, while traveling, waiting on bus stop enables users to utilize such time to promote their social life. Staying connected is easier than ever, and keeping the social bonds active allows reducing stress and promises social support.

CONCLUSION

As per the results obtained neither of the hypothesis which stated that, there will be a significant relationship between Smartphone Addiction and Subjective Vitality nor there will be a significant relationship between Smartphone Addiction and Sense of Agency nor there will be a significant relationship between Smartphone Addiction and Loneliness proved to be true. However, there will be a significant relationship between Smartphone Addiction and Lack of sleep have been proved.

RECOMMENDATIONS

It would also be interesting to conduct cross cultural studies of the phenomenon of usage of smartphone. Another interesting study would be to actually see the positive aspects of Smartphones on the Youth.

LIMITATIONS

While the trends observed are certainly robust, and thus can form the basis for intervention development; this study nevertheless suffers from certain short comings. The sample size was small allowing less generalizability. The chosen Sample was to the city of Mumbai, and thus, may be representative of only urban, metropolitan locations. For the purpose of this study, gender, personality, and socio-economic status were not controlled, and it would be interesting to conduct further research on the impact of these variables on the trends observed. The accurate amount of data usage was not obtained as many individuals may have either carelessly put a number or operated their smartphones through Wi-Fi.

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This is to certify that <u>TANVI PAWAR</u> has presented a paper/poster titled <u>RELATIONSHIP BETWEEN SOLIAL MEDIA ADDICTION</u>, <u>SELF-ESTEEM, SENSATION SEEKING AND BOREDOM AMONG</u> COLLEGE STUDENTS at the Undergraduate Research Conference organized by the Department of Psychology, CHRIST (Demed to be University), Bengaluru, India on 4 February, 2019.

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Global Society for Digital Psychology

2nd Annual Conference of Global Society for Digital Psychology

Theme : Virtual Reality and the Future of Psychology

Certificate of Excellence

This is to certify that

MS. YALNAAZ LAKDAWALA

has won the 1st prize in 6 minutes - 6 slides Competition at

'2nd Annual Conference of Global Society for Digital Psychology'

themed 'Virtual Reality and the Future of Psychology' on the 8th of January 2019 at Mumbai

Avinash Desousa

Dr. Avinash Desousa President

Ms. Janki Mehta Secretary Scanned by CamScanner

an F



2[™] Annual Conference of Global Society for Digital Psychology

Theme : Virtual Reality and the Future of Psychology

Certificate of Excellence

This is to certify that

Ms. Agsa GASMI

has won the 1" prize in 6 minutes - 6 slides Competition at

'2" Annual Conference of Global Society for Digital Psychology'

themed 'Virtual Reality and the Future of Psychology' on the 8th of January 2019 at Mumbai

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Dr. Avinash Desousa President

Ms. Janki Mehta Secretary

The Compassion Fatigue Scale for Mental Health Practitioners

Test Construction

Amita Singh, Aqsa Qasmi, Dhruvi Doshi, Dhwani Sanghavi, Jemimah Nalli, Jinisha Sakaria, Mariah Dias, Meera Bhanushali, Megha Joshi, Natasha Bhatia, Sanya Shaikh & Tamanpreet Arora

> Submitted to Mrs. Sanhitta Karmalkar

Post Graduate Department of Psychology, Maniben Nanavati Women's College, Affiliated to S.N.D.T. Women's University, Mumbai.

| 50 | I can no longer remember how it feels to be passionate about this job. | \$ | |
|----|--|----|----|
| 51 | I feel as though my stamina has declined lately. | | \$ |
| 52 | I feel physically drained at the end of the day. | \$ | |
| 53 | Lately I see a decline in my physical health. | \$ | |
| 54 | I frequently experience headaches. | \$ | |
| 55 | I do not identify with the goals I had set for myself anymore. | | \$ |

Appendix C: Questionnaire

The Compassion Fatigue Questionnaire for Mental Health Practitioners

Given below are 23 questions with 5 options each ranging from Strongly Disagree to Strongly Agree. Please read the following questions carefully and select your answers according to your opinion. Please make sure to answer all the questions. There are no right or wrong answers to these questions. Your responses will be kept confidential.

| Questions | Strongly Disagree | Disagree | Neutral | Agree | Strongly Agree |
|-----------|----------------------|----------|---------|-------|-------------------|
| | | | | | |

| | 1 | | |
|--|---|--|--|
| My work overwhelms me. | | | |
| Traumatic cases take a toll on me. | | | |
| I lack the energy to be continuously productive. | | | |
| Early termination of sessions makes me feel a sense of failure. | | | |
| I feel like my career has reached a standstill/plateau. | | | |
| I feel emotionally drained after sessions. | | | |
| My dissatisfaction from work is spilling into my personal life. | | | |
| I no longer feel connected to the world and those around me. | | | |
| I find it difficult to process and recover from the daily hassles of my job. | | | |
| The nature of my work makes it difficult for me to cope with my intimate relations. | | | |
| I am unable to be as perceptive as I was before. | | | |
| My client's experiences have an overwhelming impact on me. | | | |
| I find myself being intolerant of other people's problems which are similar to my clients. | | | |

| I am avoidant of any emotional content in leisure time. | | | |
|--|--|--|--|
| Drastic/severe cases take a toll on me. | | | |
| I feel a sort of disconnect with my clients. | | | |
| I feel like I need to take more breaks than I used to between sessions. | | | |
| I have moments of doubt about pursuing this career. | | | |
| I can no longer remember how it feels to be passionate about this job. | | | |
| I feel physically drained at the end of the day. | | | |
| My work has taken a toll on my physical health. | | | |
| I find myself being avoidant of activities or situations that are emotionally loaded. | | | |
| Lately I see a decline in my physical health. | | | |







Rotary Club of Bombay West (Lead Host Club)



E- MODEL UNITED NATIONS ASSEMBLY 2020

A Rotary District 3141 & Rotary Club of Bombay West initiative

CERTIFICATE OF RECOGNITION

We would like to recognize the efforts of Juli Suthar for being a part of our conference and fulfilling the role of Delegate of Iceland in E-MUNA 2020.



Rtn. Sunnil Mehra District Governor

Nail

Rtn. Sumant Naik Avenue Chair RYE Committee



Rtn. Apurv Gangar Chief Co-ordinator E-MUNA

Proposal for Test Construction - Hope Scale

Srishti Agarwal, Anushree Bose, Sana Dadani, Devaki Dharap, Sanjana Gandhi, Aditi Guptaa,

Dhvani Mehta, Nupur Pai, Maitri Thakker, and Sanjana Thakur

Department of Psychology Maniben Nanavati Women's College Psychological Testing Dr. Sanhitta Karmalkar December 26, 2020

Personal Hope Scale

Instructions for the test taker/ participant-

- Given below are some statements that represent a belief or an attitude. You will probably agree with some and disagree with others. There are no right or wrong answers. What is important is the extent to which you agree or disagree with the statements.
- Read each statement carefully and indicate the strength of your opinion by selecting any one of the 5 options following each statement:
 Strongly Agree
 Agree
 Neither Agree nor Disagree
 Disagree
 Strongly Disagree
- Mark the response that immediately comes to your mind after reading the statement.
- If you feel that the options given for answering do not adequately reflect the strength of your opinion, select the option that comes closest to representing your opinion.
- 1. I believe that my efforts and hard work determine my academic performance. A
- 2. I am hopeful that I can work towards being a better version of myself. S
- 3. I have low expectations from my future. S
- 4. I often feel very hopeless and lost. (reverse score) S
- 5. I am always willing and motivated to take active steps in achieving my goals. A
- 6. I expect upcoming events to be pleasant and enjoyable. S
- 7. I do not easily give up even when I face a few setbacks in life. S
- 8. I feel disheartened when I perform poorly academically. (reverse score) A
- 9. I do not feel discouraged when I am unable to accomplish my goals. S
- 10. I have a sense of direction in my life. -S
- 11. I keep working on difficult concepts of a subject till I understand them. A
- 12. I do not feel that having a positive outlook is necessary. (reverse score) S
- 13. I have faith that my future will be better than my present. S
- 14. If I perform poorly on a test, I focus less on it in the consecutive tests. (reverse score) A
- 15. I believe having certain aspirations is essential in life. S
- 16. I have faith in the fact that I can overcome my shortcomings. S
- 17. I do not like to expect positive outcomes in the times to come. (reverse score) S
- 18. I try to achieve the academic goals which I have set for myself. A
- 19. I try to make the best of my situations when they are not in my favour. S

- 20. I give up on difficult situations and tasks easily in life. (reverse score) S
- 21. It's not mandatory to score the highest in class, since the topper will indeed beat you to it. A
- 22. I often feel that I run out of solutions. (reverse score) S
- 23. I think a bad situation always has a chance of getting better. S
- 24. There are several strategies to get good grades. A
- 25. I prefer not to think about the future since it is inevitable. (reverse score) S
- 26. I believe having a positive attitude makes me put in more effort towards achieving academic goals. A
- 27. I can bounce back from the worst of situations. S
- 28. I often feel that I will not get what I want. (reverse score) S
- 29. I often think that things will go wrong somehow. S
- 30. A setback in my academic performance makes me feel stuck. (reverse score) A

Test Construction: The Subjective Vitality Scale

Ashvi Kapadia, Akansha Menon, Duhita Kangane, Hetvi Shah, Khushali Bhanushali, Mitali Shah, Nidhee Shah, Pranali Visaria, Rishita Jain, Sharvari Gupte, Stuti Shah, Vaidehi Dhulap

Submitted to: Dr. Sanhitta Karmalkar

Post Graduate Department of Psychology, Maniben Nanavati Women's College, Affiliated to S.N.D.T. Women's University, Mumbai.

Chapter 9:

Appendix B

Instructions to the participants

We the students of MNWC are constructing a psychometric scale as a part of our MA psychology program, your presence is most welcomed and your contribution in the same will be highly appreciated. Please note that we require mothers who are home makers. You will be asked a few questions, there are no right or wrong answers to the questions, they are completely based on your daily experiences and circumstances. Confidentiality of the responses will be maintained. Your participation in the study is completely voluntary and you may opt to withdraw from the study at any point of time. Please fill the following form if you agree to participate in the study and are in the age group of 30 to 50 only and are a homemaker as well as a mother.

The questionnaire has 20 items and will take 10 minutes of your time. The information provided by you will be kept confidential and will only be used for academic research purposes. There are no foreseeable risks associated with participating in this study. Since the responses will be reported as group data, personal information will not be reviewed or revealed and anonymity will be maintained. Your participation in this study is completely voluntary and greatly appreciated. If you feel uncomfortable at any point during the study, you may choose to withdraw your participation.

For any queries, you may email us at stutirs20@gmail.com.

By clicking on the "I agree" button below, you agree and acknowledge that: you have read the above information, your participation in the study is voluntary and you have given consent for participation in the study.

Agree

Disagree

Participant details

Name _____

Age-

Occupation

Are you a mother?

Yes

No

You are required to respond to each of the following statements by indicating the degree to which the statement holds true for you as an individual. There are no right or wrong answers so we request you to respond with honesty. Kindly read each statement carefully but do not reflect on them for too long. Respond to all the statements, keeping in mind your experiences of the last month.

Among the following five available options presented under each item, you must choose the one most suitable to you.

1. Strongly Agree

2. Agree

3. Neutral

4. Disagree

5. Strongly Disagree

| Sr | Items | Strongly | Agree | Neutral | Disagree | Strongly |
|-----|--|----------|-------|---------|----------|----------|
| No. | | Agree | | | | Disagree |
| 1 | I usually feel alive and full of energy. | | | | | |
| 2 | I wake up feeling exhausted even after a good night's sleep. | | | | | |
| 3 | My energy levels at the beginning of the day or at the end of the day have nothing to do with the amount of work I did. | | | | | |
| 4 | I feel lethargic throughout the day. | | | | | |
| 5 | I look forward to each new day with equal excitement | | | | | |

| 6 | I waka un faclina | | | |
|----|---------------------------|--|--|--|
| 0 | I wake up feeling | | | |
| | exhausted throughout | | | |
| | the day due to sleep | | | |
| | deprivation. | | | |
| | | | | |
| 7 | I feel alert and fresh | | | |
| | while engaging in | | | |
| | everyday duties | | | |
| | | | | |
| 8 | I feel drained because I | | | |
| | have no time to spend | | | |
| | with myself. | | | |
| | | | | |
| 9 | I am equally motivated | | | |
| | to do all my daily tasks. | | | |
| 10 | I want to do many things | | | |
| | but I don't have the | | | |
| | | | | |
| | energy to start. | | | |
| 11 | Planning events for the | | | |
| | family makes me feel | | | |
| | | | | |
| | energized. | | | |
| 12 | Repeating the same | | | |
| | household activities | | | |
| | drain me out. | | | |
| | uram me out. | | | |
| 13 | My energy to finish a | | | |
| | | | | |

| | task is high even if I am | | | |
|----|----------------------------|--|------|--|
| | unmotivated to do it. | | | |
| 14 | Family expectations | | | |
| | wear me out. | | | |
| 15 | I look forward to each | | | |
| | new day. | | | |
| 16 | I am less alert than I | | | |
| | used to be. | | | |
| 17 | Somedays I feel so full of | | | |
| | energy that I cannot | | | |
| | contain it. | | | |
| 18 | I procrastinate doing | | | |
| | most of my work | | | |
| | because I am too tired to | | | |
| | do them. | | | |
| 19 | I feel more spirited and | | | |
| | alive with each passing | | | |
| | year. | | | |
| 20 | I feel tired, mentally and | | | |
| | physically, even when I | | | |
| | haven't done anything | | | |
| | demanding. | | | |
| L | 1 | | | |

Chapter 10:

Appendix C

Psychometric Properties of The Vitality Scale

Table 1: Mean and Standard Deviation for all 107 items

| Item Number | Mean | Standard Deviation |
|-------------|------|--------------------|
| 1 | 3.86 | .905 |
| 2 | 3.17 | 1.169 |
| 3 | 3.07 | 1.147 |
| 4 | 3.52 | .994 |
| 5 | 3.78 | .945 |
| 6 | 3.13 | 1.150 |
| 7 | 3.92 | .741 |
| 8 | 3.13 | 1.125 |
| 9 | 3.79 | .932 |
| 10 | 3.07 | 1.075 |
| 11 | 4.14 | .745 |
| 12 | 2.84 | 1.150 |

| 13 | 3.39 | 1.026 |
|------------------|-------|-------|
| 14 | 2.96 | 1.081 |
| 15 | 4.00 | .824 |
| 16 | 3.03 | 1.050 |
| 17 | 3.28 | .960 |
| 18 | 3.29 | 1.028 |
| 19 | 3.39 | .998 |
| 20 | 3.16 | 1.109 |
| For all 20 items | 67.92 | 9.796 |

The mean and standard deviation for all the items on the Vitality scale combined is coming out to be 67.92 and 9.796 respectively.

Table 2: Reliability statistics using Cronbach Alpha

| Number of items | Cronbach Alpha | | | | | | | |
|-----------------|----------------|--|--|--|--|--|--|--|
| 20 | 0.826 | | | | | | | |

The Vitality scale has 20 items in total. The Cronbach Alpha obtained to determine internal consistency is 0.826

Table. 3 indicates the Inter-Item Correlation between the 20 items of the SubjectiveVitality Scale.

| | Inter-Item Correlation Matrix | | | | | | | | | | | | | | | | | | | |
|---------|-------------------------------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| | Item 1 | item 2 | Item 3 | Item 4 | Item 5 | Item 6 | Item 7 | Item 8 | Item 9 | Item 10 | Item 11 | Item 12 | Item 13 | Item 14 | Item 15 | Item 16 | Item 17 | Item 18 | Item 19 | Item 20 |
| Item 1 | 1.000 | 0.316 | 0.165 | 0,166 | 0.283 | 0.262 | 0.446 | 0.139 | 0.411 | 0.300 | 0,421 | 0.205 | -0.093 | 0.178 | 0.278 | 0.351 | 0.024 | 0.044 | 0.500 | 0.182 |
| item 2 | 0.316 | 1.000 | -0.164 | 0.524 | 0.427 | 0.299 | 0.191 | 0.385 | 0.250 | 0.479 | 0.222 | 0.195 | 0.117 | 0.207 | 0.294 | 0.303 | -0.076 | 0.304 | 0.323 | 0.438 |
| item 3 | 0.165 | -0.164 | 1.000 | -0.217 | -0.150 | 0.093 | 0.096 | -0.147 | 0.262 | -0.050 | 0.032 | 0.152 | -0.081 | -0.165 | 0.060 | 0.045 | 0.101 | -0.203 | 0.156 | -0.210 |
| item 4 | 0.166 | 0.524 | -0.217 | 1,000 | 0.357 | 0.443 | 0.112 | 0.495 | 0.082 | 0.400 | 0.078 | 0.354 | 0.093 | 0.299 | 0.311 | 0.221 | -0.264 | 0.367 | 0.209 | 0.455 |
| item 5 | 0.283 | 0.427 | -0.150 | 0.357 | 1.000 | 0.123 | 0.229 | 0.223 | 0.159 | 0.256 | 0.286 | 0.149 | 0.024 | 0.176 | 0.436 | 0.292 | -0.076 | 0.194 | 0.304 | 0.305 |
| Item 6 | 0.262 | 0.299 | 0.093 | 0.443 | 0.123 | 1.000 | 0.245 | 0.337 | 0.291 | 0.298 | 0.132 | 0.429 | 0.004 | 0.399 | 0.179 | 0.294 | -0.230 | 0.255 | 0.169 | 0.213 |
| Item 7 | 0.446 | 0.191 | 0.095 | 0.112 | 0.229 | 0.245 | 1.000 | 0.149 | 0.329 | 0.279 | 0.295 | 0.194 | 0.158 | 0.161 | 0.124 | 0.330 | 0.140 | 0.045 | 0.287 | 0.120 |
| item 8 | 0.139 | 0.385 | -0.147 | 0.495 | 0.223 | 0.337 | 0.149 | 1.000 | 0.153 | 0.484 | 0.023 | 0.432 | 0.102 | 0.470 | 0.132 | 0.196 | -0.262 | 0.432 | 0.130 | 0.293 |
| Item 9 | 0.411 | 0.250 | 0.262 | 0.082 | 0.159 | 0.291 | 0.329 | 0.153 | 1.000 | 0.391 | 0.315 | 0.434 | 0.158 | 0.320 | 0.258 | 0.411 | -0.048 | 0.144 | 0.345 | 0.225 |
| item 10 | 0.300 | 0.479 | -0.050 | 0.400 | 0.256 | 0.298 | 0.279 | 0.484 | 0.391 | 1,000 | 0.318 | 0.397 | 0.327 | 0.359 | 0.117 | 0,291 | -0.320 | 0.546 | 0.301 | 0.514 |
| item 11 | 0.421 | 0.222 | 0.032 | 0.078 | 0.286 | 0.132 | 0.295 | 0.023 | 0.315 | 0.318 | 1.000 | 0.224 | 0.001 | 0.018 | 0.200 | 0.236 | -0.003 | 0.033 | 0.395 | 0.258 |
| item 12 | 0.205 | 0.195 | 0,152 | 0.354 | 0.149 | 0.429 | 0.194 | 0.432 | 0.434 | 0.397 | 0.224 | 1.000 | 0.109 | 0.526 | 0.099 | 0.300 | -0.156 | 0.310 | 0.238 | 0.257 |
| Item 13 | -0.093 | 0.117 | -0.081 | 0.093 | 0.024 | 0.004 | 0.156 | 0.102 | 0.158 | 0.327 | 0.001 | 0.109 | 1.000 | 0.030 | 0.045 | -0.080 | 0.012 | 0.088 | 0.078 | 0.210 |
| item 14 | 0.178 | 0.207 | -0.165 | 0.299 | 0.176 | 0.399 | 0.161 | 0.470 | 0.320 | 0.359 | 0.018 | 0.526 | 0.030 | 1.000 | 0.064 | 0.367 | -0.235 | 0.349 | 0.162 | 0.265 |
| item 15 | 0.278 | 0.294 | 0.060 | 0.311 | 0.436 | 0.179 | 0.124 | 0.132 | 0.258 | 0.117 | 0.200 | 0.099 | 0.045 | 0.064 | 1.000 | 0.196 | 0.084 | 0.011 | 0.528 | 0.248 |
| item 16 | 0.351 | 0.303 | 0.045 | 0.221 | 0.292 | 0.294 | 0.330 | 0.196 | 0.411 | 0.291 | 0.236 | 0.300 | -0.080 | 0.367 | 0.196 | 1.000 | -0.111 | 0.342 | 0.250 | 0.434 |
| tem 17 | 0.024 | -0.076 | 0.101 | -0.264 | -0.076 | -0.230 | 0.140 | -0.262 | -0.048 | -0.320 | -0.003 | -0.156 | 0.012 | -0.235 | 0.084 | -0.111 | 1.000 | -0.341 | 0.130 | -0.255 |
| Item 18 | 0.044 | 0.304 | -0.203 | 0.367 | 0.194 | 0.255 | 0.045 | 0.432 | 0.144 | 0.546 | 0.033 | 0.310 | 0.088 | 0.349 | 0.011 | 0.342 | -0.341 | 1.000 | -0.002 | 0.522 |
| item 19 | 0.500 | 0.323 | 0.156 | 0.209 | 0.304 | 0.169 | 0.287 | 0.130 | 0.345 | 0.301 | 0.395 | 0.236 | 0.078 | 0.162 | 0.528 | 0.250 | 0.130 | -0.002 | 1.000 | 0.182 |
| item 20 | 0.182 | 0.438 | -0.210 | 0.455 | 0.305 | 0.213 | 0.120 | 0.293 | 0.225 | 0.514 | 0.258 | 0.257 | 0.210 | 0.265 | 0.248 | 0.434 | -0.255 | 0.522 | 0.182 | 1.000 |

Maniben Nanavati Women's College Affiliated to S.N.D.T. Women's University, Mumbai Post-Graduate Department of Psychology

Test Construction Group 2 Impostor Syndrome Scale for Healthcare Interns

> MA I Psychology Semester 1 2022-2023

> > By

Anisha Satish (1), Alisha D'abreo (7), Rama Dandekar (8), Yazishni Gandhi (15), Janvi Karbhari (21), Uzma Kazi (22), Gayathri Nambiar (31), Nisar Saiyed (41), Janvi Sanghavi (43), Sneha Singh (54), Mann Taori (56), Tanvi Vadke (61), Rasika Vaidya (62).

> Subject: Psychological Testing Submitted to Professor Neha Bhansali Date of submission: November 30th, 2022

2. Impostor Syndrome scale for Healthcare Interns

Instructions

Below are several statements dealing with how you perceive your skills and achievements.

Please read each statement carefully and indicate how much you agree or disagree with each statement by clicking on your choice of response. Use the following rating scale given below to mark your response.

1 = Strongly disagree, 2 = Disagree, 3 = Neutral, 4 = Agree 5 = Strongly agree

There are no <u>right or wrong</u> answers in this test. Please respond to each statement as honestly and as accurately as you can.

Items:

Subscale 1 - Resilience and Considering setbacks as proof of inadequacy

- 1. I accept any challenge that comes my way (rs)
- 2. When I look back at my performance I feel as though I could have done better

Subscale 2 - Striving for Perfectionism

- 3. I am satisfied with my achievements (rs)
- 4. I tend to overwork myself to prove my skills/knowledge
- 5. I do not give much importance to my achievements
- 6. I feel like I am never able to live up to the standards I have set for myself
- 7. I feel like it is okay to not be absolutely perfect in my job all the time (rs)
- 8. I think that everyone else is more capable than me so I work extra hard to meet the standards

Subscale 3 - Fear of being exposed as a fraud and feeling like a fraud

- 9. I feel I am worthy of the compliments I get for my work (rs)
- 10. I'm afraid that I will be exposed for being a fraud
- 11. I fear that people will find out I am not as capable as they think I am

Subscale 4 - Attributing success to external factors and self-efficacy

- 12. Sometimes, I believe I do not deserve the credit for the success in my life
- 13. I tend to attribute success in group projects to group efforts than my own
- 14. I usually tend to attribute my wins to luck.
- 15. I believe my current level of achievement results from my ability and intelligence (rs)
- 16. I am confident that I can achieve the goals I have set for myself (rs)
- 17. I am terrified of doing poorly even though I know I have prepared for the test

Subscale 5 - Inadequacy and self-doubt

- 18. I feel like no matter how much effort I put it is not enough
- 19. I feel like the setbacks I experience are proof that I am not deserving of my success
- 20. I have a hard time believing those who praise me for my achievements
- 21. I struggle to ask for help because I fear I will look incompetent
- 22. I often reject positive feedback and only focus on the negative aspects
- 23. I tend to recall positive accomplishments more than negative experiences (rs)

INDIAN KNOWLEDGE SYSTEM



MANIBEN NANAVATI WOMEN'S COLLEGE (AWARDED BEST COLLEGE : 2018 -2019) NAAC REACCREDITED 'A' GRADE AFFILIATED TO SNDT WOMEN'S UNIVERSITY



PLEASE JOIN US FOR A SPECIAL LECTURE ON HERITAGE TOURISM BY OUR ESTEEMED GUEST SPEAKER

When: 21st April 2022 | 9:00AM To 10:00AM

Where: Room no. 2.4.

For Whom: SY, TY, TTM Students are kindly invited.



ORGANISED BY THE DEPARTMENT OF COMMERCE.

MANIBEN NANAVATI WOMEN'S COLLEGE DEPT OF COMMERCE ACTIVITY REPORT YEAR: 2021-22

NAME OF THE ACTIVITY: Guest Lecture. Title - "Exploring India's Heritage"

DD/MM/YY: 21st April, 2022

TARGET GROUP: S.Y & T.Y TTM

NAME OF FACULTY: Ms. Vaishali Ranadive

NO OF STUDENTS: 26

SPEAKER/RESOURCE PERSON (WITH DESIGNATION):

Ms. Sharada Bhat, Visiting Faculty, Jai Hind College

VENUE: MNWC, Room No. 2.4 **TIME:** 9.00 to 10.00

OBJECTIVE: To explore India's Heritage emphasizing on Cultural Glimpses & UNESCO Heritage Sites.

METHODOLOGY: Experential Learning

OVERVIEW: To provide an insight of our rich Cultural Diversity.

OUTCOME: It was an interactive session .The students discussed & gained knowledge about India's Heritage and promoting India as a rich Heritage destination through the concept of Heritage Tourism.

ANY OTHER REMARKS: Nil



Chairman Mg. Committee Smt. Himadri S. Nanavati

MANIBEN NANAVATI WOMEN'S COLLEGE

BEST COLLEGE 2018-2019 Awarded by SNDT Women's University, Mumbai (Affiliated to S.N.D.T. Women's University)

Conducted by : SHREE CHANDULAL NANAVATI WOMEN'S INSTITUTE & GIRLS' HIGH SCHOOL Vallabhbhai Road, Vile Parle (West), Mumbai-400 056. Tel.: 2612 8840, Telefax : 91-22-2617 6196

E-mail : mnwcollege@hotmail.com a Website : www.mnwc-sndt.org

Principal Dr. (Mrs.) Rajshree Trivedi

Date: 21/04/2022

Ms. Sharada Bhat Visiting Faculty - Jai Hind College

Sub : Thanks Letter

Respected Madam,

I extend my heartiest thanks to you for accepting our invitation of a Guest Speaker for the topic titled, " Exploring India's Heritage" for our S.Y & T.Y Vocational Tourism & Travel Management students of Department of Commerce on 21st April,2022. Our students have gained valuable knowledge from your expertise and guidance.

Looking forward to a continued support in future.

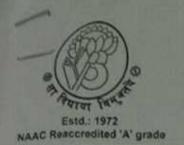
Thanking You,

Yours sincerely,

RAnear

Dr. UMPakiRajshvag P. Trivedi Principal Mahighi Ranavall Woman's College, Vile Parle (West), Mumboi - 400 055.

SHARADA BHAT



Chairman Mg. Committee Smt. Himadri S. Nanavati

MANIBEN NANAVATI WOMEN'S COLLEGE

BEST COLLEGE 2018-2019 Awarded by SNDT Women's University, Mumbai

(Affiliated to S.N.D.T. Women's University)

Conducted by : SHREE CHANDULAL NANAVATI WOMEN'S INSTITUTE & GIRLS' HIGH SCHOOL Vallabhbhai Road, Vile Parle (West), Mumbai-400 056. Tel.: 2612 8840, Telefax : 91–22–2617 6196 E-mail : mnwcollege@hotmail.com • Website : www.mnwc-sndt.org

> Principal Dr. (Mrs.) Rajshree Trivedi

Date: 18/04/2022

Ms. Sharada Bhat

Visiting Faculty - Jai Hind College

Sub : Invitation Letter

Respected Madam,

It gives me great pleasure to invite you as a Guest Speaker for the topic titled, "Exploring India's Heritage" for our S.Y & T.Y Vocational Tourism & Travel Management students of Department of Commerce on 21st April,2022. Our students will gain valuable knowledge from your expertise and guidance.

Looking forward to a favourable response from you.

Thanking You

Yours sincerely,

SHARADA BHAT

Refred

Dr. IVMRs)siRajshcea P. Trivedi Principal Mahilefinahavat Women's College, Vile Parle (West), Mumbai - 400 056.

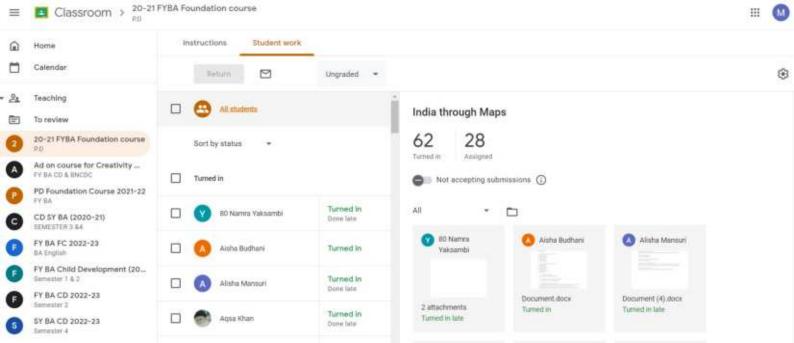
Maniben Nanavati Women's College Vile Parle (West), Mumbai Department of Commerce Attendence Sheet Year : 2021 - 22 GUEST LECTURE Activity "EXPLORING TNDIA'S HERITAGE" Resource Person : MIS' SHARADA BHAT Venue : MINWC, ROOM NO- 2.4

Date: 21 4 2022 Time: 9.00 - 10.00

| Sr. No. | Class | Name | Signature |
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| 1 | SYBCOM | Ishita Rassouriya | Juin |
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MANIBEN NANVATI WOMENS COLLEGE DEPT OF ECONOMICS ACTIVITY REPORT FORMAT YEAR: 2022-23

NAME OF THE ACTIVITY: Essay CompetitionDD/MM/YY: 30th January 2023TARGET GROUP: B.A.-I, II and IIINAME OF FACULTY: Dr. Rekha Kaklotar , Dr. Rita Chandarana & Ms. JanhaviNO OF STUDENTS: 17SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Judge- Ms. Purvi ShahVENUE: Room No. 3.5TIME: 12.00 to 1.00 PMOBJECTIVES: To get aware the students about Economic Thoughts of GandhijiMETHODOLOGY: Participative learning

OVERVIEW:

Department of Economics celebrated Punya Tithi of Mahatma Gandhi and organizes essay competition on "Economic Thought of Gandhi" on 30th January, 2023. Total 17 Students from BA-I, II & III participated for this event and express Gandhii's views on Village, Use of machine, small and Cottage Industries etc.

OUTCOME: Students get knowledge about Gandhi's view of economics **ANY OTHER REMARKS:**



MANIBEN NANAVATI WOMEN'S COLLEGE

BEST COLLEGE 2018-2019 Awarded by SNDT Women's University, Mumbai

(Affiliated to S.N.D.T. Women's University)

Conducted by : SHREE CHANDULAL NANAVATI WOMEN'S INSTITUTE & GIRLS' HIGH SCHOOL Valiabhbhai Road, Vile Parle (Wesi), Mumbai 400 056 Tel.: 2612 8840

E-mail mnwcollege@hotmail.com e Website www.mnwc.edu.in

Chairman Mg Committee Smt. Himadri S. Nanavati

Principal Dr. (Mrs.) Rajshree Trivedi

MNWC 2022-23 980

10th February, 2023

To. Mrs Purvi Ankur Shah

Assistant teacher in Economics, TCLV Junior College

Sub: Letter of Appreciation

We would like to thank you for your cooperation and being a Judge in a Essay competition which was held on 30th January, 2023 at 12.00 pm onward on "Economic thought of Gandhiji" organized by Department of Economics, Maniben Nanavati Women's College Vile parle (W), Mumbai.

We look forward to your participation in future events.

Thanking you

Yours Sincerely,

Rogean

Dr. Rajshree Trivedi Dr. (Mrs.) Rajshree P. Trivedi Principal Manibeli Manavati Wenten's College Vile Parle (West), Mambai-400054

Maniben Nanavati Womens College

Department of Economics

Judgment Sheet for Essay Competition on "Economic thought of Mahatma Gandhi" held on 30th January, 2023

| Sr. No. | Name of the Students | Hand Writing (out of 10) | Content (out of 10) | Sentence Formation (out of 10) | Relevant to the topic (out of 10) | Total (out of 40) | |
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| 7 | Pandhare Kiran | 7 | 5 | 6 | 4 | 22 | 1 |
| 8 | Ughrejiya poonam | 4 | 6 | 5 | 6 | 21 | 1 |
| 9 | Mulla Shaheentaj | 4 | 6 | 5 | 6 | 21 | 1 |
| 10 | Khan Sumaiya | 7 | 9 | 9 | 9 | 34 | 11- |
| 11 | Nishad Preeti | 8 | 8 | 7 | 8 | 31 | consol |
| 12 | Shaikh Misbah bano | 6 | 5 | 6 | 7 | 24 | tion |
| 13 | Ashrafi Nafisa Ali | b | 5 | 5 | 4 | 20 | 1 |
| 14 | Patel Kunjal | 6 | 8 | 7 | 7 | 28 | 1 |
| 15 | Shaikh farhat | 7 | 5 | 5 | 6 | 23 | 1 |
| 16 | Shaikh Wasiya | 6 | 5 | 5 | 6 | 22 | 1 |
| 17 | Sunesara Sana | 6 | 7 | 7 | 7 | 27 | 1 |

Judge name and Sign: <u>Purri</u>Shah

30/01/2023 12:10 PM

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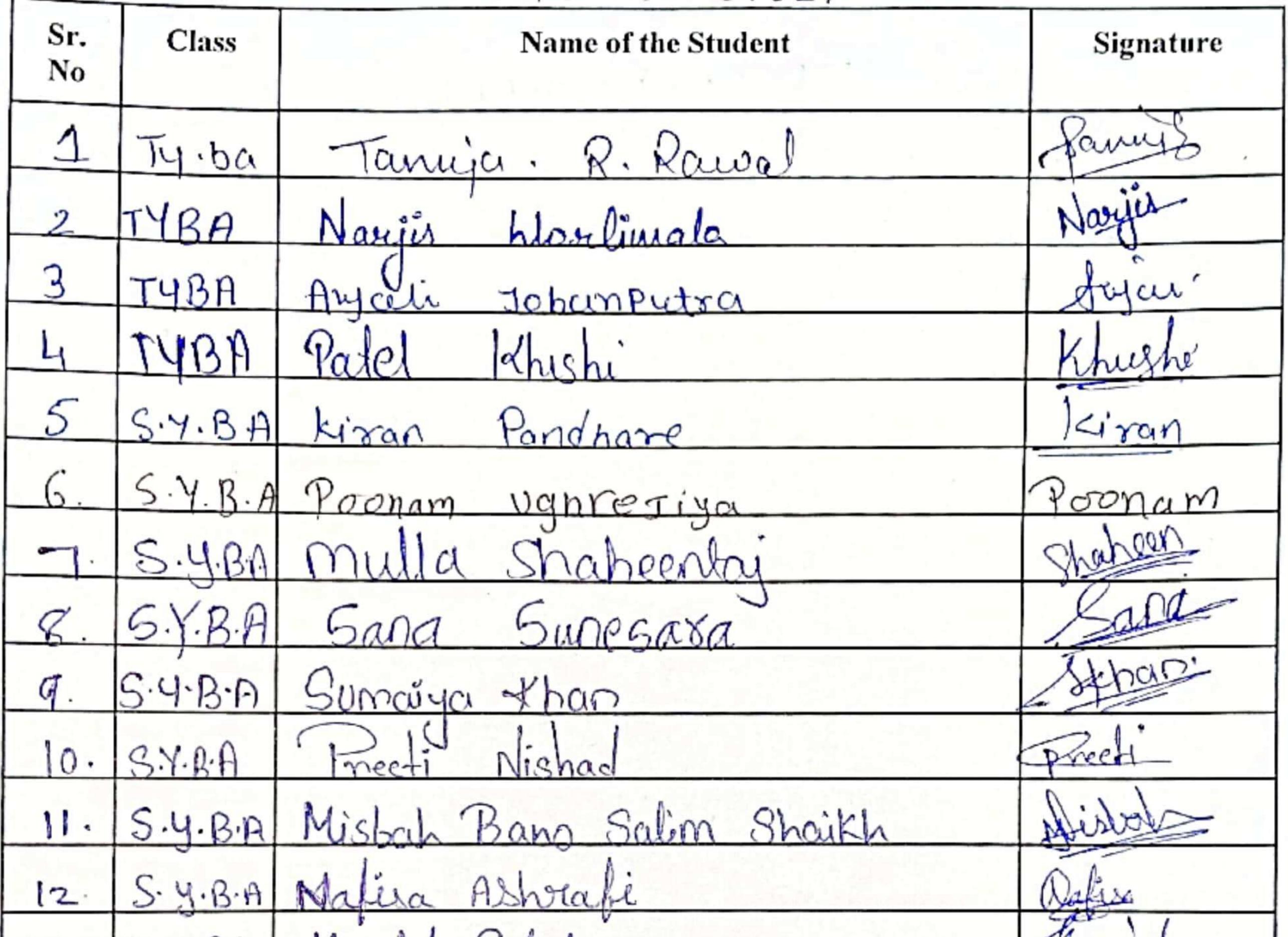


MANIBEN NANAVATI WOMEN'S COLLEGE

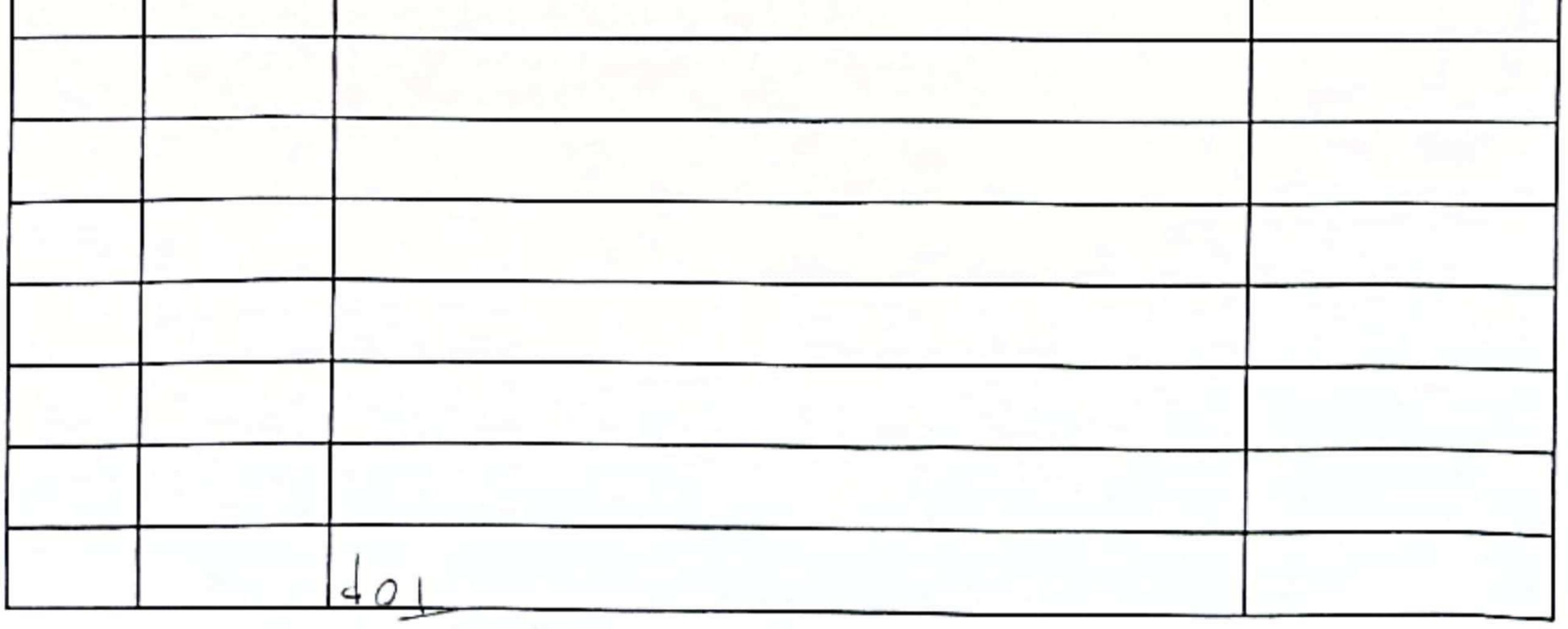
Department of Economics

Organises Essay competition on Economic thoughts of Mahatma Gandhiji.

ATTENDANCE SHEET



| 13 | SYBA | Kunjal Patel | hungal |
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| 15 | S.Y.B.A | | Rasinge |
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COLLEGE OF HOME SCIENCE NIRMALA NIKETAN

NAAC Accredited 'A+' Grade Affiliated to the University of Mumbai

DEPARTMENT OF TEXTILE & FASHION TECHNOLOGY



Smt. Belaa Sanghvi **Director – Navanidhi Design** Pvt. Ltd.



Organizes Vastrakala

(Promoting Traditional Textiles of India)

Timeless Saga

Story of the Heritage Weave -Patola

to commemorate the National Handloom Day

8th August 2022

2:00 pm onwards

Marie Adelaide De Cicé Hall

College of Home Science Nirmala Niketan

Organizing Committee



s. Vrinda Udiave



Dr. Pratima Goyal HOD



Assisstant Professor

Ms. Sanghmitra Navalgund Assistant Professor

Social Media Links



https://youtube.com/channel/UC2g2iJ6mMgT7VyVYF05 JHw

https://instagram.com/tft_department?utm_medium=copy_link \bigcirc

https://www.facebook.com/profile.php?id=100011906192408 C 9

Registration link: <u>https://forms.gle/v1F9ivciEoaG7mvc9</u>



COLLEGE OF HOME SCIENCE NIRMALA NIKETAN

NAAC Accredited 'A+' Grade Affiliated to the University of Mumbai

DEPARTMENT OF TEXTILE & FASHION TECHNOLOGY

Organizes Vastrakala

(Promoting Traditional Textiles of India)

Timeless Saga Inter - Collegiate Design Competition

to commemorate the National Handloom Day

Calling for your design entries

Last date for design submission 5th August 2022

Design submission link: <u>https://forms.gle/DqvU8Pb7G6yNW7bb8</u>

https://www.nirmalaniketan.com/

- https://youtube.com/channel/UC2g2iJ6mMgT7VyVYF05 JHw
- <u>https://instagram.com/tft_department?utm_medium=copy_link</u>
- https://www.facebook.com/profile.php?id=100011906192408

* Kindly read the rules and regulation thoroughly

Rules & Regulations

- Illustrate one garment design using any traditional Indian handloom textile
- Fill out the Google form and upload the design (PDF) in the space provided
- The design should be an original creation not copied from any sources
- Only individual entries will be accepted (no group work)
- Kindly submit entries by 5th August 2022
- All the participants will receive an e-certificate for participation
- Winner will be announced on 8th August 2022 during the session commemorating the National Handloom Day with Ms. Belaa Sanghvi- a renowned Patola designer

For more details, please write to: depttft@nnchsc.edu.in

Program coordinators: Dr. Pratima Goyal (HOD) , Ms. Vrinda Udiaver, Ms. Sanghmitra Navalgund

- https://www.nirmalaniketan.com/
- https://youtube.com/channel/UC2g2iJ6mMgT7VyVYF05_JHw
- https://instagram.com/tft_department?utm_medium=copy_link
- https://www.facebook.com/profile.php?id=100011906192408

MANIBEN NANVATI WOMEN'S COLLEGE

DEPARTMENT OF B.DESIGN FASHION DESIGN

ACTIVITY REPORT FORMAT

YEAR: 2022-2023

NAME OF THE ACTIVITY:

DD/MM/YY: 7/8/22

TARGET GROUP:

NAME OF FACULTY: Mrs Nidhi Soni

NO OF STUDENTS: 8

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Mrs:

VENUE: College of Home Science Nirmala Niketan

OBJECTIVES: Student's learn about illustration and also to aware about the indian handloom fabrics

METHODOLOGY: Student had to illustrate any one garment based on Indian handloom

OVERVIEW: Students could brainstorm the ideas and learn new concepts of how to make western fabric using indian touch.

OUTCOME:

ANY OTHER REMARKS: These types of competitions or workshops make the students involved more and make them confident.



CNVM NANAVATI SCHOOL Shree Chandulal Nanavati Vinay Mandir Vallabhbhai Road, Vileparle (West), Mumbai — 400056 .

- +91 9987181238 / 02226122950
- admin@nanavatischool.org nanavatiicse@gmail.com



SHREE CHANDULAL NANAVATI WOMENS INSTITUTE & GIRLS HIGH SCHOOL & INNER WHEEL CLUB OF BOMBAY AIRPORT Presents

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<u>------</u>

DUPATTA PAINTING COMPETITION

Date:23rd September 2022 Venue: School Assembly Hall

- 1. Participants will report 10:30 am sharp in school assembly hall.
- 2. Basic colouring fabric paints, primary colours & gold silver will be provided by school. Dupatta will also be supplied by Inner Wheel Club. In case you need to put extra decorative embellishments such as mirrors, décor etc the participant will have to carry for themselves.
- 3. Participants shall carry drawing board, t pins, rough cloth, brushes, water container, newspaper and palette for the competition.
- 4. Time limit for the competition will be 2:30 hrs, Judging will commence right after the competition of time duration.

<mark>***</mark>*****

MANIBEN NANVATI WOMENS COLLEGE

DEPT OF **B- Design**

ACTIVITY REPORT FORMAT

YEAR: <u>20222-2023</u>

NAME OF THE ACTIVITY: Dupatta Painting Competition

DD/MM/YY: 23rd September 2022 TARGET GROUP: B.Design and Advance Diploma

NAME OF FACULTY: Ms. Nidhi Soni

NO OF STUDENTS: B.design -22 Advance Diploma 45

SPEAKER/RESOURCE PERSON (WITH DESIGNATION):

VENUE: Nanavati School Hall

TIME: 1 to 5pm

OBJECTIVES: Student's learn more about selfless devotion. Such events revive us about the sacrifices of the soldiers and makes us realize how grateful we are of them.

METHODOLOGY: Students were given a dyed dupatta and were asked to embellish on it either with block print or painting or any other decorative material.

OVERVIEW: The Dupatta painting competition was not only an activity for the students but also, an opportunity to give something back to the families of the soldiers who have dedicated their lives to the country. The competition was basically to honor the wives of the soldiers whom we called as the 'widow warriors'. The activity of painting the Dupatta's showed the creative minds of the student's and encouraged them to make a beautiful product. Students were provided with Dupatta's were showcased to the judge's and all student's did a little fashion show where the judge's picked some of the best designs and the student's won prices accordingly. Judges were very impressed with the outcome of the competition and that the competition was a successful experience for everyone.

OUTCOME: While this activity brought a smile on everybody's faces we know that the outcome was very positive. All we could see was how the students were so engrossed in doing their work with so much of love and dedication which was very peaceful. The students were also happy as this was an act of selfless devotion.

ANY OTHER REMARKS: NIL







Celebrating 25 years

LARGEST TEXTILE AND ARTS & CRAFTS EXHIBITION & SALE IN MUMBAI

17TH - 20TH AUGUST 10:00 am - 7:00 pm

WITNESS 100 + ARTISANS EXHIBITING

World trade Centre, Mumbai

MANIBEN NANVATI WOMENS COLLEGE

DEPARTMENT OF B.DESIGN FASHION DESIGN

ACTIVITY REPORT FORMAT

YEAR: 2022-2023

NAME OF THE ACTIVITY: Paramparik Exhibition

DD/MM/YY: 21/08/22

TARGET GROUP: B.Design

NAME OF FACULTY: Nidhi Meet Soni, Maya Chauhan

NO OF STUDENTS: 22

SPEAKER/RESOURCE PERSON (WITH DESIGNATION):

VENUE: World Trade Centre

TIME: 11:00

OBJECTIVES: Students get to know about artisan's knowledge and skills.

METHODOLOGY: Visited different stalls

OVERVIEW: Explanation of various types of textiles according to different states was done.

OUTCOME: Learned market strategy by asking them various question. Got to know the speciality of each state.

ANY OTHER REMARKS: Great opportunity to interact with artisans and to learn new skills and techniques



Smt. Himadri S. Nanavati

MANIBEN NANAVATI WOMEN'S COLLEGE

BEST COLLEGE 2018–2019 Awarded by SNDT Women's University, Mumbai (Affiliated to S.N.D.T. Women's University)

Conducted by : SHREE CHANDULAL NANAVATI WOMEN'S INSTITUTE & GIRLS' HIGH SCHOOL Vallabhbhai Road, Vile Parle (West), Mumbai-400 056. NAAC Reaccredited 'A' grade Tel.: 2612 8840, Telefax : 91-22-2617 6196 Chairman Mg. Committee

E-mail mnwcollege@hotmail.com • Website www.mnwc-sndt.org

Principal Dr. (Mrs.) Rajshree Trivedi

Date- 18.08.2022

To, The Principle ma'am, Maniben nanavati women's college, Vile parle (west), mumbai- 400056

Subject: Request to conduct an one day visite to Paramparik karigar Exhibition on Traditional Textile to the students of the B.design department.

Dear ma'am,

We had decided to give practical education to the students about the Tradition textile procedure and its facility. For that, We are taking to the B.design students to the "Paramparik karigar Exhibition" for more knowledge about the traditional textile, art, and craft to the world trade centre, Mumbai. There will 22 students including F.y. S.y. T.y. and Final year with 2 teachers Mrs: Maya Chauhan, and Mrs:Nidhi Soni.

We are planning to schedule our visit on 20th Aug 2022 at the World trade centre, Mumbai Kindly, Please grand the permission.

Thanking you

Yours faithfully,

Report

Dr. (Mrs). Rajshree P. Trivedi Principal Maniben Nanavati Women's College, Vile Parle (West), Mumbai - 400 056.





| Department of Eng | lish |
|---|--------------------------------|
| Name of the Activity: Presentation on r | novel 'The God of Small Shings |
| Name of the In-charge Teacher: Ms. Browarow | Jonawane |
| Target group: TYBA DC English | Venue: 5.1-A |
| Time: 10:30 - 11:20 | Date: 20 2 23 - 10 3 23 |

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MANIBEN NANAVATI WOMEN'S COLLEGE

Department of English

ACTIVITY REPORT FORMAT

YEAR- 2022-2023

NAME OF THE ACTIVITY: Presentation on the novel 'God of Small things'

DD/MM/YY: 20/02/2023- 10/03/2023

TARGET GROUP: TYBA DC English Students.

NAME OF FACULTY: Ms. Pravara Sonawane

NO OF STUDENTS: 24

SPEAKER/RESOURCE PERSON/ (WITH DESIGNATION): VENUE: Room 5.1A.

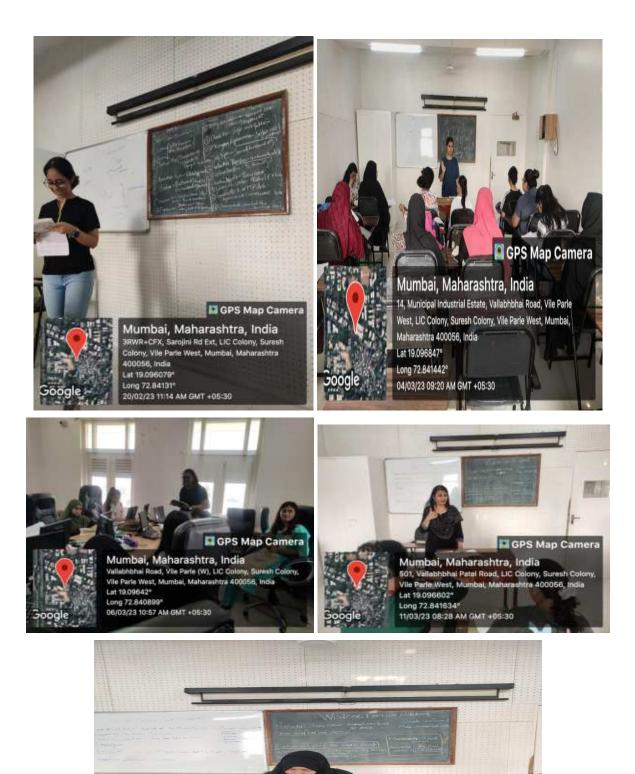
TIME: 10:30-11:20

OBJECTIVES: To develop critical thinking and apply critical analysis to novels and To apply critical theories in the same analytical framework.

METHODOLOGY: Participative Learning

OVERVIEW: Students of TYBA English Literature were assigned to explain the ideas of Arundhati Roy's post colonial novel '*The God of Small Things*'. Every student participated and explained their perspective of looking at the novel. Theories of Spivak, Said, Fanon and Homi.K.Bhabha were applied.

OUTCOME: Students gained insight of the novel and shared their thoughts and learnings of Post Colonial Literature.



GPS Map Camera

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Mumbai, Maharashtra, India

MANIBEN NANAVATI WOMEN'S COLLEGE

THE DEPARTMENT OF ENGLISH

ACTIVITY REPORT

YEAR: <u>2022-23</u>

NAME OF THE ACTIVITY: Sonar Kella Presentation

DD/MM/YY: 14th March, 2023

TARGET GROUP: SYBA APC Students

NAME OF FACULTY: Ms. Maryam Shareef

NO OF STUDENTS: 12 Students

VENUE: Language Lab

TIME: 10:30 am to 12:00 pm

OBJECTIVES: To enable better understanding of the text through creative presentation and make the novel more interesting and insightful. To enable them to understand the themes and characters of the text.

OVERVIEW: The students of SYBA APC English gathered with their presentations on 14th March 2023. The presentation was supervised by Ms. Maryam Shareef who gave a background knowledge of the text. They gave their presentation on the topic Sonar Kella by Satyajit Roy. This was under the Participative learning of the Student Centric Methods. They presented in written and verbal through powerpoint presentations wherein they were able to analyze the text quite well. They articulated their views on social background, author, characters, themes. The novel was presented according to the chapter division made by Ms. Maryam. Some students also have done meticulous study as they provided extra information about the text. They were appreciated by other students and the professor.

OUTCOME: The students were able to showcase their creativity through presentations and understand the topic better. The written and verbal presentations made them understand the characters and themes better.

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Mumbai,MH,India

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India

Lat 19.096491, Long 72.840793 04/11/2023 12:12 PM GMT+05:30 Note : Captured by GPS Map Camera

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