

Extension Activities

2018-19

DEPARTMENT OF CHILD DEVELOPMENT

YEAR 2018-19



Department of Child Development organised “**Intergenerational bonding between Grandparents and Children**” Programme in collaboration with Centre of the Study of Social Change in collaboration with Parent Teacher Association on 30th October, 2018. Eighty-eight students as well as 68 grandparents and parents attended the programme to understand the changing relationship within generation.

ROSHNI

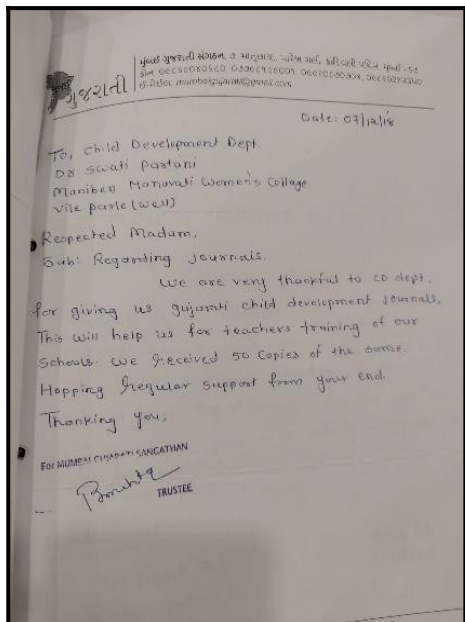


‘Roshni- Prevention of child sexual abuse’ Mobile application was developed as student research project in 2018 to educate and help young children about Child’s Personal Safety, with information for prevention, reaction, protection and redressal, to both children as well as their caregivers, in an age-appropriate manner.

DEPARTMENT OF CHILD DEVELOPMENT

YEAR 2018-19 to 2022-23

Teaching Learning Material Donation Drive



Every Year Second year students from the Department of Child Development develop teaching learning material which is donated to the preschools and NGO's to further facilitate their classroom learning in the community.

Department of Psychology

2018-2019



16 TYBA students underwent a two-day leadership and teacher's training program by World Confederation of Warriors, collaborators for the program. They were taught basic leadership skills and the method of teaching Math and English. They then taught 40 students of Class III and Class IV of Vidya Vikas Mandal, Andheri. TYBA students visited twice a week in batches, based on syllabus and school requirements. Students teaching was supervised by members of WCW and existing school teachers. The entire training was carried out between July 19th, 2018-March 12th, 2019.

Department of English

2018-2019



8 DC English Students carried out Community outreach service and successfully completed 30 teaching hours at the NGO 'Spark-A-Change' school, for underprivileged children at Juhu, Mumbai. Students covered topics as Environment related lessons on cleanliness, plantation, English Grammar skills, Puzzles based on text, Comprehension skills. The activity was carried out for 100 students, from 1st to 7th standard in two batches, from August 2018 to February 2019.

DEPT. OF FOOD & NUTRITION EXTENSION ACTIVITIES

2018-19



The Dept. of Food & Nutrition carried out an extension activity at ADAPT Centre in Bandra, wherein the students taught clay modeling to these physically handicapped students at ADAPT. The activities like coloring sheets with crayons, passing the parcel, clay modeling, playing simple games were carried out in as an yearly activity at ADAPT center.



Blank coloring sheets were provided to students at ADAPT and they were helped if required by students of Dept. of Food & Nutrition. These activities were conducted across one year in collaboration with the department.

Psychology (P.G)

2018-19



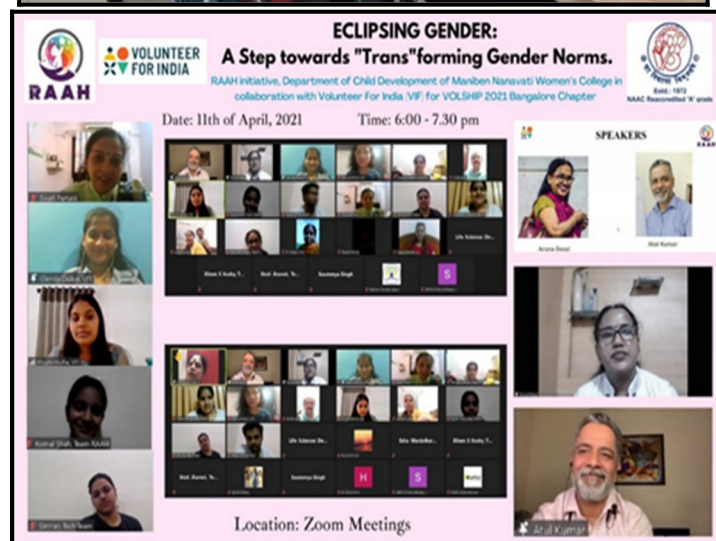
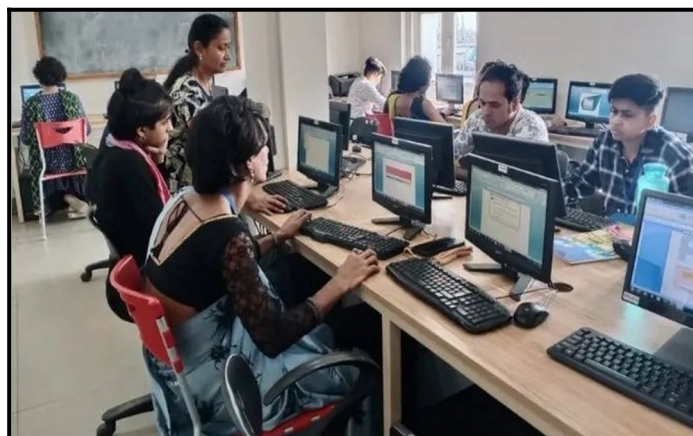
An extension programme in collaboration with Adveka Foundations under Mind-Mela Mental Health Awareness initiative of the department was conducted for Caregivers of People having Terminal illness or any psychological problem. All 60 students were divided in various groups wherein they spent time with the caregivers, identified their problems, areas of concern and conducted appropriate interventions and support to them.

2019-20

DEPARTMENT OF CHILD DEVELOPMENT

YEAR 2019-2020 & Continuing

RAAH: An initiative to Empower Transgender Community



Established in the year 2019-20 as a student-led research project, now RAAH initiative is consistently serving transgender community in terms of donation drives, Skill development programme, distributing nutritional recipes, contributing in inclusion policy, spreading social awareness through interviews, webinars, field visits, etc. Dr Swati Partani conducted a 6-month action research programme in the year 2022-23, wherein 18 transgender people were skilled for English and digital literacy and later placed in the industry by participating in Transmela.

DEPARTMENT OF CHILD DEVELOPMENT

YEAR 2019-2020 & 2020-2021



7 FY BA CD students contributed to the preparation of an annual book week event for the children of Mumbai Mobile Creches for 30 hrs from 16th to 23rd October, 2019. They made art, craft, and teaching learning material. They taught and did role plays for the children to engage them in the class meaningfully.

Three students conducted storytelling sessions for the Mumbai Mobile Creches children and their parents during the pandemic to provide them stimulating environment on 21st November, 2020 during 11th book week celebration.

Maniben Nanavati Women's College

Department of commerce (Accounts, Finance & Insurance)

(BAFI)

Extension Activity

2019-20



The activity was conducted by Second year students under the mentorship of Ms. Madhuri Ayker. Under this activity students provide 25 hours voluntary service in a children NGO. Various activities were conducted by the students like Teaching general english, maths & hindi, Drawing classes, Dance class, cooking and other entertainment activities. In this activity both the students & NGO Childers benefited. On one hand students' skills were improved and on the other hand they enriched the life of childerens at NGO by their contribution.

No. of Students : 31

Number of NGO's: 10

Teacher incharge: Ms. Madhuri Ayker

**Maniben Nanavati Women's College
Department of Management Studies (BMS)
Extension Activity**

2019 -20



20 students of S.Y.B.M.S. work in various NGO's like Trirtan Prerna Mandal, Mother Teresa Home For Elders, Umang Foundation Trust, Bharatiya Muslim Mahila Aandolan, Chip Mumbai, July - August 2019

Department of English

2019-2020



The Department successfully commenced its second year of community outreach program partnered with spark-A-Change foundation. 08 FYBA DC English students volunteered at their Juhu Centre once a week for 2 hours. Our students taught 100 students in two batches (grade 1st – 6th) from August 22nd 2019 to 20th February 2020 and completed 30 hours of Community Extension service. They taught EVS, Maths and English through interactive activities. On the eve of children's day, stationery gift items were also distributed to the students at the centre.

DEPT. OF FOOD & NUTRITION EXTENSION ACTIVITIES

2019-20



Dept. of Food & Nutrition students conducted games and physical strengthening exercises for students at **ADAPT centre** at Bandra.



The Dept. of Food & Nutrition in collaboration with Nutrition Society of India (NSI) Mumbai Chapter conducted a session on Importance of Low Sugar and low oil in diet. Students demonstrated simple low calorie recipes like salads to 133 Anganwadi Sevikas on 30th September 2019 as part of National Nutrition Month activity.

DEPARTMENT OF FOUNDATION COURSE

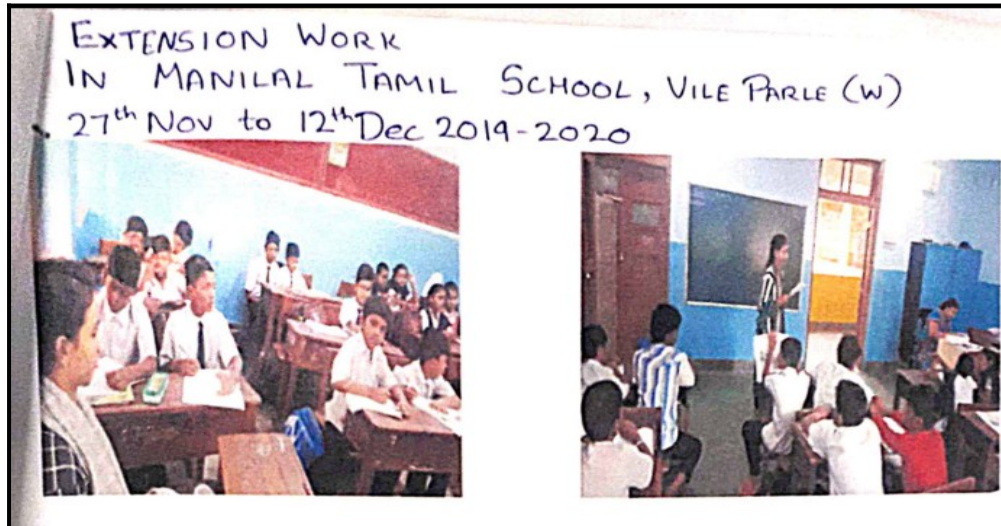
Year 2019-20

Celebrated Mani Ba 116th Birth Anniversary on 28th February, 2020. Organized in collaboration with IQAC and Gandhian Study centre. 42 students had participated and approx. 40 cloth bags were stitched and distributed to people at the vile parle station.



Department of Commerce

Academic Year: 2019-20



7 Students of T.Y.B.Com and 6 from S.Y. BA (Hindi) were selected to teach Class I to Class VII at Manilal Tamil School from 27th November 2019 to 12th February 2020.



21 F.Y & T.Y. B.Com students participated at Zilla Parishad School, Vaveghar. 24th December 2019 to 11th January 2020.

Department of Economics

2019-20

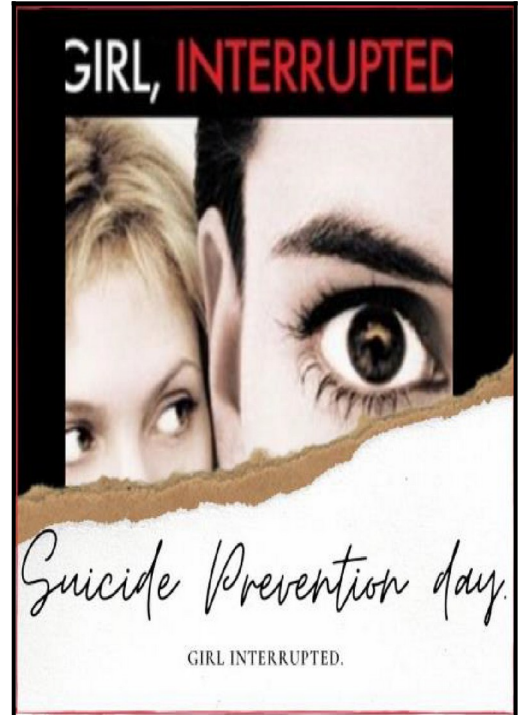
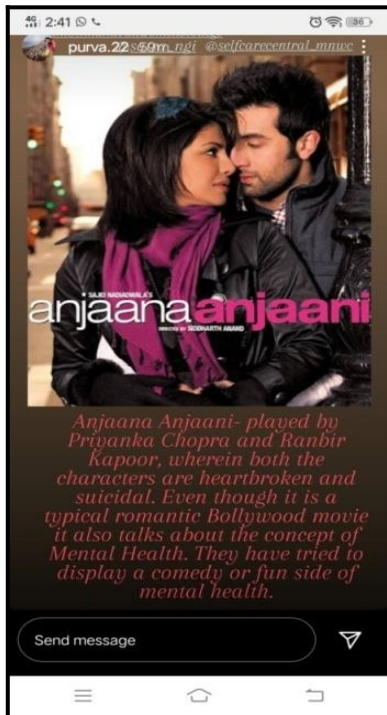


Department of Economics carried out extension activities at Matruchhaya High School, Dahisar (E). Under extension activity students carried out various activities like, teaching, flower making activity, cap making activity. These activities were carried out during 2nd Dec, 2019 to 23rd Dec, 2019. Total 12 Students participated from BA I and III

2020-21

Department of Psychology

2020-2021



An online campaign was initiated to reach out to the public on World Suicide Prevention Day. 47 undergraduate students of psychology participated. Each student posted one movie analysis on 9th, 10th, 11th September 2020 on the given online platforms with a message of mental health and suicide prevention. The aim was to let people know the triggers, symptoms and the ways to seek help for self or others who seem to be going through a rough time. Posts on mental health continued till 10th October 2020, commemorating World Mental Health Day.

DEPARTMENT OF FOUNDATION COURSE

YEAR 2020-21

Pid Parai Jane Re” Mani Ba 117th Birth Anniversary celebrated on 1st March 2021 with Collaboration of UGC Sponsored Gandhi Centre and IQAC. Followed by Organising a Mask making workshop. 53 Students participated the same. Masks were distributed by students in a nearby community.



2021-22

**Maniben Nanavati Women's College
Department of Management Studies (BMS)
Extension Activity**

2021-22



The Hope House is an NGO which works for the upliftment of rag pickers children. The speaker gave complete background about these kids, what do they do and how we can impact their life in a positive sense. She also narrated how The Hope House helps in upliftment of these kids who reside near a dumping ground in Kalyan. It was a very touching and sensitive session. In the end the speaker informed our students of the activities that they can do in order to help these kids lead a better life ahead. This extension activity will be conducted under the Education Policy.

The students became aware about the hardships people face in our society. We could successfully sensitise our students towards this societal issue such as children missing their childhood and working in hazardous environments since their childhood.

No. Of NGO - 01

NAME OF FACULTY: Ms. Snehal Obhan & Ms. Ketki More

NO OF STUDENTS: 54

Maniben Nanavati Women's College

Department of commerce (Accounts, Finance & Insurance)

(BAFI)

Extension Activity

2021-22



Extension Activity done by BAFI Students – They did Awareness of Insurance among Illiterate Women's of multiple age group women near their house with the help of Ms. Priyanka Acharya, Founder Director of L-Earning Lifeline OPC Private Limited.

No. of Students : 3

Number of NGO's: 1

Teacher incharge: Mr. Hardik Majithia

DEPARTMENT OF FOUNDATION COURSE

Year 2021-22

Pid Parai Jane Re” Mani Ba 118th Birth Anniversary was celebrated on 28th February 2022 in Collaboration with the UGC Sponsored Gandhian Studies Centre, IQAC & Department of Design- Fashion. Followed by workshop was conducted on Making Cloth Bags. 60 Students participated and bags were distributed by students to women in the nearby community area.



Department of Commerce

Academic Year: 2021-2022



Teaching in Slum Area



Food distribution to the Transgender



Rally on awareness about women's violence



Paper Bag Distribution to the vendors



Compost Making

To facilitate the sensitization of the students to the socio-cultural realities, the department offers the students extension work projects encompassing social issues. This enables our students to develop social responsibility and learning by doing. The 64 students of F.Y. B.Com. were actively engaged in various outreach and extension activities such as teaching in Slum area, BMC Schools, Cleanliness drive, food distribution to poor and transgender, Solid Waste Management & compost making, paper bag making and distribution to vendors, street play and rally on 'Awareness about women violence', working with NGO's, Old Age Homes, orphanages etc.

Department of Economics

2021-22



Department of Economics carried out extension activities at Matruchhaya High School, Dahisar (E). Under extension activity students carried out remedial teaching. These activities were carried out during 14th March, 2022 to 4th April, 2022. Total 5 Students participated from BA I and III.

Maniben Nanavati Women's College
Post Department of Commerce
Extension Activity
2021-22



Two students of M.com Part I collaborated with spark a change NGO situated in Andheri west. They perform various activities in NGO for 30hrs with the students such as teaching to std 1 to 9th class students, help them in conducting test, taking revision. Students provided a forum for the exchange of ideas on the social, cultural and educational conditions of society.

No. of Students: 2

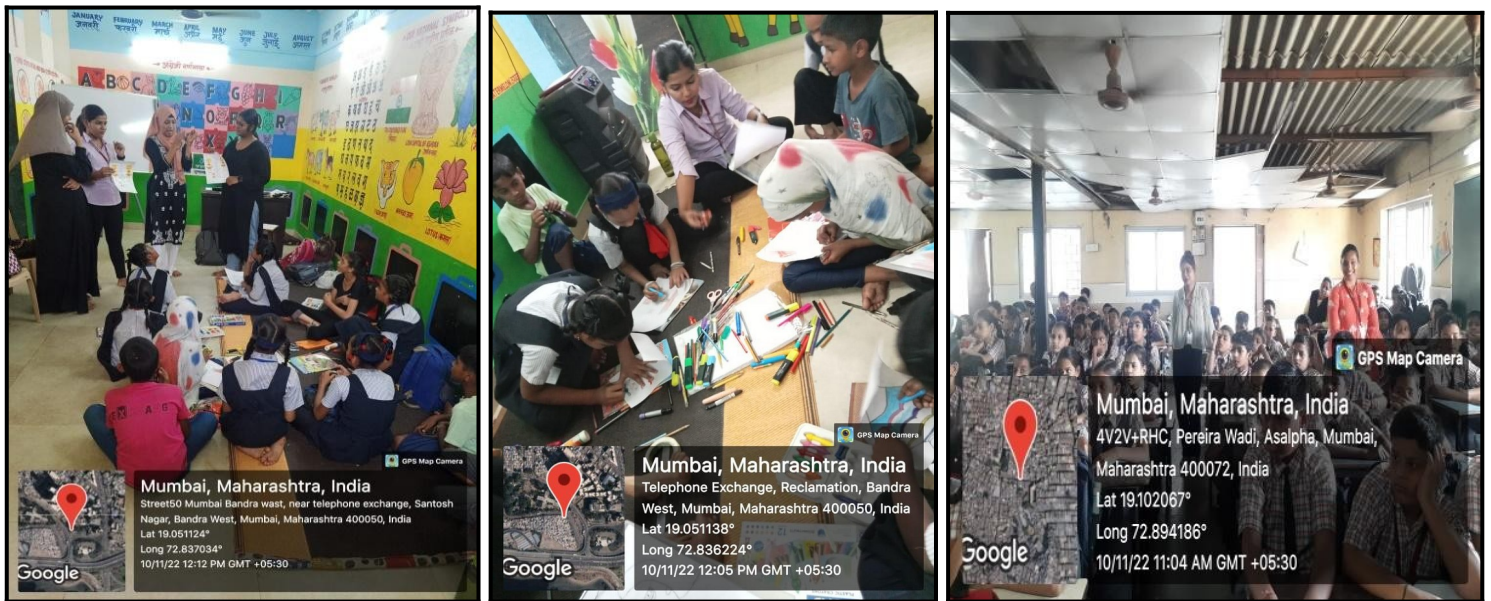
Number of NGO: 1 (Spark a Change Foundation) 18th February to 4th March

Teacher Incharge: Miss Kinjal Patel

2022-23

**Maniben Nanavati Women's College
Department of Management Studies (BMS)
Extension Activity**

2022-23



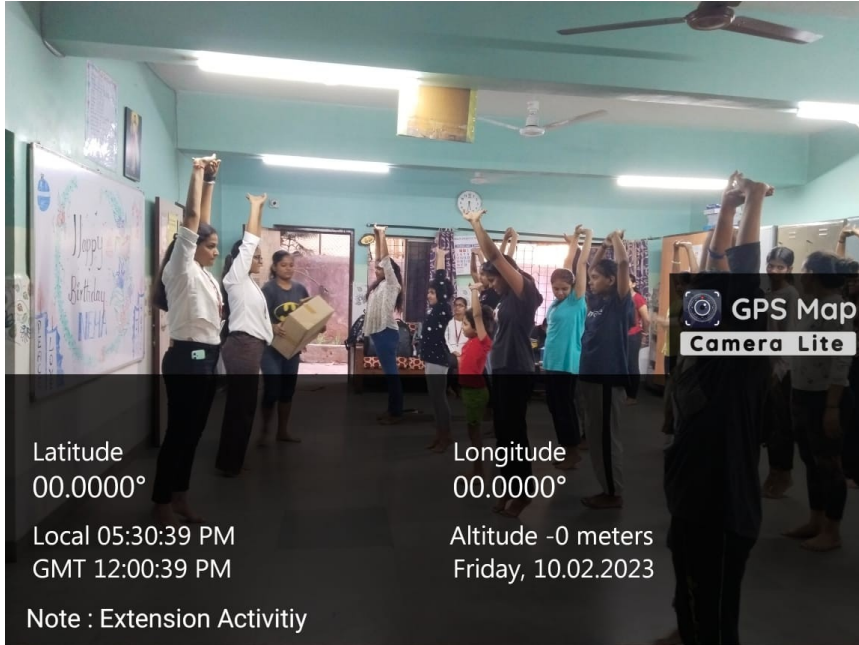
The Department of management studies conducted extension activity for First year students with the help of SOSVA. The first year students went to different NGOs & schools associated with SOSVA on 10th & 11th November, 2022 for 3 hours in different slots. Students have performed various activities like teaching, dancing, teaching good touch & bad touch, drawing, craft, meditation, storytelling etc. for small kids.

No. Of NGO - 03

NAME OF FACULTY: Ms. Vrinda Mathur,

NO OF STUDENTS: 37

Maniben Nanavati Women's College
Department of commerce (Accountancy & Finance)
(BAF)
Extension Activity
2022-23



Group of 27 students divided in 2 groups were given opportunity with the permission of NGO to conduct talk and workshop on financial literacy in two NGOs Triratna Prerana Mandal Santacruz and Sneha Sadan Jogeshwari students successfully conducted activity with lecture and hand on workshop how to use financial instrument like cheque. By which they contributed to spread knowledge and awareness and among the children from the NGOs know more about the finance and accounts. Activity was conducted in two NGOs successfully accomplishing its objective.

No. of Students : 27

Number of NGO's: 02

Teacher Incharge: Mr. Hardik Majithia

Department of B. Design (Fashion Design)

2022- 2023



The Dupatta Painting Competition was an activity conducted on 23/09/2022 in collaboration with Inner Wheel Club. 75 students with an opportunity to give something back to the families of the soldiers who have dedicated their lives to the country. The competition was to honor the wives of the soldiers whom we called the 'Widow Warriors'. The activity of painting the Dupatta's showed the creative mind of the students and encouraged them to make a beautiful product. Students were provided with Dupatta of different colors which were pastels and fabric paint was also provided. Later, the Dupatta's were showcased to the judge's and all student's did a little fashion show where the judge's picked some of the best designs and the student's won prizes accordingly. Judges were very impressed with the outcome of the competition and that the competition was a successful experience for everyone.

Department of Psychology

2022-2023



1. Three students of FYBA completed 20 hours of volunteer work through SPARSHA Charitable Trust, working with 22 children from the slums. Their work included teaching basic hygiene, basic wellness and values using music and dance. They worked from 16th May -25th May 2023.
2. Ms. Twinkle Gogri conducted four and a half hours of English training for two students of TCLV junior College. The workshop was conducted online as a way to benefit students having trouble with English

Department of English

2022-2023



From 31st January to 27 February, 6 students of the English department had executed an assigned extension activity in Saksharta foundation in Juhu, Andheri. Throughout the course of the activity, students were assigned to teach students of 5th to 7th standard. The emphasis was on effective communication and to employ productive teaching techniques and lesson plans for students. The plan was aimed at remedial and advanced learners for overall development of the students.

DEPARTMENT OF FOUNDATION COURSE

Year 2022-23

Let's Re-make and Re- use" Mani Ba 119th Birth Anniversary was celebrated on 28th February 2023 in Collaboration with the UGC Sponsored Gandhian Studies Centre, & IQAC. Followed by workshop was conducted on Making Paper Bags. 2826 Paper bags were prepared by students of first year and Distributed to the Vegetable, Fruit and other vendors in Vile Parle areas in the month of March 2023.



Department of Commerce

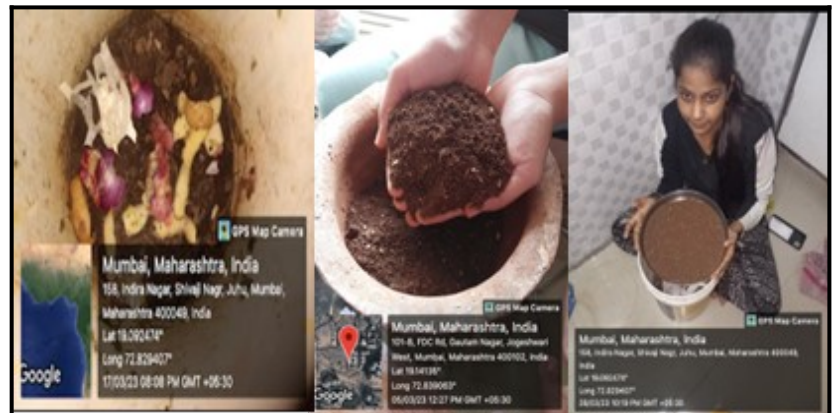
Academic Year: 2022-2023



Street Play



Paper Bag



Cleanliness Drive

Teaching in BMC

Compost Making

A variety of extension activities were undertaken throughout the year from June 2022 to April 2023 by 107 F.Y. & S.Y. B.Com. students such as Cleanliness drive, Teaching in BMC school, working with NGOs, preparing compost, Distribution of paper bags to vendors, Rally on awareness about women empowerment, to sensitize students towards promoting a healthy environment for sustainable development. There were approx. 457 beneficiaries.

Department of Economics

2022-23



Department of Economics carried out extension activities at Matruchhaya High School, Dahisar (E). Under extension activity students carried out remedial teaching and given knowledge about financial literacy. These activities were carried out on 11th April, 2023. Total 5 Students participated from BA I and III. Approximately 30 students have benefited for the same.



Department of Economics have send their one students Ms. Pooja Dawada from BA-II carried out extension activity at Matruchhaya Gujarati High School during 5th February to 25th February, 2023. She has taken remedial teaching of the Gujarati medium students. She has also provided guidance about the importance of saving in life. How students can use their pocket money as the best way.

Maniben Nanavati Women's College
Post Department of Commerce
Extension Activity
2022-23



M.P.S Mithanagar high School, Govind Nagar BMS High School 2 Students of M.com Part II completed an extension activity of 30hrs teaching in BMC School. Through teaching in BMC schools students tried to cultivate their future leaders, professionals. fostering critical thinking, creativity and social responsibility. They empower students to contribute meaningfully to their communities, fostering economic development and cultural enrichment.

No. of Students: 2

Number of School: M.P.S Mithanagar high School, Govind Nagar BMS High School

Teacher Incharge: Miss Kinjal Patel

Financial literacy is crucial for empowering women to take control of their financial futures. In recognition of its importance, an extension activity aimed at enhancing financial literacy among women could involve interactive workshops and seminars. Through L-earning Organisation students forwarded post cast, YouTube video made by Priyanka Acharya to their neighbours' friends and relative to create awareness about financial literacy. This will help the women's financial challenges, simulations of financial decision-making, and hands-on practice with budgeting tools. By equipping women with the knowledge and skills to navigate financial complexities confidently, this extension activity aims to foster greater economic independence and resilience within the community.

No. of Students: 26

Name of organisation: L-earning Lifeline

Teacher Incharge: Miss Kinjal Patel

Psychology (P.G)

2022-23



An extension programme in collaboration with various NGO's, School under Self-Care Central Mind-Mela Mental Health Awareness initiative of the department to create awareness about suicide prevention and mental well-being was conducted across varied segments of society and fund raising campaign was organised amount of 21,000/- was donated to SMILE FOUNDATIONS.