



Estd.: 1972

NAAC Reaccredited 'A' grade

MANIBEN NANAVATI WOMEN'S COLLEGE
Vallabhbai Road, Vile Parle (West), Mumbai-400056

CONTENT PAGE

Criterion	No.	Question	QIM/ QnM	Documents
Criteria 3- Research, Innovations and Extension (110)	3.4.1	Extension activities are carried out in the neighborhood community, sensitizing students to social issues, for their holistic development, and impact thereof during the last five years	Q ₁ M	Activity Report with Photos

MSME - Development Institute, Mumbai
Ministry of Micro, Small & Medium Enterprises,
Government of India
Kurla Andheri Road, Sakinaka, Mumbai - 400 072.
Tel.: 022-2857 6090 / 3091 / 4305 Fax : 022 - 28578092
E-mail : dcdi-mumbai@dcmsme.gov.in
Website : www.msmedimumbai.gov.in



एमएसएमई - विकास संस्थान, मुंबई
सूक्ष्म, लघु एवं मध्यम उद्यम मंत्रालय
भारत सरकार
कुर्ला अंधेरी रोड, साकीनाका, मुंबई - ४०० ०७२.
दुरभाष 022-2857 6090 / 3091 / 4305 फैक्स 022 - 28578092
ई-मेल : - dcdi-mumbai@dcmsme.gov.in
वेबसाईट : www.msmedimumbai.gov.in

File No: MSME/DI-MUMBAI/IMT /2017-18/1294

Dated: 04/04/2018

To,

The Principal,
Maniben Nanawati Women's College,
Vile Parle (W), Mumbai-400056.

Sir,

RECEIVED ON.....11/4/18.....
ATTEN TO.....13.....
FILE.....

Thank you very much for conducting the following programme with different department under the Maniben Nanawati Women's College, Vile Parle (W)

Sr No	Name of the Programme	Duration	Department
1	Entrepreneurship Skill Development Programme on computer accountancy with Tally.	29/11/2017 to 09/01/2018	Dept. of Economics.
2	Management Development Programme on Marketing Manegement (Retail Manegment)	15/01/2018 to 19/01/2018	Dept. of B.M.S. & B. Com
3	Management Development Programme on GST Compliance Management.	01/02/2018 to 06/02/2018	Dept. of Economics

I do hope you will continued to cooperation in future also.

Yours faithfully,

(M.C. Mathur)
Assistant Director.



MANIBEN NANAVATI WOMEN'S COLLEGE

(Affiliated to S N D T. Women's University)

Conducted by : SHREE CHANDULAL NANAVATI WOMEN'S INSTITUTE & GIRLS' HIGH SCHOOL

Vallabhba Road, Vile Parle (West), Mumbai-400 056

Tel.: 2612 8840, Telefax : 91-22-2617 6196

E-mail : mnwcollege@hotmail.com • Website : www.mnwc-sndt.org, www.mnwc-sndt.com

NAAC Reaccredited 'A' grade

Chairman Mg Committee
Smt. Himadri S. Nanavati

Principal
Dr. (Ms.) Harshada Rathod

MNWC/2017-18/630

27.03.2018

To,

The Director,
M.S.M.E. Development Institute
Kurla Andheri Road,
Andheri East,
Sakinaka,
Mumbai- 400072

Dear Sir,

On behalf of Maniben Nanavati Women's College, we would like to give deepest thanks for conducting Skill Development Programme with the following departments.

Programme	Department	Duration
Tally	Dept. of Economics & B.com. (AFI)	29 th Nov 2017- 9 th Jan 2018
Retail Management	Dept. of B.M.S & B.Com.	15 th Jan- 19 th Jan 2018
G.S.T	Dept. of Economics	1 st Feb- 6 th Feb 2018

We would request you to send us acknowledge for the same.

M.S.M.E. Development Institute is an excellent firm, and we appreciate your efforts to provide us with the valuable support.

Once again, thank you for making the course successful, and we appreciate your continued support. We wish you success in all your future endeavors.

Thank you,
Yours faithfully,

Dr. Harshada Rathod
Principal

एम.एस.एम.ई-विकास संस्थान, मुंबई
MSME-DI, MUMBAI

प्राप्त हुआ / Received

प्राप्त करनेवाले के हस्ताक्षर / Receiver's Signature

3/4/18

Goods and Service Tax (GST) Compliance Management

Workshop 1st February to 6th February 2018

Objective of the Workshop:

The Goods and Services Tax which is being implemented from 1st July, 2017 is proposed to be a unified tax for the entire nation. The intended objective of GST 2017 is to replace a lot of other indirect and direct taxes like the VAT, service tax, luxury tax etc. GST is aimed at being comprehensive tax regime. Workshop intended the following objectives:

1. To create awareness among business professionals and alumni about the new tax reform of the Indian Government.
2. To educate the participants about the availability of input credit across the value chain.
3. To study the various components of GST like composite scheme, GST council, Schedules of GST, Concepts of CGST, SGST and IGST, exemptions from GST, etc.
4. To provide information that GST has subsume all indirect taxes at Centre and State Level.

Report on GST Workshop

Department of Economics, Maniben Nanavati Women's College organized **5** days workshop on **Goods and Service Tax (GST) Compliance Management** in collaboration with **Ministry of Micro Small Medium Enterprises, Government of India**. The workshop initiated from 1st February 2018 to 6th February 2018.

- Delegates from various professions and alumni of Economics Department, MNWC actively participated in this workshop. The inaugural session of the workshop embarked introduction to GST and discussed the structure of GST in India.
- The sessions of this workshop was conducted by an eminent tax professional CA. Sandeep Ojha. In this course, CA. Ashok Jain, Head of Commerce Department, SNTD Women's University, Churchgate also conducted a session.
- The overall course provided information regarding various concepts pertaining to GST like Input Tax Credit, Composite Scheme, Classification of Goods and Services, Concepts of Levy and Collection, exempted items of GST, amendments

in GST, etc. All the discussion in the session was extremely informative and helped participants to acquire wide knowledge about the Tax reforms of Government of India.

- The valedictory session was held on 6th February 2018, where all the participants received course certificate by Ministry of MSME.

Outcomes of the Workshop:

1. Workshop created awareness about the cascading effect of tax and how it is eliminated.
2. It educated all the participants about registration and online filing of GST.
3. It enriched the participants that GST is structured to simplify the current indirect system. It is a long term strategy leading to a higher output, more employment opportunities, and economic boom.
4. It educated the participants that simplified and cost saving system as procedural cost reduces due to uniform accounting for all types of taxes. Only three accounts; CGST, SGST, IGST have to be maintained.



GOVERNMENT OF INDIA, MINISTRY OF MSME

MICRO, SMALL AND MEDIUM ENTERPRISES DEVELOPMENT INSTITUTE,
SAKINAKA MUMBAI - 400072

Management Development Programme On Goods and Services Tax (GST) Compliance Management

Venue: MSME - MNWC's VILE
PARLE (W), MUMBAI-56.

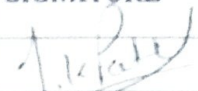
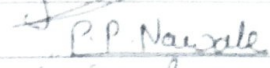
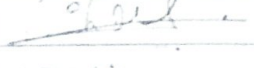

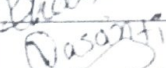

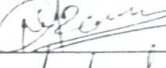
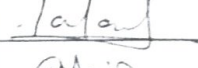

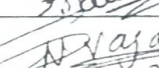
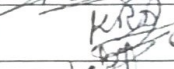

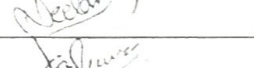
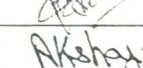
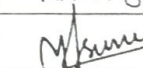
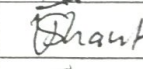
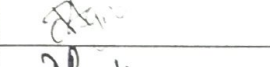
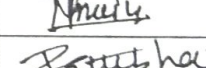


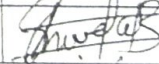




Period : ONE WEEK
Timing: am to pm

From :01/02/2018
To: 06/02/2018

TRAINING SCHEDULE

Date	Session	Topic Coverage	Trainer/faculty
01/02/2018	I	Introductory session : <ul style="list-style-type: none"> Objective of the Training Role of MSME -DI in Industrial Promotion and GST related services 	MSME - DI officials
	II	Overview of GST Laws & its benefits <ul style="list-style-type: none"> Basic concepts of GST Old Vs New GST Tax System Who should register? Interstate & Intrastate Supply HSN & SAC Code Classification Input Tax Credit System 	Tax professional
	III & IV		
02/02/2018	I	GST Registration Procedure <ul style="list-style-type: none"> Document requirement HSN & SAC code identification Schemes options : Regular Scheme & Composition Scheme <ul style="list-style-type: none"> GST Rates : SGST /CGST / IGST Latest Amendments' in GST 	Tax professional
	II		
	III		
	IV		
03/02/2018	I	GST Filling Procedure <ul style="list-style-type: none"> Tax Invoice & Bill of Supply Invoice Preparation Invoice Uploading Step by step procedure for Filing of GST Returns 	Tax professional / Consultant
	II		
	III & IV		
05/02/2018	I - IV	GST Return Filing - Hands on practical	Tax professional
06/02/2018	I - III	Interaction on various issues on GST filing faced by the participating Entrepreneurs.	Officials for GST Department
	IV	Feed back/Valediction/Certificate Distribution	MSME - DI Officials

Received certificate for MDP conducted on GST Compliance Management during 01/02/2018 to 06/02/2018 at MNWC, Vile Parle, Mumbai.

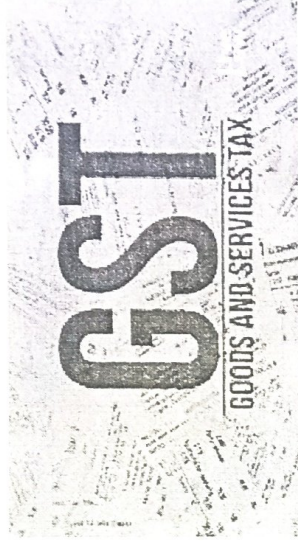
Sl. No	Name of Candidate	CERTIFICATE NO.	SIGNATURE
1	JULI KHIMJIBHAI PATEL	MSMEDI/MUM/MDP/930/2017	
2	PRIYANKA PRAKASH NAWALE	MSMEDI/MUM/MDP/931/2017	
3	NEHAL PRAVIN CHHEDA	MSMEDI/MUM/MDP/932/2017	
4	SHIVANI KHIMJIBHAI PATEL	MSMEDI/MUM/MDP/933/2017	
5	SHITAL JIVARAJ CHAUDHARI	MSMEDI/MUM/MDP/934/2017	
6	VASANTI DEYJI RAVARIA	MSMEDI/MUM/MDP/935/2017	
7	RITA CHANDRAKANT CHANDARANA	MSMEDI/MUM/MDP/936/2017	
8	NIKITA HITENDRAKUMAR PARMAR	MSMEDI/MUM/MDP/937/2017	
9	LEENA ANIL LAD	MSMEDI/MUM/MDP/938/2017	
10	NIDHI SHAILESH AMIN	MSMEDI/MUM/MDP/939/2017	
11	SIMRAN TAWADE	MSMEDI/MUM/MDP/940/2017	
12	SHWETA NARENDRA VAJA	MSMEDI/MUM/MDP/941/2017	
13	REKHA ASHWIN KELKLOTKAR	MSMEDI/MUM/MDP/942/2017	
14	ZEBA IQBAL SHAIKH	MSMEDI/MUM/MDP/943/2017	
15	NEELAM SAVJI MOR	MSMEDI/MUM/MDP/944/2017	
16	CHARIDATTA RAVINDRA RANE	MSMEDI/MUM/MDP/945/2017	
17	AKSHAY KUMAR	MSMEDI/MUM/MDP/946/2017	
18	MINAKSHI JAGDISH SUMRA	MSMEDI/MUM/MDP/947/2017	
19	UMA SHANKAR MAURYA	MSMEDI/MUM/MDP/948/2017	
20	JYOT DILIP AGNANI	MSMEDI/MUM/MDP/949/2017	
21	NANDA PANDURANG MAIN	MSMEDI/MUM/MDP/950/2017	
22	PRATIBHA RAJARAM GURAV	MSMEDI/MUM/MDP/951/2017	
23	ROHIT RAMKRUSHNA MORE	MSMEDI/MUM/MDP/952/2017	
24	SHRUTIKA VIJAY KAVLE	MSMEDI/MUM/MDP/953/2017	
25	SWETA DILIP BHONDAVE	MSMEDI/MUM/MDP/954/2017	

MDP ON Goods and Services Tax (GST) Compliance Management , Attendance sheet.

NAME OF CANDIDATE	1/2/2018	2/2/2018	3/2/2018	5/2/2018	6/2/2018
1 JULI KHIMJIBHAI PATEL	J.Patel	J.Patel	J.Patel	J.Patel	J.Patel
2 PRIYANKA PRAKASH NAWALE	P.P.Nawale	P.P.Nawale	P.P.Nawale	P.P.Nawale	P.P.Nawale
3 NEHAL PRAVIN CHHEDA	Nehal	Nehal	Nehal	Nehal	Nehal
4 SHIVANI KHIMJIBHAI PATEL	S.Patel	S.Patel	S.Patel	S.Patel	S.Patel
5 SHITAL JIVARAJ CHAUDHARI	Sheetal	Sheetal	Sheetal	Sheetal	Sheetal
6 VASANTI DEYJI RAVARIA	Vasanti	Vasanti	Vasanti	Vasanti	Vasanti
7 RITA CHANDRAKANT CHANDARANA	Rita	Rita	Rita	Rita	Rita
8 NIKITA HITENDRAKUMAR PARMAR	N.Parmar	N.Parmar	N.Parmar	N.Parmar	N.Parmar
9 LEENA ANIL LAD	Lad	Lad	Lad	Lad	Lad
10 NIDHI SHAILESH AMIN	N.Amin	N.Amin	N.Amin	N.Amin	N.Amin
11 PURI VIJENDRA BAMANIA					
12 SHWETA NARENDRA VAJA	N.Vaja	N.Vaja	N.Vaja	N.Vaja	N.Vaja
13 REKHA ASHWIN KULKOTKAR	KRD 1/1/18	KRD 2/2/18	KRD 3/2/18	KRD 5/2/18	KRD 6/2/18
14 ZEBA IQBAL SHAIKH	Z.Shaiikh	Z.Shaiikh	Z.Shaiikh	Z.Shaiikh	Z.Shaiikh
15 NEELAM SAVJI MOR	N.Mor 1/2/18	N.Mor 2/2/18	N.Mor 3/2/18	N.Mor 5/2/18	N.Mor 6/2/18
16 CHARIDATTA RAVINDRA RANE	R.Rane	R.Rane	R.Rane	R.Rane	R.Rane
17 AKSHAY KUMAR	A.Kumar	A.Kumar	A.Kumar	A.Kumar	A.Kumar
18 MINAKSHI JAGDISH SUMRA	M.Sumra	M.Sumra	M.Sumra	M.Sumra	M.Sumra
19 UMA SHANKAR MAURYA	U.Shankar	U.Shankar	U.Shankar	U.Shankar	U.Shankar
20 JYOT DILIP AGNANI	J.Agnani	J.Agnani	J.Agnani	J.Agnani	J.Agnani
21 NANDA	Nanda	Nanda	Nanda	Nanda	Nanda
22 PANDURANG MAIN					
23 PRATIBHA RAJARAM GURAV	P.Gurav	P.Gurav	P.Gurav	P.Gurav	P.Gurav
24 ROHIT RAMKRUSHNA MORE	R.More	R.More	R.More	R.More	R.More
25 SHRUTIKA VIJAY KAVLE	S.Kavle	S.Kavle	S.Kavle	S.Kavle	S.Kavle
26 Simran Tawde	S.Tawde	S.Tawde	S.Tawde	S.Tawde	S.Tawde
27 Shweta Bhondave	S.Bhondave	S.Bhondave	S.Bhondave	S.Bhondave	S.Bhondave

	Management , Stationary Material.	Received
	NAME OF CANDIDATE	Signature
1	JULI KHIMJIBHAI PATEL	
2	PRIYANKA PRAKASH NAWALE	
3	NEHAL PRAVIN CHHEDA	
4	SHIVANI KHIMJIBHAI PATEL	
5	SHITAL JIVARAJ CHAUDHARI	
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14	ZEBBA IQBAL SHAIKH	
15	NEELAM SAVJI MOR	
16	CHARIDATTA RAVINDRA RANE	
17	AKSHAY KUMAR	
18	MINAKSHI JAGDISH SUMRA	
19	UMA SHANKAR MAURYA	
20	JYOT DILIP AGNANI	
21	NANDA	
22	PANDURANG MAIN	
23	PRATIBHA RAJARAM GURAV	
24	ROHIT RAMKRUSHNA MORE	
25	SHRUTIKA VIJAY KAVLE	
26	Simran Jawde	
27	Shweta Bhandave	

*Department of Economics organizes
5 days workshop on*



In collaboration with MSME Government of India, Mumbai

Date: 1st feb to 6th feb 2018

Venue: Maniben Nanavati Women's College

Contact: Dr. Rekha Karkotar (9930551119)

Prof. Ms. Rita Chandarana (9975090465)

Department of Economics organizes

5 days workshop on



In collaboration with MCOM Government of India, Mumbai

Date: 1st Feb to 6th Feb 2018

Venue: Maniben Nanavati Women's College

Contact: Dr. Rekha Kaklotar (9930551119)

Prof. Ms. Rita Chandarana (9975090465)

KEEP PLACES FROM CLEAN
WIPED OFF. USE BOTTLES
PROVIDED. WASH & DRY
BEFORE REUSING THE GLASS
AND CONTAINERS



Govt. of India
Ministry of Micro, Small & Medium Enterprises
MANAGEMENT DEVELOPMENT PROGRAMME
ON
GOODS AND SERVICES TAX (GST) COMPLIANCE MANAGEMENT
ORGANIZED BY
MSME - Development Institute, Mumbai
Korla Andheri Road, Sakinaka, Mumbai
IN ASSOCIATION WITH
MANIBEN NANAVATI WOMEN'S COLLEGE
DARTHELA



MANIBEN NANAVATI WOMEN'S COLLEGE
AFFILIATED TO U.P. WOMEN'S UNIVERSITY
DARTHELA CHAKRANILAL LALJI JIJIA
JUNIOR COLLEGE
DR. BHANUBEN NANAVATI CAREER
DEVELOPMENT CENTRE
Organized by
SHREE CHANDOLA NANAVATI
WOMEN'S INSTITUTE AND SHREE HIGH SCHOOL



Govt. of India
Ministry of Micro, Small & Medium Enterprises
MANAGEMENT DEVELOPMENT PROGRAMME
WOMEN ENTREPRENEURS (WENT) COMPETENCY MANAGEMENT

MANIBEN NANAVATI WOMEN'S COLLEGE
Economics
Department
WALLABHAR ROAD, VILE PARLE (WEST), MUMBAI - 400 057



English Department: Community Extension service 2019-20 for NGO 'Spark-A-Change' at Juhu, Mumbai

The Department successfully commenced its second year of community outreach program partnered with spark-A-Change foundation. Eight FYBA DC English students volunteered at their Juhu Centre once a week for 2 hours. Our students taught 100 students in two batches (grade 1st – 6th) from August 22nd 2019 to 20th February 2020 and completed 30 hours of Community Extension service. They taught EVS, Maths and English through interactive activities like:

- Worksheets
- brain teasers
- storytelling
- skit
- poster-making
- Environment related lessons on cleanliness, plantation etc.
- English Grammar skills
- Math's tables and worksheets
- Picture and word Identification sheet work

On the eve of children's day, stationary gift items were also distributed to the students at the centre.



The sessions were conducted on the following dates:

August 22nd, 29th, September 19th, 26th, October 3rd, November 28th, December 5th, 12th 2019, January 9th, 16th, 23rd, 30th, February 6th, 13th, 20th 2020.



Time: 02-20-2020 12:09
Note: Sparkle change



Time: 02-20-2020 11:55
Note: Sparkle change



Time: 26-09-2019 10:34
Note: spark a change NGO



11:23



Dept. of Food & Nutrition organized filled Nutrition education activities for Special Children during 6th December 2017 till 11th March 2020 at ADAPT Centre for Special children

Department of Gujarati
Report of Activity

Activity : Teaching by students at Sheth Chimanlal Nathuram High School,
Santacruz – E

Duration : Total 25 periods (30 mins each) taken during the month of July, August, October
2016 & January, February 2017.

Teaching in Class : 5th Standard

Objectives : To give practical experience of teaching to the students

Nos. of Participants: 08 (B. A. II & III Gujarati DC & Ap. C Students)

Anjali Panchal - B. A. III

Pooja Mistry - B. A. III

Bhavana Aarethiya - B. A. III

Raksha Gala - B. A. III

Yashasvi Rathod - B. A. III

Chudasama Vidhi - B. A. II

Shivali Vyas - B. A. II

Bhavisha Joshi - B. A. II

They teach Gujarati Grammar & English to 5th standard students.

Gujarati reading - Writing, Poetry Recitation, Visheshan, Sarvanaam, Vachan, word test etc.

English Alphabets (Small & Capital), Simple Words, Fill in the blanks, Dictations, simple
Calculation, Number, Simple Conversation in English, Learning through games etc.





RAAH

आपकी राह हमारी मंज़िल

AAPKI RAAH, HUMARI MANZIL

**An initiative by Department of Child Development, Maniben Nanavati
Women's College's**

Children are not things to be moulded but are people to be unfolded.

It Gets Better – Parents of Transgender Children.

Connect with RAAH

Website: <https://raah.mnwc.edu.in>

Instagram: https://instagram.com/raah_manzil

Youtube: <https://www.youtube.com/channel/UCIZtUi9jDooe0gJIHDixqDQ>

Facebook: <https://www.facebook.com/raah.manzil>

Email: raahmanzil@gmail.com

What is Raah? Our Vision and Our Mission.

Raah is a student-led initiative of the Department of Child Development of Maniben Nanavati Women's College.

VISION : To E.A.S.E. parents towards gender identity

E – Empathize A – Accept S – Sensitize E – Empower

MISSION: To integrate transgender people into the mainstream society. To empower and educate parents of transgender children. To increase awareness among people about transgender individual.

What has Raah accomplished?

RAAH is a digital platform that was initiated by DEPARTMENT OF CHILD DEVELOPMENT, MANIBEN NANAVATI WOMEN'S COLLEGE with 6 volunteers from second and third year students of academic year 2019-20. Later on it was represented by Glenda D'silva (our alumni) at Avishkar 2020 (S.N.D.T. Women's University) and secured the 1st place and was then represented at State Level Avishkar Research Convention, followed by Anveshan 2020- West zonal level where it secured the 2nd Place and further represented at the National Level Research Convention – Anveshan 2020. It was the only Innovation, now a proud Initiative, centred around social and community work and uplifting of the transgender community and it's allies with it's unique mission and vision, which represented the S. N. D. T. University at National Level becoming the very first of its kind.

In this past academic year, from June 2020 to July 2021 Raah has covered numerous events which have helped us succeed in our mission bringing us closer to our vision. Live events like Azadi ke Lafz, Kavach Clothes Distribution Drive, and our recent Distribution Drives were all conducted in collaboration with generous organizations. Insightful webinars like - "Beyond Gender: Unmasking Gender Norms", "Trans-Jan: A conversation with the members of the Transgender community." and the three webinars held in collaboration with Volunteer for India ECLIPSING GENDER: A Step towards "Trans" informing Gender Norms, DECODING GENDER (Hint: It isn't binary) and Gender Affirming Surgical

Interventions aimed towards parents, teenagers and transgender individuals respectively were also held.

Raah also has a noted presence on social media - we work on Instagram and Facebook along with its own active, comprehensive website (currently upgrading to an even better Raah) where individuals can reach out to us and/or sign up as volunteers!

What is in Raah's Future?

In its journey Raah now aims to : Gather volunteers both cisgender and transgender from across the city, state and eventually, the nation; creating a strong network to support the transgender community of India and enabling parents of transgender children to create a space of acceptance and understanding. Focus on greater community involvement and networking with other organizations and individuals who strive for the same goals as Raah through improving our social media standing. Continue our mission of Gender Sensitisation and working alongside the transgender community, providing them with the necessary resources through upcoming drives and courses.

OUR MENTOR: Dr. Swati Partani



Dr Swati Partani is heading Department of Child development at Maniben Nanavati Women's College. She believes in progressive change which makes this world a better place to live for all. Acceptance is the key! She has guided multiple research and social projects and RAAH is one of them to ensure equality in society

OUR ALUMNA: Ms. Glenda D'Silva



Our recent alumna Glenda D'silva a graduate of batch 2019-20. Her sheer dedication towards the transgender community have helped her enroute her path of service for the community. She started her journey to work for the Transgender community during her last year of B. A., she presented a research paper under the mentorship of Dr. Swati Partani (HOD Department Of Child Development). Through RAAH she carried out various activities and also made good contacts with the community members who seek our aid. She is now the Chapter lead for Bangalore city at Volunteer for India (India's first national youth volunteer network driven by U.S. Consulate In Chennai) she has been extensively working to gender sensitize the society about gender identities & about the community. She has also Collaborated RAAH & VFI while conducting multiple events and is working rigorously to support the Community in all possible ways and is working rigorously to support the Community in all possible ways.

OUR CORE TEAM: RAAH has never looked back and now with it's core team, it is working extensively towards empowerment and developing employment skills and even spreading awareness among parents of transgender children and the trans community .

1. Dr. Shital Parekh



Enthusiastic and focused volunteer of RAAH – Dr. Shital Parekh advocates for human rights and an inclusive world which is evident in her content. A determined person with a keen interest in inculcating ideas of equality as an important aspect of child development and wishes to focus on spreading awareness among parents.

2. Ms. Stuti Jhaveri



Creative and detail-oriented – Stuti Jhaveri primarily focuses on design and also contributes in content creation. She believes, with the love and support of the family one can be free and flourish in life and she hopes to make this a reality through RAAH

3. Ms. Kajal Jaiswal



Well -Adapted and good at Content marketing skills. Kajal Jaiswal, is an enthusiastic volunteer of RAAH who handles social media platforms. She is a strong believer of an inclusive society.

4. Ms. Gargee Kulkarni



Creative, ambitious and eager to make a change – Gargee Kulkarni is one of the dedicated core team members at RAAH. Apart from being an outspoken ally and advocate for equal rights for the trans community, she is also an excellent researcher, spokesperson and content creator. Hoping to help effect a positive impact through RAAH, she is a volunteer that is ready to help and act to the best of her abilities.

5. Ms. Esha Mardolkar



According to her, a girl is always compared to an angel, a boy is always compared to a bold character, then why not a transgender can be called as bold angelic person! Through RAAH she wants to bring a positive change in the thinking of transgender parents and youth. She

likes creativity and contributes to content creation. She is a core team member of RAAH who is ready to help in all the ways she can.

6. Ms. Komal Shah



Enthusiastic, hardworking and a kind hearted person- that's what defines Komal Shah. She has organised a number of donation drives for needy children and now, she is ready to take a move for the trans community through RAAH. She believes in an inclusive society in which everyone is given an equal status and opportunity irrespective of their background. She is more into creative writing and digital marketing as well as in content creation.

EVENTS (2019 - 2020)

DEPARTMENT OF CHILD DEVELOPMENT

RAAH INITIATIVE

ACTIVITY REPORT

YEAR: 2019-2020

NAME OF THE ACTIVITY: SKILL DEVELOPMENT PROGRAMME

DD/MM/YY: 3rd March, 2020

TARGET GROUP: Individuals from the Transgender Community

NAME OF FACULTY: Dr Swati Partani

No. of Beneficiaries: 2

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Professor of B.Design from Maniben Nanavati Women's College

Venue:Offline in Maniben Nanavati Women's College

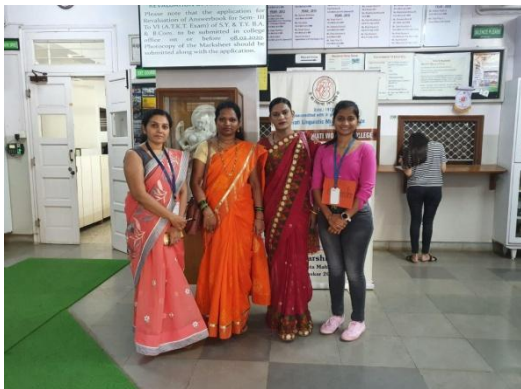
OBJECTIVES:-

- To empower members of the transgender community
- To inculcate important employable skills in members of the transgender community
- To train the members of the transgender community in craft skills.

METHODOLOGY: The 1st Skill Development Programme conducted by Raah developing skills of Block Printing and conducted by the teacher/professor of B.Design from Maniben Nanavati Women's College. It was attended by two individuals from the transgender community from reference of Shri Gauri Sawant.

OVERVIEW: The members of the transgender community left with proper knowledge in the craft of block printing and the efforts were a success.

Pictures of the event:



DEPARTMENT OF CHILD DEVELOPMENT

RAAH INITIATIVE

ACTIVITY REPORT

YEAR: 2019-2020

NAME OF THE ACTIVITY: LOCKDOWN: THINK. GROW. FLY

DD/MM/YY: 12th to 14th April, 2020.

TARGET GROUP: Youth

NAME OF FACULTY: Dr Swati Partani

NAME OF STUDENT: Glenda D silva

No. of Beneficiaries: 44 individuals registered, 21 participants responded with entries.

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Ms. Nishtha Nishant and Ms. Krupali Bidaye.

Venue: Online

OBJECTIVES:-

- To encourage imagination and creativity in the transgender community and it's allies.
- To inculcate free expression and thought in students.
- To create an awareness about the transgender community among youth through media familiar to them.



METHODOLOGY:A competition conducted by RAAH over the course of three days with the topic: Parents- My H2O. This event had 3 events namely; Spreading positivity- Make a meme competition, Strength of colours- Painting Competition, Power of word- Write a quote competition. There was no registration fee for this event and anyone from all over India was permitted to participate. The turnout was 44 individuals registered themselves from different states and 21 individuals sent their entries via email to the RAAH team. The judges for this event was Ms. Nishtha Nishant, an eminent transgender personality who works as a scientific

researcher at Lilac Insights in Mumbai and is a fellow at Keshav Suri Foundation & Ms. Krupali Bidaye who works in the Social Development sector as a Consultant working in areas of Social Inclusion, Program Communication and Gender and leads the Third 'I'- Trans and Hijra Empowerment initiative at Anam Prem. After the evaluation the results were announced on 21st April 2020 on RAAH's Facebook page and website. All participants and winners were provided with e-certificate through email. This event helped to know about their understanding for the transgender community and to allow them to express their creativity and thoughts in support of the community.


OVERVIEW: All participants and winners were provided with e-certificate through email. This event helped to know about their understanding for the transgender community and to allow them to express their creativity and thoughts in support of the community.

Winners of each competition:

- a. Spreading positivity- Make a meme competition:
 - 1st Place - Sonakshi Makwana, Mumbai.
 - 2nd Place - Heramb Rajaram Gangan-Maharshi Dayanand College, Parel.
 - 3rd Place - Shaikh Misbah-Smt. Maniben M.P. Shah College, Mumbai.
- b. Strength of colours- Painting Competition
 - 1st Place - Aditya Panchal- K.J.Somaiya Institute of Engineering and Information Technology, Mumbai.
 - 2nd Place - Belita D'Souza- Maniben Nanavati Women's College, Mumbai.
 - 3rd Place - Shruti Ganesh Puthran- Sathaye college, Mumbai.
 - Consolation Prize - Gauri Jaiswal- Mary Immaculate Girls High School, Mumbai.
- c. Power of word- Write a quote competition
 - 1st Place - Sonakshi Makwana, Mumbai.
 - 2nd Place - Shaikh Misbah-Smt. Maniben M.P. Shah College, Mumbai.
 - 3rd Place - Anukrati Jain- SNDT University, Mumbai.
 - Consolation Prize - Kajal Jaiswal- Maniben Nanavati Women's College, Mumbai.


 Maniben Nanavati Women's College
 &
 RAAH Initiative
 (Child Development Dept.)
 

Lockdown: Think. Grow. Fly



Join us for the 3days online competition on
Topic: Parents- My H2O
Happiness.Hope.Opportunity.
 An Initiative for parental support and awareness
 towards transgender community
 12th, 13th, 14th April 2020
 Contact
 email id raahmanzil@gmail.com
 Glenda D'Silva 9619379966


 Maniben Nanavati Women's College
 &
 RAAH Initiative
 (Child Development dept.)
 

Lockdown:Think.Grow.Fly.

The 5days Online Competitions are as follows:

12th April 2020 Spreading Positivity
 Make a Meme

13th April 2020 The strength of Colours
 Painting Competition



14th April 2020 Power of Word
 Write a Quote

Submission of work to be done at 11:00 pm on the day of
 competition
Entries to be sent on raahmanzil@gmail.com

Perks:
 *e-certificate will be provided to all
 *Judging will be based on Age Criteria
 *The work of the winners will be posted on our website and
 Facebook page.


contact:Glenda D'Silva 9619379966


SAMPLES OF E-CERTIFICATES:


 RAAH Initiative,
 Department of Child Development,
 Maniben Nanavati Women's College
 


Lockdown-Think.Grow.Fly

Certificate of Appreciation
 is awarded to
Sonakshi Makwana
 for participating
 in 'Strength of Colours- Painting Competition'
 on the Topic: Parents- My H2O
 held during the event Lockdown- Think.Grow.Fly
 from 12th to 14th April 2020.


 Dr. Swati Partani
 (HOD)



Our Website


 Dr. Rajshree Trivedi
 (Principal)


 RAAH Initiative,
 Department of Child Development,
 Maniben Nanavati Women's College
 

Lockdown-Think.Grow.Fly

Certificate of Appreciation
 is awarded to
Kajal Jaiswal
 for securing consolation prize
 in 'Power of Word- Write a quote Competition'
 on the Topic: Parents- My H2O
 held during the event Lockdown- Think.Grow.Fly
 from 12th to 14th April 2020.


 Dr. Swati Partani
 (HOD)



Our Website


 Dr. Rajshree Trivedi
 (Principal)



DEPARTMENT OF CHILD DEVELOPMENT

RAAH INITIATIVE

ACTIVITY REPORT

YEAR: 2019-2020

NAME OF THE ACTIVITY: PROJECT POSHAN

DD/MM/YY: 23rd April, 2020

TARGET GROUP: Persons from the Transgender Community

NAME OF FACULTY: Dr Swati Partani

NAME OF STUDENT: Glenda D silva

COLLABORATORS: RAAH with NGO Aashayein (Donation Partner) and Humsafar Trust and Aarju Foundation(Distribution Partner) & department of Foods and Nutrition

NO OF STUDENTS: 62

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Ms Shama Chavan (For Making Videos)

VENUE: Online

OBJECTIVES:-

- To provide nutritious meals to the HIV positive members of the transgender community during the pandemic
- To spread awareness among the transgender community about the importance of nutrition

METHODOLOGY:This project was initiated to provide nutritional packets to HIV positive patients of the transgender community. Funds were raised, and things like khajoor, mixed dry fruits, amla candy, peanuts- chikki, chyawanprash were provided in this pack. A total of 62 members of the transgender community afflicted by HIV received such pack. This was done with help from volunteers from Humsafar Trust - Aarohi and Santosh. Packs of Black Dates were also distributed to PLHIV Transgender individuals with our distribution partner Aarju Foundation. As a part of Project- Poshan, RAAH also made nutritious videos which are shared on our youtube channel, facebook as well as on the official RAAH website to help the community be fit and strengthen their immunity. These videos were contributed by Ms Shama Chavan, Faculty Dept Of Foods & Nutrition.

OVERVIEW: Through this Raah was able to contribute in a small way towards the betterment of the transgender community. Health is the foundation for any empowerment - hence, helping in fulfilling one of the most basic needs of the transgender community is essential and Raah took up the initiative to do so in it's own way and also attempted to make the community self-sufficient through instructive videos.

Donation Link: <https://forms.gle/xeSjc2ywZWShXunw9>

Maniben Nanavati Women's College
Project Poshan



We thank our distribution partners **Aarohi & Santosh** from **Humsafar** trust for helping us with distributing 62 nutritional kits to PLHIV as nutrition support

DEPARTMENT OF CHILD DEVELOPMENT

RAAH INITIATIVE

ACTIVITY REPORT

YEAR: 2019-2020

NAME OF THE ACTIVITY: AZADI KE LAFZ

DD/MM/YY: 15th August, 2021

TARGET GROUP: Members of the Transgender and LGBTQIA+ community, Youth, Adults.

NAME OF FACULTY: Dr Swati Partani

NAME OF STUDENT: Glenda D silva

COLLABORATORS: RAAH with Team Project Kinnarambh, Rotaract District 3141, Humsafar Trust, Rotaract Club of MVM.

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): members of the LGBTQIA+ community

Venue: Online

OBJECTIVES:

- To encourage freedom of speech among members of the transgender community.
- To empower members of the transgender community.
- To support the creativity of the members of the LGBTQIA+ community

METHODOLOGY: On the occasion of 73rd Independence day members of the LGBTQIA+ community were invited to speak and convey what freedom and independence means to them. This was an online event, we had in our midst the community members who spoke for 1 minute or less what freedom means to them. This event was conducted with the participation of many people. RAAH had the honor of working with Team Project Kinnarambh, Rotaract District 3141, Humsafar Trust, Rotaract Club of MVM among several others. There was support provided by the Principal of Maniben Nanavati Women's College, Dr. Rajshree Trivedi, Rtn. Sunnil Mehta, Rtn. Ravishekar Krishnaswami Sandeep Mane from

Humsafar Trust and Maya Awasthy. Participants included Anjali Sirova, Shreya Reddy, Reshma and Shape India Volunteers among many others.

OVERVIEW: It was amazing to hear all the participants without any language barrier. There were several participants who sent in their words and heartfelt expression of freedom through poems, speech and many more formats. There was plenty of creativity and the final video conveys the power of their words

Video: <https://www.youtube.com/watch?v=vGIxe1BDHZY>



DEPARTMENT OF CHILD DEVELOPMENT

RAAH INITIATIVE

ACTIVITY REPORT

YEAR: 2019-2020

NAME OF THE ACTIVITY: KAVACH CLOTHES DISTRIBUTION DRIVE

DD/MM/YY: 6th September, 2020

TARGET GROUP: Members of Transgender Community

NAME OF FACULTY: Dr Swati Partani

NAME OF THE STUDENT: Glenda D silva

COLLABORATORS: RAAH in collaboration with Rotaract Club of Andheri, Ekta Foundation (Donation Partner) and Ratna Nidhi Charitable Trust (Distribution Partner).

No. of Beneficiaries: 60

VENUE: Kapaswadi, Kalina East, Mumbai

OBJECTIVES: To benefit underprivileged transgender individuals by providing cloths to them.

METHODOLOGY: A clothes distribution drive conducted to provide clothing to members of the transgender community during the lockdown. A total of 60 members of the transgender community were provided clothes.

OVERVIEW: RAAH and it's partners in this drive believe in supporting self-expression hence, hope to have achieved their aims in this drive. The drive went smoothly with cooperation from our collaborating organisers.

Date:
8th September,
2020



CLOTHES
DISTRIBUTION
DRIVE



Donation Partner: Ratna
Nidhi Charitable Trust
Distribution Partner: Ekta
Foundation

RAAH IN
ASSOCIATION
WITH ROTARACT
CLUB OF ANDHERI

Ig - @raah_manzil
Fb - RAAH Manzil

DEPARTMENT OF CHILD DEVELOPMENT

RAAH INITIATIVE

ACTIVITY REPORT

YEAR: 2019-2020

NAME OF THE ACTIVITY: BEYOND GENDER: UNMASKING GENDER NORMS

DD/MM/YY: 20/11/20

TARGET GROUP: Youth.

NAME OF FACULTY: Dr Swati Partani & Ms Purna Ramteke

COLLABORATORS: RAAH in collaboration with Samatva Series: Equality for all and Women's Development Cell, Maniben Nanavati Women's College.

NO OF STUDENTS: 100

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Sachin aka Maya Urmi Aher (Founder of Tweet Foundation, Master Trainer of sex, sexuality & gender, SRS Surgery, Human and their fundamental rights)

VENUE: Zoom Meeting

TIME: 6:45-8:15pm

OBJECTIVES:

- To create awareness among the youth about the transgender identity.
- To make society more accepting of the transgender community.
- To help ensure the eradication of verbal and physical abuse that the transgender community is subjected to.

METHODOLOGY: A gender sensitization program was conducted during which the participants interacted with Maya and asked questions, learned more about the transgender

community and a thorough informative interview was also conducted by Ms. Glenda D'Silva and Dr. Swati Partani (Head of Department, Department of Child Development and Mentor at RAAH.

OVERVIEW: The session was an informative one wherein the audience was encouraged to interact with the speaker to gain a better understanding of the topic. The session not only educated the participants about the transgender identity but was particularly sensitizing as it brought out the perspective of a transgender individual.

Registration Form Link: <https://forms.gle/TmSezsfGa6B3GnjEA>

Feedback Form Link: <https://forms.gle/LEMQ4yYiVYy9VoV87>

Youtube Link: <https://youtu.be/b1wXYXR7hT4>

RAAH Initiative, Dept. of Child Development
In collaboration with Samatva series: Equality for all, Women Development Cell, Maniben Nanavati Women's college (Best College Award: 2018-19)
Beyond Gender: Unmasking Gender Norms
Speaker: **Sachin aka Maya Urmi Aher**
Founder of tweet foundation, Master Trainer of sex, sexuality & gender, SRS surgery, human & their fundamental rights
Date: 20/11/20
Time: 6:45pm sharp
Venue: zoom meeting
Meeting id: 6689263603
Paascode: RAAH

BEYOND GENDER: UNMASKING GENDER NORMS
Raah initiative, Department of Child Development in collaboration with Samatva under WDC, Maniben Nanavati Women's College
Date: November 20th, 2020 Time: 6:45-8:15pm.

SPEAKER
SACHIN AKA MAYA URMI AHER

DEPARTMENT OF CHILD DEVELOPMENT

RAAH INITIATIVE

ACTIVITY REPORT

YEAR: 2019-2020

NAME OF THE ACTIVITY: TRANS-JAN: A conversation with the members of the transgender community

DD/MM/YY: 22/11/21

TARGET GROUP: Allies of the Transgender Community and others who wish to understand and know more about the community.

NAME OF FACULTY: Dr Swati Partani

RAAH and Keshav Suri Foundation in association with Canada in India

NO OF ATTENDEES: 40

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Mr. Satvik, co-founder of Transmen Collective, Ms. Sridevi, Mumbai University's first transgender teacher and Ms. Sonakshi Makwana, a queer ally were invited as the speakers. Ms. Nishtha Nishant was the moderator.

VENUE: Zoom Meetings

TIME: 6:45 pm to 8:15 pm.

OBJECTIVES:

- To create awareness about the transgender community among the youth through a conversation with the members of the community itself.
- To help eradicate transphobia through educating the youth about the community.
- To sensitize the youth about the community to ensure a more equal space for

transgender individuals in the society.

METHODOLOGY: Mr. Satvik and Ms. Sridevi shared their personal stories and experiences, and Ms. Sonakshi shared her journey of being an ally. They provided information on various topics such as gender, sexuality, hormone replacement therapy, process of transitioning, etc. The participants cleared their doubts during the Question & Answer session.

OVERVIEW: The session was very informative as it had multiple members of the community sharing their perspectives. It was especially insightful because the speakers shared their personal experiences with the audience. The participants were encouraged to interact with the speakers to gain more clarity.

Registration Form Link: <https://forms.gle/dEgNqC4WtFBAEBDEA>

Feedback Form Link: <https://forms.gle/T7hc4yvyz7yCtVmsX6>

Youtube Link: <https://youtu.be/gqbYCZ7Am1I>



DEPARTMENT OF CHILD DEVELOPMENT

RAAH INITIATIVE

ACTIVITY REPORT

YEAR: 2020-2021

NAME OF THE ACTIVITY: ECLIPSING GENDER : Trans-forming Gender Norms

DD/MM/YY: 11/04/21

TARGET GROUP: Parents of transgender youth, Parents, Youth, Transgender Individuals

NAME OF FACULTY: Dr Swati Partani

COLLABORATORS: RAAH in collaboration with Volunteer For India

NO OF ATTENDEES: 26

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Ms. Aruna Desai and Mr. Atul Kumar of the Sweekar Rainbow Parent's Group

VENUE: Zoom Meetings

TIME: 6pm to 7.30 pm

OBJECTIVES:

- To sensitize parents about gender and their understanding of the transgender community
- To inform how parents can be effective allies to the community

- To provide parents with ways to support their children in the journey to understanding themselves
- To share resources which parents could visit to learn more about transgender youth and what steps they could take if they had a child who is transgender.
- To emphasise the importance of mental health and how LGBTQ+ affirmative counsellors can help in this journey for both parents and children.

METHODOLOGY: Raah actively participated in the promotion team for this event, making creative posts and actively engaging our social platforms for participation from parents and collecting questions from them prior to the event. Raah team members were also active participants in the events not only as a part of the audience but also as comperers and hosts.

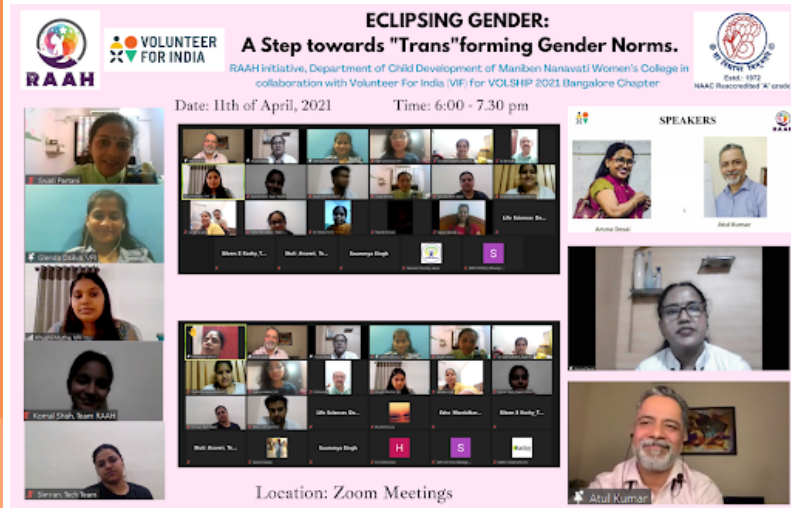
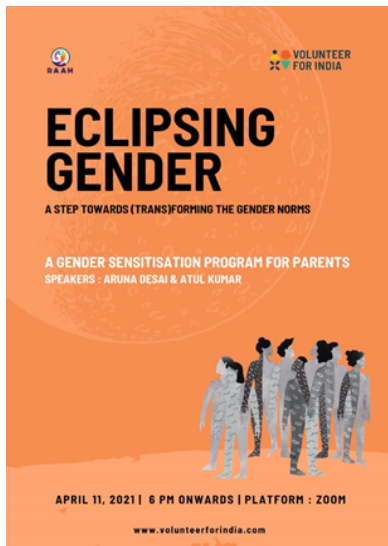
The speakers kindly shared anecdotes and advice, Aruna Desai Ma'am being the proud parent of a brilliant gay son and Atul Kumar Sir being the proud father of a successful transwoman. They also patiently reciprocated to numerous questions that were sent in from the audience and gave articulate and detailed answers in simple terms to each query.

OVERVIEW: They provided counsel on what resources could be accessed by parents and others alike to know more about the trans community. They helped the audience understand that a parent must acknowledge that there is nothing unnatural in their child, their child was born this way and that a parent's support can allow the child to reach their full potential as a person. They acknowledged the struggle that children go through when coming to terms with both their gender and sexual identity and explained the difference between the two. They emphasized on counselling and therapy for the parents and children from LGBTQIA+ friendly counsellors, both resources which their organization Sweekar Rainbow Parent's Group has available, Aruna Ma'am being one of the experienced counsellors.

Registration Link: <https://forms.gle/fpaBv6nG2w6rL5957>

Link of the Feedback form: <https://forms.gle/Ur4rTcnPJXgpmh8K8>

Youtube Link: <https://youtu.be/soZO8MeVWrQ>



DEPARTMENT OF CHILD DEVELOPMENT

RAAH INITIATIVE

ACTIVITY REPORT

YEAR: 2020-2021

NAME OF THE ACTIVITY: DECODING GENDER (Hint : It Isn't Binary)

DD/MM/YY: 18/04/21

TARGET GROUP: Youth / Young students from across the nation.

NAME OF FACULTY: Dr Swati Partani

COLLABORATORS: RAAH in collaboration with Volunteer For India

NO OF ATTENDEES: 38

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Ms. Kajal Makwana; a Psychologist, Queer Affirmative Therapist, Mental Health first aid trainer and Graphologist.

VENUE: Zoom Meetings

TIME: 6pm to 7.30 pm

OBJECTIVES:

- To raise awareness among the youth about the different gender identities
- To explain importance of respecting each gender identity
- To inculcate an understanding of which queer affirmative actions can be practiced to make everyday circumstances more queer-inclusive.

METHODOLOGY: In this program, with thorough understanding, the speaker gave techniques and easy methods to become an effective ally. As is with all the webinars and events organised by Raah, there was a highly interactive question and answer/discussion between the audience and the speaker.. Raah was actively involved in interaction, hosting and pre-event organising and coordination.

OVERVIEW: There were open discussions about the transgender community and the status they hold today in India, what is meant by “Gender Equality” in context of the 21st century perception, how the youth can work towards an inclusive and equal future were among other topics that were discussed - this effectively raised awareness and understanding of the audience present.

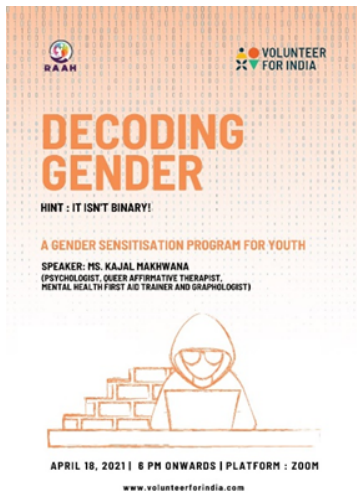
Registration Link:

<https://docs.google.com/forms/d/1ZoNhmCsRYTjgiIdhPE3SkZV3W97oQKUmBGbJCerpyMA/edit?usp=sharing>

Feedback Link:

https://docs.google.com/forms/d/e/1FAIpQLScxnvLOeWwxhCNgl_ZDSeBQIBuJrNn2bUOAk2a0iuvQA8jy3g/viewform?usp=sf_link

Youtube Link: <https://youtu.be/k6b-7EyTHxU>



DEPARTMENT OF CHILD DEVELOPMENT

RAAH INITIATIVE

ACTIVITY REPORT

YEAR: 2020-21

NAME OF THE ACTIVITY: GENDER AFFIRMATIVE SURGERIES : An overview

DD/MM/YY: 25/04/21

TARGET GROUP: Members of the transgender community

NAME OF FACULTY: Dr. Swati Partani

COLLABORATORS: RAAH in collaboration with Volunteer For India.

NO OF ATTENDEES : 35

SPEAKER/RESOURCE PERSON (WITH DESIGNATION):Dr. Sanjay Sharma; CEO & Managing Director of ATHI, Board Member of WPATH and Mental Health Advisor at RAAH

VENUE: Zoom Meetings

TIME: 6pm to 7.30 pm

OBJECTIVES: To focus on providing information about the gender affirming surgical procedure for transgender individuals.

METHODOLOGY: Dr. Sharma carefully explained different terms essential to understand the surgical procedures involved in transitioning. He explained how different parts of the body are dealt with and operated to provide the transgender individual with the greatest satisfaction about their body. Dr. Sharma was extremely happy with the conducting of the event, especially Raah's contributions and wishes to have future, more fruitful collaborations.

OVERVIEW: Through this event the members of the transgender community present were able to understand the process of gender affirmative surgeries in India and how they can reach out to Raah and ATHI to seek help for the same. It also managed to raise awareness among other cisgender attendees present, including students of Maniben Nanavati Women's College.

Registration Link:

<https://forms.gle/s1DKYckkUYASwTio7>

Feedback Link:

https://docs.google.com/forms/d/e/1FAIpQLSf_kMSYwcs2DW56ehck7DQM9FdDg7EmNlSQY8biqxxz3Ytc0w/viewform

Youtube Link: <https://youtu.be/k6b-7EyTHxU>



GENDER AFFIRMING SURGICAL INTERVENTIONS: AN OVERVIEW

A WEBINAR TO SPREAD AWARENESS AMONG TRANS PERSONS ABOUT THE SURGERY, ITS PROS & CONS, AND AVAILABLE FACILITIES.

SPEAKER:
AIR COMDE (DR) SANJAY SHARMA (RETD)
(CEO & MANAGING DIRECTOR, ASSOCIATION FOR TRANSGENDER HEALTH IN INDIA- ATH BOARD MEMBER WPATH & MEDICAL HEALTH ADVISOR AT RAAH)

APRIL 25, 2021 | 6 PM ONWARDS | PLATFORM : ZOOM | OPEN TO ALL



WWW.VOLUNTEERFORINDIA.COM



RAAH

GENDER AFFIRMATIVE SURGERIES

An Overview

RAAH Initiative, Department of Child Development of Maniben Nanavati Women's College in collaboration with Volunteer For India, VFI for VOLSHIP 2021 Bangalore Chapter

Date: Sunday, 25th April 2021
Time: 6 pm - 7.50 pm



VOLUNTEER FOR INDIA



Khushi Mutha - VFI

Guest Speaker



Dr. Sanjay Sharma



Rudra (He/rim) Team



Zidan, VFI (he/him)



Gargee Kulkarni (s...)



DEPARTMENT OF CHILD DEVELOPMENT

RAAH INITIATIVE

ACTIVITY REPORT

YEAR: 2021 - 22

NAME OF THE ACTIVITY: RATION DISTRIBUTION DRIVE

DD/MM/YY: 22nd June, 2021

TARGET GROUP: 20

NAME OF FACULTY: Dr. Swati Partani

NO OF STUDENTS: 3

COLLABORATORS:RAAH in collaboration with Mukul Madhav Foundation, Finolex Pipes, Volunteer For India, Kathir, Women's Graduate Union, Vishwa Sindhi Seva Sangam

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Adv Gauri Chhabaria & Dr Rajshree Trivedi

VENUE: Maniben Nanavati Womens College

TIME : 2:30 PM onwards

OBJECTIVES:

- To benefit underprivileged transgender individuals by providing ration kits to them.
- To support small businesses by purchasing goods from them.

METHODOLOGY:

The event was coordinated by Adv. Gauri Chhabria (President, Women's Graduate Union), Dr. Rajeshree Trivedi (Principal, Maniben Nanavati Women's College) and Dr. Swati Partani (HOD, Child Development, MNWC).

All the beneficiaries arrived at Maniben Nanavati Women's College. Members of the Raah team received them and checked their Aadhaar Cards. Once, all the beneficiaries and dignitaries were present at the venue, Dr. Rajshree Trivedi greeted everyone and welcomed the beneficiaries. Then Adv. Gauri Chhabria addressed everyone. She informed everyone that the items for the ration kits were bought from those whose business has been suffering a loss in the pandemic. Hence, this event has helped both the providers and the receivers. The ration kits were then distributed among the beneficiaries. Ration kits, each kit sufficient for 4

individuals were distributed to transgender beneficiaries. Each kit contained 18kgs of basic grocery items like rice, dal, oil, etc. as well as personal hygiene items such as soaps and masks

OVERVIEW:

Team Raah distributed the ration kits in interest of the nutritional needs of the transgender community and helped to empower the transgender during the pandemic. The small businesses were also benefited with the help of the larger organizations collaborating with us.

The poster features logos at the top for Sree Narayana Guru, RAAH, Mukul Madhav Foundation, FinOlex Pipes, Kathir, and Volunteer for India. The central text reads: **RAAH INITIATIVE**, Maniben Nanavati Women's College, Awarded Best College 2018-1019, Affiliated to SNDT Women's University, in collaboration with **MUKUL MADHAV FOUNDATION & FINOLEX PIPES**. It lists the Chief Coordinator as **ADV GAURI CHHABRIA**, President, WGU, and the Principal as **DR. RAJSHREE TRIVEDI**, MNWC. The event is titled **"Give with Dignity"** and is the **Distribution of Ration Kits to benefit Transgender Individuals**, scheduled for **22nd June | Tuesday | 2:30pm**.

This poster includes the same logos and text as the first poster, but with three photographs showing the distribution process. The top photo shows a group of people standing outdoors with bags of supplies. The bottom-left photo shows people at a table with a 'COVID' sign. The bottom-right photo shows a group of people sitting at a table, possibly receiving or organizing the kits.

DEPARTMENT OF CHILD DEVELOPMENT

RAAH INITIATIVE

ACTIVITY REPORT

YEAR: 2021 - 22

NAME OF THE ACTIVITY: HYGIENE KIT DISTRIBUTION DRIVE

DD/MM/YY: 10th July 2021

TARGET GROUP: 20

NAME OF FACULTY: Dr. Swati Partani

NO OF STUDENTS: 3

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): RAAH in collaboration
Volunteer For India, Kathir,

VENUE: Maniben Nanavati Womens College

TIME : 1 PM

OBJECTIVES:

- To support transgender individuals in need by providing hygiene kits to them.
- To ensure the safety of transgender individuals during the pandemic.
- To support small businesses by purchasing goods from them.

METHODOLOGY:

In this subsequent distribution drive, a group of people arrived from the transgender community - as representatives from the same group from the prior drive (refer above - Ration Kit Distribution Drive). Dr. Rajeshree Trivedi (Principal, Maniben Nanavati Women's College) and Dr. Swati Partani (HOD, Child Development, MNWC) greeted all those present and distributed hygiene kits to the representatives. The kits contained: Masks, sanitiser bottles, organic soaps, hand towels and tissue papers.

OVERVIEW:

Team RAAH took the initiative to provide transgenders a Hygiene kit. Team RAAH tried their best to know transgender in a deep understanding by taking their interview. Then there was a fruitful discussion and interview session between Dr. Swati Partani and the representatives before everyone dispersed for the day.



DEPARTMENT OF CHILD DEVELOPMENT

RAAH INITIATIVE

ACTIVITY REPORT

YEAR: 2021-22

NAME OF THE ACTIVITY: A HELPING HAND - RATION DISTRIBUTION

DD/MM/YY: 2nd November, 2021

TARGET GROUP: 1 member of the transgender community (**Ms. Rose Shaikh**)

NAME OF FACULTY: Dr. Swati Partani

NO OF STUDENTS: 3

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Dr. Swati Partani, RAAH Mentor

VENUE: Pritam Society, Santacruz

TIME: 10:40 AM

OBJECTIVES:

- To give nutritious raw food products to Ms. Rose Shaikh
- To support Ms. Rose Shaikh, a member of the transgender community, during an unfortunate time.

METHODOLOGY:

Team RAAH took the initiative to provide a talented transgender actress, Ms. Rose Shaikh a ration kit. Her building was undergoing a demolition which was leading to eviction and difficulty in gathering resources. She collected the ration from the core team members of Raah.

OVERVIEW:

Team RAAH took the initiative to provide a talented transgender actress, Ms. Rose Shaikh a ration kit. Team RAAH tried their best in providing her some aid by collecting adequate ration.

The ration was given to her of Rs. 1240, included: 3 kilograms Rice, 3kg wheat flour, I kg tur dal, 1 kg moong dal, I kg masoor dal, I kg sugar, I kg salt, I litre cooking sunflower oil, 500 gms poha, 500 gms Rava, 250 gms Red chilli powder, 250 gms Haldi powder, 250 gms urad dal, papad, 250 gms tea powder, 2 pkt Biscuits, 2 soaps, 4 face masks and 1 bag.

Video Link: https://youtu.be/0M8pot3_gQE





Nation's Pride

Public Social Organization

Regd. No. G.B.B.S.D 1394 / 2018

28th January, 2019

To,
The Principal,
M.N.W. College,
Vile Parle (West),
Mumbai-400054

Subject: Letter of Appreciation.

Respected Madam,

I am pleased to inform you that the students from the Department of **Sociology** from your college have successfully completed the extension work in our community centre located at the Dongarpada, Andheri West, Mumbai from 20th to 28th February 2018. The activities included teaching grammar, crafts, cleanliness, modes of transportations, tables, finger puppets, good touch and bad touch and Swatchhata. The students also presented a skit on all days on the importance of education inculcating values of truth, respect and morality amongst the children.

The sessions lasted for 2 hours daily by a group of student's everyday during this period.

I heartily appreciate the student's involvement and look forward for more contribution from the students and the college.

Yours sincerely,
For NATION'S PRIDE,


Chairman

Office : Ground Floor, Abid Hussain House,
M.K. Pada, Gaon Devi Dongri, Cama Road,
Cama Road, Andheri, (West)
Mumbai - 400 058.

+91 9082979394 / +91 9987003786

Email: nationspride@gmail.com

nation's pride public social organisation

www.nationspride.com

nation's pride public social organisation

nation's pride public social organisation

AIDS AWARENESS RALLY



It has become a necessity in this era to make people aware of what actually AIDS is! It has become something that people usually hide or avoid telling it to other with the fear that they might get restricted from all the provisions provided. Our NCC cadets took an initiative in the form of rally to at least make others understand that 'disease should be hated and not the diseased'

Date:	1 st Dec 2019
Held By:	Battalion
Total Strength: 43 Cadets	4 CDT FROM MANIBEN NANAVATI WOMEN'S COLLEGE CPL ARCHANA CHAURASIYA CDT DIVYA TIWARI CDT LAXMI DUBEY CDT SHIVANI KESHARVANI
Resource Person	C.T.O Minakshi Vishwakarma & Ex-Seniors



Rajshree P. Trivedi

Dr. (Mrs). Rajshree P. Trivedi
Principal
Maniben Nanavati Women's College,
Vile Parle (West), Mumbai - 400 056.

PULSE POLIO CAMPAIGN



While volunteering the Pulse Polio immunisation we learned how to give vaccination to the children under the age of five years against the polio virus and the procedure of how to conduct the campaign.

Date:	18th September 2017
Held By:	Social activity from BMC
Total Strength: 22 Cadets	3 CDT FROM NANAVATI WOMEN'S COLLEGE CQMS SAKINA KHAN CDT RUCHITA SAWANT CDT ARCHANA CHAURASIYA
Resource Person	C.T.O Minakshi Vishwakarma & BMC Lady Tejashree Ma'am

☆

Rajshree P. Trivedi

**Dr. (Mrs). Rajshree P. Trivedi
Principal**

Maniben Nanavati Women's College,
Vile Parle (West), Mumbai - 400 056.

EXTENSION ACTIVITIES CARRIED OUT BY YOUTH RED CROSS, ROTARACT, & NSS UNIT OF MANIBEN NANAVATI WOMEN'S COLLEGE

Name of the activity: #EcoBrickChallenge

DD/MM/YY: 20.9.2020

No of the Participants: 45

Event Details: **45 NSS Volunteers of Maniben Nanavati Women's College** attended the “**ECO BRICK CHALLENGE WEBINAR**” on the 20th September, 2020. The webinar was organized by Indian Red Cross Society, Maharashtra State Branch and **Youth Red Cross** in collaboration with the NSS Cell. This challenge was explained by Dr. Subhajt Mukherjee, Founder of “Mission Green Mumbai” and “Jal Shakti Abhiyan” with a help of a video that showed how the challenge has to be completed and the benefits of this challenge was explained to the volunteers, after the webinar the volunteers were motivated and wanted to do the challenge that was given to them. The Volunteers were successful and completed the **#ECOBRIKCHALLENGE**.



NSS UNIT OF

MANIBEN NANAVATI WOMEN'S COLLEGE, MUMBAI

Best College Award 2018 – 19

AFFILIATED TO SNTD WOMEN'S UNIVERSITY, MUMBAI

#EcoBrickChallenge



NAME OF THE ACTIVITY: Rally on 'Hepatitis B' by students at Nehru Nagar

DD/MM/YY: 21.12.2019

No. of Participants: 44

Event Details: Rally on Hepatitis B was conducted by NSS Volunteers with Ms. Janet Joseph from United Way Mumbai from college to Nehru Nagar.



Rally on 'Hepatitis B' was carried out at Nehru nagar by NSS UNIT MNWC & United Way Of Mumbai on 21st December 2019 by 44 NSS volunteers under the scheme Social Awareness.

NAME OF THE ACTIVITY: Anti-Drug Addiction Rally

DD/MM/YY: 03.10.17

No. Of Participants: 02

Event Details: A rally was organized by SNDT University to show support and spread the message of, "Say No to Drugs' ', among the youth of today. Face Painting was also organized for the volunteers who came from all affiliated colleges. The chief guest was a retired politician and the police-in chief also attended the program. The rally ended at Gateway of India. The rally was attended by 2 volunteers from our college.



Anti-Drug Addiction Rally was organized by SNDTWU on 3rd October 2017. Event was attended by 2 students under the scheme of social awareness

NAME OF THE ACTIVITY: Organ Donation Camp organized by Rotary Club of Bombay Airport- 3141

DD/MM/YY: 20·8 .2017

No of Participants: 13

Objectives:

- 1] To spread awareness among students about the importance of Organ Donation
- 2] To guide the students to work as volunteers for Organ Donation
- 3] To make people aware about the importance of Organ Donation

Pre Campaign: The volunteers were briefed about the Organ Donation Awareness Camp at Vile Parle [W] railway station by the Rotary Club volunteers present, on 20th August, 2017.

On the event day: On 20th August, 13 volunteers reached Vile Parle Railway Station in the morning. They were briefed by the other volunteers of Rotary Club about the Organ Donation Awareness Camp. The volunteers were guided to interact with the passengers traveling on the station. Volunteers then dispersed in the different areas of Vile Parle(w) Station and started counseling the passengers to fill the forms for organ donation .The people passing by were willingly filling the form, this form was also filled by the volunteers who volunteered. The President of Rotary, Ujwal Andhari encouraged the volunteers. Almost 80 forms were filled by the passengers using the railway bridge.





Organ Donation Camp was organized by Rotary Club of Bombay Airport- 3141 on 20th August 2017, attended by 13 students under the health scheme.

Name of the event: FACTS & MYTHS ABOUT WORLD AIDS DAY

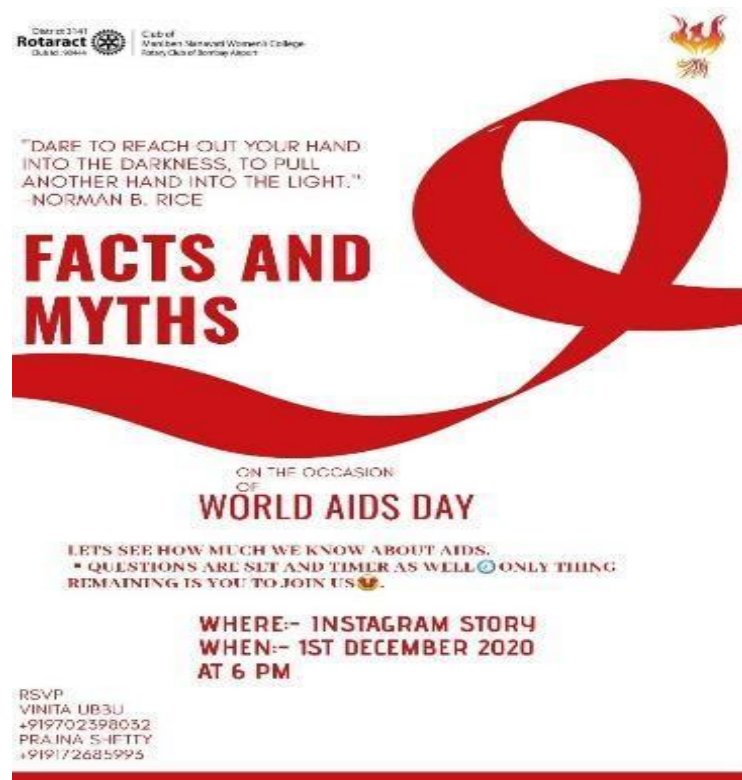
DD/MM/YY: 1.12 2020

Timings: 6.00 PM - 7.00 PM

No Of Students Participated: 141

No Of Teacher Participated: 1

Online event – Zoom



Brief Overview of the Event

On World Aids Day our club's team came up with an idea to have a facts & myths Q&A on our club's Instagram story where each and every one can participate and can come to know what are the myths & facts of AIDS and how much everyone is aware about that. A time limit was given & at the end of the day we came up with responses from everyone.

NAME OF THE ACTIVITY: Talk on Female Sexual Health And Hygiene

DD/MM/YY: 11.7.2017

No of Participants:105

Event Details: The guest lecture was conducted by Dr.Ankesh Sahitya (M.B.B.S., DNB,DGD,FCPS) from Inner Wheel Club of Bombay Airport, on female sexual health and hygiene Dr. Ankesh Sahitya was trained at the Walia Maternity Hospital, a very renowned children hospital at Parel. He is a consulting obstetrician and a gynecologist. He practices at Oshiwara Maternity and children hospital and is also a private practitioner.

It was an informative as well as communicative session about female sexual health and hygiene. In our daily life, it is very important to maintain proper health and hygiene which will lead to a normal healthy life.. He enlightened and guided the students on various general issues faced by women especially the gynecological. He shared his diverse knowledge about female health. He clarified many queries and doubts which students asked him. The issues related to menstrual cycle and sexual health were discussed. Thus, it was an informative and beneficial talk. 105 volunteers attended the talks.



NAME OF THE ACTIVITY: Pinkathon on Breast cancer awareness at BKC

DD/MM/YY: 16.12.18

No. of Participants: 16

Event Details: The NSS volunteers took part in Pinkathon, a run for the cause of Health of Women, organized by Milind Soman and sponsored by Bajaj Electricals, Tata and Polo along with NSS P.O and a team member.



Pinkathon on Breast cancer awareness at BKC by Milind Soman and sponsored by Bajaj Electricals, Tata and Polo along with NSS P.O and a team member on 16th December 2018 attended by 16 Nss volunteers under the scheme health.

NAME OF THE ACTIVITY: Medical Camp for Rubella vaccination

DD/MM/YY: 8-9. 2017

No of Participants: 31

Event Details: Medical Camp for Rubella vaccination was organized for students by the Inner Wheel Club of Bombay Airport 3141 on 8th September 2017. 31 NSS volunteers got vaccinated



Medical Camp for Rubella vaccination was organized by 31 students of Inner Wheel Club of Bombay airport 3141 on 8th September 2017,students got vaccinated under the Health scheme.

NAME OF THE ACTIVITY: Juhu Beach Clean Up Drive organized by Rotaract Club

DD/MM/YY: 20.09.2018

No. of Participants: 15

Objective: To clean the Ganesh idol's parts that reach the shore and create an awareness to use eco-friendly idols.

Event Details: The event began at 7:15 AM when 15 NSS volunteers met at the Juhu Beach area near Ramada Plaza. After the distribution of gloves and baskets the volunteers began to pick garlands, idol's broken parts, cloth pieces and plastic bags that were at the shore. Small fishes were found dead at the shore, they collected these fishes separately. After cleaning, the garbage was put in the van and sent to landfills.



Juhu Beach Cleaning activity was conducted at Juhu Beach attended by the Rotaract Club on 20th September 2018 by 15 NSS volunteers under the scheme Swacch Bharat Abhiyan.

NAME OF THE ACTIVITY: Blood Donation Camp

DD/MM/YY: 19.06.2019

No. of Participants: 02

- 1] To spread awareness among People about the importance of Blood Donation
- 2] To guide the students to work as volunteers for Blood Donation
- 3] To help the society by volunteering for this cause

On the event day: On 19th June, 02 NSS volunteers reached the location selected by the organizers. This was a massive rally to promote Blood Donation all over Mumbai. This awareness rally was organized by The Federation of Bombay Blood Banks which is a self supporting non-profit organization. The main aim of this awareness rally was to make people aware how important it is to donate blood and save lives. This rally was organized so that people would take part whole heartedly on the World Blood Donors Day which is on 14th June.



Blood Donation Awareness rally was conducted by Nair Hospital & M. L. Dahanukar College on 19th June 2019 attended by 2 Nss Volunteers under the scheme health.

Name of the event: Health Check up

Date: 20th December 2015

No. of Participants: 87

Objectives:

1. To ensure the good health of the Students coming from different Strata of the society.
2. To spread awareness among the students about good health.

Pre Campaign: The students are informed about the blood checkup before one week and consent forms are distributed among the students and they are expected to get consent of their parents for the blood test.

On the event day :On 20th December with the help of Inner wheel club of Bombay Airport 87 students were screened for blood test i.e. for Anemia and Blood group. Around 100 people had come for the test, they were first screened by the doctors, where the students were sent for the blood checkup, on the other side. Ms DakshaPandit gave general information to students on What is Hemoglobin? What is Blood Group? What is the normal Hemoglobin Level? She also mentors students who were afraid of the blood test.



Medical check up organized on 20 Dec,2015, attended by 87 students under the Health Scheme.

Name of the activity : CPR Awareness Programme

Date/Month/year : 23rd August 2019

Target group : First Year Degree College students (B.A, B.Com, BAFI, BMS)

Organizers name : Members of the



Innerwheel Club of Bombay Airport



Speaker (s) name : Ms. Sumaiya Raghavan, Mr. Anand Shrivastav and Ms, Wilma D' Souza

Place of activity : Room no 3.1 MNWC

No of Volunteers who attended / participated : 94 students , 3 teachers

Activity details : A CPR Awareness programme was organized by the Innerwheel club of Bombay Airport in collaboration with the NSS Cell on 23rd August 2019. Ms. Sumaiya Raghavan, Mr. Anand Shrivastav and Ms, Wilma D' Souza were the speakers for the programme from Holy Family Hospital, Bandra (w). The program commenced at 10:40 am in room no 3.1 for the First Year Degree college students. A powerpoint presentation was screened which highlighted important information on CPR, making the students aware of how and when to perform CPR on an individual when he/ she is in dire need of it. The session was very interactive conducted by the resource persons , Ms. Sumaiya and Mr. Anand. A short demonstration on how to perform CPR and how to use the AED Machine (shock machine) was given by the resource persons. A Resusci Anne (CPR Dummy) was used to perform CPR. The students were then told about the places where they could get hold of the AED machine in Mumbai. A few students volunteered to perform CPR on the CPR Dummy with the help of the resource persons. The session ended with questions from the students which were answered by the resource persons – Ms. Sumaiya and Mr. Anand. The session ended at 12:00 pm with a Vote of Thanks given by Dr. Swati Partani, followed by the felicitation ceremony where the resource persons – Ms. Sumaiya, Mr. Anand and Ms. Wilma were presented with tokens of appreciation.

Name of the event: Cerebral Palsy Awareness Program

Date: 3.10.2016

Resource person: The program was presided over by a panel of esteemed, experienced and renowned doctors from the IACP organisation:

- a) Dr. Rujuta Mehta, a consultant Paediatric, Orthopaedic & Paediatric Surgeon associated with Nanavati, Jaslok & Shushruta Hospitals, and H.O.D. of Paediatric Orthopaedic at B .J. Wadia Hospital
- b) Dr. Atul Bhaskar, an Ortho Surgeon & National Coordinator of IACP, attached to BSES, Surya, Cooper, and Bombay & Hiranandani Hospitals.
- c) Dr. Ankita Hegde, National Coordinator of IACP.
- d) Dr. Asha Chitnis, IACP Secretary of IACP.
- e) Dr. Preeti Galvankar, H.O.D. OF Obstetric Gynaecology at Dr. Balabhai Nanavati Hospital, consultant at L& T Medical Centre, Founder member of Bhavan's SPARC group.
- f) Dr. Ashish Parthikar, Paediatrician, associated with BSES & Astha Hospital, dealing in Pre & Post natal care.
- g) Dr. Urmila Kamat, Paediatric therapist, Head of Physiotherapy dept. Wadia Children's Hospital, Director of Prerna Paediatric Rehabilitation Centre & Consultant at Neoplus Criticare Hospital.

Cerebral Palsy Awareness Program organised by NSS& IQAC in collaboration with the Indian Association Of Cerebral Palsy, on 3rd October, 2016 which is the, "National CP Day". The theme of the organization, this year is, "Happy Healthy Mother & Happy Healthy Child".

Overview

The teams approach was – Treatment, Strategies and Inventions, Signs to watch in physical development of child, early signs of CP and care and precautions. The main goal of the program was to create awareness among the youth about ways of reducing disability cases among people and this was done through a series of talks given by the eminent doctors. They covered the following areas:

- a) Reasons, types and problems of Cerebral palsy
- b) Pre & Antenatal care, types of check-up's for mothers & different Tests to be done.
- c) Pregnancy related care and precautions, vaccinations prior to pregnancy like Rubella, medicines like Folic acid supplements, calcium tablets etc. And diet details
- d) Ways of taking care of newly born childlike maintaining warmth, first feed, weaning time, diet and child vaccination.

The detailed and informative program was to motivate the NSS volunteers to carry forward the noble cause of IACP organization to the masses especially at the chosen camp site through various activities like giving verbal pointers backed by relevant charts, skits and placards carrying messages with visuals. The program was attended by 120 NSS volunteers.



Cerebral Palsy Awareness Program attended by 120 NSS volunteers on 3rd October, 2016

Tree Plantation Drive

Date : 06/02/2020

Name of the Speaker : Mr. Subhajit Mukherjee

Time: 03:25 pm to 05:00 pm

Place of Activity: SHED Virthan Burduk (Sapale)

No. of volunteers who attended or participated: 46

Objectives :-

- To promote the importance of Tree plantation and Water conservation among students.
- To create awareness ,encourage and educate the students about protection of the environment and tree plantation.

Activity details: -

The session was conducted on the topic of Tree Plantation and Water Conservation by Mr. Subhajit Mukherjee , founder of Mission Green Mumbai, from 3:25 pm to 5:00 pm .The talk was followed by a tree plantation drive. Mr. Subhajit Mukherjee guided the students in planting 20 saplings at the camp site , SHED Virathan Budruk (Saphale). He instructed the students to put dry leaves in the hole which will accumulate water and become decomposable product for the plant in future. He also asked to dig 1.4 feet of hole to plant trees. The students participated in this activity keeping the mind the main motto to save the environment and showed a lot of enthusiasm during this activity.

Tree Plantation Drive



Name of the event: Govt. Voter ID Awareness Campaign

Date: 03.08.16

No of the participants: 100

3 BMC Police Officers Mr. Suryakant Thale, Mr. Dilip Lavate and Mr. Avinash Dhivare from 161 Vile Parle Assembly came to college and conducted the Voter ID awareness Campaign. They gave detailed information about the form filling procedure of Form 6, 7 & 8 through PPT presentation. They also explained the relevance of Voter ID Card for Government purposes, for passport making and jobs. They clarified that 18 years and above can fill in the forms and need to submit correct documents as proof like Aadhar Card, change in address proof, light bills etc. & emphasized on the importance of voting. The program was attended by more than 100 students and forms were distributed to the students.



Govt. Voter ID Awareness Campaign attended by 100 students on 3rd August, 2016

Name of the event: Talk on, “Disaster Management”

Date: 13.1.2018

No of the Participants: 50

Objective: To educate students about the techniques which can be used when there is a natural disaster.

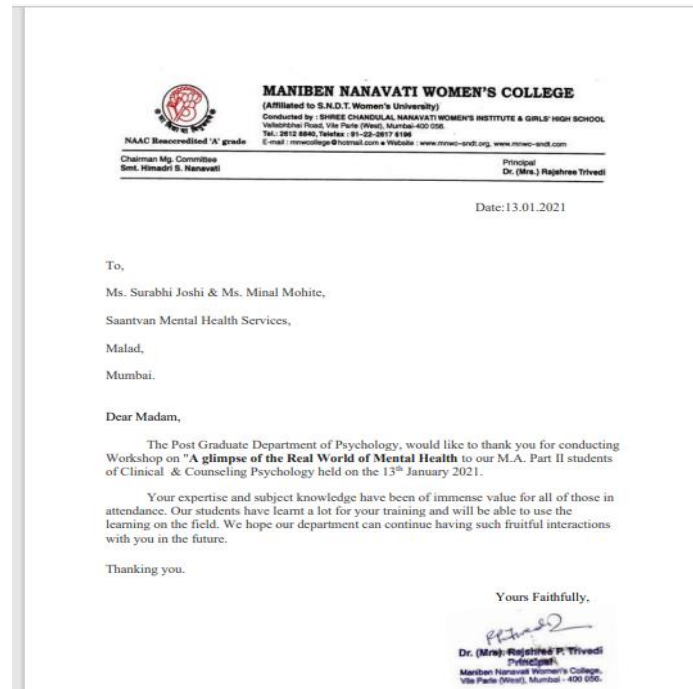
An informative talk was given by Dr. A Gopalkrishnan on various Natural Disaster that occur like fire, floods, cyclones, earthquakes, volcanic eruption and tsunami. He also spoke of the irresponsibility shown by public during such situations. Then he informed about the precautions and prevention methods like during earthquakes like people should stand near the pillar of the building and hold on to strong things so that they don't fall and in case of fire people should move as fast away from fire as possible because smoke is more harmful than fire itself. 50 NSS Volunteers attended the talk.



P.G PSYCHOLOGY STUDENT CENTRIC METHODS:

EXPERIENTIAL LEARNING:

Workshop on "A GLIMPSE ON REAL WORLD OF MENTAL HEALTH"-13.01.2021



The image is a blue and white announcement poster for a workshop. It features the college's logo and name at the top, followed by its address and accreditation details. The main text announces a workshop on "A Glimpse of the Real World of Mental Health" for MA II students in 2020-2021. It lists the guest speakers as Ms. Surabhi Joshi & Ms. Minal Mohite, founder of Saantvan Mental Health Services. The date is 13th January 2021 and the mode is online.

MANIBEN NANAVATI WOMEN'S COLLEGE
VALLABHBHAI ROAD, VILE PARLE (W),
MAHARASHTRA-400056
AWARDED BEST COLLEGE 2018-2019
NAAC RE-ACCREDITED "A"
DEPARTMENT OF PSYCHOLOGY
(POST-GRADUATE SECTION)

ANNOUNCES WORKSHOP ON
"A Glimpse of the Real World of
Mental Health" for
MA II students (2020-2021)

Guest speakers: - Ms. Surabhi Joshi &
Ms. Minal Mohite
(Founder of Saantvan Mental Health Services)

Date: 13th January 2021
Mode: Online



MANIBEN NANVATI WOMENS COLLEGE

DEPT OF P.G. PSYCHOLOGY.

ACTIVITY REPORT FORMAT

YEAR: 2020-21

NAME OF THE ACTIVITY: Workshop- A glimpse of the Real world of Mental Health.

DD/MM/YY: 13/01/21 TARGET GROUP: MA II

NAME OF FACULTY: Dr. Anuja Deshpande.

NO OF STUDENTS: 55

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Ms. Surabhi Joshi & Ms. Mind Mahite, Founder of Saantvan Mental Health Services.

VENUE: Online- Zoom. TIME: 1:30pm.

OBJECTIVES:
To make students aware about the market scenario in the real world practice

METHODOLOGY: Interactive session & Experiential Method.

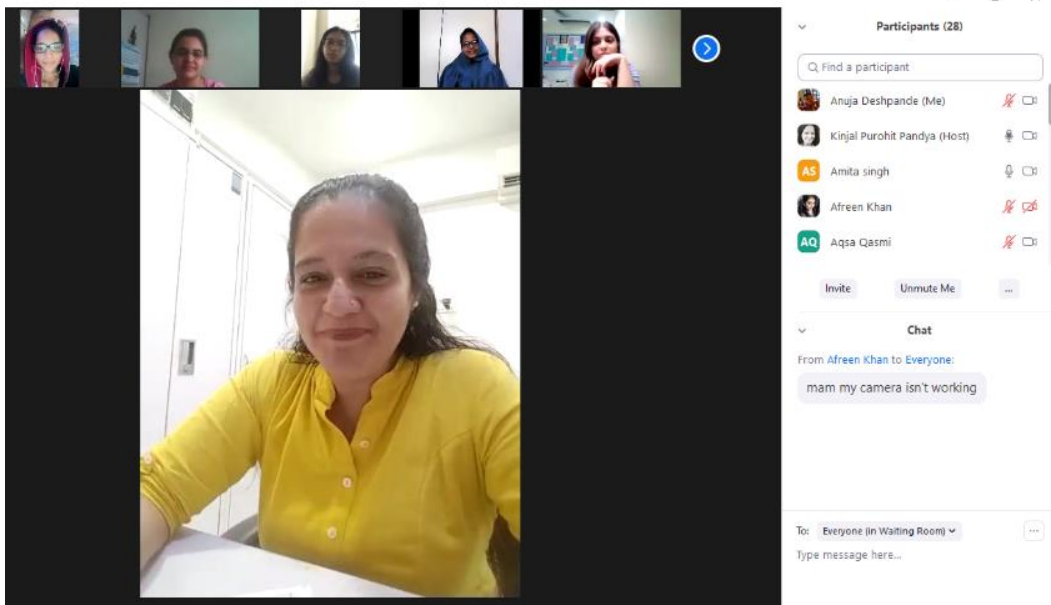
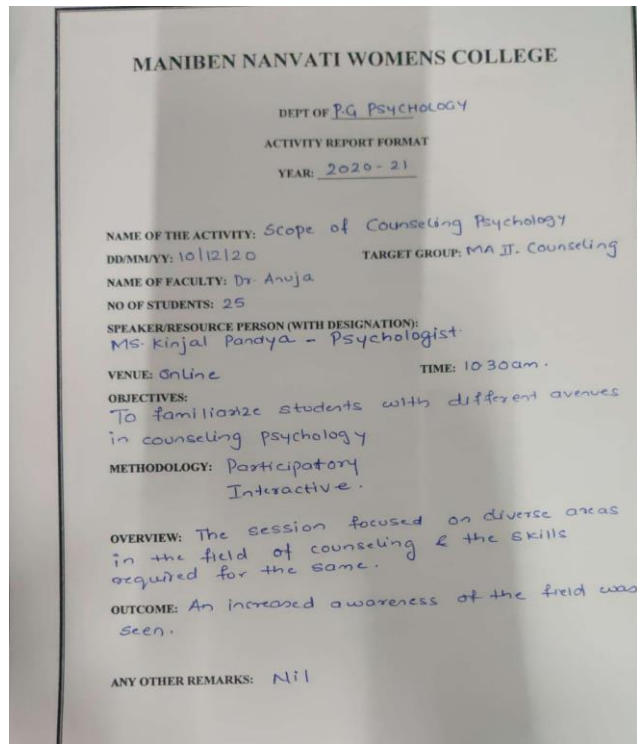
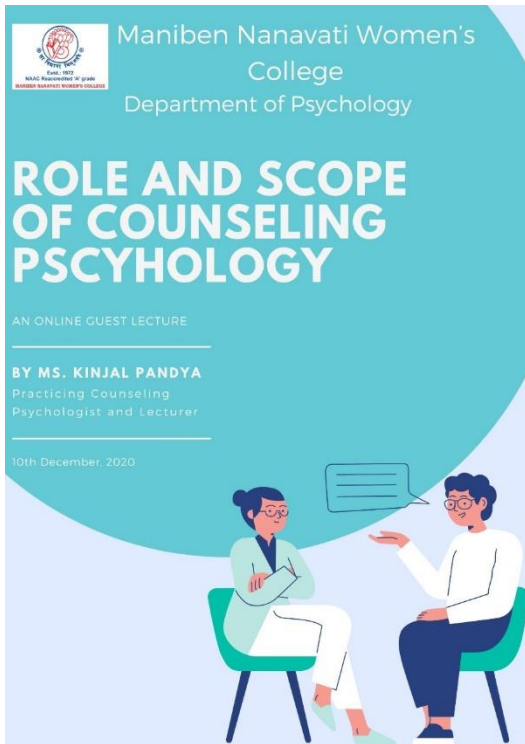
OVERVIEW: The speakers made the students comfortable by engaging them in various activities to make them aware & experience openness in understanding.

OUTCOME: The students learnt about the practicing scenario in the real world.

ANY OTHER REMARKS:
Students expressed to have more experiential based activities, in their learning.

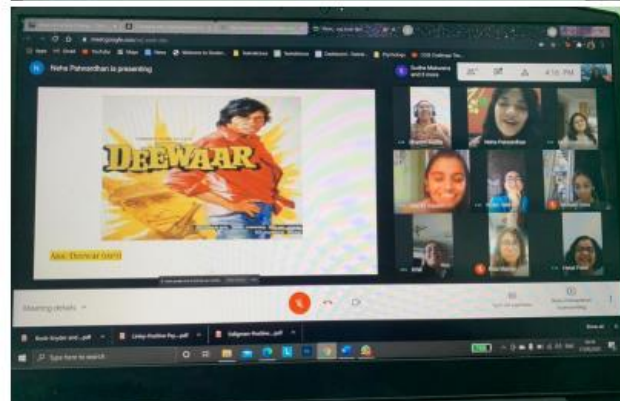
PARTICIPATORY LEARNING

Talk on Scope of Counselling Psychology by Ms. Kinjal Pandya on 10.12.2020 for MA II Counselling Students.



PROBLEM SOLVING :

FIELD- PROJECT



CASE STUDY

Simulated Case 6- MNWC MA Psychology 12.05.2021

Based on the Case given Below write a detailed Case History, MSE , Tests recommended, Case Conceptualization and a detailed therapy plan with techniques/ skills that could be used.

BM, is a 24-year-old female from a conservative Gujarati Family. She currently resides with her parents and younger brother. Her relation with her parents was reported to be strained. She reported good relation with her brother and extended family BM came as a self-referral for emotional concerns. She reported to feel very irritable, anxious and in March 2020. She came for counseling in May 2021 and mentioned initially about self-confidence issues. She also mentioned she needed some skills to do well at an interview.

She seemed intelligent and was able to verbalize her need very well. She was very well groomed and gave good eye contact. She had good attention and concentration. She mostly spoke In English and Hindi and was coherent. Her mood did seem dysthymic in the first session and affect was appropriate.

BM was born in Gujarat, soon after that her family migrated to Tanzania and she completed her primary schooling there. The family came back to India when she was in her 5th grade. She reported that she really liked coming back to India. BM reported that she had a very happy childhood, had many friends and also loved spending time with cousins. She reported being an average student in school. She reported being happy go lucky and not being bothered about grades or performance in school. The client reported that post her 11th grade she became serious about studies. She did well in her 12th grade and further pursued B. Tech in Electronics and telecommunication. She further did one-year specialized course in semiconductor technology from Hyderabad, which she completed in early March 2020.

Since the first lockdown she has come back home and since then her symptoms started appearing. She noticed that she was irritable most of the time, would start crying at small things and also found it very difficult to sleep. She had recurrent thoughts of her being not good enough and that she would land up a failure. She reported this to her mother, however her mother at that time said it is due to Covid period and said 'as time passes things will get better.' This caused strain in their relationship as she felt 'no one understands me'. She meanwhile took up a project for her training institute and was in charge of supervising interns. She was also looking at taking up a full-time job. However, she was unable to get a job in the location and the terms she wanted. Looking at her classmates getting her job, made her start questioning her abilities. In the session post the history taking session she reported her mood had deteriorated and she was again becoming as bad as she was in March 2020. She also reported more strain with her parents and she had lost appetite and sleep. Currently, she also reported frequent passive suicidal thoughts. The parents reported being very worried for her as she has stopped talking to them and has also stopped eating properly.

MANIBEN NANVATI WOMENS COLLEGE

**DEPT OF Child Development
ACTIVITY REPORT
YEAR: 2020-21**

NAME OF THE ACTIVITY: Extension activity: Story telling for MMC children

DD/MM/YY: 21/11/2020

TARGET GROUP: Children from MMC

NAME OF FACULTY: DR Swati Partani

NO OF STUDENTS: 3

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): -

VENUE: Whats app Video Call

TIME: 30 minutes

OBJECTIVES: To enrich the experiences of underprivileged children during pandemic

To instil the sense of responsibility among students for the society

METHODOLOGY: Experiential

OVERVIEW: Due to lack of resources, children from Mumbai Mobile Creche whose parents were not educated were refrained from the early experiences. Students of Child development department volunteered to take part in the story telling sessions for these children on whats app call, engaging them meaningfully.

OUTCOME: Children from the MMC collaboration benefitted with this activity along with the students of CD dept to use their skills of story telling in the digital form



Swati Partani <swati.partani@mnwc.edu.in>

Thank you for your association in our 11th Book Week!

4 messages

Swati Baid <education@mmcmail.org.in>
To: swati.partani@mnwc.edu.in
Cc: Vrushali Naik <daycare@mmcmail.org>

Tue, Nov 24, 2020 at 12:09 PM

Dear Swati Mam,
Greetings from MMC!

Just a small note to thank you so much for partnering with us on the occasion of our 11th Book Week and giving this wonderful opportunity to our children to be introduced to your wonderful story telling and the world it opens up for them! This year has been different than the usual for all of us but the excitement of our children was no different. Our children were very excited for an online story telling session and enjoyed the session with your students.

Three students Tasmiya Kazi, Shital Parekh and Sana Makhnoja from Maniben Nanavati Women's College had associated with our children on the 21st November for an online story telling session for our children. Tasmiya and Shita conducted two sessions each with different centres for approximately 30 minutes each and Sana conducted one session for the same duration. All three of them were well prepared and our children had an amazing experience with each one of them. I really wish to compliment the college for encouraging their students to participate in such activities. We look forward to further association as well.

We thank each one of them once again for taking time out from your busy schedule to open up new vistas for them. It would be great if you can visit our Facebook page and "like" our page, which will help to spread the word around!

It was possible for us to commemorate this occasion only with your whole hearted support!

Regards,
Swati



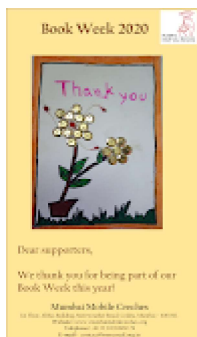
Swati Baid
Education officer
Mobile: +91 7045599210 | Board: +91 22 22020869 / 79
Email: education@mmcmail.org.in
Website: mumbaimobilecreches.org
[Facebook](#) | [Twitter](#) | [YouTube](#)
<https://goo.gl/maps/vzbFayYz7iK2>

Mumbai Mobile Creches

1st Floor, Abbas Building [Mereweather Road](#), Colaba, Mumbai – 400 001

CIN: U80101MH2006NPL164821

Book Week 2020- Thank you card 6.png
1593K



Swati Partani <swati.partani@mnwc.edu.in>
 To: Swati Baid <education@mmcmail.org.in>

Tue, Nov 24, 2020 at 12:25 PM

Dear Seating,
 Thank you for your email, this is second year in a row, association for the book week from department of Child Development, Maniben Nanavati Women's College.
 We thank Mumbai Mobile crèche for giving opportunity to our students to reach small children from MMC.
 Will appreciate if you can share some pictures of the activity conducted.
 Thank you once again!
 Warm Regards

[Quoted text hidden]

Swati Baid <education@mmcmail.org.in>
 To: Swati Partani <swati.partani@mnwc.edu.in>
 Cc: Vrushali Naik <daycare@mmcmail.org>

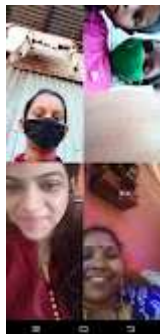
Tue, Nov 24, 2020 at 4:51 PM

Dear Swati Mam,
 Please find some of the screen shots taken by our teachers during the sessions of Shital, Sana and Tasmiya.

Thanks once again to the Department of Child Development, Maniben Nanavati Women's College

Warm regards,
 [Quoted text hidden]
 [Quoted text hidden]

8 attachments



IMG-20201121-WA0021.jpg
 61K

IMG-20201121-WA0025.jpg
 99K



IMG-20201121-WA0040.jpg
59K



IMG-20201121-WA0043.jpg
74K



IMG-20201121-WA0046.jpg
54K



WhatsApp Image 2020-11-24 at 16.45.09.jpeg
66K

WhatsApp Image 2020-11-24 at 16.45.10.jpeg
65K



IMG-20201121-WA0026.jpg
70K

Swati Partani <swati.partani@mnwc.edu.in>
To: Swati Baid <education@mmcmail.org.in>
Cc: Vrushi Naik <daycare@mmcmail.org>

Tue, Nov 24, 2020 at 5:34 PM

Thanks a lot for sharing.
[Quoted text hidden]

DEPARTMENT OF CHILD DEVELOPMENT

RAAH INITIATIVE

ACTIVITY REPORT

YEAR: 2019-2020

NAME OF THE ACTIVITY: AZADI KE LAFZ

DD/MM/YY: 15th August, 2021

TARGET GROUP: Members of the Transgender and LGBTQIA+ community, Youth, Adults.

NAME OF FACULTY: Dr Swati Partani

NO OF STUDENTS: 5

COLLABORATION: RAAH with Team Project Kinnarambh, Rotaract District 3141, Humsafar Trust, Rotaract Club of MVM.

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): members of the LGBTQIA+ community

Venue: Online

OBJECTIVES:

- To encourage freedom of speech among members of the transgender community.
- To empower members of the transgender community.
- To support the creativity of the members of the LGBTQIA+ community

METHODOLOGY: On the occasion of 73rd Independence day members of the LGBTQIA+ community were invited to speak and convey what freedom and independence means to them. This was an online event, we had in our midst the community members who spoke for 1 minute or less what freedom means to them. This event was conducted with the participation of many people. RAAH had the honor of working with Team Project Kinnarambh, Rotaract District 3141, Humsafar Trust, Rotaract Club of MVM among several others. There was support provided by the Principal of Maniben Nanavati Women's College, Dr. Rajshree Trivedi, Rtn. Sunnil Mehta, Rtn. Ravishekar Krishnaswami Sandeep Mane from Humsafar Trust and Maya Awasthy. Participants included Anjali Siroya, Shreya Reddy, Reshma and Shape India Volunteers among many others.

OVERVIEW: It was amazing to hear all the participants without any language barrier. There were several participants who sent in their words and heartfelt expression of freedom through poems, speech and many more formats. There was plenty of creativity and the final video conveys the power of their words

Video: <https://www.youtube.com/watch?v=vGIxe1BDHZY>

AAH Estd.: 1972 C Reaccredited 'A' c

AAH RAAH initiative, Dept. of Child Development
Maniben Nanavati Women's College in
Collaboration with Project- KINNARRAMBH
Rotray District 3141

Rotary District 3141
Rotary Opens Opportunities
Vision 2020
Beyond the Ordinary

Azadi Ke Lafz
I Quote my words of Freedom
Theme: My Thoughts, My Freedom

Rtr. Glenda D'silva

Shreya Reddy

Anjali Sirova



MANIBEN NANAVATI WOMEN'S COLLEGE

DEPT OF CHILD DEVELOPMENT

ACTIVITY REPORT

YEAR: 2020-2021

NAME OF THE ACTIVITY: BEYOND GENDER (Unmasking Gender Norms)

DD/MM/YY: 20/11/20

TARGET GROUP: College students

NAME OF FACULTY: Dr. Swati Partani

NO OF STUDENTS: 103

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Ms. Maya Urmi Aher, a social activist

VENUE: Zoom Meetings

TIME: 6:45-8:15pm

OBJECTIVES:

- To create awareness among the youth about the transgender identity.
- To make society more accepting of the transgender community.
- To help ensure the eradication of verbal and physical abuse that the transgender community is subjected to.

METHODOLOGY: The methodology used was Participative.

OVERVIEW:

RAAH initiative, Department of Child Development in collaboration with SMATVA under WDC, Maniben Nanavati Women's College organized this gender sensitization program. This program was conducted on 20th of November, from 6:45-8:15pm, which is also observed as the Transgender Day of Remembrance. The program was conducted online through the Zoom application and about 103 students participated.

The aim of the program was to make our society more accepting of the transgender community through educating the citizens about the transgender identity. To help achieve this aim, Ms. Maya Urmi Aher, a social activist, was invited as the guest speaker. Ms. Maya provided information on various concepts such as sex, gender and sexuality. The speaker also informed the audience specifically about the transgender identity, wherein themes like- the experience of being a transgender, the process of transitioning, etc were covered. The speaker also, very graciously, answered the queries the audience had about her personal experiences and the subject in general and kept the session interactive throughout.

OUTCOME:

The session was an informative one wherein the audience was encouraged to interact with the speaker to gain a better understanding of the topic. The session not only educated the participants about the transgender identity but was particularly sensitizing as it brought out the perspective of a transgender individual.





Raah Initiative,
Dept. of Child Development
In collaboration with
Samatva series: Equality for all,
Women Development Cell,
Maniben Nanavati Women's college
(Best College Award: 2018-19)



Beyond Gender:

Unmasking Gender Norms



Speaker:
Sachin aka Maya Urmi Ahire

**Join us for the
gender sensitization programme**

Date: 20/11/20

Time: 6:45pm sharp.

Venue : Zoom Meeting

Meeting id: 6689263603

Paascode: RAAH





Raah <raahmanzil@gmail.com>

Invitation to sensitize youth "Beyond Gender: Unmasking gender norms"

2 messages

Swati Partani <swati.partani@mnwc.edu.in> 20 November 2020 at 12:50
To: Mayatweet0903@gmail.com, Wdc@mnwc.edu.in, mnwcmail@mnwc.edu.in, Raah Humsafar <raahmanzil@gmail.com>, cdmnwc@gmail.com

Dear Sachin aka Maya Urmi Aher,
It's our immense pleasure to invite you to deliver a talk on Beyond Gender: Unmasking gender norms, a Gender sensitization programme. This programme is conducted by RAAH Initiative, Department of Child Development In Collaboration with Samatva Series: Equality for all, under Women's Development Cell, Maniben Nanavati Women's College.
This programme will be conducted on Zoom Platform on 20th November, 2020 at 6:45 pm, Thursday. Looking forward to having you with us in the evening and enriching the youth with your expertise.
Thank you so much
Warm regards

--
Dr Swati Partani
HOD & Asst Professor,
Department of Child Development,
Maniben Nanavati Women's College,
Mumbai.g the

Maya Urmi Aher <mayatweet0903@gmail.com> 20 November 2020 at 15:02
To: Swati Partani <swati.partani@mnwc.edu.in>
Cc: Wdc@mnwc.edu.in, mnwcmail@mnwc.edu.in, Raah Humsafar <raahmanzil@gmail.com>, cdmnwc@gmail.com

Dear madam

Thanks alot for giving me this opportunity where I have been asked to share my information about gender n talk on topic beyond gender.

Request you to please send me Zoom link so tht I can login on time.

[Quoted text hidden]

Timestamp	Name of the student
20/11/2020 20:04:09	Nousheen Abdul Syed
20/11/2020 20:04:17	Zuverya Momin
20/11/2020 20:04:35	Racheal Johnson
20/11/2020 20:04:39	Maseera Qureshi
20/11/2020 20:04:41	Shaikh Rukhsar Abdul ku
20/11/2020 20:04:42	Janhavi Moreker
20/11/2020 20:04:45	Saba Shaikh Shafi
20/11/2020 20:04:49	Crystal D'souza
20/11/2020 20:04:50	Ayesha petiwala
20/11/2020 20:04:52	Mital Shah
20/11/2020 20:04:54	Pooja Panchal
20/11/2020 20:04:55	Jashman Kaur Chandok
20/11/2020 20:05:12	Simran chabra
20/11/2020 20:05:12	Sylvia sequeira
20/11/2020 20:05:20	Komal shah
20/11/2020 20:05:22	Sarah Dantas
20/11/2020 20:05:24	Juee gotle
20/11/2020 20:05:27	Rishita kanabar
20/11/2020 20:05:29	Haziqa antulay
20/11/2020 20:05:35	Sharvi Agarkar
20/11/2020 20:05:36	Vaishnavi Ghogale
20/11/2020 20:05:37	Lubna Mansuri
20/11/2020 20:05:50	Esha Mardolkar
20/11/2020 20:05:50	Shruti Doshi
20/11/2020 20:05:51	Yashvi Hitesh Mehta
20/11/2020 20:05:54	Muskan khan
20/11/2020 20:05:58	Rekha Thakur
20/11/2020 20:06:29	Vidhi Atul Shah
20/11/2020 20:06:36	Shaikh Sabila khatoon
20/11/2020 20:06:40	Archana Baitalik
20/11/2020 20:06:40	Qafiya sayed
20/11/2020 20:06:42	Zainab S khan
20/11/2020 20:06:53	Sapna
20/11/2020 20:06:54	Pratiksha wadekar
20/11/2020 20:06:59	GAURI KHANOLKAR
20/11/2020 20:07:02	Qariba Shaikh
20/11/2020 20:07:04	Gulfiza khanam
20/11/2020 20:07:09	Sana Afreen Saifi
20/11/2020 20:07:12	Siddhi Yadav
20/11/2020 20:07:28	Rhutvi shah
20/11/2020 20:07:41	Jessica Andrews
20/11/2020 20:07:45	Simran Dsouza
20/11/2020 20:08:03	Aisha khan
20/11/2020 20:08:08	Hazel Noronha
20/11/2020 20:08:11	Palak Shah

Timestamp	Name of the student
20/11/2020 20:08:25	Ashvi Kapadia
20/11/2020 20:08:28	Parveen Shaikh
20/11/2020 20:08:57	Dimple Parmar
20/11/2020 20:09:00	Vanessa V Baptista
20/11/2020 20:09:11	Heena imran khan
20/11/2020 20:09:25	Namrata Gole
20/11/2020 20:09:43	Astrid Fernandes
20/11/2020 20:09:55	Gargee Kulkarni
20/11/2020 20:10:16	Ayesha Mistry
20/11/2020 20:10:28	Saniya salema
20/11/2020 20:10:30	Tanvi k. Bhavsar.
20/11/2020 20:11:10	Divya Tiwari
20/11/2020 20:11:37	Sadiya Barudgar
20/11/2020 20:11:54	AMORSHI KUNDU
20/11/2020 20:13:17	Khan aqsa
20/11/2020 20:14:02	Fouziya shaikh
20/11/2020 20:14:04	Bhoomi Bhateya
20/11/2020 20:14:15	Raktima Sarkar
20/11/2020 20:15:07	Laiba Anis Jatu
20/11/2020 20:15:23	Fatima Khan
20/11/2020 20:16:30	Devika Pandey
20/11/2020 20:16:35	Sunidhi Singh
20/11/2020 20:18:26	kinjal sharma
20/11/2020 20:20:08	Sadaf yunus khan
20/11/2020 20:22:17	Dhruvika vora
20/11/2020 20:22:47	Priyanka Talesara
20/11/2020 20:29:48	Fwinkle Chauhan
20/11/2020 20:31:46	Nidhi shah
20/11/2020 20:32:25	Sarah Lakdawala
20/11/2020 20:32:53	Aisha Budhani
20/11/2020 20:33:26	Sana khan
20/11/2020 20:36:36	Palak Lilaker
20/11/2020 20:37:46	Zehrah Batul Bhati
20/11/2020 20:39:11	Rinku sant
20/11/2020 20:46:31	Meera
20/11/2020 20:49:31	Riya Waghela
20/11/2020 21:01:05	Pooja Vora
20/11/2020 21:02:02	Yarsopem Yangya
20/11/2020 21:04:16	Kriti Chopra Chopra
20/11/2020 21:06:42	Aafia Anees Artianawala
20/11/2020 21:14:59	Shahin Shaikh
20/11/2020 21:18:22	Ruqaiya

Timestamp	Name of the student
20/11/2020 21:24:47	Madiha hamidani
20/11/2020 21:33:08	Disha Chabhadia
20/11/2020 21:37:19	Hurraien
20/11/2020 21:38:27	Sumaiyya Husain Saleh
20/11/2020 21:58:20	Naushin parween
20/11/2020 22:00:24	Shamin
20/11/2020 22:24:36	Madeeha Penwala
20/11/2020 22:41:29	Mushkan Quazi
21/11/2020 05:34:00	Thanuseya Nadar
21/11/2020 06:54:25	Jacinta
21/11/2020 09:08:59	Saloni Haldankar
21/11/2020 10:33:47	Ekta Ganesh parmar
21/11/2020 10:35:04	ayesha wadekar
21/11/2020 11:05:35	Purva Bapat
21/11/2020 12:58:38	Shaikh tuba bano salim ja
21/11/2020 13:12:22	Kareena Verma



MANIBEN NANAVATI WOMEN'S COLLEGE

DEPT OF CHILD DEVELOPMENT

ACTIVITY REPORT

YEAR: 2020-2021

NAME OF THE ACTIVITY: **DECODING GENDER (Hint: It isn't binary)**

DD/MM/YY: 18/04/21 TARGET GROUP: Young students

NAME OF FACULTY: Dr. Swati Partani

NO OF STUDENTS: 26

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Ms. Kajal Makwana; a Psychologist, Queer Affirmative Therapist, Mental Health first aid trainer and Graphologist.

VENUE: Zoom Meetings

TIME: 6pm to 7.30pm

OBJECTIVES:

- 1.** To educate the youth on the importance of understanding gender and different gender identities.
- 2.** To inform them about the transgender and non-binary communities.
- 3.** To lay emphasis on promoting and practicing queer affirmative actions.

METHODOLOGY: The methodology used was Participative.

OVERVIEW:

Volunteer For India (VFI) for VOLSHIP 2021 Bangalore Chapter in collaboration with RAAH initiative, Department of Child Development of Maniben Nanavati Women's College organised the webinar titled "DECODING GENDER (Hint: It isn't binary)" on gender sensitization and education of the youth regarding gender identities. The program was conducted on 18th of April, 2021, from 6pm to 7.30pm. The program was conducted online through the Zoom application and about 38 participants were present. The program was also broadcast live on the Facebook page of Volunteer for India. The esteemed speaker present for this program was Ms. Kajal Makwana; a Psychologist, Queer Affirmative Therapist, Mental Health first aid trainer and Graphologist. She is also one of the core and founding members of Volunteer for India.

The main aim of the program was to educate the youth on gender identities, gender expression and how to maintain a queer and trans* affirmative environment. The program had an incredibly interactive format, with the City Leaders for VOLSHIP 2021 addressing questions gathered from youth and audience prior to the event. The speaker Ms. Kajal Makwana very patiently answered each and every question posed to her. She explained the difference between the binary outlook society is conditioned to and the non-binary reality of gender. She highlighted how “trans*” was an umbrella term and the asterisk above it denoted inclusion of more gender identities than presumed by society. There was explanation about the concept of personal pronouns and preferred names and how they form an important part of a person’s identity that must be accepted and respected. She explained that the space to understand one’s gender identity has been kept quite limited up till now by societal norms that force labels on individuals, but we must take the time to explore and figure out our identity, we must break beyond the conditioning and learning we have done from societal stereotypes.

She also offered counsel on how to be an effective ally. Two important statements were made during the program. Firstly, she stated that “Unlearning, Relearning, Understanding and Actively Practicing” were the key steps in which there could be a change in the narrative for the LGBTQIA+ community. Then, Ms. Makwana also spoke to the audience of a model she devised herself of “ABC for Allies” in which A – Asking personal pronouns and preferred name, B – Breaking Boxes (labels and stereotypes we assign presumptuously) and C – Commitment to supporting, advocating for and actively affirming the community. She also emphasized that “Bodies do not equate to sexuality, sexuality does not equate to gender expression, which does not equate to the relationships a person may be a part of”

She spoke of how trans folk who live in transphobic environments must ensure their safety first, before trying to educate others, since it is essential that their life is secure before they can truly bring about a change. She suggested online support, connecting to the community, therapy, research for alternative safety resources and organisation that can help and aid the trans community as solutions to such an adverse condition.

There was active participation and interaction from the audience. There were open discussions about the trans* community and the status they hold today in India, what is meant by “Gender Equality” in context of the 21st century perception, how the youth can work towards an inclusive and equal future were among other topics that were discussed when the audience was allowed to freely ask their questions.

The session was regarded with a general consensus as very informative and enjoyable. The vote of thanks given at 7.20 pm by a RAAH volunteer closed the ceremony.

Role of RAAH: Our Contributions

RAAH initiative, Department of Child Development of Maniben Nanavati Women’s College eagerly collaborated in this webinar by Volunteers for India.

We gathered the audience for this webinar alongside the City Leaders from Volunteers for India and we also prepared and gathered the list of questions from youth prior to the webinar.

Prior to the event our volunteers consistently promoted the webinar through personalised and creative posts on our Facebook and Instagram pages and personal WhatsApp messages to

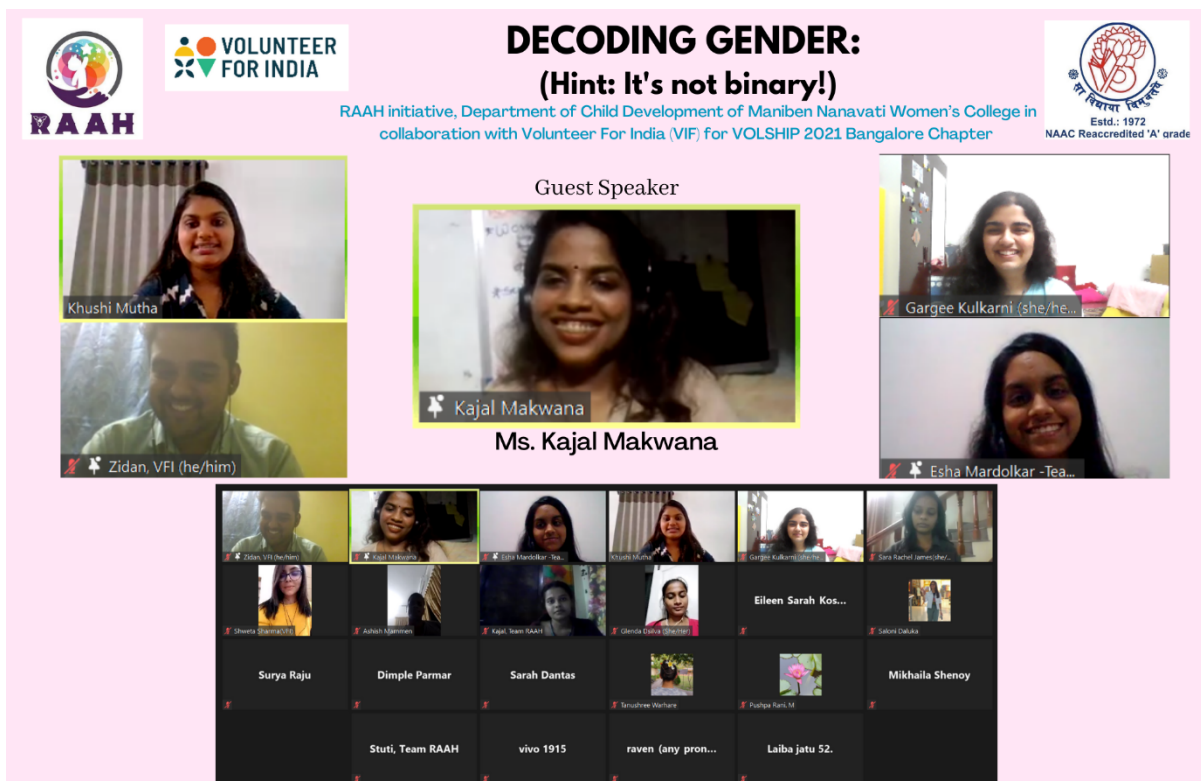
complete the two tasks formerly mentioned. We remained in touch via e-mail with the members from Volunteers for India to ensure effective collaboration for the event.

During the event, our volunteers were a proud part of the technical team to ensure smooth operation of the webinar. Two of our volunteers also participated in hosting/compering for the webinar; asking the esteemed speaker questions during the Question-and-Answer Session and proposing the Vote of Thanks to close the program.

OUTCOME:

The session was thoroughly informative and well organised. The participants expressed their gratitude towards the collaborating organisations for such an informative program. The message of the event was clearly understood by each of the participants in this incredibly interactive program. Through this event, each of the objectives mentioned above were acknowledged and successfully implemented. There were numerous topics and issues covered regarding gender identity, ensuring a queer affirmative and gender-neutral environment as frequently as possible and taking necessary steps to promote a more inclusive future. With this, there was a well-orchestrated, interesting and insightful webinar, made possible through cooperative collaboration, a brilliant audience and an experienced, knowledgeable speaker.

The pictorial report/representation in format of a collage for the event is given below.





Raah <raahmanzil@gmail.com>

VOLUNTEER FOR INDIA- DECODING GENDER (Hint: It isn't Binary!)

1 message

khushi@volunteerforindia.com <khushi@volunteerforindia.com>
To: raahmanzil@gmail.com

27 April 2021 at 23:59

Dear Team RAAH,

We are grateful to work with you for the 2nd online gender sensitisation program for youth themed - DECODING GENDER (Hint: It isn't Binary!). We thank you for helping us with the pre-decided questions, moments of the session and PR.

We seek to work with you ahead.

Thank you.

Please find the attached links:

Feedback:

<https://docs.google.com/forms/d/1ZoNhmCsRYTjgiLdhPE3SkZV3W97oQKUmBGbJCerpyMA/edit?usp=sharing>

Entries:

https://docs.google.com/spreadsheets/d/1OIAfEME5wzdcPAREK6zF1i7vW3Qg5u_bkYXAsPHuD-U/edit?usp=sharing

Presentation:

https://docs.google.com/presentation/d/1fFahp2BEoYpJ8cGP_W3wMOBexbvGAf5yIglVp5Bk3A/edit?usp=sharing

Regards,
Khushi Mutha & Glenda D'silva,
Leaders, Bangalore City



MANIBEN NANAVATI WOMEN'S COLLEGE

DEPT OF CHILD DEVELOPMENT

ACTIVITY REPORT

YEAR: 2021-2022

NAME OF THE ACTIVITY: ECLIPSING GENDER: A Step towards "Trans"forming Gender Norms.

DD/MM/YY:11th of April, 2021

TARGET GROUP: Parents of transgender persons, parents of MNWC students, other youth.

NAME OF FACULTY: Dr. Swati Partani

NO OF STUDENTS: 27

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Ms. Aruna Desai and Mr. Atul Kumar of the Sweekar Rainbow Parent's Group.

VENUE: Zoom Meetings

TIME: 6pm to 7.30pm.

OBJECTIVES:

1. To sensitize parents about gender and improve their understanding regarding the trans community.
2. To inform parents how they can support their children and become an effective ally to the community.
3. To lay emphasis on ensuring the children's happiness and mental health.

METHODOLOGY: The methodology used was Participative.

OVERVIEW:

RAAH initiative, Department of Child Development of Maniben Nanavati Women's College in collaboration with Volunteer For India (VIF) for VOLSHIP 2021 Bangalore Chapter organised the webinar titled "ECLIPSING GENDER: A Step towards "Trans"forming Gender Norms" on gender sensitization aimed towards parents, especially parents of transgender children. The program was conducted on 11th of April, 2021, from 6pm to 7.30pm. The program was conducted online through the Zoom application and about 26 participants were present. The program was also broadcast live on the Facebook page of Volunteer for India. The esteemed speakers present for this program were Ms. Aruna Desai and Mr. Atul Kumar of the Sweekar Rainbow Parent's Group.

The main aim of the program was to eliminate and correct any misconceptions, doubts or wrongly presumed stereotypes or beliefs parents held regarding the trans community and the upbringing of a child who does not identify with the sex or gender assigned to them at birth. The program had an incredibly interactive format, with the City Leaders for VOLSHIP 2021 addressing questions gathered from parents prior to the event. The speakers, Mrs. Aruna Desai and Mr. Atul Kumar, very patiently answered each and every question posed to them. They emphasized on how the parents should try to understand their child, put their child's happiness and identity first, before any societal pressures or expectations. As Atul Kumar Sir said, "A parent's love for their child must beat the fear of society." They kindly shared anecdotes and advice, Aruna Desai Ma'am being the proud parent of a brilliant gay son and Atul Kumar Sir being the proud father of a successful transwoman.

They provided counsel on what resources could be accessed by parents and others alike to know more about the trans community. They helped the audience understand that a parent must acknowledge that there is nothing unnatural in their child, their child was born this way and that a parent's support can allow the child to reach their full potential as a person. They acknowledged the struggle that children go through when coming to terms with both their gender and sexual identity and explained the difference between the two.

There were questions asked from the audience such as "How can we convince parents to be accepting of their child and how do we change the mindset of adamant parents that are unwilling to be there for their child?" They emphasized on counselling and therapy for the parents and children from LGBTQIA+ friendly counsellors, both resources which their organization Sweekar Rainbow Parent's Group has available, Aruna Ma'am being one of the experienced counsellors.

The session was regarded with a general consensus as a very informative and enjoyable session. The vote of thanks given at 7.20 pm by a RAAH volunteer closed the ceremony.

Role of RAAH: Our Contributions

RAAH initiative, Department of Child Development of Maniben Nanavati Women's College eagerly collaborated in this webinar by Volunteers for India.

We gathered the audience for this webinar alongside the City Leaders from Volunteers for India and we also prepared and gathered the list of questions from parents prior to the webinar.

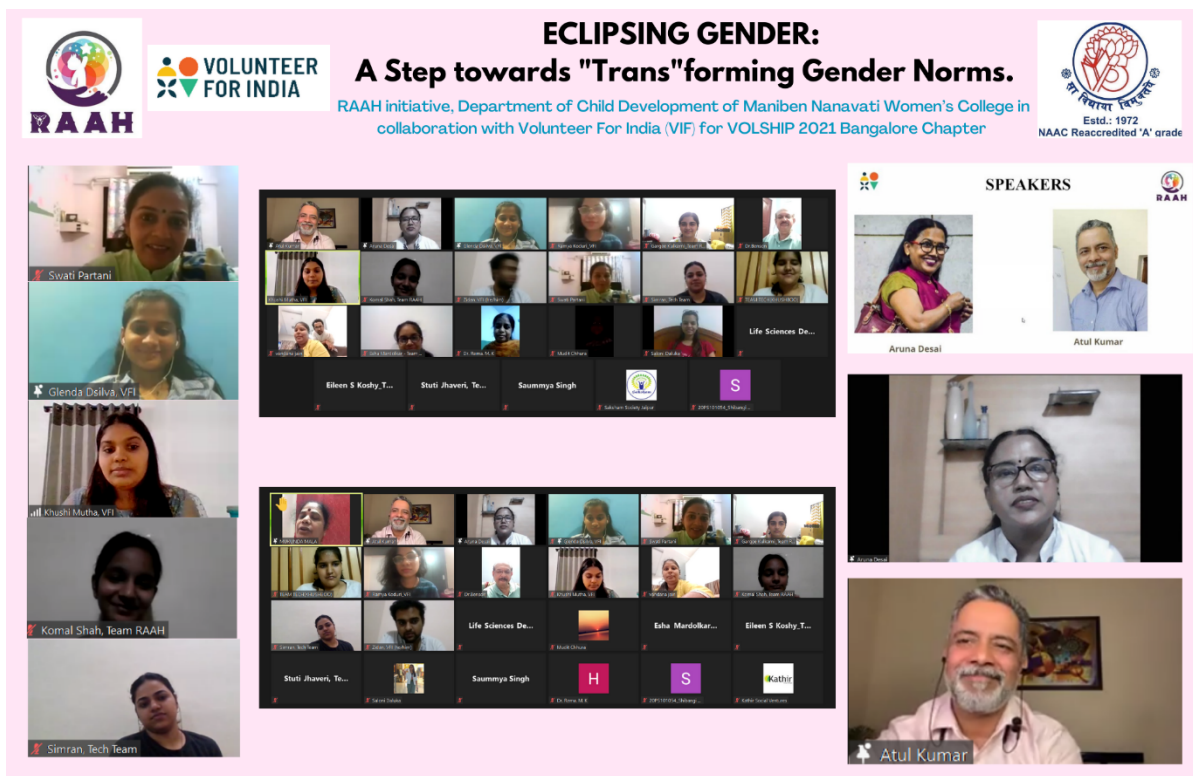
Prior to the event our volunteers consistently promoted the webinar through personalised and creative posts on our Facebook and Instagram pages to complete the two tasks formerly mentioned. We remained in touch via e-mail with the members from Volunteers for India to ensure effective collaboration for the event.

During the event, our volunteers were a proud part of the technical team to ensure smooth operation of the webinar. One of our volunteers also participated in hosting/compering for the webinar; introducing the esteemed speakers to the audience in the event and providing the vote of thanks to close the program.

OUTCOME:

The session was thoroughly informative, interactive and well organised. The participants expressed their gratitude towards the collaborating organisations for such an informative program. With the participation of numerous parents, there was clear understanding of the message of the event. Through this event, each of the objectives mentioned above were acknowledged and successfully implemented. There were numerous topics and issues covered regarding the upbringing of a trans child to the difference between gender, sex and sexuality. With this, there was a well-orchestrated, interesting and insightful webinar, made possible through cooperative collaboration, a brilliant audience and experienced, esteemed speakers.

The pictorial report/representation in format of a collage for the event is given below.





ECLIPSING GENDER: A Step towards "Trans"forming Gender Norms.

RAAH initiative, Department of Child Development of Maniben Nanavati Women's College in collaboration with Volunteer For India (VFI) for VOLSHIP 2021 Bangalore Chapter

SPEAKERS

Recording **LIVE** on Facebook
View

			TEAM TECH(KH...)	
				Ramya Koduri_VFI
Saurabh Joshi	Saumya Singh	Shagufa Kapadia		

Participants (27)

Find a participant

- Atul Kumar (Co-host)
- ES Eileen S Koshy_Tech T... (Co-host)
- Khushi Mutha, VFI (Co-host)
- Komal Shah, Team RA... (Co-host)
- ST Simran, Tech Team (Co-host)
- TT TEAM TECH(KHU... (Co-host)
- Zidan, VFI (he/him) (Co-host)
- S 20PS101054_Shibangi Rattna Ba...
- Anjali Tripathi_VFI
- H Dr. Rema. M. K
- EM Esha Mardolkar - Team RAAH
- GK Gargee Kulkarni_Team RAAH (s...
- H Harsha
- LS Life Sciences Department

Unmute
Stop Video
Participants 27
Chat
Share Screen
Record
Reactions
Leave



ECLIPSING GENDER

A STEP TOWARDS (TRANS)FORMING THE GENDER NORMS

A GENDER SENSITISATION PROGRAM FOR PARENTS

SPEAKERS : ARUNA DESAI & ATUL KUMAR



APRIL 11, 2021 | 6 PM ONWARDS | PLATFORM : ZOOM

www.volunteerforindia.com



Raah Humsafar <raahmanzil@gmail.com>

6 Apr 2021, 18:32

to khushi, dsilvaglenda6, swati.partani

Madam,
Raah would like to contribute to 'Volun

Regards,
Team Raah

from: **Raah Humsafar** <raahmanzil@gmail.com>
to: khushi@volunteerforindia.com
cc: dsilvaglenda6@gmail.com,
swati.partani@mnwc.edu.in
date: 6 Apr 2021, 18:32
subject: Volunteer for India - Volship 2021
mailed-by: gmail.com

una Desai and Mr. Atul Kumar, for the Gender Sensitization Program for youth (week 1).



Raah Humsafar <raahmanzil@gmail.com>

7 Apr 2021, 08:54

to khushi, dsilvaglenda6, swati.partani

Madam,
Please see the trailing mail. As discussed, the collaboration would be for the Gender Sensitization Program for parents.

We apologize for the inconvenience.

Regards,
Team Raah



On Tue, 6 Apr 2021 at 18:32, Raah Humsafar <raahmanzil@gmail.com> wrote:

Madam,
Raah would like to contribute to 'Volunteer for India - Volship 2021' by inviting the expert speakers, Ms. Aruna Desai and Mr. Atul Kumar, for the Gender Sensitization Program for youth (week 1).

Regards,
Team Raah



Raah <raahmanzil@gmail.com>

VOLUNTEER FOR INDIA - Eclipsing Gender

1 message

khushi@volunteerforindia.com <khushi@volunteerforindia.com>
To: raahmanzil@gmail.com

14 April 2021 at 14:53

Dear Team RAAH,
We are grateful to work with you for the 1st online gender sensitisation program for Parents and Elders themed Eclipsing Gender: A step towards Trans (forming) Gender Norms. We thank you for helping us with the pre-decided questions, moments of the session and PR.
We seek to work with you ahead as we set the 6-week chapter.
Thank you.

Regards,
Khushi Mutha & Glenda D'silva,
Leaders, Bangalore City



WhatsApp Image 2021-04-14 at 10.07.45 AM.jpeg
188K



MANIBEN NANAVATI WOMEN'S COLLEGE

DEPT OF CHILD DEVELOPMENT

ACTIVITY REPORT

YEAR: 2021-2022

NAME OF THE ACTIVITY: **Gender Affirming Surgical Interventions: An Overview**

DD/MM/YY: 25/04/21

TARGET GROUP: Transgender Persons

NAME OF FACULTY: Dr. Swati Partani

NO OF STUDENTS: 27

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Dr. Sanjay Sharma; CEO & Managing Director of ATHI, Board Member of WPATH and Mental Health Advisor at RAAH.

VENUE: Zoom Meetings

TIME: 6:00 pm to 7.30 pm

OBJECTIVES:

- To provide information about the gender affirming surgical procedure for transgender individuals.

METHODOLOGY: The methodology used was Participative.

OVERVIEW:

Volunteer For India (VFI) for VOLSHIP 2021 Bangalore Chapter in collaboration with RAAH initiative, Department of Child Development of Maniben Nanavati Women's College organised the webinar titled "Gender Affirming Surgical Interventions: An Overview." The program was conducted on the 25th of April, 2021, from 6 pm to 7.30 pm. The program was conducted online through the Zoom application and about 34 participants were present. The program was also broadcast live on the Facebook page of Volunteer for India. The esteemed speaker present for this program was Dr. Sanjay Sharma; CEO & Managing Director of ATHI, Board Member of WPATH and Mental Health Advisor at RAAH.

The main aim of the session was to educate the transgender community on Gender Affirming Surgery; its pros and cons and available facilities. The program was very insightful, with Dr. Sanjay briefly explaining the process of surgical interventions. He carefully explained some complex terms like intersex, gender incongruence and dysphoria. He even explained the feminization and the masculinization processes. He took care to explain the surgical

procedure of each facial part - namely, forehead, eyebrows, cheekbones, jawlines, nose and upper lips. Dr. Sanjay suggested the ideal age of hormone therapy to be started and how important surgical care is. He even suggested having a mental health professional on board while undergoing the surgery.

Further, an interactive Q/A session was held, wherein a volunteer of RAAH asked Dr. Sanjay questions from the audience.

Role of RAAH: Our Contributions

RAAH initiative, Department of Child Development of Maniben Nanavati Women's College eagerly collaborated in this webinar by Volunteers for India. We gathered the audience for this webinar alongside the City Leaders from Volunteers for India.

Before the event, our volunteers consistently promoted the webinar through posts on our Facebook and Instagram pages and personal WhatsApp messages. We remained in touch via e-mail and WhatsApp with the members from Volunteers for India to ensure effective collaboration for the event. We also prepared and gathered the list of questions before the webinar.

During the event, our volunteers also participated in compering/hosting for the webinar; asking the esteemed speaker questions during the Question-and-Answer Session and introducing the organisations to the audience.

OUTCOME:

The program was very informative and insightful. There were numerous topics explained regarding the surgical procedure. The participants expressed their gratitudes to the esteemed speaker and even wished to get in touch with him.



GENDER AFFIRMATIVE SURGERIES

An Overview



RAAH initiative, Department of Child Development of Maniben Nanavati Women's College in collaboration with Volunteer For India (VFI) for VOLSHIP 2021 Bangalore Chapter

Date: Sunday, 25th April 2021
Time: 6 pm - 7.30 pm

Guest Speaker



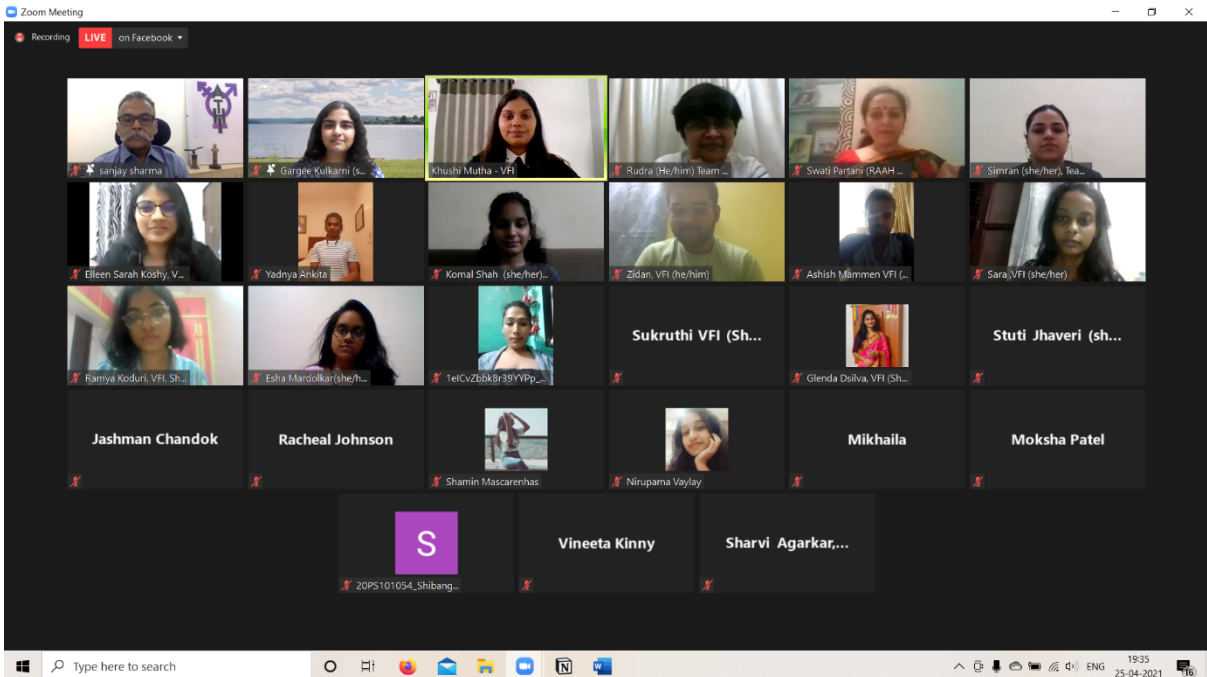
Khushi Mutha - VFI



Zidan, VFI (he/him)



Dr. Sanjay Sharma





GENDER AFFIRMING SURGICAL INTERVENTIONS: AN OVERVIEW

A WEBINAR TO SPREAD AWARENESS AMONG
TRANS PERSONS ABOUT THE SURGERY, IT'S
PROS & CONS, AND AVAILABLE FACILITIES.

SPEAKER:

AIR CMDE (DR) SANJAY SHARMA (RETD)

**(CEO & MANAGING DIRECTOR, ASSOCIATION FOR TRANSGENDER HEALTH IN
INDIA- ATHI BOARD MEMBER WPATH & MEDICAL HEALTH ADVISOR AT RAAH**

APRIL 25, 2021 | 6 PM ONWARDS | PLATFORM : ZOOM | OPEN TO ALL

WWW.VOLUNTEERFORINDIA.COM



Raah <raahmanzil@gmail.com>

Invitation for SRS Webinar

2 messages

Raah <raahmanzil@gmail.com>

19 April 2021 at 15:50

To: write2athi@gmail.com

Cc: swati.partani@mnwc.edu.in, glenda@volunteerforindia.com

Dear Dr. Sanjay Sharma,

Volunteer for India is an initiative of the Society for Promotion of Volunteerism, a registered non-profit organization working towards promoting volunteerism across India. They are organizing VOLSHIP 2021 which is a 6-week volunteering programme wherein the city leaders of Bengaluru are focusing on the upliftment of transgender people. The program aims to educate the society and members of the community itself, and, provide employment opportunities to the community.

Raah is collaborating with Volunteer for India (VOLSHIP 2021) for a webinar on 'Sex Reassignment Surgery' for transgender individuals. The event is scheduled for 25th April 2021 at 6 pm.

As discussed earlier, we would like to have you as our guest speaker for the event. Requesting you to kindly revert confirming your willingness for the event.

Regards,

Team Raah

ATHI <write2athi@gmail.com>

20 April 2021 at 07:45

To: Raah <raahmanzil@gmail.com>

I confirm my participation

Air Cmde (Dr) Sanjay Sharma (Retd)
CEO & Managing Director
Association for Transgender Health in India

[Quoted text hidden]



Raah <raahmanzil@gmail.com>

VOLUNTEER FOR INDIA- Gender Affirming Surgical Procedure

1 message

khushi@volunteerforindia.com <khushi@volunteerforindia.com>
To: raahmanzil@gmail.com

28 April 2021 at 00:01

Dear Team RAAH,

We are grateful to work with you for the 3rd online session. We thank you for helping us with the pre-decided questions, moments of the session and PR.

We seek to work with you ahead as we set the 6-week chapter.

Thank you.

Please find the attached links below:

Feedback: https://docs.google.com/forms/d/1cUeO8_HENStD9NsbizGZ7gagulFrXpjRgAtGywluOJo/edit?usp=sharing

Entries: https://docs.google.com/spreadsheets/d/1jwdT8WqQoGQMVdGTWwundqS6Rnjtt_heC9rKCStVQTE/edit?usp=sharing

Presentation: <https://docs.google.com/presentation/d/1YI8ITru4CeetZA7othCUIBXNTUSyete3aLP9Xqzf5U/edit?usp=sharing>

Questions: https://docs.google.com/document/d/1QebseiBblke_u6n_9NE1HIX6OlycRouWZyUyT5fVCRE/edit?usp=sharing

Video: https://docs.google.com/forms/d/1cUeO8_HENStD9NsbizGZ7gagulFrXpjRgAtGywluOJo/edit?usp=sharing

Regards,
Khushi Mutha & Glenda D'silva,
Leaders, Bangalore City

DEPARTMENT OF CHILD DEVELOPMENT

RAAH INITIATIVE

ACTIVITY REPORT

YEAR: 2020-21

NAME OF THE ACTIVITY: KAVACH CLOTHES DISTRIBUTION DRIVE

DD/MM/YY: 6th September, 2020

TARGET GROUP: Members of Transgender Community

NAME OF FACULTY: Dr Swati Partani

COOLABORATION: RAAH in collaboration with Rotaract Club of Andheri, Ekta Foundation (Donation Partner) and Ratna Nidhi Charitable Trust (Distribution Partner).

No. of Beneficiaries: 60

VENUE: Kapaswadi, Kalina East, Mumbai

OBJECTIVES: To benefit underprivileged transgender individuals by providing cloths to them.

METHODOLOGY: A clothes distribution drive conducted to provide clothing to members of the transgender community during the lockdown. A total of 60 members of the transgender community were provided clothes.

OVERVIEW: RAAH and it's partners in this drive believe in supporting self-expression hence, hope to have achieved their aims in this drive. The drive went smoothly with cooperation from our collaborating organisers.



DEPARTMENT OF CHILD DEVELOPMENT

RAAH INITIATIVE

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YEAR: 2020-21

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MANIBEN NANAVATI WOMEN'S COLLEGE

DEPT OF CHILD DEVELOPMENT

ACTIVITY REPORT

YEAR: 2020-2021

NAME OF THE ACTIVITY: Trans-Jan : A conversation with the members of the Transgender community

DD/MM/YY: 22/11/20
MNWC

TARGET GROUP: Students of

NAME OF FACULTY: Dr. Swati Partani

NO OF STUDENTS: 28

SPEAKER/RESOURCE PERSON (WITH DESIGNATION):

Resource Person and Collaborating Host: Ms. Nishtha Nishant from Keshav Suri Foundation in association with Canada in India

Speakers: Mr. Satvik, co-founder of Transmen Collective, Ms. Sridevi, Mumbai University's first transgender teacher and Ms. Sonakshi Makwana, a queer ally

VENUE: Zoom Meetings

TIME: 6:45 - 8:15 pm

OBJECTIVES:

- To create awareness about the transgender community among the youth through a conversation with the members of the community itself.
- To help eradicate transphobia through educating the youth about the community.
- To sensitize the youth about the community to ensure a more equal space for transgender individuals in the society.

METHODOLOGY: The methodology used was Participative.

OVERVIEW: Nishtha Nishant from Keshav Suri Foundation in association with Canada in India and Raah initiative, Department of Child Development, Maniben Nanavati Women's College organised a session 'Trans-Jan: A conversation with the members of the Transgender

community.' This session was conducted on 22nd November, 2020, from 6:45 - 8:15 pm on the Zoom application.

Mr. Satvik, co-founder of Transmen Collective, Ms. Sridevi, Mumbai University's first transgender teacher and Ms. Sonakshi Makwana, a queer ally were invited as the speakers. Ms. Nishtha Nishant was the moderator. Mr. Satvik and Ms. Sridevi shared their personal stories and experiences, and Ms. Sonakshi shared her journey of being an ally. They provided information on various topics such as gender, sexuality, hormone replacement therapy, process of transitioning, etc. The participants cleared their doubts during the Question & Answer session.

OUTCOME: The session was very informative as it had multiple members of the community sharing their perspectives. It was especially insightful because the speakers shared their personal experiences with the audience. The participants were encouraged to interact with the speakers to gain more clarity.





Raah <raahmanzil@gmail.com>

निमंत्रण लिंक: ट्रांस-जन: एक बातचीत ट्रांसजेंडर समुदाय के साथ

1 message

Nishtha Nishant <nishthanishant1@gmail.com>
To: Raah Humsafar <raahmanzil@gmail.com>

22 November 2020 at 16:45

नमस्कारम 🙏

प्रिय प्रतिभागी,

अभिवादन!

पंजीकरण के लिए धन्यवाद.

ट्रांस-जन: एक बातचीत ट्रांसजेंडर समुदाय के साथ - यह कार्यक्रम ट्रांसजेंडर समुदाय के बारे में अधिक जानने के लिए एक मंच है।

कार्यक्रम का विवरण:

घटना की तारीख: 22 नवंबर 2020

घटना का दिन: रविवार

घटना का समय: शाम 6.45 बजे - शाम 8.30 बजे

संचार की भाषा: हिंदी

ऑनलाइन मंच: ज़ूम मीटिंग

Join Zoom Meeting

<https://zoom.us/j/6689263603?pwd=Y0VOdXp2TURzdUNUbHZuVIZPYXhhZz09>

Meeting ID: 668 926 3603

Passcode: RAAH

कृपया निर्देशों का पालन करें:

1. जबकि वक्ता बोल रहे हैं, कृपया अपने आप को मूक रखें।
2. किसी भी प्रश्न को पूछने के लिए, कृपया अपना हाथ बढ़ाएं या चैट बॉक्स में टाइप करें।

हमें उम्मीद है कि ट्रांसजेंडर समुदाय के बारे में अधिक जानने में आपका अनुभव फलदायी होगा!

घटना के बाद कृपया अपनी प्रतिक्रिया हमारे साथ साझा करें।

कृपया RAAH से जुड़ें:

Instagram: raah_manzil

Facebook: RAAH

प्रणाम 🙏

निष्ठा निशांत

(पसंदीदा सर्वनाम - वह / उसकी)

समान अधिकार कार्यकर्ता,

वैज्ञानिक शोधकर्ता, गुरु नानक इंस्टीट्यूट फॉर रिसर्च एंड डेवलपमेंट, मुंबई

वैज्ञानिक सहायक, लीलैक इनसाइट्स, मुंबई

फेलो, क्वीर यूथ लीडरशिप प्रोग्राम, केशव सूरी फाउंडेशन, मुंबई

पूर्वावलोकन टीम के सदस्य, कशिश - मुंबई अंतर्राष्ट्रीय क्वीर फिल्म समारोह

संपर्क नंबर: +91 9819 63 6444

Timestamp	Name / नाम
22/11/2020 20:33:44	Pooja Panchal
22/11/2020 20:34:08	Jashman Chandok
22/11/2020 20:34:31	Pratiksha wadekar
22/11/2020 20:34:32	Aisha khan
22/11/2020 20:34:42	Sapna yadav
22/11/2020 20:34:58	Maya
22/11/2020 20:35:05	Qafiya sayed
22/11/2020 20:35:07	Janhavi Moreker
22/11/2020 20:36:40	Dimple Parmar
22/11/2020 20:37:11	Mariah Anna Dias
22/11/2020 20:37:15	Gargee Kulkarni
22/11/2020 20:37:37	Anjali
22/11/2020 20:38:56	Bhoomi Bhataya
22/11/2020 20:39:14	Meenakshi Gandotra
22/11/2020 20:39:17	Somitro
22/11/2020 20:41:23	Pankaj Gupta
23/11/2020 16:24:30	Twinkle Patel
23/11/2020 16:28:51	sonu kumar
23/11/2020 16:33:21	Priyanka Kumari
23/11/2020 16:39:00	Shraddha vinod bhuwad
23/11/2020 16:50:48	Dr . Surekha Kanse
23/11/2020 17:03:31	Ayush Garg
23/11/2020 17:09:24	Nayan Tendulkar
23/11/2020 17:32:43	Arati Kedia
23/11/2020 17:35:25	Sharvi Agarkar
23/11/2020 20:31:22	Simran Daksha
23/11/2020 22:22:00	Kinjal Sharma
06/12/2020 16:10:51	Zainab S khan

DEPARTMENT OF CHILD DEVELOPMENT

RAAH INITIATIVE

ACTIVITY REPORT

YEAR: 2020-21

NAME OF THE ACTIVITY: KAVACH CLOTHES DISTRIBUTION DRIVE

DD/MM/YY: 6th September, 2020

TARGET GROUP: Members of Transgender Community

NAME OF FACULTY: Dr Swati Partani

COOLABORATION: RAAH in collaboration with Rotaract Club of Andheri, Ekta Foundation (Donation Partner) and Ratna Nidhi Charitable Trust (Distribution Partner).

No. of Beneficiaries: 60

VENUE: Kapaswadi, Kalina East, Mumbai

OBJECTIVES: To benefit underprivileged transgender individuals by providing cloths to them.

METHODOLOGY: A clothes distribution drive conducted to provide clothing to members of the transgender community during the lockdown. A total of 60 members of the transgender community were provided clothes.

OVERVIEW: RAAH and it's partners in this drive believe in supporting self-expression hence, hope to have achieved their aims in this drive. The drive went smoothly with cooperation from our collaborating organisers.



ROTARACT CLUB OF MANIBEN NANAVATI WOMEN'S COLLEGE

ABLE TO ABILITY

ABLE TO ABILITY Rotary District 3141
3 DEC 2020, 6PM TO 7:30 PM
International Day of People with Disability
EVOLVING ATTITUDINAL CHANGE FOR INCLUSION
CHIEF GUEST: DR. RTN. SUNNIL MEHRA
QUEST OF HONOUR: FIRST LADY RTN. SHILPI MEHRA
HOST CLUB: ROTARY CLUB OF BOMBAY POWAI
CONTACT: RTN. LATHA VANAMALI : 99309 63724
Zoom ID: 85093229311, PW: Ability
ALL ROTARY CLUBS OF DIST 3141 COME TO JOIN & REGISTER AS CO-HOSTS
Project Advisor (A2A) www.abletoability.org.in
Rtn. A.V. Suresh - Project Director (A2A) - 98210 97310
Rtn. Hari Prakash - Avenue Chair-C (A2A) - 77100 0666

Thanks to all our cohosts

1. RCM Ghatkopar West
2. RCM Kalakar
3. RCB Chandivall Mumbai
4. RCB Lakeshore
5. RCB Mahakali Heights
6. RCM Andheri
7. RCB Seacoast
8. RCM Jewels
9. RC Deonar
10. RCM Lakers
11. RCM Yesova
12. RCB Uptown
13. RCB Hills South
14. RCB Juhu Beach
15. RCM Shivaji Park
16. RCM Western Elite
17. RCM Rising Stars
18. RCM Bravohearts
19. RCM Mumbai Marvels
20. RCM Harmony
21. RCM NORTH ISLAND
22. RCB NORTH WEST-MALAD
23. RCB Chembur west
24. RCM Central
25. RCM Bandra Kurla Complex
26. RCB Bayview
27. RCM Sion
28. RCM Malund East
29. RCM Parleshwar
30. RCB Kandivli
31. RCM Hill View
32. RCM Khar
33. RCM JVPD Mumbai

Manju Utamchandani
Rtr. uday hass
Mahendra

Preeti Shah
Rtr. Purna RCUPG
Dg Rtn Sunnil Mehra
Pj Reddy
Neetal Hoshing

ABLE TO ABILITY

Able to Ability project was conducted by Rotary District 3141 it was an online session on zoom which was on 3rd December 2020. The session was speaking about the project, narrating real life experiences and speaking about approach in the areas of disability empowerment.

ROTARACT CLUB OF MANIBEN NANAVATI WOMEN'S COLLEGE

&

AAPKA SAHARA FOUNDATION

Presents

INTERNATIONAL DAY OF OLDER PERSONS

TIMINGS: 2.00 -3.00 Day 1: DATE: 1st Oct '2020

NO OF STUDENTS PARTICIPATED : 67

NO OF TEACHER PARTICIPATED : 1



Brief Overview of the Event

This project was organised by Aapka Sahara Foundation. It was an on ground event which was on 1st October 2020. In this event 16 Rotaract Club's of District 3141 had participated. The event was held at BHN HEALTHCARE, MIRA BHAYANDAR. Many Rotaractors from all the collaborate club's had celebrated this event with the old people of the healthcare center by having a very great time together.



ROTARACT CLUB OF MANIBEN NANAVATI WOMENS COLLEGE

Report of Rotary International Citation

2020-21 ROTARY CITATION



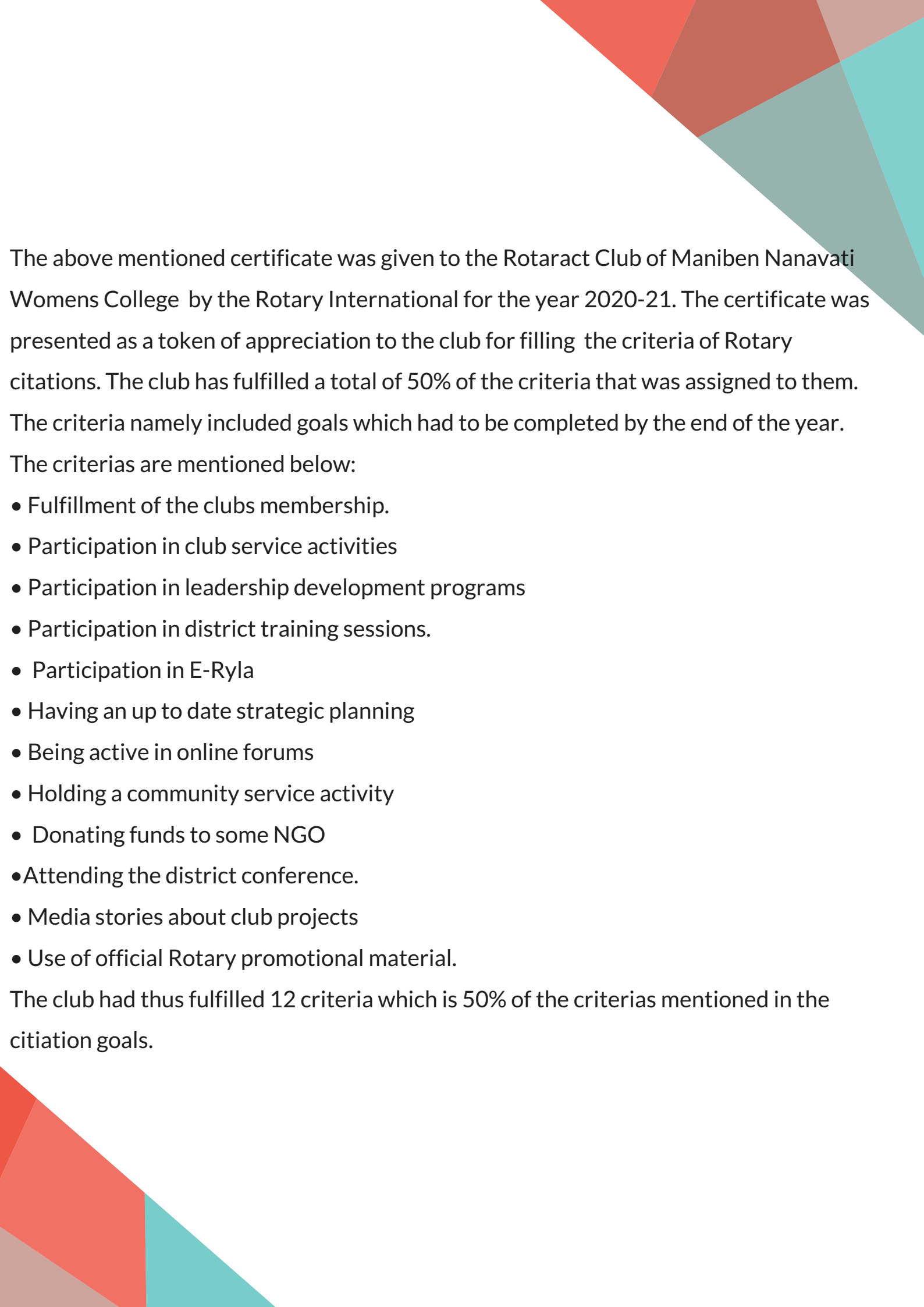
Awarded to the Rotaract Club of

Maniben Nanavati Women's College

for helping **Rotary open opportunities** in the lives
of people all over the world.

Holger Knaack
President, Rotary International

CERTIFICATE RECEIVED BY THE ROTARY INTERNATIONAL FOR THE ROTARY YEAR 2020-2021



The above mentioned certificate was given to the Rotaract Club of Maniben Nanavati Womens College by the Rotary International for the year 2020-21. The certificate was presented as a token of appreciation to the club for filling the criteria of Rotary citations. The club has fulfilled a total of 50% of the criteria that was assigned to them. The criteria namely included goals which had to be completed by the end of the year.

The criterias are mentioned below:

- Fulfillment of the clubs membership.
- Participation in club service activities
- Participation in leadership development programs
- Participation in district training sessions.
- Participation in E-Ryla
- Having an up to date strategic planning
- Being active in online forums
- Holding a community service activity
- Donating funds to some NGO
- Attending the district conference.
- Media stories about club projects
- Use of official Rotary promotional material.

The club had thus fulfilled 12 criteria which is 50% of the criterias mentioned in the citation goals.

MANIBEN NANVATI WOMENS COLLEGE

**NSS Unit
ACTIVITY REPORT
YEAR: 2020-21**

NAME OF THE ACTIVITY: Spit Free India Movement

DD/MM/YY: 19th October 2020
Citizens

TARGET GROUP: 950 Indian

NAME OF FACULTY: Dr Swati Partani

NO OF STUDENTS: one

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Nil

VENUE: Online

TIME: 24th April-December, 2020

OBJECTIVES:

1. To make citizens aware to stop spitting in public places
2. To stop spread of Covid-19 as well as reducing the usage of chewing tobacco.

METHODOLOGY: Participative

OVERVIEW: One student and faculty were chosen from NSS UNIT of Maniben Nanavati Women's College to become part of the drive "Spit India Movement" organised by Sambandh Health Foundation and Pledge for life- Tobacco free Youth. They were given one online link to spread awareness on social media. From that link 950 citizens from the country took the pledge for not spitting in public places. They filled a small questionnaire which made them think about the after effects of spitting. Later e- certificates were released to all the citizens on completion of question form.

OUTCOME: Country citizens got awareness about the after effects of spitting. They took oath not to spit in public places.



Date: 28 December 2020

Principal Dr Rajshree Trivedi
Maniben Nanavati Women's College

Letter of Appreciation

Dear Dr Rajshree Trivedi,

Greetings from the Pledge for Life Team.

Experts have determined that spitting spreads the Coronavirus. The primary cause of spitting in public places is chewing tobacco (gutkha, khaini, etc) which create an excess of saliva and the urge to spit. Government of India, under the Disaster Management Act 2005, has given the order to stop spitting in public places in every Directive. The Hon'able Prime Minister, Shri Narendra Modi, himself, urged the public not to do so too.

Along with the NSS, we launched the **Spit Free India Movement** on 24th April 2020 and it has been a great success. The Ministry of Youth Affairs has appreciated it and this is now becoming a Spit-Free India movement.

We would like to thank you and your National Service Scheme (NSS) unit, under the dynamic leadership of your Program Officer Dr Swati Partani for supporting this campaign. Your NSS Volunteers have created awareness on the issue by getting people to fill in a mobile weblink. Your NSS Unit has, till 27th December 2020 got 950 entries in the weblink.

This timely action is saving the spread of Covid-19 as well as reducing the usage of chewing tobacco. We look forward to your College's support in this movement by creating awareness in thousands more of students and general public.

Thank you for your service to society,

Sanjay Seth
Trustee
Sambandh Health
Foundation

CC: Respected Registrar, Dr. Deepak Deshpande
NSS Director, Dr. N. S. Prabhu Tendolkar
NSS Program Officer, Dr Swati Partani

**SALAAM
BAALAK
TRUST****TO WHOMSOEVER IT MAY CONCERN**

This is to certify that, **Ms. Raunak Upadhyay** from **Maniben Nanavati Women's college Vile Parle (W) Mumbai – 400056** has volunteered 30 Hours from 14th June to 2nd July 2022 at our Shelter.

She has made a fine contribution to the organization by helping kids in their academics study. She showed a real enthusiasm for the work assigned to her.

We are thankful to **Ms. Raunak Upadhyay** for her time and volunteer ship and wish her success in all her future ventures.

Regards

For Salaam Baalak Trust



Zarin Gupta
Chairperson & founder Trustee
31/07/2022



TO WHOMSOEVER IT MAY CONCERN

This is to certify that, **Ms. Saima Ansari** from **Maniben Nanavati Women's college** Vile Parle (W) Mumbai – 400056 has volunteered 30 Hours from 14th June to 2nd July 2022 at our Shelter.

She has made a fine contribution to the organization by helping kids in their academics study. She showed a real enthusiasm for the work assigned to her.

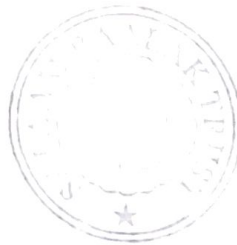
We are thankful to **Ms. Saima Ansari** for her time and volunteer ship and wish her success in all her future ventures.

Regards

For Salaam Baalak Trust



Zarin Gupta
Chairperson & founder Trustee
31/07/2022



TO WHOMSOEVER IT MAY CONCERN


This is to certify that, **Ms. Gitanjali Kule** from **Maniben Nanavati Women's college** Vile Parle (W) Mumbai – 400056 has volunteered 30 Hours from 14th June to 2nd July 2022 at our Shelter.

She has made a fine contribution to the organization by helping kids in their academics study. She showed a real enthusiasm for the work assigned to her.

We are thankful to **Ms. Gitanjali Kule** for her time and volunteer ship and wish her success in all her future ventures.

Regards

For Salaam Baalak Trust


Zarin Gupta
Chairperson & founder Trustee
31/07/2022



TO WHOMSOEVER IT MAY CONCERN

This is to certify that, **Ms. Shagufta Khan** from **Maniben Nanavati Women's college** Vile Parle (W) Mumbai – 400056 has volunteered 30 Hours from 14th June to 2nd July 2022 at our Shelter.

She has made a fine contribution to the organization by helping kids in their academics study. She showed a real enthusiasm for the work assigned to her.

We are thankful to **Ms. Shagufta Khan** for her time and volunteer ship and wish her success in all her future ventures.

Regards

For Salaam Baalak Trust



Zarin Gupta
Chairperson & founder Trustee
31/07/2022



MANIBEN NANAVATI WOMEN'S COLLEGE

DEPT OF COMMERCE

ACTIVITY REPORT

YEAR: 2021-2022

NAME OF THE ACTIVITY: Extension activities for Students

DD/MM/YY: March 2022 to June 2022

TARGET GROUP: F.Y.B.com.

NAME OF FACULTY: Ms. Madhuri Ayker

NO OF STUDENTS: 64

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): -

OBJECTIVES:

- To develop an awareness and knowledge of social realities to have concern for the well being of the community and engage in creative and constructive social action.
- To give them the opportunities for their personality development.
- Understand the community in which they work.

METHODOLOGY: Participatory & Experiential Learning

OVERVIEW: A variety of extension activities were undertaken by F.Y. B.Com. students such as Cleanliness drive, Teaching in BMC school & underprivileged children, Working with NGO's, Preparing compost, Distribution of paper bags to vendors, Rally on awareness about women violence, to sensitize students towards promoting a healthy environment for sustainable development.

OUTCOME: Arousing social consciousness amongst students by providing them opportunities to work with and for the community.

ANY OTHER REMARKS: Nil

Department of Commerce
EXTENSION ACTIVITIES
2021-22

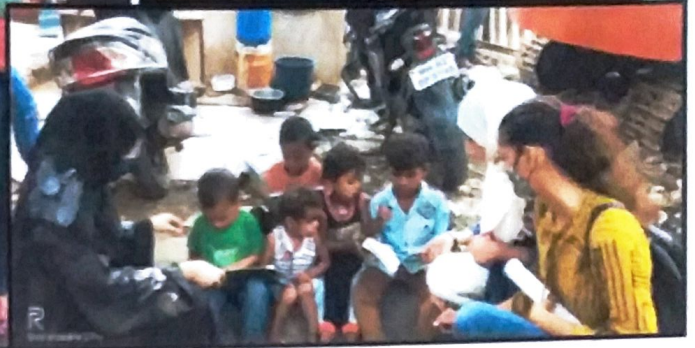
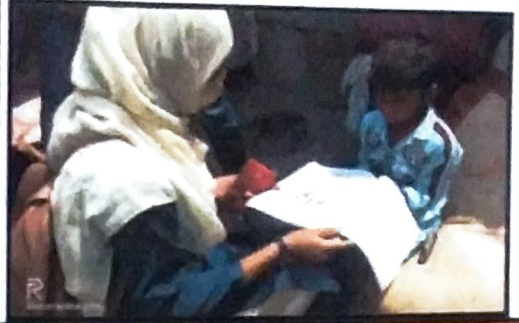
Teaching in BMC School :



Juhu Beach Cleaning:



Teaching in Slum:



Compost Making



Paper Bag Distribution:



Women Empowerment:



Extension Activity Details 2021-22, F.Y.B.Com.

Sr. No.	Name of the Students	Name of the Project	Roll No.	Name of the Group Leader	Duration Of the Project (How many days you worked)	Dates
1	Krishna Dubariya	Beach Cleaning, Food Distribution, Poster Rally	20	Aaliya Badgujar and Mahek Prajapati	5 days	1st March to 5th March 2022
2	Karuna D Jangid		30			
3	Sejal manikant jha		33			
4	Mahima Kewat Santram		36			
5	Mahek Prajapati		51			
6	Sarita Murti Ramswami		55			
7	Roshani shivprasad Yadav		81			
8	Badgujar Aaliya Sikandar		8			
9	Sonali Dubey		21			
10	Iqra Mohd Iqbal dalkhaniya		14			
11	Khan Gulnara		38			
10	Gupta Anjali Mangal	Beach cleaning , food distribution and rally on Women's Right	23	Kinjal Jethwa	6 days	5th March to 11th March 2022
11	Rubi Dayasagar Gupta		27			
12	Kinjal Jethwa		31			
13	Sheetal Durga singh		70			
14	Ugreja Priti	73				
15	Alina Fernandes	Clothes and Food distribution	119	Alina Fernandes	2 days	2nd April to 3rd April
16	Megha Chavan					
17	Sonal Belose					
18	Sravani waradkar					
19	Rachel Fernandes					
20	Ritika Devadiga	Food distribution	88	Ayesha Shaikh	One day	7th March 2022
21	Joshi Janki		90			
22	Priya mishra		96			
23	Angel Nancy Nadar		98			
24	Shaikh Ayesha		102			
25	Fatima Shaikh		103			
26	Humerah Shaikh		104			
27	Sakshi ravindra Vishwakarma		111			
28	Ritu tribhuvan		110			
29	Sheetal Santosh Vishwakarma	112				
30	Stanzin Deldan	Preparation of Compost	117	Stanzin Deldan (solo)	4 months	8 mar-28 June
31	Divya Ghatbane	Distribution of Paper Bags To Vendors	22	Naaz Naved Shaikh	6 Days	1st March to 6th March 2022
32	Sonali kadam		35			
33	Kaveri mohan		43			
34	Niyati Sachin Naik		45			
35	Drushti Kishor Parte		47			
36	Naaz Naved Shaikh		65			
37	Bharati Khodidas Walodara		77			
38	Jaya K Walodra		78			
39	Aanchal Gorakhnath Yadav		79			

Extension Activity Details 2021-22, F.Y.B.Com.

Sr. No.	Name of the Students	Name of the Project	Roll No.	Name of the Group Leader	Duration Of the Project (How many days you worked)	Dates
40	Ansari Saima Abrar	Working with Salam Balak Trust NGO	7	SHAGUFTA KHAN	17days	From 13th June to 30th June 2022
41	Gitanjali Ashok Kule		39			
42	Khan Shagufta		41			
43	Raunak Upadhyay		74			
44	Alfiya Ansari Iqbal	Teaching in BMC School, Andheri (W)	3	Juverya Ansari	8 days (30 hours)	29th March to 13th April 2022
45	Ansari Reshma		6			
46	Qureshi Fiza Mohammed		53			
47	Amrin haidar shaikh		62			
48	Khan Naeema Ahmed		91			
49	Juverya Ansari		4			
50	Khansa Qureshi					
51	Shanti Devasi	Teaching Children in Slum Areas	16	Kulsum Shaikh	2 days	24th March to 25th March 2022
52	Khan simran farid		37			
53	Shaikh Umme Kulsum		68			
54	Purva Tarfe		72			
55	Bhakti Kudtarkar					
55	Mohini chandaliya	Beach Cleaning	85	Nisha Sharma	One Day	13th March 2022
56	Shubhangi arjun chougule		87			
57	Nisha Dubey		89			
58	Nisha Sharma		108			
59	Deepa Sharma		106			
60	Dimpal Sharma		107			
61	Harshali lad		94			
62	Vaishnavi kotkar		93			
63	Avantika Gupta	learning about Solid Waste Management in Vasai-Virar Mahanagar Palika	24	Krinjal and Avantika	3 days	24th May to 26th May 2022
64	Krinjal Surti		71			

REPORT ON
“TEACHING IN BMC SCHOOL”
2022

Submitted in fulfillment of the requirements of First Year
PROJECT of BCOM

by

MS. JUVERYA ANSARI	(04)
MS. FIZA QURESHI	(53)
MS. ALFIYA ANSARI	(03)
MS. NAEEMA KHAN	(91)
MS. AMREEN SHAIKH	(62)
MS. RESHMA ANSARI	(06)
MS. KHANSA QURESHI	(54)

Under the guidance of

MRS. MADHURI AYKER



Estd 1972

NAAC Reaccredited 'A' grade

MANIBEN NANAVATI WOMEN'S
COLLEGE

REPORT

Every child need—and deserves—dedicated, outstanding teachers, who know their subject matter, are effectively trained, and know how to teach to high standards and to make learning come alive for students.

We the students of Maniben Nanavati Women's College had started to work at Andheri West Mumbai Public School, Dawood Baugh from 29th March, 2022 to 13th April, 2022 as a volunteer for 30 hours to provide social service activities, which include teaching, drawing, craft and yoga.



We were divided in two group and allotted different primary classes from 1std to 5std by the Head Ministress of that school.

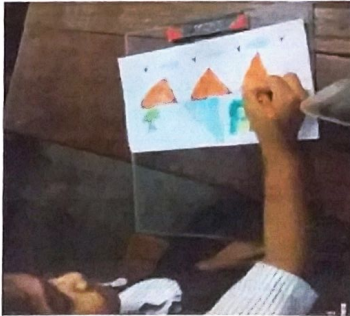
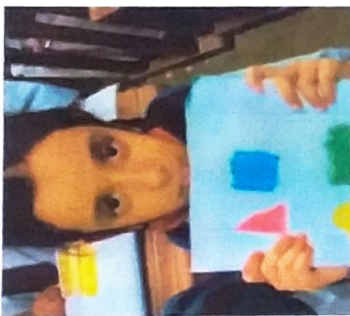
The First day (i.e. on 29th of March) of us going to the school, we spent our time with children's over there to know them. The children's were very co-operative, as they were also very much interested to know there new teachers.



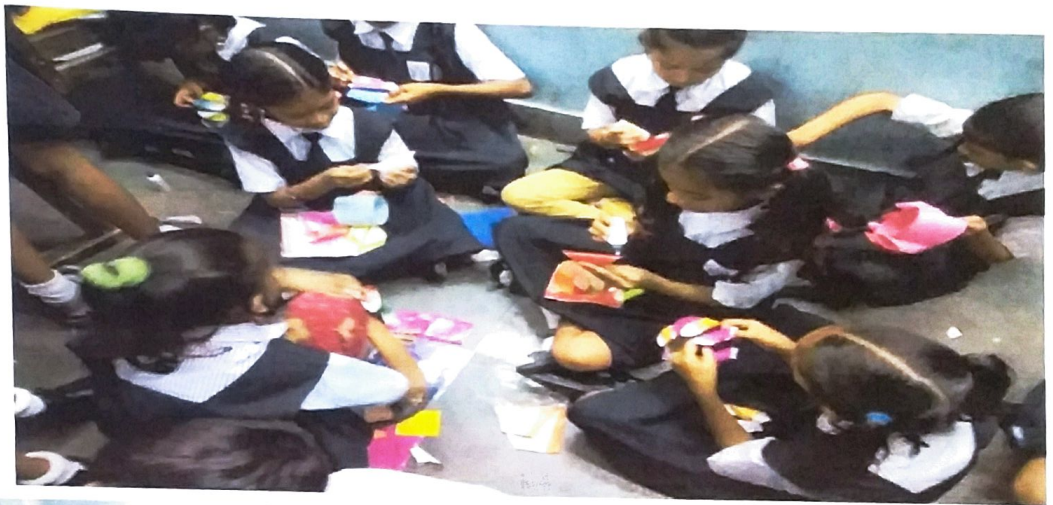
Further days we started our activities. The childrens of 1 and 3 std were so intelligent, as they catch things very fast. The childrens were super excited to do different activities.

Various Activities conducted for Children's

• DRAWING



• CRAFT



• YOGA and P.T



• TEACHING



It was fun to be with them and it was a bit difficult to handle so many students but we enjoyed it. We got to learn how to handle students and how to teach them.



BRIHANMUMBAI MAHANAGARPALIKA

DEPT- EDUCATION

SCHOOL - Andheri West Mumbai Public School

WARD- K / West

UDISE – 27220400461

E -mail: andheriwestmps@gmail.com

since 2008

Phone no.: 022-26760031

Principal – Riya Nikhil Gharat

Date: 23rd April 2022

To,
The Principal
Maniben Nanavati Women's College

Respected Madam,

This is to certify that the students of FYBCOM of Maniben Nanavati Women's College conducted various activities at Andheri West Mumbai Public School, Dawood Baugh.

They have completed 30 hours from 29th March, 2022 to 13th April, 2022.

During their hours they have contributed their efforts to activities like craft, drawing, P.T, dance, etc.

We would like to express our sincere thanks to the following students: -

	Std	Div.
1. Juverya Ansari	3 rd	A,B
2. Fiza Qureshi	4 TH	A,B
3. Alfiya Ansari	1 ST	A
4. Naeema Khan	1 st	B
5. Amreen Sheikh	2 nd	A
6. Reshma Ansari	2 nd	B
7. Khansa Qureshi	5 th	B

We acknowledge their work contributed to Andheri West Mumbai Public School, Dawood Baugh.

We wish them the very best for their future endeavours.

Thanking you,

Yours faithfully,

Head Mistress
Mrs. Riya Nikhil Gharat

H. M.

MCGM

Andheri West Mumbai

Public School,

Dawood Baugh, Andheri (West),

400 068.

ATTENDANCE SHEET

Date	Timings	Names																		
29/3/2022	2:00pm-5:15pm	FIZA QURESHI	ALFIYA ANSARI	JUVERYA ANSARI	SIDDHI PAWAR	NAEEMA KHAN	MANTASHA ANSARI	RESHMA ANSARI	AMREEN SHAIKH	KHANSA QURESHI	P	P	P	P	P	P	P	P	P	P
31/3/2022	1:35pm-4:00pm	P	P	P	A	P	A	A	P	P	P	P	P	P	P	P	P	P	P	P
6/4/2022	1:00pm-5:10pm	P	P	P	A	A	A	A	P	P	P	P	P	P	P	P	P	P	P	P
8/4/2022	1:30pm-5:00pm	P	P	P	A	P	A	A	P	P	P	P	P	P	P	P	P	P	P	P
9/4/2022	12:00pm-3:15pm	P	P	P	P	P	P	A	P	P	A	P	P	P	P	P	P	P	P	A
11/4/2022	1:00pm-5:30pm	P	P	P	A	A	A	A	P	P	A	P	P	P	P	P	P	P	P	P
12/4/2022	1:00pm-5:30pm	P	P	P	A	P	A	A	P	P	A	P	P	P	P	P	P	P	P	A
13/4/2022	1:00pm-5:20pm	P	P	P	A	P	A	P	P	A	P	P	P	P	P	P	P	P	P	A
Signature																				

H. M.
MCGM
 Andheri West Mumbai
 Public School,
 Darwood Baug, Andheri (West)
 400 059



Estd.: 1972
NAAC Reaccredited 'A' grade

MANIBEN NANAVATI WOMEN'S COLLEGE

SOCIAL ACTIVITY REPORT 2021-2022 ON

- Beach Cleaning Drive.
- Snacks Distribution.
- Rally on Awareness on Women's Allowance and Rights

Submitted by the First-Year Students of F.Y.B.COM.

- 1. KINJAL JETHWA (31)**
- 2. RUBI GUPTA (27)**
- 3. PRITI UGREJA (73)**
- 4. SHEETAL SINGH (70)**
- 5. ANJALI GUPTA (23)**

**Under the guidance of
MRS. MADHURI AYKER**

Beach Cleaning Drive

INTRODUCTION

Beach cleaning drive is the process of removing solid litter, dense chemicals, and organic debris deposited on a beach or coastline by the tide, local visitors and tourists. Humans pollute beaches with materials such as plastic bottles and bags, plastic straws, surgical masks and gloves and many other items that often leads to environmental degradation. Every year hundreds and thousands of volunteers come to beaches and coastline around the world to clean this debris. Many tourists leave their litter behind on the beaches after their picnic and activities. These pollutants harm marine life ecology, human health and coastal tourism. Clean-up is the process of removing solid litter, dense chemicals, and organic debris deposited on a beach or coastline by the tide, local visitors, or tourists. Humans pollute beaches with materials such as plastic bottles and bags, plastic straws, fishing gear, cigarette filters, six pack rings, Surgical mask and many other items that often lead to environmental degradation. Every year hundreds of thousands of volunteer's comb beaches and coastlines around the world to clean this debris. These materials are also called "marine debris" or "marine pollution" and their quantity has been increasing due to anthropocentric activities.

Snacks Distribution

INTRODUCTION

Enough food is produced today to feed everyone on the planet, but hunger is on the rise in some parts of the world, and some 821 million people are considered to be “chronically undernourished”. Food security exists when all people, at all times, have physical and economic access to sufficient, safe and nutritious food to meet their dietary needs and food preferences for an active and healthy life. There are many reasons why people may not have access to food even when enough is available in the aggregate. One of the most fundamental is that there is no guarantee that a market economy will generate a distribution of income that provides enough income for all to purchase the food they need. Food distribution is the process where a general population is supplied with food. The Food and Agriculture Organization (FAO) considers food distribution as a subset of the food system. The process and methodology behind food distribution varies by location. Food distribution has been a defining characteristic of human behaviour in all societies, and recordings of food distribution date back for thousands of years. Most governments and societies are highly shaped by the systems created to support food distribution.

Rally on Awareness on Women's Allowance and Rights.

INTRODUCTION

Women's rights are the rights and entitlements claimed for women and girls worldwide. They formed the basis for the women's rights movement in the 19th century and the feminist movements during the 20th and 21st centuries. In some countries, these rights are institutionalized or supported by law, local custom, and behaviour, whereas in others, they are ignored and suppressed. They differ from broader notions of human rights through claims of an inherent historical and traditional bias against the exercise of rights by women and girls, in favour of men and b Women in ancient Sumer could buy, own, sell, and inherit property. They could engage in commerce and testify in court as witnesses. Nonetheless, their husbands could divorce them for mild infractions, and a divorced husband could easily remarry another woman, provided that his first wife had borne him no offspring. Female deities, such as Inanna, were widely worshipped. Old Babylonian law codes permitted a husband to divorce his wife under any circumstances, but doing so required him to return all of her property and sometimes pay her a fine. Most law codes forbade a woman to request her husband for a divorce and enforced the same penalties on a woman asking for divorce as on a woman caught in the act of adultery.

REPORT

Day 1: -

Last month we went beach cleaning! On Saturday 5th March, our team dedicated our day to making a beach beautiful again. We arrived at Juhu beach situated in western suburbs of Mumbai, around 12p.m. After getting suited up with our gloves and trash bags, our group set off to roam around the beach. We aimed to cover every spot of sand we could see. We wandered along the water and trekked all the way up to the dunes while collecting the garbage present on the beach. It was a true team effort. We found a lot of wastes trapped in amongst the plants and rocks further away from the water. Plastic cup, food wrappers, rubber gloves and surgical masks, polythene bags, big chunks of polystyrene (thermocool) were littered all over the landscape, turning the beautiful beach to scary hell. After collecting the garbage, we took a small break in shabby place. Later we separated our collected waste to recyclable and disposable ones to lessen the landfill load and then put the segregated wastes into the respective bins. It feels good to do something like a beach clean-up and therefore we celebrated as a group before leaving the site. We ended the day by having some snacks and chats with lots of enjoyment after our hard work.

Day 2: -

On 8th March, 2022 we went for snacks distribution for poor people (Bandra). In Bandra station we distributed some snacks and also went near mosque and distributed there too. We did this activity in the afternoon between 12 to 2pm. All of us brought different snacks like Poha, Thepla and vegetable, Idli and water bottles, Wafers, chocolate, etc. All of us had a very great experience. In conclusion we would like to say that we are so blessed that we are having food, clothing and shelter, so we should thank God for that and should also help the poor and needy people you can hardly survive in this expensive world.

Day 3: -

On 11th March, 2022 we performed the topic of women's rights. On that day we went around the college and to the garden for the awareness of Women's Right. Everyone brought different types of poster and banners, we placed some of the poster and took some photos. In the group we were five but weren't less than anyone. All of us had fun but at the same time also gave the ways to stop the wrong things happening to girls. While performing the activity the people who were watching us especially the girls and ladies were very much happy and overwhelmed after seeing us. In conclusion I and my group would like to say that this is not just an activity, we all should respect women and should give attention.

Experience / Conclusion team members experience:

1. **ANJALI GUPTA**: My experience on our EVS project was just amazing. It was a great opportunity for me to interact with people and do great work like beach cleanup, food distribution and breaking stereotypes between men and women. Due to which I came to know that our mother suffers so much because of carelessness and unhygienic behavior of us humans against our planet. I also came to know that there are many people in the world who do not even get food to get energy so they could stand their day and I was truly happy for supporting women and standing against violence woman.
2. **KINJAL JETHWA**: My experience on food distribution and beach cleanup was very fantastic. I was very happy after cleaning up the beach with my group. It was a great pleasure for me to distribute food to people who live on streets and survive their life in starvation. I was very happy after seeing the bright smile on their faces.
3. **PRITI UGREJA**: As for my experience I was very happy after distributing food to people. I am very glad that I went with my group for beach clean up and contributed my efforts in making our beach clean and beautiful. Thank you.

4. **RUBI GUPTA**: My experience on our EVS project was very wonderful. By doing such a great deed like food distribution I developed a sense of gratitude within myself and was very happy. I understood the importance of our environment and ways to clean and protect our environment. It was a great day for me to do a rally on women's right and spread awareness about rights of women.

5. **SHEETAL SINGH**: I had a great time while doing our EVS project. It was a very happy day for me today do a beach cleanup and distribute foods amongst small kids and their family. I was very happy and glad to take a stand on raising awareness happening against women in the world and telling everyone in the society about rights of girls and taking a step forward for their cause and their better future. Thank you.

Photos of Beach Cleaning Drive



Photos of Snacks Distribution



Photos of Women's Allowance Rights





NAAC Reaccredited 'A' grade

MANIBEN NANAVATI WOMEN'S COLLEGE

(Affiliated to S.N.D.T. Women's University)

Conducted by : SHREE CHANDULAL NANAVATI WOMEN'S INSTITUTE & GIRLS' HIGH SCHOOL

Vallabhbaai Road, Vile Parle (West), Mumbai-400 056

Tel.: 2612 8640, Telefax : 91-22-2617 6188

E-mail : mnwcollege@hotmail.com e Website : www.mnwc-sndt.org, www.mnwc-sndt.com

Chairman Mg. Committee
Smt. Himadri S. Nanavati

Principal
Dr. (Mrs.) Rajshree Trivedi

12/3/22

To,

The Principal

Matruchhaya High School, Dahisar (E)

Sub: Extension Activity for B.A.-II Students

Dear Madam

Greetings from Maniben Nanavati Women's College, Vile Parle (W).

The students of BA II from the Department of Economics are required to undertake an Extension Activity of 30 hours duration. We shall be highly obliged if our students can join your school. The following students will come for Extension Activity.

1. Barbie Chaudhary
2. Rohini Verma
3. Heena Shaikh
4. Jagruti Anavadiya
5. Khushi Patel

Our students will get hands-on experience in teaching and dealing with the students, which shall be immensely helpful to them in future.

We request you to kindly sign the attendance sheet which we keep for our records. We request you to issue an appreciation letter for the same after the project is over.

Once again we thank you for your cooperation in this matter.

Thanking you,

Dr. (Mrs.) Rajshree P. Trivedi
Principal

Maniben Nanavati Women's College,
Vile Parle (West), Mumbai - 400 056.

**DEPARTMENT OF ECONOMICS
EXTENSION ACTIVITY
YEAR 2021-22**

