3.4.3 Number of extension and outreach Programmes conducted by the institution through NSS/ NCC/Government and Government recognized bodies during the year.

Maniben Nanavati Women's College

Vallabhbhai Road, Vile Parle (W), Mumbai 400056

Conducted by

Shree Chandulal Nanavati Women's Institute & Girls High School

NAAC Re Accredited 'A' Grade

REPORT OF THE NSS REGULAR ACTIVITIES

2021-2022

Submitted by

NSS UNIT

Maniben Nanavati Women's College

Vile Parle (W)

Mumbai-56

2021-22

CONTENT

Sr. No.	Activity	Date
1.	Anti-Tobacco Day Oath Taking	1st June 2021
2.	Solid Waste Management Environment	5th June 2021
3.	International Yoga Day	21st June 2021
4.	Anti-Dowry Oath Taking	1st July 2021
5.	Celebration of Independence Day	15 August 2021
6.	Online Session on Healthy eating to nourish Skin, Hair & Brain Health	16th Sept 2021
7.	Celebration of Gandhi Jayanti Program: Remembering Freedom Fighters: ए मेरे वतन के लोगो...	1st Oct 2021
8.	Cleanliness Drive at Campus	22nd October 2021
9.	Celebration of International Voters Day	25th Jan 2022
10.	Celebration of Republic Day	26th Jan 2022
11.	Celebration of Gandhi Nirvana Day	27th Jan 2022
12.	Free Covaxin Vaccination Drive	14th February 2022
13.	Tree Plantation Drive	23rd March 2022
14.	Exhibition on Azadi ka Amrit Mahotsav	23rd March 2022
15.	Blood Donation camp	29thMarch 2022
Sr. No.	**ROTARACT ACTIVITIES 2021-22**	
16.	Awarded by Certificate of Excellence	4th July, 2021
17.	Webinar on “Peace of Mind”	8th August 2021
18.	Webinar on “Decode Sexuality and Non binary-Gender”	19th September 2021
19.	Webinar on “Self Defense”	13th October 2021
20.	10th INSTALLATION CEREMONY (Theme : GLOW)	29th October 2021
21.	Webinar on “Open Mic- LAAFZ 'E' MEHFIL (Poetry, Storytelling, comedy, music etc.)”	27th November 2021

22.	Webinar on “Basics Of Mandarin Language”	26th February 2022
23.	Charity Drive (Bet for Better)	9th March 2022

24.	**RED CROSS ACTIVITIES**	
25.	Planning and Prioritization	2nd May 2021
26.	UNMASK YOUR MIND IN PANDEMIC	16th May 2021
27.	Indoor Air Pollution	13th June 2021
28.	Disaster Management Orientation	27th June 2021
29.	Unleash your potential	4th July 2021
30.	FIRST AIDS ORIENTATION	20th June 2021

Anti-Tobacco Drive

REPORTS OF REGULAR NSS ACTIVITIES DURING 2021-22

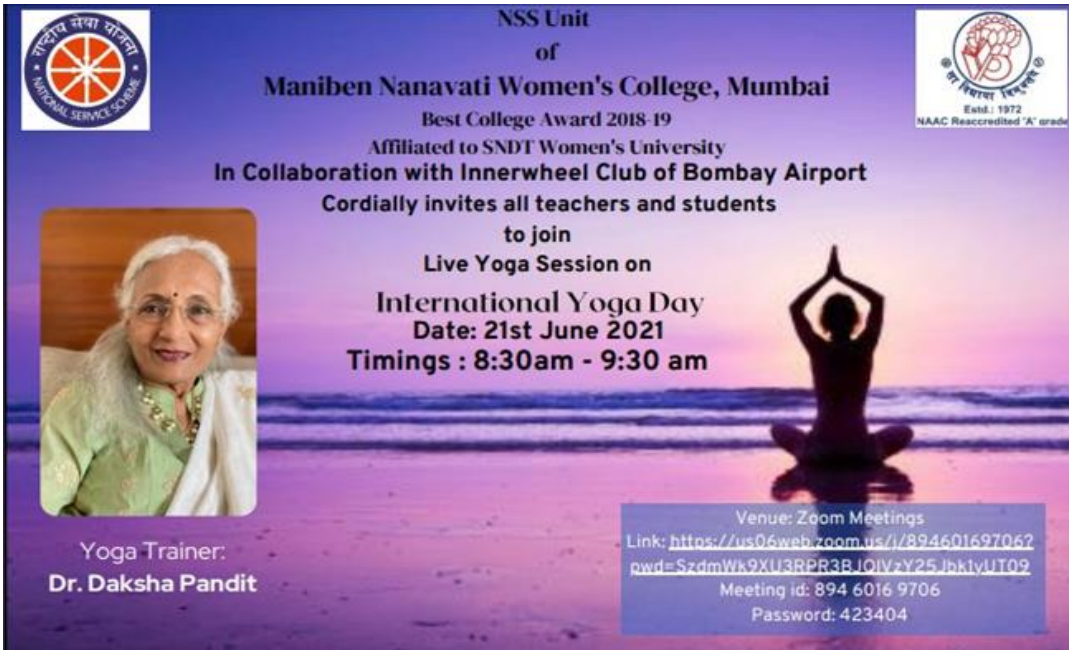
1. Anti-Tobacco Oath

Webinar
Number of Teachers participating: 12
Number of NSS Volunteers: 500
Date:1st June 2021

Anti-Tobacco Day was celebrated on 1st June 2021 worldwide.

The NSS Unit of Maniben Nanavati Women's College conducted an Anti- Tobacco Oath taking session on 1st June 2021 via Zoom meetings. The session commenced at 11:30 am. Dr. Rajshree Trivedi, Principal of MNWC, teaching and non-teaching faculty and students of junior and senior college were in attendance. The total number here were 500 participants. Dr. Rita Patil, Supervisor of MNWC began the session by addressing the participants on the harm that Tobacco causes if consumed by any individual. This was then followed by Ms. Gargee Kulkarni (FYBA student) who recited the Anti-Tobacco oath in two languages respectively, Hindi and English and asked the participants to repeat the oath after her. The session ended at 11:45 am.

International Yoga Day



2. International Yoga Day

NSS in collaboration of Inner wheel Club of Bombay Airport
Webinar
Number of Teachers participating 10
Number of NSS Volunteers 341
21st June 2021 at 8:30 -9:30 am

On International Yoga Day, NSS Unit of Maniben Nanavati Women's College in collaboration with Inner wheel Club of Bombay Airport conducted a live yoga Session on 21st June 2021 via zoom meeting. The session commenced at 8:30am. Dr. Rajshree Trivedi, Principal of MNWC, members of the Management, teaching and non-teaching faculty members and students of Senior college were in attendance. The total number of participants was 341. Ms. Geeta Varun, NSS P.O began the session with an introduction of the Guest, Dr. Daksha Pandit, Yoga trainer. Dr. Daksha Pandit took over and highlighted Yoga and demonstrated some basic steps of Body movements including eye movement, hand movement, leg movement, shoulder movement. Taking forward she demonstrated a few asanas like Tarasan, Vajrasan, Prayanam. As the session came to an end, the vote of thanks was delivered by Dr. Swati Partani NSS P.O and the National anthem was played. The meeting was adjourned at 9:37 am.

Solid Waste Management Environment

SNDT WOMEN'S UNIVERSITY
NSS CELL
IN COLLABORATION WITH
NSS UNIT & ENVIRONMENT SENSITIZATION COMMITTEE OF
DR. BMN COLLEGE OF HOME SCIENCE (AUTONOMOUS)
NAAC RE-ACCREDITED 'A+' GRADE WITH CGPA OF 3.69 /4

Certificate of Participation

This is to Certify that

Ms. PRERNA RAMTEKE

has participated in a Webinar on 'Solid Waste Management and Environment' on the occasion of *World Environment Day* organized by SNDT Women's University NSS Cell in Collaboration with NSS Unit & Environment Sensitization Committee of Dr. BMN College of Home Science on Saturday, 5th June 2021.

Dr. Nitin S. Prabhutendolkar
Assistant Dean of Students' &
NSS Program Coordinator
SNDT Women's University

Prof. Dr. Mala Pandurang
Principal
Dr. BMN College of Home Science

SNDT WOMEN'S UNIVERSITY
NSS CELL
IN COLLABORATION WITH
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Dr. Nitin S. Prabhutendolkar
Assistant Dean of Students' &
NSS Program Coordinator
SNDT Women's University

Prof. Dr. Mala Pandurang
Principal
Dr. BMN College of Home Science

Solid Waste Management and Environment

NSS Cell, SNDTWU and NSS Unit of Dr.B.M.N College of Home Science

Activity: Online Webinar

Number of Teacher Participants:11

Number of student Participant: 42

Date: 5th June 2021

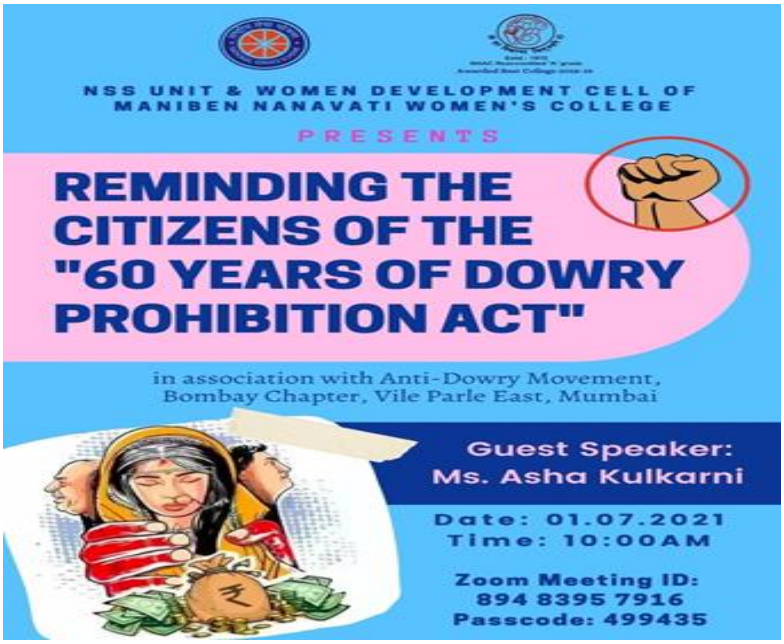
NSS Cell of SNDT Women's University had organized a Webinar on "Solid Waste Management and Environment" lecture by Expert Shri. Ramdas Kokare, Deputy Commissioner (KDMC) in collaboration with NSS Unit and Environment Sensitizing Committee of Dr BMN College of Home Science on 5th June 2021 at 12 noon on "World Environment Day".

He explained the importance of dry and wet waste segregation and how useful and helpful segregation is for protecting the environment. He mentioned the model city and how successful this program was and more cities to be involved in it.

The NSS Student Volunteer as well as faculty of MNWC attended the same and received certificates.

Registration for this meeting:
https://zoom.us/meeting/register/tJMrd-mopjgtGdS9YmK1sQRMnhMDpaBFa_kY

Anti-Dowry Oath Taking



Anti-Dowry Oath Taking

NSS , in collaboration with WDC MNWC
Webinar
Number of Teachers Participating:10
Number of NSS Volunteers Participating: 100
Date: 1st July 2021

NSS Unit and Women Development Cell (WDC) of Maniben Nanavati Women's College in association with Anti-Dowry movement foundation conducted an anti Dowry Oath taking session on 1st july 2021 via Zoom meetings. The session commenced at 10:00 am.The teaching and non teaching faculty members and students of senior college were in attendance. The total number of participants was 100. Ms. Prerna Ramteke began the session by addressing the harms of demanding and receiving Dowry. She then introduced the speaker Ms. Asha Kulkarni, the secretary of the Anti-Dowry movement. Ms. Asha Kulkarni recited the Anti-Dowry Oath and asked the students to repeat the oath after her. Furthermore, she continued with explaining the laws that are implemented to abolish the Dowry system. Ms. Asha Kulkarni not only explained about the Anti-Dowry Movement, but also talked about women empowerment. The session saw a good response from the students till the end. Lastly, the vote of thanks was delivered by Ms. Prerna Ramteke and the meeting was adjourned at 10:50 am.

Celebration of Independence Day

Celebration of Independence Day

15.08.2021

Chief Guest: Ms. Namita Marwah

Nss Unit, MNWC & TCLV Junior College

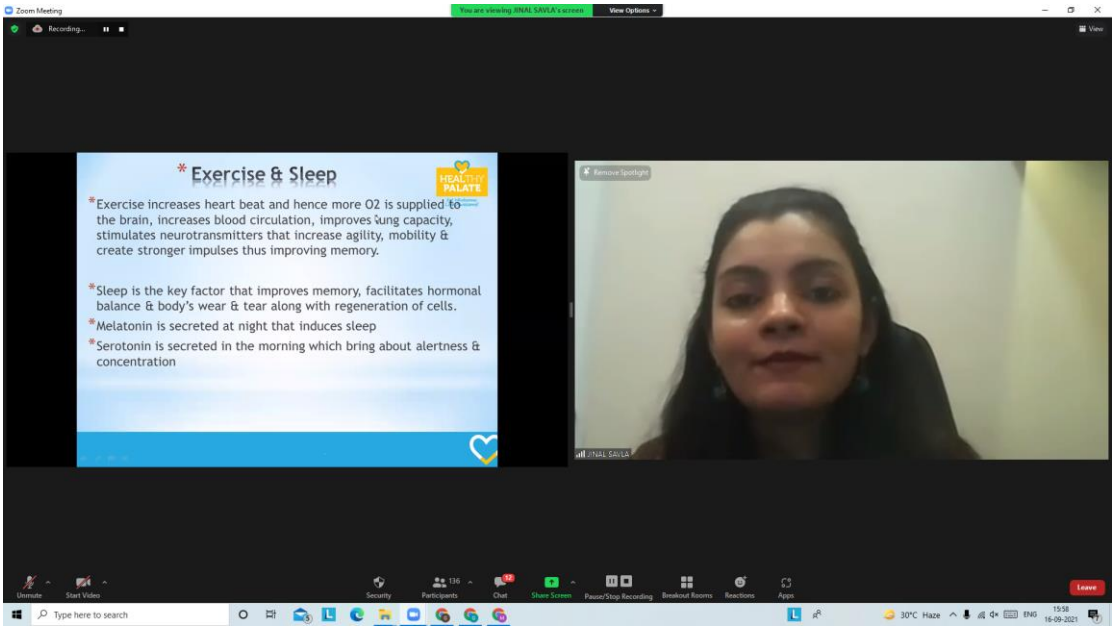
Offline cum Online Activity: https://www.youtube.com/watch?v=9dKn__6QHiQ

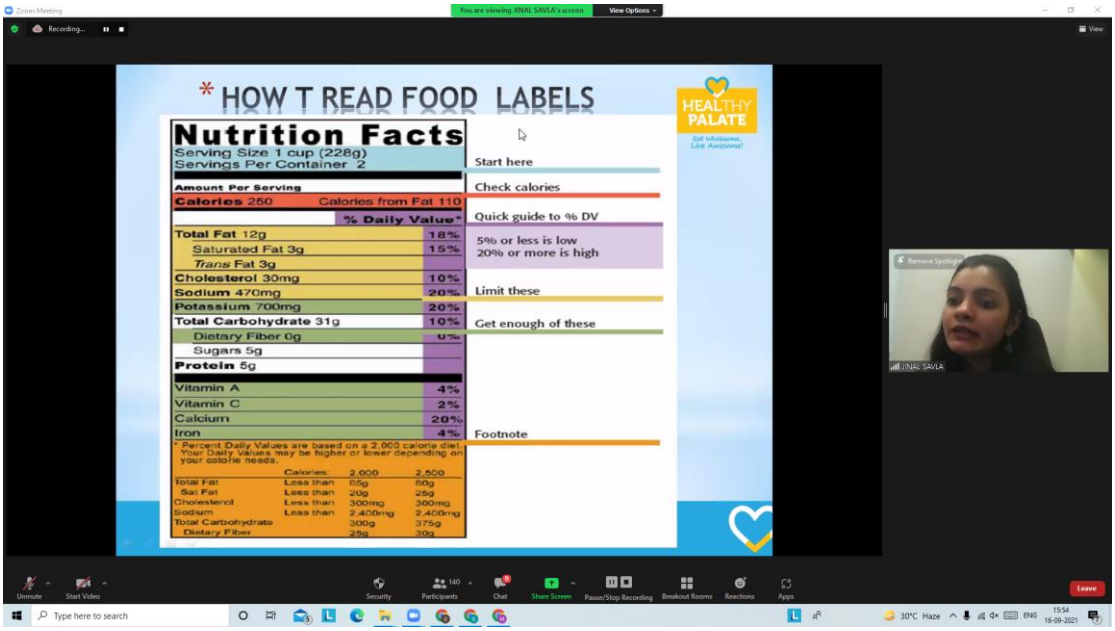
Student Participation: 51 offline and 155 online

Teacher Participation: 26 offline

The 75th Independence Day celebration was organized by MNWC, TCLV Junior College and Dr. BNCDC Centre at college Campus on 15th August 2021 from 7.30 a.m. – 8.30 a.m. The members of the Managing Committee of MNWC, Principal of MNWC, Dr. Rajshree Trivedi, Vice Principal of TCLV Junior College, Ms. Sonali Kapoor, members of Innerwheel Club of Bombay Airport, teaching and non- teaching faculty members and students of MNWC were in attendance. The Chief Guest for this auspicious program was Mrs. Namita Marwah, President of Innerwheel Club of Bombay Airport. Ms. Sameera Suri was the host for this program. The program began with the flag hoisting and singing of the National Anthem. This was followed by the following chain of events. Mrs. Namita Marwah, President of Innerwheel Club of Bombay Airport addressed the audience with her kind words. Principal, Dr. Rajshree Trivedi announced that Innerwheel Club of Bombay Airport has given Donation for Needy students for the academic year 2021-22. Our student, Ms. Kajal Jaiswal sang patriotic songs and mesmerized the audience with her melodious voice which was followed by the classical forms of dance by Ms. Priyanka Sharma. Yogasana was performed by the students. A very expressive speech was given by Ms. Fiza Dhanji from Junior College on ‘We Bled Our Way Through’. Students performed Rope Mallakhamb. The program ended with a Vote of Thanks delivered by Ms. Sameera Suri. The program was a success with the online and offline participation and cooperation of the faculty members and students.

Healthy eating to nourish Skin, Hair & Brain Health





Online Session on Healthy eating to nourish Skin, Hair & Brain Health

Ms. Jinal Savla
NSS Unit in collaboration with Lions Club, Juhu
Webinar

Date: 16.09.2021
Resource Person: Ms. Jinal Savla, Clinical Nutritionist
Time: 3.00 to 4.00 p.m.
Zoom Link: https://us06web.zoom.us/u/kdXkh6ZbMk
No. of Teachers Participants: 07
No. of Participants: 140
Target Group: SY and TY (B.A., B.Com., BMS, BAFI)

NSS Unit of Maniben Nanavati Women's College in collaboration with Lions Club, Juhu organized an Online Session on Healthy eating to nourish skin, hair and brain health. The guest speaker for the session was Ms. Jinal Savla, Clinical Nutritionist.

Principal, Dr. Rajshree Trivedi addressed the students and participants. The total number of 140 participants including NSS P.O., NSS Volunteers and Committee Members.

The event began with welcoming and introducing Guest speaker Ms. Jinal Savla by Ms. Geeta Varun, NSS P.O of MNWC.

Ms. Rani Wankawalla, Member of Lions Club, Juhu talks about the various activities conducted by Lions Club, Juhu. Ms. Jinal Savla started the session explaining about overnutrition and undernutrition amongst people. She also said that we must have a balanced eating diet, for young girls how many calories, protein, calcium, iron, Cho and Dietary fat required in daily nutrition with the help of a chart. Further Ms. Jinal talks about what are deficiencies in low diet plans and their side effects.

Madam has also focused on Basic 5 Indian Food which we should include on a daily basis like wheat, dal, groundnuts, paneer, fruits, vegetables and which nutrition plan will help us for boosting brain power. For Skin dark circle and other skin issues the major cause is because of environment condition, masculine cycle, thyroid, hormonal imbalance and indigestion etc. To reduce skin problems maximum water intake should therefore be used flavored water by using pills of different fruits as well. Ms. Jinal talks about which prebiotic and probiotic food, Vitamin A, Vitamin C, Iron, Calcium, Protein food to be included in daily diet to nourish skin, hair and brain health. Few Tips for diet plan were given during the session.

The session was ended followed by Question answer session and Vote of Thanks by NSS P.O., Dr. Swati Partani. The program was a success with the participation, cooperation of the faculty members and students.

Celebration of Gandhi Jayanti Programme: Remembering Freedom Fighters:

ए मेरे वतन के लोगो...

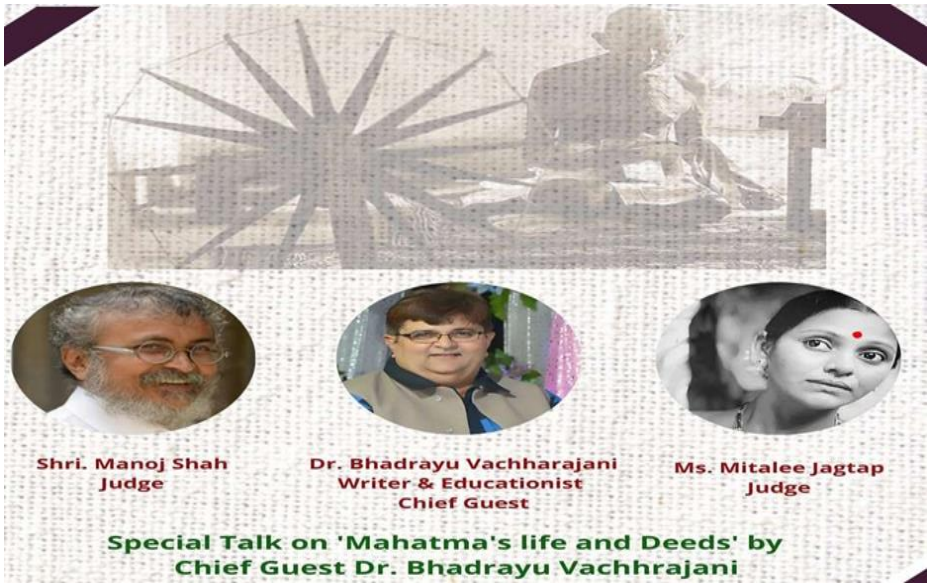
UGC Sponsored Gandhian Studies Centre (GSC) &
National Service Scheme (NSS)

Organized

Celebration of Gandhi Jayanti Programme: Remembering Freedom Fighters:

ए मेरे वतन के लोगो...

Date & Time: Friday, Oct 1, 2021, 11.00 a.m.



Celebration of Gandhi Jayanti Programme: Remembering Freedom Fighters:

ए मेरे वतन के लोगो...

Date & Time: Friday, Oct 1, 2021, 11.00 a.m.
No. of Teacher Participants:
No. of Student Participants: 187

Zoom Link: https://us06web.zoom.us/j/81774334621?pwd=Q2FjRnI5TVFpUkwvOTFqNHVKMGE1dz09

Gandhian Studies Centre (GSC) & National Service Scheme (NSS) of Maniben Nanavati Women's College has organized a Monologue Competition on the occasion of Gandhi Jayanti on 1st of October 2021 on online platform. The theme of the competition is "Remembering Freedom Fighters" ए मेरे वतन के लोगो...

From each department students participated and received a total 19 entries. Participants select & depict any one freedom fighter through monologue. Ten Freedom fighter names were given like Mohandas Karamchand Gandhi, Sarojini Naidu, Lokmanya Tilak, Kasturba Gandhi etc. and asked to prepare Video of 50 seconds to 1 minute. All the videos were sent to judges Shri. Manoj Shah and Ms. Mitalee Jagtap.

On 1st of October 2021 online programme was organized. Dr. Bhadrayu Vachharajani, Writer & Educationist was the Chief Guest of the session.

Principal, Dr. Rajshree Trivedi addressed the students and participants. There were a total of 187 participants attending the session. Madam talks about the legacy of our dear Maniba and Nanavati family. Principal madam also says that the initiative of UGC sponsored Gandhian Studies Center started a decade before and came up with a lot of new projects, gandhian exam, competition and other activities.

Dr. Sejal Shah gave a brief summary of Gandhian Studies Center, Gandhian Value, Monologue competition and importance of this event.

Ms. Geeta Varun introduced the chief guest Dr. Bhadrayu Vachharajani.

In his speech Dr. Bhadrayu told different stories father of the nation 'Gandhiji' and narrate them with values like truth, non-violence, renunciation, humility, equanimity, how they helped poor, society and all.

Ms. Geeta Varun introduced Judges Dr. Manoj Shah is a writer and has written many dramas in Gujarati, Hindi and English language and received various awards. The second judge Ms. Mitali Jagtap an actress who has learnt Bharatanatyam and achieved Rajya and Rashtriya Puraskar in 2012 also acted in various Marathi serials.

Due to the busy schedule of both the judges, audio screening for giving of best wishes and congratulating all the participants were telecasted during the live session.

Dr. Sejal Shah announced the result of the Monologue Competition. Out of 19 total 10 students, the video was selected as Best Entries. All the best entries were awarded with the cash prize and certificate were provided to all the participants.

Management member Mrs. Yoginiben Sheth was present for the program.

The programme ended with the vote of thanks by Dr. Swati Partani.

Cleanliness Drive

Cleanliness Drive

NSS Unit of MNWC

Offline activity

Number of Teacher Participants: 5

Number of NSS Volunteers Participants: 14

Date: 22.10.2021

VENUE: Roads of Vile Parle West (INSIDE AND OUTSIDE COLLEGE PREMISES)

TIME: 12:00-1:00 pm

OBJECTIVES:

- To orient students about social responsibility
- To clean community area

Students were provided with Gloves, brooms & Garbage bags before starting the activity. They were oriented about the objective of the activity and contribution towards their society. Later Under guidance of the NSS teachers they cleaned the entire roads attached to the college area.

Students understood the responsibility of keeping their neighborhood area clean and not allowing people to litter around.

Celebration of National Voters Day

NSS Unit of MNWC

Number of Teacher Participants: 5

Number of NSS Volunteers Participants: 14

Date: 25.01.2022

VENUE: Room No 5.7

TIME: 12:00-1:00 pm

OBJECTIVES:

- To orient students on social responsibility about Voting
- To enroll for a voter card and spread awareness about voting

The NSS unit of MNWC had prepared a template and students were motivated to write innovative and creative slogans for spreading awareness on the importance of voting. The competition was open to all and in English, Hindi , Marathi and Gujarati language.

Winners were given certificates as well as cash prizes.

Celebration of Republic Day

Celebration of Republic Day

Activity: Kavi Sammelan
Date – 26th January, 2022
No. Of Participants: 316
Venue: ZOOM
(link:https://us06web.zoom.us/j/84898975646?pwd=dEJPSzN6UkVuNTdsZmpaYmJIbEZ3UT09)
Time: 10:30 a.m to 12:00 p.m

The 73rd Republic Day celebration was organized by NSS unit, MNWC, TCLV Junior College and Dr. BNCDC Centre in Collaboration with Inner Wheel Club of Bombay Airport on 26th January, 2022 through Zoom platform from 10.30 a.m. – 12.00 p.m. The Vice-Principal of senior college, Dr. Rita Patil, Vice Principal of TCLV Junior College, Dr.Kavita Shonda,President of Innerwheel Club of Bombay Airport, teaching and non- teaching faculty members and students of MNWC attended the event.

Dr. Ravindra Katyayan was the host for this program. The program began with the National Anthem followed by a college song. This was further followed by the following chain of events.

Ms.Gauri Khanolkar sang patriotic songs and mesmerized the audience with her melodious voice which was followed by a welcome speech by Vice – Principal Dr. Rita Patil.

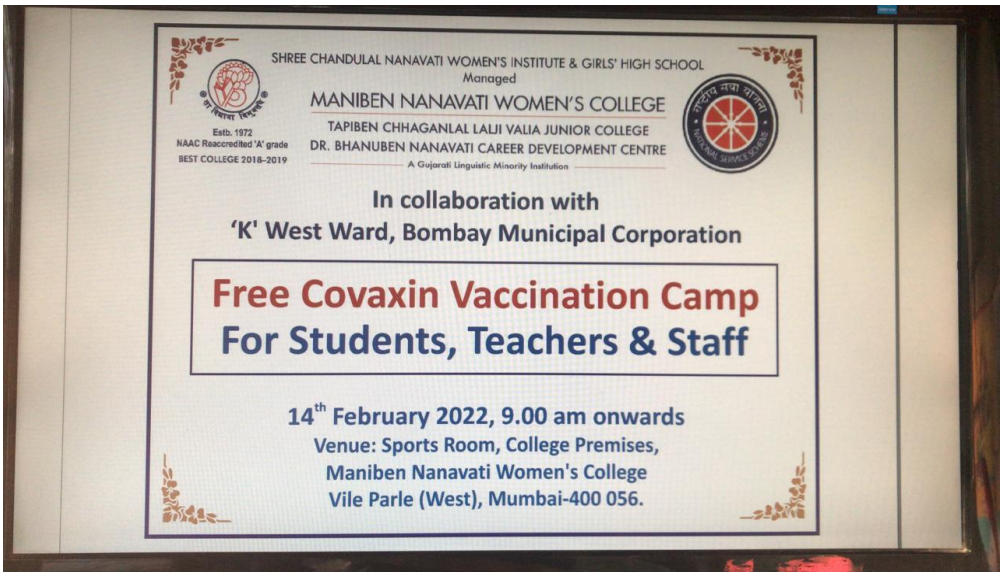
Mrs. Namita Marwah, President of Innerwheel Club of Bombay Airport addressed the audience with her kind words and shared her views on how youth & especially young women can contribute to the growth of the nation.

The young poets of the college Saba Shaikh, Ehlaam Khan, Kajal Jeswal & Mital Shah recited their poetry on topics related to Republic Day & Azadi ka amrit mahotsav.

After this the host, Dr. Ravindra Katyayan invited guest poets Mr. Devmani Pandey , Ms. Sulabha Kore, Mr. Manjar Lakhnowi & Mr. Sanket Mhatre to recite their poems & share views on Republic day - Azadi ka amrit mahotsav and Azad Barat.

The program ended with a Vote of Thanks delivered by Dr. Swati Partani. The program was a success with the online participation and cooperation of the faculty members and students.

Free Covaxin Vaccination Drive



Free Covaxin Vaccination Drive

NSS Unit in collaboration with K West, Bombay Municipal Corporation
Offline Activity

Date – 14th February, 2022 Time: 9:00 am Onwards

No. Of Participants: 301

Venue: Sports Room, College Premises

NSS Cell of Maniben Nanavati Women's College, TCLV Junior College and Dr. BNCDC Center in Collaboration 'K' West Ward, Bombay Municipal Corporation organized a Free Covaxin Vaccination Camp on February 14th, 2022 for students, teaching & non-teaching staff.

The camp was inaugurated by the team of doctors & principal Dr. Rajshree Trivadi. The camp was conducted by all the Covid-19 precautions in the sports Room. 301 students benefited from the camp.

Tree Plantation Drive

Tree Plantation Drive

Name of Activity: Tree Plantation Drive

Date: 21.03. 2022

Venue: Aarey Colony, Goregaon East

Time: 10:00 AM

No. of Participants:

Details: NSS Unit of MNWC participated in a tree plantation drive with NSS Student Volunteers and the event started at 10'clock at the Arey Chota Kashmir at Goregaon east, Mumbai. The programme aimed at clearing the area besides the saplings they planted a week ago. The forestry coordinator Mr Shubhajeet Mukerjee and his team guided students on how to sow seeds of plants. At first students were guided to dig the area and put all the stuff like dry cow dung, dry leaf, stones after planting the saplings and pouring the water. The organizers guided students and told the importance of trees and how they are important in our day-to-day life. The hosts of the event explained the importance of trees and told how to contribute towards tree plantation as a team for environment protection and saving our planet and people.

Exhibition on Azadi ka Amrit Mahotsav

Department of Child Development

Azadi ka Amrit Mahotsav

MANIBEN NANAVATI WOMEN'S COLLEGE

Department of Child Development

NAME OF THE ACTIVITY: Poster Exhibition. Azadi ka Amrit Mahotsav

DD/MM/YY: 23/03/2022

NAME OF FACULTY: Dr Swati Partani

NO OF STUDENTS: 10 FY, SY & TY CD students

VENUE: First floor Maniben Nanavati Women's College

TIME: 9:30 am to 1:00 pm

OBJECTIVES:

- To explore areas in Child Development in context of 75th Year of Independence

- To encourage critical thinking among the students

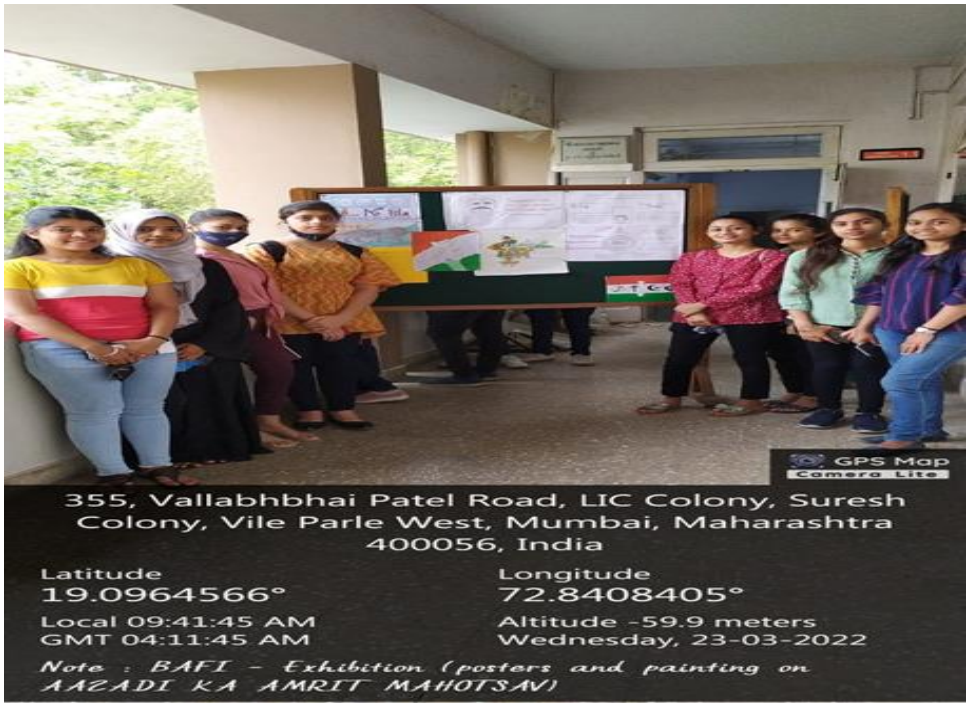
METHODOLOGY: Problem solving, Experiential & Participative

OVERVIEW: Students from FY, SY, & TY of CD dept were asked to brainstorm about the given topics like child rights, child education, Indian philosophies in education, gender identity in children. Students developed content and got approval from Dr Swati Partani. Later these posters were displayed for the students and faculty from the college.

The posters helped the students get a better understanding of how the field of Child Development has evolved over 75 years of independence.

DEPARTMENT OF BAFI

NAME OF THE ACTIVITY:- Exhibition on ‘ आज़ादी का अमतृ महोत्सव’



MANIBEN NANAVATI WOMEN'S COLLEGE
DEPARTMENT OF BAFI

NAME OF THE ACTIVITY:- Exhibition on ' आज़ादी का अमतृ महोत्सव'

DD/MM/YY:- 23 March, 2022

TARGET GROUP: BAFI

NO OF STUDENTS:09

VENUE : Maniben Nanavati Women's College, First Floor

TIME: 10:00 to 1:00

OBJECTIVES:-

1) To celebrate and commemorate 75 years of independence and the glorious history of India

2) To exhibit the development in the Commerce & Banking Sector.

Exhibition (Posters making & Display)

Department of BAFI organized an Exhibition on ' आज़ादी का अमतृ महोत्सव' - showcasing major developments in the commerce & Banking sector since independence. Students were asked to prepare posters on the theme and Later these posters were displayed for the students and faculty from the college. Students and the visitors got to know about the major developments witnessed by the Commerce & Banking Sector in India since Independence.

Azadi ka Amrut Mohotsav BMS

DEPT OF MANAGEMENT STUDIES

NAME OF THE ACTIVITY: Guest Lecture on Digital India under the theme 'AAZADI KA AMRIT MAHOTSAV'

DD/MM/YY: 04/05/2022

TARGET GROUP: FYBMS

NAME OF FACULTY: Ms. Snehal Obhan & Ms. Ketki More

NO OF STUDENTS: 55

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Assistant Professor Pramod Pandey

VENUE: Room no. 3.2
TIME: 8.45 am to 9.45 am
OBJECTIVES: To enlighten students various Digital India initiatives taken up by the government.
METHODOLOGY: Participatory Learning

OVERVIEW: The Guest lecture on digital India was organized to celebrate the theme 'AAZADI KA AMRIT MAHOTSAV'. Speaker began the session by interacting with students, and asked them if they have any idea about what digital India is. Having an interactive class he explained to the students that the digital India initiative includes plans to connect rural areas with high speed internet networks. He then explained them the core components of digital India which were

1. Secure and stable digital infrastructure.

2. Delivering government services digitally.

3. Digital empowerment of citizens.

He then informed that there are major ICT initiatives such as land record, railway computerization, etc. He lastly explained to them the pillars of digital India. Some of them are as follows – Broakbank highways, universal access to mobile connectivity, IT for jobs, Information to all and so on. At the end sir took some questions form students and the session ended successfully.

OUTCOME: The students became aware about the importance of Digital India and its initiatives.

Azadi ka Amrut Mohotsav Sociology Department

DEPT OF SOCIOLOGY in Collaboration with NSS

ACTIVITY REPORT FORMAT

YEAR: 2021-2022

NAME OF THE ACTIVITY: EXHIBITION ON INDIAN WOMEN UNIVERSITIES

THEME: AZADI KA AMRUT MOHOTSAV

DD/MM/YY: 12th & 13th APRIL 2022

TARGET GROUP: BA II

NAME OF FACULTY: Dr. Twinkle Sanghavi and Ms. Prerna S Ramteke

NO OF STUDENTS: 34

SPEAKER/RESOURCE PERSON (WITH DESIGNATION):

VENUE: Backyard 10-1 pm

OBJECTIVES: To provide information on Women Universities in India.

To know about various courses designed for women and develop skills to venture into different professions

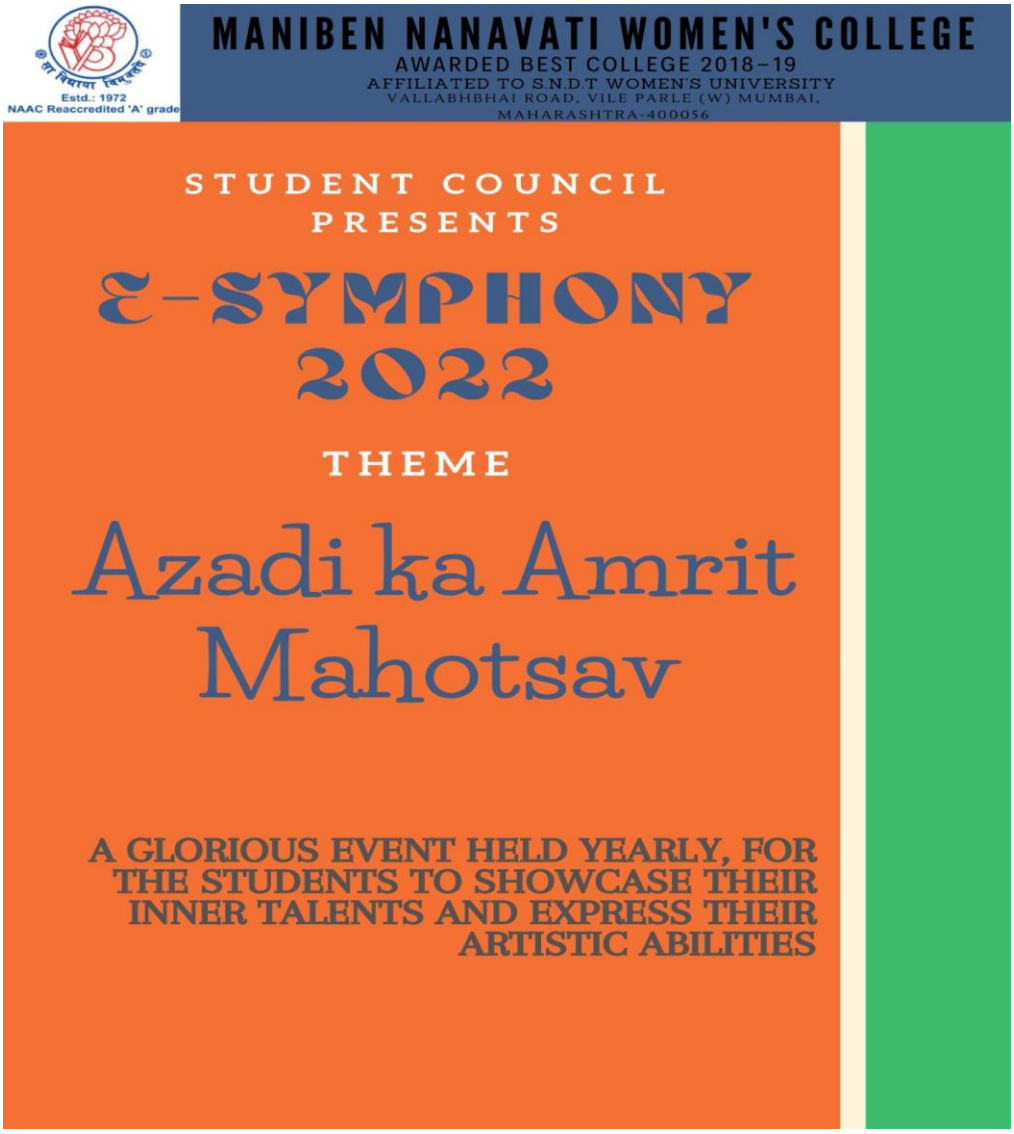
METHODOLOGY: As per the directives of Jt. Director & SNDT Women's University, under the theme of 'AZADI KA AMRIT MOHOTSAV' the Department of Sociology at Maniben Nanavati Women's College organized an exhibition on 'INDIAN WOMEN UNIVERSITIES'.

They made the following charts on:
1. SNDT, Women's University
2. Banasthali Vidyapeeth
3. Indira Gandhi Open University for Women
4. Role of Dhondo Keshav Karve
5. MNW College

OUTCOME: A very informative exhibition on different courses and Women Universities

ANY OTHER REMARKS: Girls from other Departments visited the Exhibition and gave feedback.

E-Symphony 2022



Committee Name: Student Council

ACTIVITY REPORT FORMAT YEAR: 2021-22

NAME OF THE ACTIVITY: E-Symphony 2022

THEME : AZADI KA AMRIT MAHOTSAV

DD/MM/YY: January -March 2022

TARGET GROUP: College and Intercollegiate level

NAME OF FACULTY: Dr. Cicilia Chettiar

NO OF STUDENTS: Across all departments

OBJECTIVES: The event organised for the students to showcase their inner talents and express their artistic abilities.

Participative OVERVIEW:

Student Council of MNWC organised E-Symphony 2022. Theme for the competition was "Azadi Ka Amrit Mahotsav" under which following competitions were organized

- Fine Arts
- Rangoli
- Painting
- Poster / Slogan Making
- Video Story
- Literary Art
- Essay (Eng / Hindi / Guj)
- Poetry (Eng / Hindi / Guj)

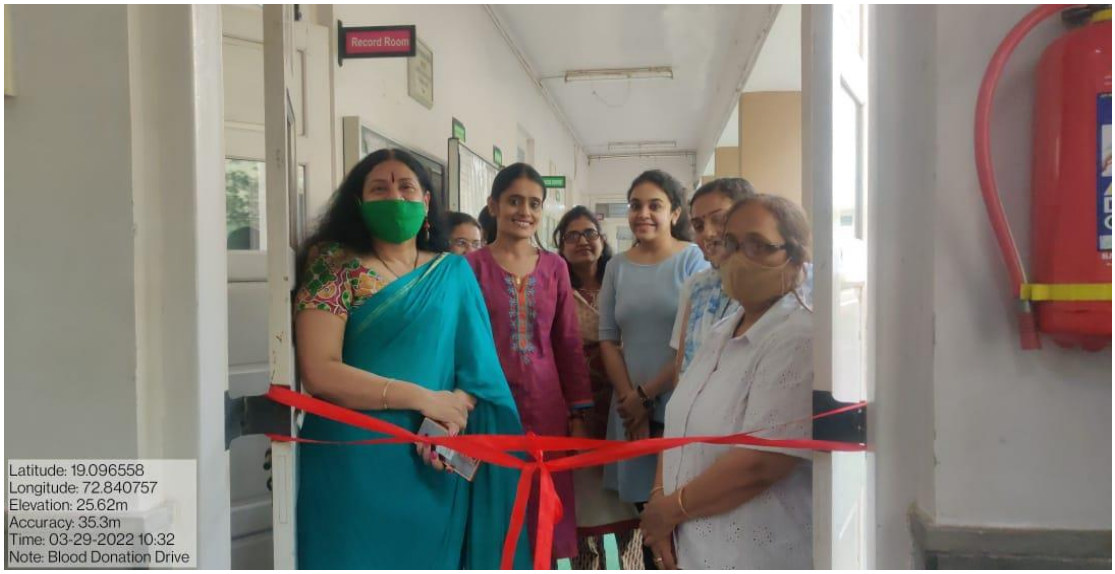
Rangoli	20
Painting	53
Poster / Slogan Making	24
Video Story	4
Essay (Eng / Hindi / Guj) Topic: Expression	**121**
Poetry (Eng / Hindi / Guj)	**57**

Entries for various competitions were received from In-House and Outside the college on E-mail Id provided for each competition

OUTCOME: All the entries were sent to Judges for evaluation. Names of the Prize winners were declared online (Youtube Link : https://youtu.be/h42wtXoFu6I)

Blood Donation camp

NSS Unit MNWC & youth red cross, SFC Foundation & Blood Connect offline in Sports room



Blood Donation camp

NSS Unit MNWC & youth red cross, SFC Foundation & Blood Connect offline in Sports room

Name of Activity: Blood Donation camp

Date: 29.03. 2022

Venue: Sports Room, MNWC College

Time: 10:00 AM to 1:00 PM

No. of Participants: 18

Objectives:

1] To spread awareness among students about the importance of Blood Donation

2] To guide the students to work as volunteers for Blood Donation

3] To help the society by volunteering for this cause

Event Details: Blood Donation camp was organized on 29th March,2022 by NSS Unit in collaboration with youth red cross, SFC Foundation & BloodConnect in the sports room. Dr. Harsha Rawal from Manas Blood Bank, Jogeshwari and his assistant doctors supervised the blood donation camp. The camp was inaugurated at 10:00 AM by principal Dr. Rajshree Trivedi, Dr. Harsha Rawl (main doctor in charge) & NSS POs. 18 people donated the blood and 18 bottles of blood 350 ml each were collected in the blood donation drive.

Youth Red Cross Society

Youth Red Cross Society

Youth Red Cross MNWC activities

- Blood Donation camp was organized on 29th March, 2022 by NSS Unit in collaboration with youth Red Cross, SFC Foundation & BloodConnect. Blood Donation was under the guidance of Dr. Harsha Rawal and attended by 18 students.
- A webinar on Indoor Air Pollution was held on 13th June 2021 and attended by 27 students.
- A webinar on Orientation to Disaster Management was held on the 27th June 2021 and attended by 11 students.
- A webinar on Unleash Your Potential was held on the 04th July 2021 and attended by 07 students.

ROTARACT CLUB

OF

MANIBEN NANAVATI WOMEN'S COLLEGE

ROTARACT CLUB OF MANIBEN NANAVATI WOMEN'S COLLEGE

- Webinar on "Peace of Mind" was conducted by Rotaract CLUB VPM'S R'Z SHAH COLLEGE in collaboration with RC MNWC, RCSIES SION (E), RCSNSTWU, RCDGMCMS, RCMMK, RC OF NORTHERN SUBURBS, RCBMV on 8th August, 2021. The chief speaker for this auspicious program was Mrs. Shlipa Narayan. Beneficiaries - 76

- Webinar organised on Decode Sexuality and Non-Binary Gender by Rotaract Club of Maniben Nanavati Women's College on 19th September, 2021.The chief speaker was Dr. Parth Doshi for this auspicious program was Ms. Namita Marwah. Beneficiaries - 35

- Webinar organised on "Self Defence" by Rotaract Club of Maniben Nanavati Women's College on 19th September, 2021.The chief trainer was Aryan for this session. Beneficiaries - 43

- Rotaract Club of Maniben Nanavati Women's College held 10th Installation Ceremony on the theme Glow. The session was on 29th October 202. Beneficiaries- 274

- LAFZ-E-MEHFIL was an open mic event carried out by editors of Rotaract club of Ramniranjan Jhunjhunwala

  College and Rotaract Club of Maniben Nanavati women's College on 27th November 2021. Beneficiaries - 21

- Webinar on “Basics of Mandarin Language” by Rotaract Club of Maniben Nanavati Women’s College on 26th February 2022.The chief speaker was Ms. Abhilasha Panchal.

  Beneficiaries- 36

- The Charity Drive (Bet for Better) was conducted on account of the New Year Commencement by the Rotaract Club of Maniben Nanavati Women’s College on 9th March 2022.

  Beneficiaries- 9

THANK YOU