

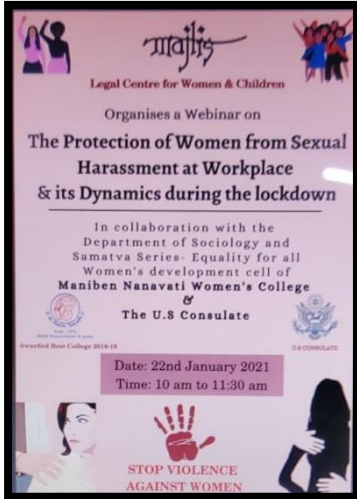
7.1.1 -

Measures initiated by the Institution for the promotion of gender equity during the year.

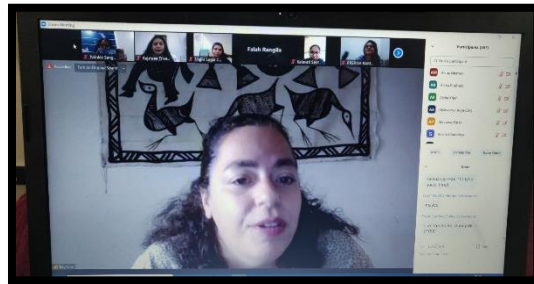
Department of Sociology

Year 2020-21

The Protection of Women from Sexual Harassments at Workplace and Its Dynamics during the Lockdown



Adv. Persis from Majlis for talk on Sexual Harassment



Documentary Making "Raise your Voice"

MANIBEN NANAVATI WOMENS COLLEGE

DEPT. OF SOCIOLOGY
ACTIVITY REPORT FORM
YEAR: 2020-21

NAME OF THE ACTIVITY: "Documentary" → "RAISE YOUR VOICE"
EDUCITY: [2018-2021] TARGET GROUP: FG, SG, THER
NAME OF FACULTY: Ms. Pooja C. Kharve & Ms. Pooja D. Bhat
NO OF STUDENTS: 15 students
SPEAKER/RESOURCE PERSON (WITH DESIGNATION): [Collaborated with
NCO - Arpan] / [Mentor Department]

VENUE: On Zoom
TIME:

OBJECTIVES: To raise awareness on Sexual Harassment
To create awareness amongst our students
by involving them in documentary
making and acting in the documentary.

METHODOLOGY: 1) Participatory Learning
2) Experiential
3) Problem Solving methods were used.

OVERVIEW: Students were involved right from
script writing, acting, and editing
of the documentary.

OUTCOME: It was launched on the 10th May
2021, during a program "YAM1"

ANY OTHER REMARKS: Videos available on U-tube & college website.



Estd: 1972
NAAC Reaccredited 'A' grade

MANIBEN NANAVATI WOMEN'S COLLEGE

VALLABHBHAI ROAD, VILE PARLE (W), MUMBAI, MAHARASHTRA - 400056

AWARDED BEST COLLEGE 2018-2019

SAMATVA (EQUALITY AND EQUITY FOR ALL)

Post Graduate Department of Commerce and Post Graduate
Department of Psychology

Under the Aegis of

Internal Quality Assurance Cell, Women Department Cell and
Internal Complaint Committee

ORGANISES

Talk on

*"Demystifying Gender Perspectives and Journey Towards Self
Reliance"*

10th May 2021 (MONDAY)

By

Guest Speaker



Dr. R. Sundari

Assistant Professor,

PG and Research Department of Commerce

DG Vaishnav College

Chennai, Tamil Nadu

AT

9:00 am to 10:30 am

Zoom Meeting ID: 889 4372 7534

Password: 108450



MANIBEN NANAVATI WOMEN'S COLLEGE

(Affiliated to S.N.D.T. Women's University)
Conducted by : SHREE CHANDULAL NANAVATI WOMEN'S INSTITUTE & GIRLS' HIGH SCHOOL
Vallebhhai Road, Vile Parle (West), Mumbai-400 056.
Tel.: 2612 8840, Telefax : 91-22-2617 8196
E-mail : mnwcollege@hotmail.com • Website : www.mnwo-sndt.org, www.mnwo-sndt.com

NAAC Reaccredited 'A' grade

Chairman Mg. Committee
Smt. Himadri S. Nanavati

Principal
Dr. (Mrs.) Rajshree Trivedi

MNWC/2020-21/25

05/05/2021

To,
Dr R .Sundari
Assistant Professor
PG and Research Department of Commerce
DG Vaishnav College
Chennai, Tamil Nadu.

Sub: Invitation for Webinar

Respected Madam,

We are happy to inform you that Post Graduate Department of Commerce and Post Graduate Department of Psychology under the aegis of Internal Quality Assurance Cell, Women Development Cell and Internal Compliant Committee is organising a program on SAMATVA (Equality and Equity for All).

It gives us immense pleasure to invite you as a resource person to conduct Session titled "Demystifying Gender Perspectives and Journey towards Self Reliance" from 9:00 am to 10:30 am on Monday, 10th May, 2021.

Kindly send us a copy of your resume. We are looking forward to your presence at the webinar.

Thanking you

Yours Faithfully

Dr. (Mrs.) Rajshree P. Trivedi
Principal
Maniben Nanavati Women's College,
Vile Parle (West), Mumbai - 400 056.

Principal



Estd. 1972
NAAC Reaccredited 'A' grade

Chairman Mg. Committee
Smt. Himadri S. Nanavati

MANIBEN NANAVATI WOMEN'S COLLEGE

BEST COLLEGE 2018-2019 Awarded by SNDT Women's University, Mumbai
(Affiliated to S.N.D.T. Women's University)

Conducted by SHREE CHANDULAL NANAVATI WOMEN'S INSTITUTE & GIRLS' HIGH SCHOOLS
Velatrikha Road, Vile Parle (West), Mumbai-400 056
Tel. 2612 8840, Telefax: 91-22-2617 6196
E-mail: mnwcollege@hotmail.com • Website: www.mnwc-sndt.org

Principal
Dr. (Mrs.) Rajshree Trivedi

10.05.2021

MNWC/ 2021-22/42

To,
Dr R. Sundari
Assistant Professor
PG and Research Department of Commerce
DG Vaishnav College
Chennai, Tamil Nadu

Subject: Thank You Letter

Respected Madam,

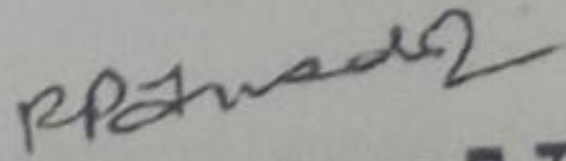
We would like to express heartfelt thanks to Dr R. Sundari for accepting our invitation and actively participating in the programme organised by Post Graduate Department of Commerce and Psychology, Internal Quality Assurance Cell, Women Development Cell and Internal Compliant Committee of Maniben Nanavati Women's College, Vile Parle (West) Mumbai on 10th May, 2021 (Monday) from 9:00 am to 10:30 am.

We would like to thank you for sharing expertise, knowledge and conducting an informative and thoughtful session on topic "Demystifying Gender Perspectives and Journey towards Self Reliance".

All the participants appreciated and benefitted from views presented on the topic by you. Looking forward to such an academically enriching & fruitful associations in the future too.

Thanking you

Yours Faithfully, ,


Dr. (Mrs.) Rajshree P. Trivedi
Principal
Maniben Nanavati Women's College,
Vile Parle (West), Mumbai - 400 056.

Maniben Nanavati Women's College
Post Graduate Department of Commerce

Attendance of Event Equality And Equity For All - Samatva.
Date: 10th May 2021.

- Sadhana Dubey
- Patel Sadiya
- Ansari Ayesha Bano Sajid Miyan
- Nirmala Bhavani Singh Rajput
- Heena Pyarali Samnani
- Anushree Dinesh Parmar
- Sania Iqbal Gilani
- Sofiya Bardai
- Vaishnavi Arya
- Patel Juveriya
- Choudhary Sana
- Ranjana Dalsingar Chourasiya
- Zainab Noora Shaikh
- Dobariya Rukasana Mejar
- Nida Irshad Godke
- Aishwarya Vikram Arya
- Neha Sahani
- Pooja Saroj Shashikant Gangurde
- Khan Farha Naaz Mohd Shahid
- Mallika Joshi
- Bhavna Waghe la
- Joshikhan Umme Kuls
- Khan Umme Kulsum
- Nidhi Gupta
- Jeena Palan
- Pinal Parmar

REPORT ON ONLINE GUEST LECTURE ON
"DEMYSTIFYING GENDER PERSPECTIVES AND JOURNEY TOWARDS SELF
RELIANCE"

PART OF
SAMATVA (EQUALITY AND EQUITY FOR ALL):

BY GUEST SPEAKER DR. R. SUNDARI,
Assistant Professor, PG and Research Department of Commerce,
DG Vaishnav College, Chennai, Tamil Nadu
on Monday, the 10th of May 2021
Timing: 9.00 a.m. to 10.30 p.m.

The talk on Samatva was organized by the Post Graduate Departments of Commerce and Psychology under the aegis of the Internal Quality Assurance Cell, Women Development Cell and Internal Complaint Committee. It was attended by PG students from the Commerce and Psychology Departments of Maniben Nanavati Women's College.

Objectives of the talk: To educate the attendees about the meaning of Equality, Equity and Empowerment of Women, to showcase the reasons for women lagging in the workplace, in the political and policy making spheres, to demonstrate ways and means by which women can empower themselves and achieve their full potential by making their passion their profession.

About the Talk:

The talk began with Ms. Zainab Shaikh, M.Com Student introducing the guest speaker Dr. R. Sundari. Thereafter Dr. Sundari began her talk by telling the students that she arrived at her doctoral topic, "General equality and career progression of women executives" because she found that there is unequal representation of women in Social, Cultural, Economic and political arenas and she wanted to know why women are not visible in the senior most positions in business and industry.

She stated that statistics indicate that one in 3 women are subjected to various forms of violence and abuse be it sexual, physical, verbal or emotional and while 83% of women are engaged in domestic activities, only 22% are involved in political activities and policy making. Gender inequality is rampant in the work place, in education, in health, nutrition etc. Dr. Sundari emphasized that gender is only a biological difference based on chromosomes and hormonal differences. However, it is reflected in cultural norms and attributes as well as in social interactions and behaviour.

The need of the hour is Gender Equity not Gender Equality because gender equity levels the playing field for everyone and is a pre-requisite for gender equality.

While there are several reasons for the gender discrimination we see everywhere including unequal access to education, poor medical care, inadequate nutrition, discriminatory practices etc., the way for women to end this gender discrimination is to go for formal education, face the social, cultural, economic environment, get confident, resilient, empowered and become more visible, more effective. Women are capable of doing everything men can do - there is no job segregation required based on biological differences.

Women must break the stereotypes regarding personality and domestic behaviour that are associated with being female. They can look for occupations that go beyond becoming teachers, receptionists, nurses or flight attendants and they do not have to cater to physical stereotypes of being lean, beautiful, make-up laden, saree-clad, shy, diffident etc. Numerous women for example Indira Gandhi, Kiran Bedi, Kalpana Sharma, Chanda Kochar, Indira Nooyi etc. have through the ages shown that women can be risk takers, they do not see

obstacles as stumbling blocks but as stepping stones to self realization and empowerment. They are result oriented and are willing to take acceptable risk.

Dr. Sundari mentioned that there are really no glass ceilings except those we create in our own minds. The need is for women to be optimistic, know the challenges and convert the stumbling blocks into Stepping stones. To this end, there are numerous government schemes for women empowerment namely Mahila Sakthi Kendra, Sakhi, STEP, Beti Bachao Beti Padhao, Mahila-e-Haat etc. In particular Dr. Sundari mentioned the concerted efforts made by the Government of Maharashtra to uplift and empower women. There are also websites like periferri.com that is a social entrepreneurship initiative for the employment of transgenders and an App called Kavalan that is a Govt. of Tamil Nadu initiative for victims of harassment and violence.

Women need to take advantage of all these support measures undertaken by the various central and state governments. They also need to fight gender stereotypes by pointing it out, speaking up, and being living examples of gender equity. Successful women possess certain traits for example they play to their strengths, stay positive, ignore the petty stuff etc.

Finally, Dr. Sundari stated that her expectations from Industry are for protection, promotion and provision of equal opportunity; from Society she expects responsibility, reaction and reengineering of current gender stereotypes and from Women themselves she expects a buildup of capacity, confidence and credibility to do anything and everything one can imagine and to pursue one's passion as one's profession for lasting happiness.

The talk ended with a Question & Answer session and Formal Vote of Thanks was proposed by Ms. Meeti Dossa, MA II Student

Learning Outcome of the talk: Gender discrimination is in the mind. If women empower themselves with education, wisdom, social experiences, perseverance etc., there is nothing they cannot achieve, no glass ceiling they cannot break. Men are not stealing opportunities away from women. Opportunities are to be made and exploited and anyone can do it.

DEPARTMENT OF CHILD DEVELOPMENT

RAAH INITIATIVE

ACTIVITY REPORT

YEAR: 2019-2020

NAME OF THE ACTIVITY: AZADI KE LAFZ

DD/MM/YY: 15th August, 2021

TARGET GROUP: Members of the Transgender and LGBTQIA+ community, Youth, Adults.

NAME OF FACULTY: Dr Swati Partani

NO OF STUDENTS: 5

COLLABORATION: RAAH with Team Project Kinnarambh, Rotaract District 3141, Humsafar Trust, Rotaract Club of MVM.

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): members of the LGBTQIA+ community

Venue: Online

OBJECTIVES:

- To encourage freedom of speech among members of the transgender community.
- To empower members of the transgender community.
- To support the creativity of the members of the LGBTQIA+ community

METHODOLOGY: On the occasion of 73rd Independence day members of the LGBTQIA+ community were invited to speak and convey what freedom and independence means to them. This was an online event, we had in our midst the community members who spoke for 1 minute or less what freedom means to them. This event was conducted with the participation of many people. RAAH had the honor of working with Team Project Kinnarambh, Rotaract District 3141, Humsafar Trust, Rotaract Club of MVM among several others. There was support provided by the Principal of Maniben Nanavati Women's College, Dr. Rajshree Trivedi, Rtn. Sunnil Mehta, Rtn. Ravishekar Krishnaswami Sandeep Mane from Humsafar Trust and Maya Awasthy. Participants included Anjali Siroya, Shreya Reddy, Reshma and Shape India Volunteers among many others.

OVERVIEW: It was amazing to hear all the participants without any language barrier. There were several participants who sent in their words and heartfelt expression of freedom through poems, speech and many more formats. There was plenty of creativity and the final video conveys the power of their words

Video: <https://www.youtube.com/watch?v=vGIxe1BDHZY>

AAH
Estd.: 1972
C Reaccredited 'A' c

AZADI KE LAFZZ
RAAH initiative, Dept. of Child Development
Maniben Nanavati Women's College in
Collaboration with Project- KINNARRAMBH
Rotray District 3141

Rotary District 3141
Rotary Opens Opportunities
Vision 2020
Beyond the Ordinary

Azadi Ke Lafz
I Quote my words of Freedom
Theme: My Thoughts, My Freedom

Rtr. Glenda D'silva

Shreya Reddy

Anjali Sirova



MANIBEN NANAVATI WOMEN'S COLLEGE

DEPT OF CHILD DEVELOPMENT

ACTIVITY REPORT

YEAR: 2020-2021

NAME OF THE ACTIVITY: BEYOND GENDER (Unmasking Gender Norms)

DD/MM/YY: 20/11/20

TARGET GROUP: College students

NAME OF FACULTY: Dr. Swati Partani

NO OF STUDENTS: 103

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Ms. Maya Urmi Aher, a social activist

VENUE: Zoom Meetings

TIME: 6:45-8:15pm

OBJECTIVES:

- To create awareness among the youth about the transgender identity.
- To make society more accepting of the transgender community.
- To help ensure the eradication of verbal and physical abuse that the transgender community is subjected to.

METHODOLOGY: The methodology used was Participative.

OVERVIEW:

RAAH initiative, Department of Child Development in collaboration with SMATVA under WDC, Maniben Nanavati Women's College organized this gender sensitization program. This program was conducted on 20th of November, from 6:45-8:15pm, which is also observed as the Transgender Day of Remembrance. The program was conducted online through the Zoom application and about 103 students participated.

The aim of the program was to make our society more accepting of the transgender community through educating the citizens about the transgender identity. To help achieve this aim, Ms. Maya Urmi Aher, a social activist, was invited as the guest speaker. Ms. Maya provided information on various concepts such as sex, gender and sexuality. The speaker also informed the audience specifically about the transgender identity, wherein themes like- the experience of being a transgender, the process of transitioning, etc were covered. The speaker also, very graciously, answered the queries the audience had about her personal experiences and the subject in general and kept the session interactive throughout.

OUTCOME:

The session was an informative one wherein the audience was encouraged to interact with the speaker to gain a better understanding of the topic. The session not only educated the participants about the transgender identity but was particularly sensitizing as it brought out the perspective of a transgender individual.





Raah Initiative,
Dept. of Child Development
In collaboration with
Samatva series: Equality for all,
Women Development Cell,
Maniben Nanavati Women's college
(Best College Award: 2018-19)



Beyond Gender:

Unmasking Gender Norms



Speaker:
Sachin aka Maya Urmi Ahire

**Join us for the
gender sensitization programme**

Date: 20/11/20

Time: 6:45pm sharp.

Venue : Zoom Meeting

Meeting id: 6689263603

Paascode: RAAH





Raah <raahmanzil@gmail.com>

Invitation to sensitize youth "Beyond Gender: Unmasking gender norms"

2 messages

Swati Partani <swati.partani@mnwc.edu.in> 20 November 2020 at 12:50
To: Mayatweet0903@gmail.com, Wdc@mnwc.edu.in, mnwcmail@mnwc.edu.in, Raah Humsafar <raahmanzil@gmail.com>, cdmnwc@gmail.com

Dear Sachin aka Maya Urmi Aher,
It's our immense pleasure to invite you to deliver a talk on Beyond Gender: Unmasking gender norms, a Gender sensitization programme. This programme is conducted by RAAH Initiative, Department of Child Development In Collaboration with Samatva Series: Equality for all, under Women's Development Cell, Maniben Nanavati Women's College.
This programme will be conducted on Zoom Platform on 20th November, 2020 at 6:45 pm, Thursday. Looking forward to having you with us in the evening and enriching the youth with your expertise.
Thank you so much
Warm regards

--
Dr Swati Partani
HOD & Asst Professor,
Department of Child Development,
Maniben Nanavati Women's College,
Mumbai.g the

Maya Urmi Aher <mayatweet0903@gmail.com> 20 November 2020 at 15:02
To: Swati Partani <swati.partani@mnwc.edu.in>
Cc: Wdc@mnwc.edu.in, mnwcmail@mnwc.edu.in, Raah Humsafar <raahmanzil@gmail.com>, cdmnwc@gmail.com

Dear madam

Thanks alot for giving me this opportunity where I have been asked to share my information about gender n talk on topic beyond gender.

Request you to please send me Zoom link so tht I can login on time.

[Quoted text hidden]

| Timestamp | Name of the student |
|---------------------|-------------------------|
| 20/11/2020 20:04:09 | Nousheen Abdul Syed |
| 20/11/2020 20:04:17 | Zuverya Momin |
| 20/11/2020 20:04:35 | Racheal Johnson |
| 20/11/2020 20:04:39 | Maseera Qureshi |
| 20/11/2020 20:04:41 | Shaikh Rukhsar Abdul ku |
| 20/11/2020 20:04:42 | Janhavi Moreker |
| 20/11/2020 20:04:45 | Saba Shaikh Shafi |
| 20/11/2020 20:04:49 | Crystal D'souza |
| 20/11/2020 20:04:50 | Ayesha petiwala |
| 20/11/2020 20:04:52 | Mital Shah |
| 20/11/2020 20:04:54 | Pooja Panchal |
| 20/11/2020 20:04:55 | Jashman Kaur Chandok |
| 20/11/2020 20:05:12 | Simran chabra |
| 20/11/2020 20:05:12 | Sylvia sequeira |
| 20/11/2020 20:05:20 | Komal shah |
| 20/11/2020 20:05:22 | Sarah Dantas |
| 20/11/2020 20:05:24 | Juee gotle |
| 20/11/2020 20:05:27 | Rishita kanabar |
| 20/11/2020 20:05:29 | Haziqa antulay |
| 20/11/2020 20:05:35 | Sharvi Agarkar |
| 20/11/2020 20:05:36 | Vaishnavi Ghogale |
| 20/11/2020 20:05:37 | Lubna Mansuri |
| 20/11/2020 20:05:50 | Esha Mardolkar |
| 20/11/2020 20:05:50 | Shruti Doshi |
| 20/11/2020 20:05:51 | Yashvi Hitesh Mehta |
| 20/11/2020 20:05:54 | Muskan khan |
| 20/11/2020 20:05:58 | Rekha Thakur |
| 20/11/2020 20:06:29 | Vidhi Atul Shah |
| 20/11/2020 20:06:36 | Shaikh Sabila khatoon |
| 20/11/2020 20:06:40 | Archana Baitalik |
| 20/11/2020 20:06:40 | Qafiya sayed |
| 20/11/2020 20:06:42 | Zainab S khan |
| 20/11/2020 20:06:53 | Sapna |
| 20/11/2020 20:06:54 | Pratiksha wadekar |
| 20/11/2020 20:06:59 | GAURI KHANOLKAR |
| 20/11/2020 20:07:02 | Qariba Shaikh |
| 20/11/2020 20:07:04 | Gulfiza khanam |
| 20/11/2020 20:07:09 | Sana Afreen Saifi |
| 20/11/2020 20:07:12 | Siddhi Yadav |
| 20/11/2020 20:07:28 | Rhutvi shah |
| 20/11/2020 20:07:41 | Jessica Andrews |
| 20/11/2020 20:07:45 | Simran Dsouza |
| 20/11/2020 20:08:03 | Aisha khan |
| 20/11/2020 20:08:08 | Hazel Noronha |
| 20/11/2020 20:08:11 | Palak Shah |

| Timestamp | Name of the student |
|---------------------|-------------------------|
| 20/11/2020 20:08:25 | Ashvi Kapadia |
| 20/11/2020 20:08:28 | Parveen Shaikh |
| 20/11/2020 20:08:57 | Dimple Parmar |
| 20/11/2020 20:09:00 | Vanessa V Baptista |
| 20/11/2020 20:09:11 | Heena imran khan |
| 20/11/2020 20:09:25 | Namrata Gole |
| 20/11/2020 20:09:43 | Astrid Fernandes |
| 20/11/2020 20:09:55 | Gargee Kulkarni |
| 20/11/2020 20:10:16 | Ayesha Mistry |
| 20/11/2020 20:10:28 | Saniya salema |
| 20/11/2020 20:10:30 | Tanvi k. Bhavsar. |
| 20/11/2020 20:11:10 | Divya Tiwari |
| 20/11/2020 20:11:37 | Sadiya Barudgar |
| 20/11/2020 20:11:54 | AMORSHI KUNDU |
| 20/11/2020 20:13:17 | Khan aqsa |
| 20/11/2020 20:14:02 | Fouziya shaikh |
| 20/11/2020 20:14:04 | Bhoomi Bhateya |
| 20/11/2020 20:14:15 | Raktima Sarkar |
| 20/11/2020 20:15:07 | Laiba Anis Jatu |
| 20/11/2020 20:15:23 | Fatima Khan |
| 20/11/2020 20:16:30 | Devika Pandey |
| 20/11/2020 20:16:35 | Sunidhi Singh |
| 20/11/2020 20:18:26 | kinjal sharma |
| 20/11/2020 20:20:08 | Sadaf yunus khan |
| 20/11/2020 20:22:17 | Dhruvika vora |
| 20/11/2020 20:22:47 | Priyanka Talesara |
| 20/11/2020 20:29:48 | Fwinkle Chauhan |
| 20/11/2020 20:31:46 | Nidhi shah |
| 20/11/2020 20:32:25 | Sarah Lakdawala |
| 20/11/2020 20:32:53 | Aisha Budhani |
| 20/11/2020 20:33:26 | Sana khan |
| 20/11/2020 20:36:36 | Palak Lilaker |
| 20/11/2020 20:37:46 | Zehrah Batul Bhati |
| 20/11/2020 20:39:11 | Rinku sant |
| 20/11/2020 20:46:31 | Meera |
| 20/11/2020 20:49:31 | Riya Waghela |
| 20/11/2020 21:01:05 | Pooja Vora |
| 20/11/2020 21:02:02 | Yarsopem Yangya |
| 20/11/2020 21:04:16 | Kriti Chopra Chopra |
| 20/11/2020 21:06:42 | Aafia Anees Artianawala |
| 20/11/2020 21:14:59 | Shahin Shaikh |
| 20/11/2020 21:18:22 | Ruqaiya |

| Timestamp | Name of the student |
|---------------------|---------------------------|
| 20/11/2020 21:24:47 | Madiha hamidani |
| 20/11/2020 21:33:08 | Disha Chabhadia |
| 20/11/2020 21:37:19 | Hurraien |
| 20/11/2020 21:38:27 | Sumaiyya Husain Saleh |
| 20/11/2020 21:58:20 | Naushin parween |
| 20/11/2020 22:00:24 | Shamin |
| 20/11/2020 22:24:36 | Madeeha Penwala |
| 20/11/2020 22:41:29 | Mushkan Quazi |
| 21/11/2020 05:34:00 | Thanuseya Nadar |
| 21/11/2020 06:54:25 | Jacinta |
| 21/11/2020 09:08:59 | Saloni Haldankar |
| 21/11/2020 10:33:47 | Ekta Ganesh parmar |
| 21/11/2020 10:35:04 | ayesha wadekar |
| 21/11/2020 11:05:35 | Purva Bapat |
| 21/11/2020 12:58:38 | Shaikh tuba bano salim ja |
| 21/11/2020 13:12:22 | Kareena Verma |



MANIBEN NANAVATI WOMEN'S COLLEGE

DEPT OF CHILD DEVELOPMENT

ACTIVITY REPORT

YEAR: 2020-2021

NAME OF THE ACTIVITY: **DECODING GENDER (Hint: It isn't binary)**

DD/MM/YY: 18/04/21 TARGET GROUP: Young students

NAME OF FACULTY: Dr. Swati Partani

NO OF STUDENTS: 26

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Ms. Kajal Makwana; a Psychologist, Queer Affirmative Therapist, Mental Health first aid trainer and Graphologist.

VENUE: Zoom Meetings

TIME: 6pm to 7.30pm

OBJECTIVES:

- 1.** To educate the youth on the importance of understanding gender and different gender identities.
- 2.** To inform them about the transgender and non-binary communities.
- 3.** To lay emphasis on promoting and practicing queer affirmative actions.

METHODOLOGY: The methodology used was Participative.

OVERVIEW:

Volunteer For India (VFI) for VOLSHIP 2021 Bangalore Chapter in collaboration with RAAH initiative, Department of Child Development of Maniben Nanavati Women's College organised the webinar titled "DECODING GENDER (Hint: It isn't binary)" on gender sensitization and education of the youth regarding gender identities. The program was conducted on 18th of April, 2021, from 6pm to 7.30pm. The program was conducted online through the Zoom application and about 38 participants were present. The program was also broadcast live on the Facebook page of Volunteer for India. The esteemed speaker present for this program was Ms. Kajal Makwana; a Psychologist, Queer Affirmative Therapist, Mental Health first aid trainer and Graphologist. She is also one of the core and founding members of Volunteer for India.

The main aim of the program was to educate the youth on gender identities, gender expression and how to maintain a queer and trans* affirmative environment. The program had an incredibly interactive format, with the City Leaders for VOLSHIP 2021 addressing questions gathered from youth and audience prior to the event. The speaker Ms. Kajal Makwana very patiently answered each and every question posed to her. She explained the difference between the binary outlook society is conditioned to and the non-binary reality of gender. She highlighted how “trans*” was an umbrella term and the asterisk above it denoted inclusion of more gender identities than presumed by society. There was explanation about the concept of personal pronouns and preferred names and how they form an important part of a person’s identity that must be accepted and respected. She explained that the space to understand one’s gender identity has been kept quite limited up till now by societal norms that force labels on individuals, but we must take the time to explore and figure out our identity, we must break beyond the conditioning and learning we have done from societal stereotypes.

She also offered counsel on how to be an effective ally. Two important statements were made during the program. Firstly, she stated that “Unlearning, Relearning, Understanding and Actively Practicing” were the key steps in which there could be a change in the narrative for the LGBTQIA+ community. Then, Ms. Makwana also spoke to the audience of a model she devised herself of “ABC for Allies” in which A – Asking personal pronouns and preferred name, B – Breaking Boxes (labels and stereotypes we assign presumptuously) and C – Commitment to supporting, advocating for and actively affirming the community. She also emphasized that “Bodies do not equate to sexuality, sexuality does not equate to gender expression, which does not equate to the relationships a person may be a part of”

She spoke of how trans folk who live in transphobic environments must ensure their safety first, before trying to educate others, since it is essential that their life is secure before they can truly bring about a change. She suggested online support, connecting to the community, therapy, research for alternative safety resources and organisation that can help and aid the trans community as solutions to such an adverse condition.

There was active participation and interaction from the audience. There were open discussions about the trans* community and the status they hold today in India, what is meant by “Gender Equality” in context of the 21st century perception, how the youth can work towards an inclusive and equal future were among other topics that were discussed when the audience was allowed to freely ask their questions.

The session was regarded with a general consensus as very informative and enjoyable. The vote of thanks given at 7.20 pm by a RAAH volunteer closed the ceremony.

Role of RAAH: Our Contributions

RAAH initiative, Department of Child Development of Maniben Nanavati Women’s College eagerly collaborated in this webinar by Volunteers for India.

We gathered the audience for this webinar alongside the City Leaders from Volunteers for India and we also prepared and gathered the list of questions from youth prior to the webinar.

Prior to the event our volunteers consistently promoted the webinar through personalised and creative posts on our Facebook and Instagram pages and personal WhatsApp messages to

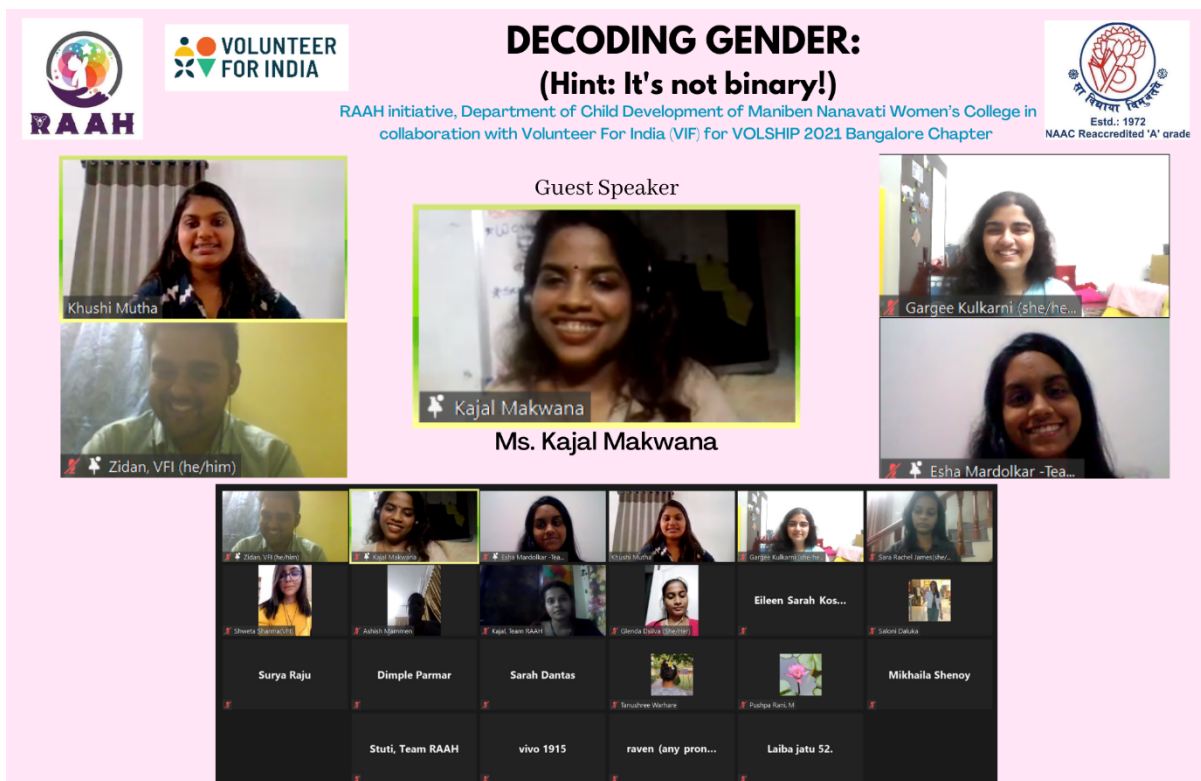
complete the two tasks formerly mentioned. We remained in touch via e-mail with the members from Volunteers for India to ensure effective collaboration for the event.

During the event, our volunteers were a proud part of the technical team to ensure smooth operation of the webinar. Two of our volunteers also participated in hosting/compering for the webinar; asking the esteemed speaker questions during the Question-and-Answer Session and proposing the Vote of Thanks to close the program.

OUTCOME:

The session was thoroughly informative and well organised. The participants expressed their gratitude towards the collaborating organisations for such an informative program. The message of the event was clearly understood by each of the participants in this incredibly interactive program. Through this event, each of the objectives mentioned above were acknowledged and successfully implemented. There were numerous topics and issues covered regarding gender identity, ensuring a queer affirmative and gender-neutral environment as frequently as possible and taking necessary steps to promote a more inclusive future. With this, there was a well-orchestrated, interesting and insightful webinar, made possible through cooperative collaboration, a brilliant audience and an experienced, knowledgeable speaker.

The pictorial report/representation in format of a collage for the event is given below.





Raah <raahmanzil@gmail.com>

VOLUNTEER FOR INDIA- DECODING GENDER (Hint: It isn't Binary!)

1 message

khushi@volunteerforindia.com <khushi@volunteerforindia.com>
To: raahmanzil@gmail.com

27 April 2021 at 23:59

Dear Team RAAH,

We are grateful to work with you for the 2nd online gender sensitisation program for youth themed - DECODING GENDER (Hint: It isn't Binary!). We thank you for helping us with the pre-decided questions, moments of the session and PR.

We seek to work with you ahead.

Thank you.

Please find the attached links:

Feedback:

<https://docs.google.com/forms/d/1ZoNhmCsRYTjgiLdhPE3SkZV3W97oQKUmBGbJCerpyMA/edit?usp=sharing>

Entries:

https://docs.google.com/spreadsheets/d/1OIAfEME5wzdcPAREK6zF1i7vW3Qg5u_bkYXAsPHuD-U/edit?usp=sharing

Presentation:

https://docs.google.com/presentation/d/1fFahp2BEoYpJ8cGP_W3wMOBexbvGAf5yIglVp5Bk3A/edit?usp=sharing

Regards,
Khushi Mutha & Glenda D'silva,
Leaders, Bangalore City



MANIBEN NANAVATI WOMEN'S COLLEGE

DEPT OF CHILD DEVELOPMENT

ACTIVITY REPORT

YEAR: 2021-2022

NAME OF THE ACTIVITY: ECLIPSING GENDER: A Step towards "Trans"forming Gender Norms.

DD/MM/YY: 11th of April, 2021

TARGET GROUP: Parents of transgender persons, parents of MNWC students, other youth.

NAME OF FACULTY: Dr. Swati Partani

NO OF STUDENTS: 27

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Ms. Aruna Desai and Mr. Atul Kumar of the Sweekar Rainbow Parent's Group.

VENUE: Zoom Meetings

TIME: 6pm to 7.30pm.

OBJECTIVES:

1. To sensitize parents about gender and improve their understanding regarding the trans community.
2. To inform parents how they can support their children and become an effective ally to the community.
3. To lay emphasis on ensuring the children's happiness and mental health.

METHODOLOGY: The methodology used was Participative.

OVERVIEW:

RAAH initiative, Department of Child Development of Maniben Nanavati Women's College in collaboration with Volunteer For India (VIF) for VOLSHIP 2021 Bangalore Chapter organised the webinar titled "ECLIPSING GENDER: A Step towards "Trans"forming Gender Norms" on gender sensitization aimed towards parents, especially parents of transgender children. The program was conducted on 11th of April, 2021, from 6pm to 7.30pm. The program was conducted online through the Zoom application and about 26 participants were present. The program was also broadcast live on the Facebook page of Volunteer for India. The esteemed speakers present for this program were Ms. Aruna Desai and Mr. Atul Kumar of the Sweekar Rainbow Parent's Group.

The main aim of the program was to eliminate and correct any misconceptions, doubts or wrongly presumed stereotypes or beliefs parents held regarding the trans community and the upbringing of a child who does not identify with the sex or gender assigned to them at birth. The program had an incredibly interactive format, with the City Leaders for VOLSHIP 2021 addressing questions gathered from parents prior to the event. The speakers, Mrs. Aruna Desai and Mr. Atul Kumar, very patiently answered each and every question posed to them. They emphasized on how the parents should try to understand their child, put their child's happiness and identity first, before any societal pressures or expectations. As Atul Kumar Sir said, "A parent's love for their child must beat the fear of society." They kindly shared anecdotes and advice, Aruna Desai Ma'am being the proud parent of a brilliant gay son and Atul Kumar Sir being the proud father of a successful transwoman.

They provided counsel on what resources could be accessed by parents and others alike to know more about the trans community. They helped the audience understand that a parent must acknowledge that there is nothing unnatural in their child, their child was born this way and that a parent's support can allow the child to reach their full potential as a person. They acknowledged the struggle that children go through when coming to terms with both their gender and sexual identity and explained the difference between the two.

There were questions asked from the audience such as "How can we convince parents to be accepting of their child and how do we change the mindset of adamant parents that are unwilling to be there for their child?" They emphasized on counselling and therapy for the parents and children from LGBTQIA+ friendly counsellors, both resources which their organization Sweekar Rainbow Parent's Group has available, Aruna Ma'am being one of the experienced counsellors.

The session was regarded with a general consensus as a very informative and enjoyable session. The vote of thanks given at 7.20 pm by a RAAH volunteer closed the ceremony.

Role of RAAH: Our Contributions

RAAH initiative, Department of Child Development of Maniben Nanavati Women's College eagerly collaborated in this webinar by Volunteers for India.

We gathered the audience for this webinar alongside the City Leaders from Volunteers for India and we also prepared and gathered the list of questions from parents prior to the webinar.

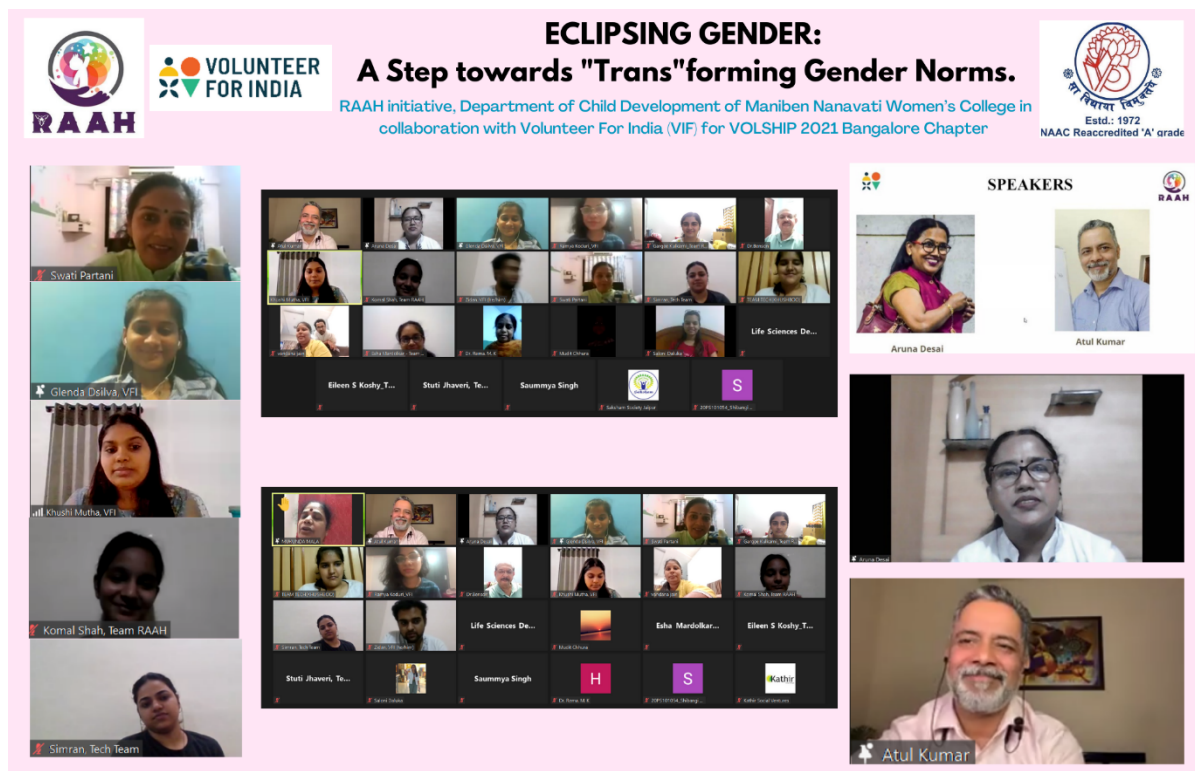
Prior to the event our volunteers consistently promoted the webinar through personalised and creative posts on our Facebook and Instagram pages to complete the two tasks formerly mentioned. We remained in touch via e-mail with the members from Volunteers for India to ensure effective collaboration for the event.

During the event, our volunteers were a proud part of the technical team to ensure smooth operation of the webinar. One of our volunteers also participated in hosting/compering for the webinar; introducing the esteemed speakers to the audience in the event and providing the vote of thanks to close the program.

OUTCOME:

The session was thoroughly informative, interactive and well organised. The participants expressed their gratitude towards the collaborating organisations for such an informative program. With the participation of numerous parents, there was clear understanding of the message of the event. Through this event, each of the objectives mentioned above were acknowledged and successfully implemented. There were numerous topics and issues covered regarding the upbringing of a trans child to the difference between gender, sex and sexuality. With this, there was a well-orchestrated, interesting and insightful webinar, made possible through cooperative collaboration, a brilliant audience and experienced, esteemed speakers.

The pictorial report/representation in format of a collage for the event is given below.





ECLIPSING GENDER: A Step towards "Trans"forming Gender Norms.

RAAH initiative, Department of Child Development of Maniben Nanavati Women's College in collaboration with Volunteer For India (VFI) for VOLSHIP 2021 Bangalore Chapter

SPEAKERS

Recording **LIVE** on Facebook
View

Participants (27)

- Atul Kumar (Co-host)
- Eileen S Koshy_Tech T... (Co-host)
- Khushi Mutha, VFI (Co-host)
- Komal Shah, Team RA... (Co-host)
- Simran, Tech Team (Co-host)
- TEAM TECH(KHU... (Co-host)
- Zidan, VFI (he/him) (Co-host)
- 20PS101054_Shibangi Rattna Ba...
- Anjali Tripathi_ VFI
- Dr. Rema. M. K
- Esha Mardolkar - Team RAAH
- Gargee Kulkarni_Team RAAH (s...
- Harsha
- Life Sciences Department

Unmute
Stop Video
Participants 27
Chat
Share Screen
Record
Reactions
Leave



ECLIPSING GENDER

A STEP TOWARDS (TRANS)FORMING THE GENDER NORMS

A GENDER SENSITISATION PROGRAM FOR PARENTS

SPEAKERS : ARUNA DESAI & ATUL KUMAR



APRIL 11, 2021 | 6 PM ONWARDS | PLATFORM : ZOOM

www.volunteerforindia.com



Raah Humsafar <raahmanzil@gmail.com>

6 Apr 2021, 18:32

to khushi, dsilvaglenda6, swati.partani

Madam,
Raah would like to contribute to 'Volun

Regards,
Team Raah

from: **Raah Humsafar** <raahmanzil@gmail.com>
to: khushi@volunteerforindia.com
cc: dsilvaglenda6@gmail.com,
swati.partani@mnwc.edu.in
date: 6 Apr 2021, 18:32
subject: Volunteer for India - Volship 2021
mailed-by: gmail.com

una Desai and Mr. Atul Kumar, for the Gender Sensitization Program for youth (week 1).



Raah Humsafar <raahmanzil@gmail.com>

7 Apr 2021, 08:54

to khushi, dsilvaglenda6, swati.partani

Madam,
Please see the trailing mail. As discussed, the collaboration would be for the Gender Sensitization Program for parents.

We apologize for the inconvenience.

Regards,
Team Raah



On Tue, 6 Apr 2021 at 18:32, Raah Humsafar <raahmanzil@gmail.com> wrote:

Madam,
Raah would like to contribute to 'Volunteer for India - Volship 2021' by inviting the expert speakers, Ms. Aruna Desai and Mr. Atul Kumar, for the Gender Sensitization Program for youth (week 1).

Regards,
Team Raah



Raah <raahmanzil@gmail.com>

VOLUNTEER FOR INDIA - Eclipsing Gender

1 message

khushi@volunteerforindia.com <khushi@volunteerforindia.com>
To: raahmanzil@gmail.com

14 April 2021 at 14:53

Dear Team RAAH,
We are grateful to work with you for the 1st online gender sensitisation program for Parents and Elders themed Eclipsing Gender: A step towards Trans (forming) Gender Norms. We thank you for helping us with the pre-decided questions, moments of the session and PR.
We seek to work with you ahead as we set the 6-week chapter.
Thank you.

Regards,
Khushi Mutha & Glenda D'silva,
Leaders, Bangalore City



WhatsApp Image 2021-04-14 at 10.07.45 AM.jpeg
188K



MANIBEN NANAVATI WOMEN'S COLLEGE

DEPT OF CHILD DEVELOPMENT

ACTIVITY REPORT

YEAR: 2021-2022

NAME OF THE ACTIVITY: **Gender Affirming Surgical Interventions: An Overview**

DD/MM/YY: 25/04/21

TARGET GROUP: Transgender Persons

NAME OF FACULTY: Dr. Swati Partani

NO OF STUDENTS: 27

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Dr. Sanjay Sharma; CEO & Managing Director of ATHI, Board Member of WPATH and Mental Health Advisor at RAAH.

VENUE: Zoom Meetings

TIME: 6:00 pm to 7.30 pm

OBJECTIVES:

- To provide information about the gender affirming surgical procedure for transgender individuals.

METHODOLOGY: The methodology used was Participative.

OVERVIEW:

Volunteer For India (VFI) for VOLSHIP 2021 Bangalore Chapter in collaboration with RAAH initiative, Department of Child Development of Maniben Nanavati Women's College organised the webinar titled "Gender Affirming Surgical Interventions: An Overview." The program was conducted on the 25th of April, 2021, from 6 pm to 7.30 pm. The program was conducted online through the Zoom application and about 34 participants were present. The program was also broadcast live on the Facebook page of Volunteer for India. The esteemed speaker present for this program was Dr. Sanjay Sharma; CEO & Managing Director of ATHI, Board Member of WPATH and Mental Health Advisor at RAAH.

The main aim of the session was to educate the transgender community on Gender Affirming Surgery; its pros and cons and available facilities. The program was very insightful, with Dr. Sanjay briefly explaining the process of surgical interventions. He carefully explained some complex terms like intersex, gender incongruence and dysphoria. He even explained the feminization and the masculinization processes. He took care to explain the surgical

procedure of each facial part - namely, forehead, eyebrows, cheekbones, jawlines, nose and upper lips. Dr. Sanjay suggested the ideal age of hormone therapy to be started and how important surgical care is. He even suggested having a mental health professional on board while undergoing the surgery.

Further, an interactive Q/A session was held, wherein a volunteer of RAAH asked Dr. Sanjay questions from the audience.

Role of RAAH: Our Contributions

RAAH initiative, Department of Child Development of Maniben Nanavati Women's College eagerly collaborated in this webinar by Volunteers for India. We gathered the audience for this webinar alongside the City Leaders from Volunteers for India.

Before the event, our volunteers consistently promoted the webinar through posts on our Facebook and Instagram pages and personal WhatsApp messages. We remained in touch via e-mail and WhatsApp with the members from Volunteers for India to ensure effective collaboration for the event. We also prepared and gathered the list of questions before the webinar.

During the event, our volunteers also participated in compering/hosting for the webinar; asking the esteemed speaker questions during the Question-and-Answer Session and introducing the organisations to the audience.

OUTCOME:

The program was very informative and insightful. There were numerous topics explained regarding the surgical procedure. The participants expressed their gratitudes to the esteemed speaker and even wished to get in touch with him.



GENDER AFFIRMATIVE SURGERIES

An Overview



RAAH initiative, Department of Child Development of Maniben Nanavati Women's College in collaboration with Volunteer For India (VFI) for VOLSHIP 2021 Bangalore Chapter

Date: Sunday, 25th April 2021
Time: 6 pm - 7.30 pm

Guest Speaker



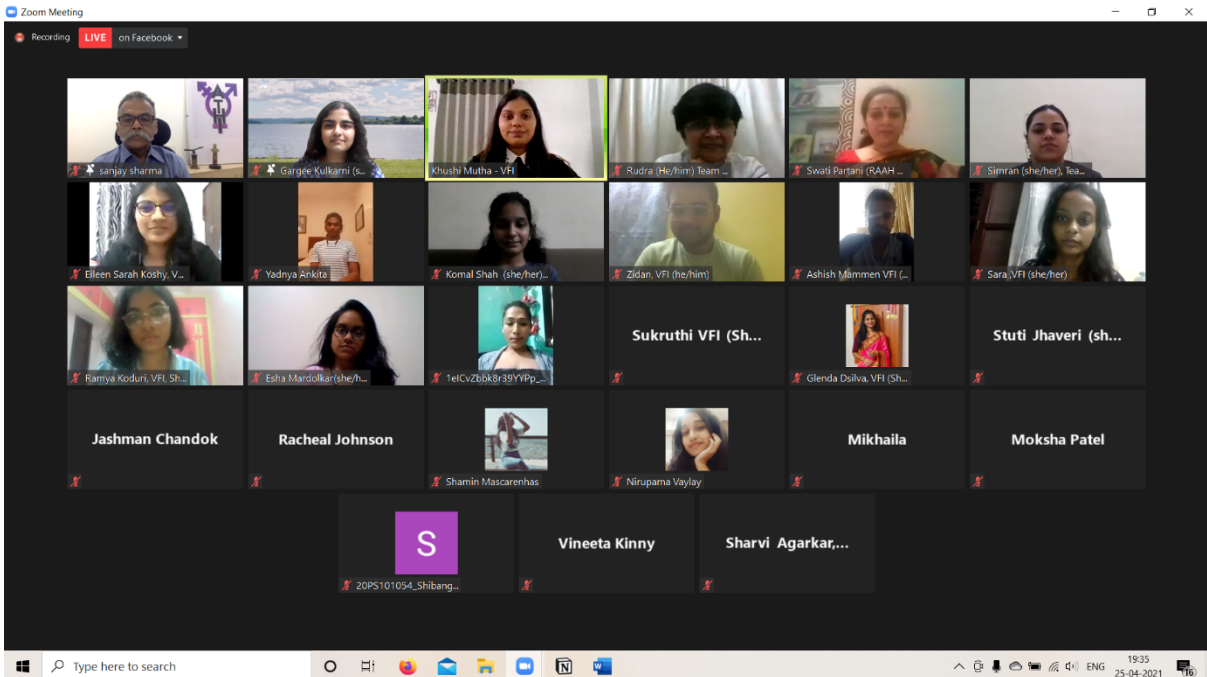
Khushi Mutha - VFI



Zidan, VFI (he/him)



Dr. Sanjay Sharma





GENDER AFFIRMING SURGICAL INTERVENTIONS: AN OVERVIEW

A WEBINAR TO SPREAD AWARENESS AMONG
TRANS PERSONS ABOUT THE SURGERY, IT'S
PROS & CONS, AND AVAILABLE FACILITIES.

SPEAKER:

AIR CMDE (DR) SANJAY SHARMA (RETD)

**(CEO & MANAGING DIRECTOR, ASSOCIATION FOR TRANSGENDER HEALTH IN
INDIA- ATHI BOARD MEMBER WPATH & MEDICAL HEALTH ADVISOR AT RAAH**

APRIL 25, 2021 | 6 PM ONWARDS | PLATFORM : ZOOM | OPEN TO ALL

WWW.VOLUNTEERFORINDIA.COM



Raah <raahmanzil@gmail.com>

Invitation for SRS Webinar

2 messages

Raah <raahmanzil@gmail.com>

19 April 2021 at 15:50

To: write2athi@gmail.com

Cc: swati.partani@mnwc.edu.in, glenda@volunteerforindia.com

Dear Dr. Sanjay Sharma,

Volunteer for India is an initiative of the Society for Promotion of Volunteerism, a registered non-profit organization working towards promoting volunteerism across India. They are organizing VOLSHIP 2021 which is a 6-week volunteering programme wherein the city leaders of Bengaluru are focusing on the upliftment of transgender people. The program aims to educate the society and members of the community itself, and, provide employment opportunities to the community.

Raah is collaborating with Volunteer for India (VOLSHIP 2021) for a webinar on 'Sex Reassignment Surgery' for transgender individuals. The event is scheduled for 25th April 2021 at 6 pm.

As discussed earlier, we would like to have you as our guest speaker for the event. Requesting you to kindly revert confirming your willingness for the event.

Regards,

Team Raah

ATHI <write2athi@gmail.com>

20 April 2021 at 07:45

To: Raah <raahmanzil@gmail.com>

I confirm my participation

Air Cmde (Dr) Sanjay Sharma (Retd)
CEO & Managing Director
Association for Transgender Health in India

[Quoted text hidden]



Raah <raahmanzil@gmail.com>

VOLUNTEER FOR INDIA- Gender Affirming Surgical Procedure

1 message

khushi@volunteerforindia.com <khushi@volunteerforindia.com>
To: raahmanzil@gmail.com

28 April 2021 at 00:01

Dear Team RAAH,

We are grateful to work with you for the 3rd online session. We thank you for helping us with the pre-decided questions, moments of the session and PR.

We seek to work with you ahead as we set the 6-week chapter.

Thank you.

Please find the attached links below:

Feedback: https://docs.google.com/forms/d/1cUeO8_HENStD9NsbizGZ7gagulFrXpjRgAtGywluOJo/edit?usp=sharing

Entries: https://docs.google.com/spreadsheets/d/1jwdT8WqQoGQMvdGTWwundqS6Rnjtt_heC9rKCStVQTE/edit?usp=sharing

Presentation: <https://docs.google.com/presentation/d/1YI8ITru4CeetZA7othCUIBXNTUSyewte3aLP9Xqzf5U/edit?usp=sharing>

Questions: https://docs.google.com/document/d/1QebseiBblke_u6n_9NE1HIX6OlycRouWZyUyT5fVCRE/edit?usp=sharing

Video: https://docs.google.com/forms/d/1cUeO8_HENStD9NsbizGZ7gagulFrXpjRgAtGywluOJo/edit?usp=sharing

Regards,
Khushi Mutha & Glenda D'silva,
Leaders, Bangalore City



MANIBEN NANAVATI WOMEN'S COLLEGE

DEPT OF CHILD DEVELOPMENT

ACTIVITY REPORT

YEAR: 2020-2021

NAME OF THE ACTIVITY: Trans-Jan : A conversation with the members of the Transgender community

DD/MM/YY: 22/11/20
MNWC

TARGET GROUP: Students of

NAME OF FACULTY: Dr. Swati Partani

NO OF STUDENTS: 28

SPEAKER/RESOURCE PERSON (WITH DESIGNATION):

Resource Person and Collaborating Host: Ms. Nishtha Nishant from Keshav Suri Foundation in association with Canada in India

Speakers: Mr. Satvik, co-founder of Transmen Collective, Ms. Sridevi, Mumbai University's first transgender teacher and Ms. Sonakshi Makwana, a queer ally

VENUE: Zoom Meetings

TIME: 6:45 - 8:15 pm

OBJECTIVES:

- To create awareness about the transgender community among the youth through a conversation with the members of the community itself.
- To help eradicate transphobia through educating the youth about the community.
- To sensitize the youth about the community to ensure a more equal space for transgender individuals in the society.

METHODOLOGY: The methodology used was Participative.

OVERVIEW: Nishtha Nishant from Keshav Suri Foundation in association with Canada in India and Raah initiative, Department of Child Development, Maniben Nanavati Women's College organised a session 'Trans-Jan: A conversation with the members of the Transgender

community.' This session was conducted on 22nd November, 2020, from 6:45 - 8:15 pm on the Zoom application.

Mr. Satvik, co-founder of Transmen Collective, Ms. Sridevi, Mumbai University's first transgender teacher and Ms. Sonakshi Makwana, a queer ally were invited as the speakers. Ms. Nishtha Nishant was the moderator. Mr. Satvik and Ms. Sridevi shared their personal stories and experiences, and Ms. Sonakshi shared her journey of being an ally. They provided information on various topics such as gender, sexuality, hormone replacement therapy, process of transitioning, etc. The participants cleared their doubts during the Question & Answer session.

OUTCOME: The session was very informative as it had multiple members of the community sharing their perspectives. It was especially insightful because the speakers shared their personal experiences with the audience. The participants were encouraged to interact with the speakers to gain more clarity.





Raah <raahmanzil@gmail.com>

निमंत्रण लिंक: ट्रांस-जन: एक बातचीत ट्रांसजेंडर समुदाय के साथ

1 message

Nishtha Nishant <nishthanishant1@gmail.com>
To: Raah Humsafar <raahmanzil@gmail.com>

22 November 2020 at 16:45

नमस्कारम 🙏

प्रिय प्रतिभागी,

अभिवादन!

पंजीकरण के लिए धन्यवाद.

ट्रांस-जन: एक बातचीत ट्रांसजेंडर समुदाय के साथ - यह कार्यक्रम ट्रांसजेंडर समुदाय के बारे में अधिक जानने के लिए एक मंच है।

कार्यक्रम का विवरण:

घटना की तारीख: 22 नवंबर 2020

घटना का दिन: रविवार

घटना का समय: शाम 6.45 बजे - शाम 8.30 बजे

संचार की भाषा: हिंदी

ऑनलाइन मंच: ज़ूम मीटिंग

Join Zoom Meeting

<https://zoom.us/j/6689263603?pwd=Y0VOdXp2TURzdUNUbHZuVIZPYXhhZz09>

Meeting ID: 668 926 3603

Passcode: RAAH

कृपया निर्देशों का पालन करें:

1. जबकि वक्ता बोल रहे हैं, कृपया अपने आप को मूक रखें।
2. किसी भी प्रश्न को पूछने के लिए, कृपया अपना हाथ बढ़ाएं या चैट बॉक्स में टाइप करें।

हमें उम्मीद है कि ट्रांसजेंडर समुदाय के बारे में अधिक जानने में आपका अनुभव फलदायी होगा!

घटना के बाद कृपया अपनी प्रतिक्रिया हमारे साथ साझा करें।

कृपया RAAH से जुड़ें:

Instagram: raah_manzil

Facebook: RAAH

प्रणाम 🙏

निष्ठा निशांत

(पसंदीदा सर्वनाम - वह / उसकी)

समान अधिकार कार्यकर्ता,

वैज्ञानिक शोधकर्ता, गुरु नानक इंस्टीट्यूट फॉर रिसर्च एंड डेवलपमेंट, मुंबई

वैज्ञानिक सहायक, लीलैक इनसाइट्स, मुंबई

फेलो, क्वीर यूथ लीडरशिप प्रोग्राम, केशव सूरी फाउंडेशन, मुंबई

पूर्वावलोकन टीम के सदस्य, कशिश - मुंबई अंतर्राष्ट्रीय क्वीर फिल्म समारोह

संपर्क नंबर: +91 9819 63 6444

| Timestamp | Name / नाम |
|---------------------|-----------------------|
| 22/11/2020 20:33:44 | Pooja Panchal |
| 22/11/2020 20:34:08 | Jashman Chandok |
| 22/11/2020 20:34:31 | Pratiksha wadekar |
| 22/11/2020 20:34:32 | Aisha khan |
| 22/11/2020 20:34:42 | Sapna yadav |
| 22/11/2020 20:34:58 | Maya |
| 22/11/2020 20:35:05 | Qafiya sayed |
| 22/11/2020 20:35:07 | Janhavi Moreker |
| 22/11/2020 20:36:40 | Dimple Parmar |
| 22/11/2020 20:37:11 | Mariah Anna Dias |
| 22/11/2020 20:37:15 | Gargee Kulkarni |
| 22/11/2020 20:37:37 | Anjali |
| 22/11/2020 20:38:56 | Bhoomi Bhataya |
| 22/11/2020 20:39:14 | Meenakshi Gandotra |
| 22/11/2020 20:39:17 | Somitro |
| 22/11/2020 20:41:23 | Pankaj Gupta |
| 23/11/2020 16:24:30 | Twinkle Patel |
| 23/11/2020 16:28:51 | sonu kumar |
| 23/11/2020 16:33:21 | Priyanka Kumari |
| 23/11/2020 16:39:00 | Shraddha vinod bhuwad |
| 23/11/2020 16:50:48 | Dr . Surekha Kanse |
| 23/11/2020 17:03:31 | Ayush Garg |
| 23/11/2020 17:09:24 | Nayan Tendulkar |
| 23/11/2020 17:32:43 | Arati Kedia |
| 23/11/2020 17:35:25 | Sharvi Agarkar |
| 23/11/2020 20:31:22 | Simran Daksha |
| 23/11/2020 22:22:00 | Kinjal Sharma |
| 06/12/2020 16:10:51 | Zainab S khan |

DEPARTMENT OF CHILD DEVELOPMENT

RAAH INITIATIVE

ACTIVITY REPORT

YEAR: 2020-21

NAME OF THE ACTIVITY: KAVACH CLOTHES DISTRIBUTION DRIVE

DD/MM/YY: 6th September, 2020

TARGET GROUP: Members of Transgender Community

NAME OF FACULTY: Dr Swati Partani

COOLABORATION: RAAH in collaboration with Rotaract Club of Andheri, Ekta Foundation (Donation Partner) and Ratna Nidhi Charitable Trust (Distribution Partner).

No. of Beneficiaries: 60

VENUE: Kapaswadi, Kalina East, Mumbai

OBJECTIVES: To benefit underprivileged transgender individuals by providing cloths to them.

METHODOLOGY: A clothes distribution drive conducted to provide clothing to members of the transgender community during the lockdown. A total of 60 members of the transgender community were provided clothes.

OVERVIEW: RAAH and it's partners in this drive believe in supporting self-expression hence, hope to have achieved their aims in this drive. The drive went smoothly with cooperation from our collaborating organisers.



Maniben Nanavati Women's College
Dept of Food and Nutrition and Dept of Sociology
Organised
National E- Conference
On
“Women’s Health: Social and Nutritional Perspective”
In association with Guardian Health Care (GNC)
27th - 28th June 2020

Programme Schedule: 2-5 pm

Venue: Zoom

DAY 1: 2:00 PM (27th JUNE 2020, SATURDAY)

The two day National Conference began with introduction by Ms. Mruga Dholakia, Co-convenor followed by Dr. Vivek Sharma, from Guardian GNC. The inauguration was done by Dr. Rajshree Trivedi, Principal of Maniben Nanavati Women’s College, Vile Parle West, Mumbai 400056. After that Dr Rita Patil, head of department- Food and Nutrition and Supervisor of degree college, gave details about the theme of the Conference.

2:15 P.M: Dr. Bindu Laxmi, Prof in Sociology, TISS, Mumbai “Gender Health and Justice: A Feminist Perspective on Care Ethics”

The first session began at 2:15 pm and the resource person of the session, Dr Bindulaxmi talked about Women as the Caretakers in the family and the romanticising of motherhood which confines a woman to her home and puts barriers on her freedom. Society plays a binary role where women are productive labour but have no decision making regarding the family size, but is important for her reproductive and sexual role. She discussed the case of women in Marathwada region employed in sugarcane fields. These women undergo hysterectomy as they want to avoid pregnancy which becomes a barrier in their work but sustains the family. She stressed the roles of women who are not only working at home but also outside home along with household duties and responsibilities and perpetually face domestic violence. She also discussed the domestic violence that women are facing due to the lockdown and Covid-19 situation, that they are subjected to different forms of violence which disturbs their mental peace and physical health. She stressed on the importance of mainstreaming Gender with dignity.

3:00 PM: The Resource Person for second session was **Dr. Niti Desai, she spoke on “The Right Diet in Mid Life”**. She began with the dietary habits of women and Indian food, along with the body shapes and diet for young, adolescent and menopausal stage. She discussed mid-life changes and the diet requirement and food intake required in these stages to avoid being overweight and underweight and staying healthy. She talked about the new fad diets and their effects in the long run along with the BMI. She highlighted unhealthy food and their

healthy replacements with certain modifications and additions along with lifestyle changes one should make to be healthy.

4:00 PM: There were 5 paper presentations. Ms. Shama Chavan, Dept of Food and Nutrition, and 4 other students. The session ended with questions and answers.

5:00 PM: Vote of Thanks was given by Dr. Rita Patil.

DAY 2: 28th JUNE 2020, SUNDAY

2:00 PM: The second day of the National Conference began with the welcome note and several insights about the importance of Health and the role of company Guardian, GNC, by Ms. Mruga Dholakia and Dr Vivek Sharma, followed by the introduction of the resource person for the first session; **Dr. Anuja Deshpande, Coordinator, P.G Dept of Psychology, M.N.W.C** who talked on “**Psychological Vulnerabilities in Women**”. She stressed on the mental health of women and the different stages in her life when she undergoes changes that disturb mental and overall health of women. She discussed about prenatal and postnatal stages and hormonal changes that cause anxiety, depression and bodily changes along with PTSD and OCD which are sometimes very dangerous and can also lead to suicide. The changes like weight gain and loss which also affects her morale and she is compelled to follow harmful fad diets, which can lead to eating disorders and can affect her overall health. She also discussed about the violence, anxiety and depression women are experiencing in lockdown during Covid-19 and stressed on discussion and sharing with friends, neighbours etc who can help you overcome it and reach for help.

2:45 PM: Ms. Manjari Chandra, Renowned Nutritionist

She gave detailed information on the topic “**How Nutritional needs for women change with Age? How to tackle it**” and the importance of local food and diet. She spoke about what women should follow for a healthy life. She discussed diets to be followed at different stages like menarche, pregnancy, menopause etc. which can help women to cope with hormonal changes and loss of blood. She stressed on using supplements of Calcium, iron, vitamins to overcome their deficiencies. The addition of vitamin C and lemon in food to enhance the absorption of iron was explained. She gave few tips on how to make food more nutritious and interesting with proportion size and addition of micro and macronutrients in your food for being healthy.

3:30 PM: PANEL DISCUSSION

- 1. Dr. Manjusha Molawne, Associate Prof, Ex J.D Higher Education, Ex Dy Sec MSCW, Dy Comm, ICDS**
- 2. Prof Dr. Gaurang Jani, Retr. Prof in Sociology, Gujarat.**
- 3. Dr Subhadra Mandalika, Convenor, NSI, Mumbai Chapter**
- 4. Ms. Zamurrud Patel, Convenor, IDA, Mumbai Chapter**

The panel discussion was moderated by Dr Rita Patil. She asked questions to the panellists and interconnected their answers which helped give insights on various topics like domestic

violence, anaemia, wholesome nutritious diet for family and early marriage and health of women and her role in family.

Dr Manjusha Molawne began with the role of women and her participation in work at home and outside home. The Domestic Violence she faces at home and many other types of violence she is subjected to outside home like offices and even on roads. She emphasised on the need for women to prove herself for being as good as men in her work in office and business. She also gave inputs on her diet and eating habits like less food and last to eat.

Dr Gaurang Jani stressed on the early marriage of girls and her incomplete education, with familial responsibilities and early motherhood which not only leads to various deficiencies but also mental stress and also early deaths. The women in lower classes are described as Nakusha, one who is not wanted although she is an integral part of family and is exploited by family and husband for their requirements. Dr Jani also emphasised on Vasudev Kutumbhkam and role of family, with the suffering's women face as widows, HIV infected, homosexuals and street children where widows and deserted women have no rights in familial property and society side lines these women. The society needs to change by bringing attitudinal change among people through education and reforms.

Ms. Zamurrud Patel

She gave insights on the simple diets and wholesome food prepared at home and the work Indian Dietary Association is doing by helping in the community through the Anganwadi workers and reaching out to lower income group families where the women who procure raw material from local market are given recipes so that the family can eat wholesome, nutritious food in small budgets and be healthy.

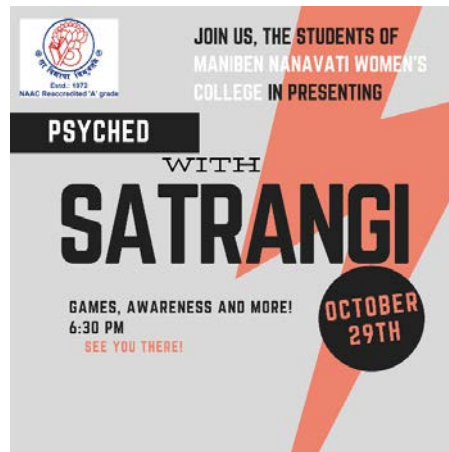
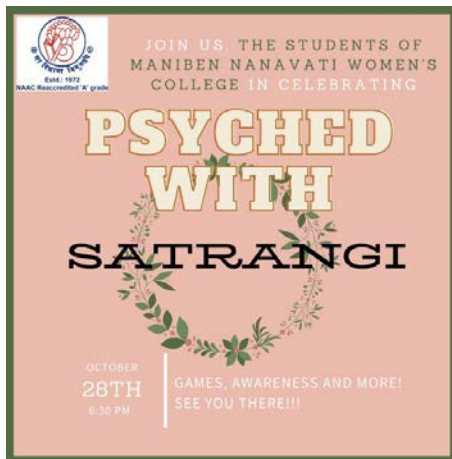
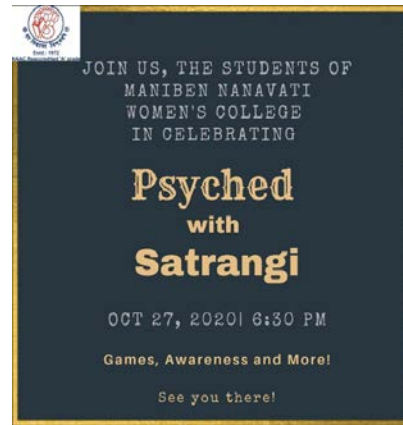
Dr. Shubhadra Mandalika

She focused on the role of Anganwadi workers to reach the community and the beneficiaries with the diet plans. She stressed on the research work which could not be completed without the help of Anganwadi workers and participants. She discussed the research done for AIDS affected individuals. She also gave insights on the planning of weekly menus for them.

4:30 PM: Ms. Purna Ramteke, Dept of Sociology presented a paper and the session ended with questions and answers.

5:00 PM: Vote of Thanks was given by Dr. Twinkle Sanghavi, Co-convenor of the Conference and HOD, Dept of Sociology, M.N.W.College, Mumbai.

SATRANGI October, 2020.



Event: Psyched with Satrangi!

Date: 26thOctober '20 - 29thOctober '20

Conducted on: Zoom

Time: 6:30pm- 7:30pm

Aim: Introducing Satrangi, raising awareness about the community and mental health, introspection and expanding team Satrangi.

A four day-long game evening event was in motion. The games were a mix of LGBTQA+ and mental health, using games as a means of generating awareness and introducing the purpose and the importance of the cell to the students.

GAMES:

1 Put your finger down

Objective:

1. Self-awareness
 2. to spread awareness about the community and mentalhealth
- Rules:

1. Turn on camera
2. Show 10 fingers of yours
3. Put down a finger if you have done what is done in statement

Time: 7- 10 minutes

2. What do you do if?

Objective:

1. Spread Awareness
2. Individual exploration on the topic

Time allotted: 15 mins

The event:

- The event started with an activity on 'mentimeter' where the audience members were asked to write the first thought that comes to their mind when they see the words- LGBT+ and Mental health as a means of breaking ice.
- An introduction to Satrangi was given.
- The first game- 'put your finger down if..' was played followed by the message of the game's purpose.
- The second game- 'what would you do if..' was played followed by the message of its purpose.
- Concluding the session was a brief talk from team Satrangi about why one should be a part of the cell.
- Links to the feedback form and registration forms for joining team Satrangi were left in the session and sent to the respective class representatives as well.

Outcome:

- An online activity of 20+ additions to the Instagram handle of Satrangi was seen.
- Feedback was received from over 80 students.
- 78 registrations were observed.

Highlighted Reviews:

1. "I am with them, I support them and they will have a positive response from everyone for doing such a courageous work. I salute them."
2. "Not to bother about society and repress your feelings, just be who you are. Society will adjust and change."
3. "This webinar compulsory to all colleges."
4. "Feel free"

Maniben Nanavati Womens College
(Dept of Food and Nutrition and Dept of Sociology)
in Association With

GUARDIAN GNC

has Organized
National E- Conference on
Women's Health: Social and Nutritional Perspective

Dear Patron,

We thank you for registering with us for the National E-Conference on Women's Health, Social and Nutritional Perspective organized and conducted by Maniben Nanavati Women's College in association with Guardian GNC on 27th and 28th June 2020.

Convenor: **Dr. Rita Patil**

Agenda for 27th June, 2020



Speaker:
Ms. Mruga Dholakia / Dr. Rajshree Trivedi / Dr. Vivek Sharma
Timing: 2:00 pm
Topic: Welcome Note and Introduction

Session 1



Speaker:
Dr. Bindulakshmi
Timing: 2:30 pm
Topic: Gender Health and Justice: A Feminist Perspective on Care Ethics

Session 2



Speaker:
Ms. Niti Desai
Timing: 3:15 pm
Topic: The Right Diet in Mid-life



Speaker:
Participants
Timing: 4:00 pm
Topic: Paper Presentations
Moderator:
Ms Mruga Dholakia



Speaker:
Dr. Rita Patil
Timing: 4:45 pm
Topic: Vote of Thanks

Agenda for 28th June, 2020



Ms Mruga Dholakia

Timing: 2:00 pm
Topic: Welcome Note and Introduction



Dr. Vivek Sharma

Session 1



Speaker:
Ms. Anuja Despande
Timing: 2:10 pm
Topic: Psychological Vulnerabilities in Women

Session 2



Speaker:
Ms. Manjari Chandra
Timing: 2:30 pm
Topic: How Nutritional Needs for Women Change with Age? How to tackle it

Panel Discussion

Topic: "Women's Health: Social and Nutritional Perspective"
Timing: 3:00 pm



Speaker:
Dr. Manjusha Molawne
Associate Professor
Ex .deputy secy MSCW and
Dy commissioner ICDS



Speaker:
Ms. Zamurrud Patel
Convenor IDA Mumbai chapter;



Speaker:
Dr. Subahdra Mandalika
Convenor NSI Mumbai Chapter



Speaker:
Dr. Gaurang Jani
Retired Professor of Sociology



Speaker:
Participants
Timing: 3:45 pm
Topic: Paper Presentations
Moderator:
Ms Mruga Dholakia



Speaker:
Dr. Twinkle Sanghavi
Timing: 4:45 pm
Topic: Vote of Thanks

We look forward for your active participation
Please note we will share the zoom link in our next emailer.



Estd.: 1972

NAAC Reaccredited 'A' grade

gender  league

**FRIEDRICH
EBERT
STIFTUNG**

GENDER LENS ON COVID-19 CRISIS

ORGANISED BY

INTERNAL QUALITY ASSURANCE CELL (IQAC), WOMEN DEVELOPMENT CELL (WDC) &
INTERNAL COMPLAINT COMMITTEE (ICC)

OF

MANIBEN NANAVATI WOMEN'S COLLEGE

BEST COLLEGE 2018-2019

(AFFILIATED TO SNTD WOMEN'S UNIVERSITY, MUMBAI)

IN COLLABORATION WITH

FRIEDRICH EBERT STIFTUNG

SHORT FILM MAKING COMPETITION

**THEME - "CAPTURING COVID-19 CRISIS ON CELLULOID"
(FILM MAKING EXCLUSIVELY FOR COLLEGE STUDENTS)**

Short Film Festival

Date : 13th August 2020

Timing : 3:00 pm - 5:00 pm



INAUGURATION BY

DR. SWAROOP SAMPAT RAWAL- EDUCATOR, ACTOR, MISS INDIA (1979)

Suggested Themes

Lives and livelihood
Employment and business
Online education
Domestic violence
Emotional and mental health
Environment
Social inequality
Frontline workforce
Role of NGOs
Migration and reverse migration
Agriculture and rural sectors

RULES AND REGULATIONS

- A GROUP OF 4 STUDENTS FROM EACH COLLEGE WILL FORM A TEAM. OUT OF THEM, ONE WILL DO THE PRESENTATION
- MAXIMUM 3 ENTRIES PER COLLEGE
- FILM DURATION - MINIMUM 2 AND MAXIMUM 5 MINUTES
- NO OBSCENITY OR HURTING OF RELIGIOUS SENTIMENTS WILL BE ALLOWED
- LANGUAGES - ENGLISH OR HINDI
- JUDGEMENT CRITERIA - PRESENTATION AND SOCIAL MESSAGE

PRIZES

- 1ST PRIZE: RS. 4000/-
- 2ND PRIZE: RS. 3000/-
- 3RD PRIZE: RS. 2000/-

5 BEST ENTRIES WILL BE AWARDED RS. 1000/- PER ENTRY.

REGISTRATION IS COMPULSORY FOR EACH ENTRY

Link : <https://forms.gle/zeg6muMSqSqQR5A38>

AFTER REGISTRATION, KINDLY JOIN THE TELEGRAM GROUP
FOR FURTHER DETAILS OF SUBMISSION

<https://t.me/joinchat/TNQYVhk39HmeNU3PoG2RWQ>

FOR ANY ENQUIRY, CONTACT

MS. GEETA VARUN: 9819145313

MS. SHEETAL SAWANT: 9833880053

Last Date of Submission of Film- 10th August 2020