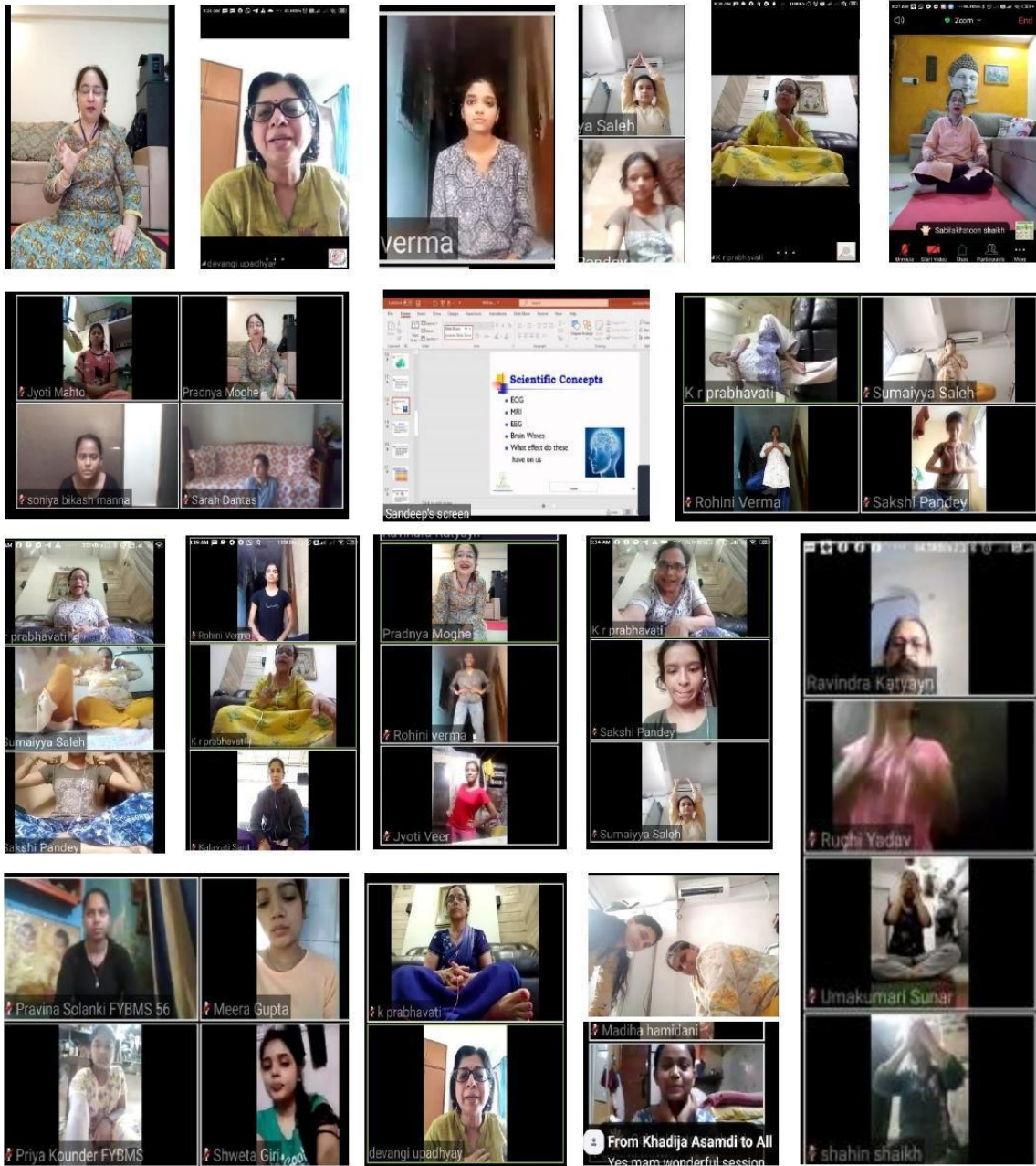


4.1.2 The Institution has adequate facilities for cultural activities, sports, games (indoor, outdoor), gymnasium, yoga etc.

YOGA Sessions 2020-21

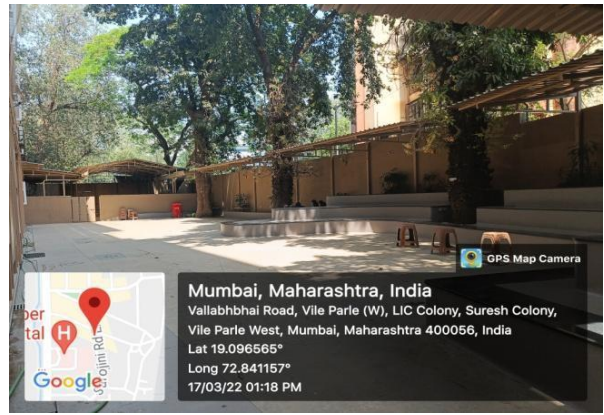
MNW College conducts regular Yoga sessions for students in collaboration with YOGPRABHA BHARATI SEVA SANSTHA TRUST, Mumbai. These sessions are called SAMARPAN DHYAAN YOGA and are held every week on Saturdays for the students for a duration of one hour. BCOM, BMS, BAFI and all BA first year students join. These sessions have been very fruitful for the students. Students are benefitted with these sessions not only in terms of health but gaining confidence also during the Lockdown period.



Yoga Sessions at Seminar Hall



Amphitheatre



Musical Instruments



Sports Equipments

