

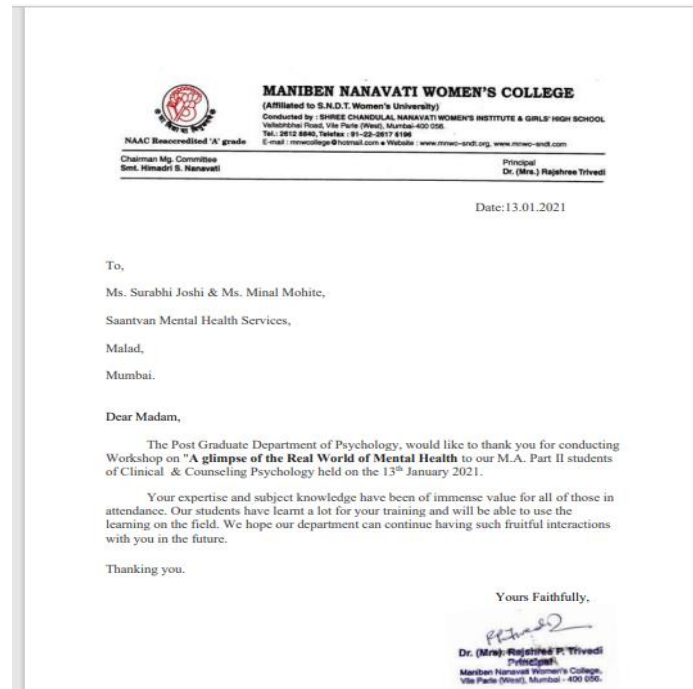
3.4.1 -

Extension activities are carried out in the neighborhood community, sensitizing students to social issues, for their holistic development, and impact thereof during the year 2020-2021

P.G PSYCHOLOGY STUDENT CENTRIC METHODS:

EXPERIENTIAL LEARNING:

Workshop on "A GLIMPSE ON REAL WORLD OF MENTAL HEALTH"-13.01.2021



The image is a blue and white announcement poster for a workshop. It features the college's logo and name at the top, followed by its address and accreditation details. The main text announces a workshop on "A Glimpse of the Real World of Mental Health" for MA II students in 2020-2021. It lists the guest speakers as Ms. Surabhi Joshi & Ms. Minal Mohite, founder of Saantvan Mental Health Services. The date is 13th January 2021 and the mode is online.

MANIBEN NANAVATI WOMEN'S COLLEGE
VALLABHBHAI ROAD, VILE PARLE (W),
MAHARASHTRA-400056
AWARDED BEST COLLEGE 2018-2019
NAAC RE-ACCREDITED "A"
DEPARTMENT OF PSYCHOLOGY
(POST-GRADUATE SECTION)

ANNOUNCES WORKSHOP ON
"A Glimpse of the Real World of
Mental Health" for
MA II students (2020-2021)

Guest speakers: - Ms. Surabhi Joshi &
Ms. Minal Mohite
(Founder of Saantvan Mental Health Services)

Date: 13th January 2021
Mode: Online



MANIBEN NANVATI WOMENS COLLEGE

DEPT OF P.G. PSYCHOLOGY.

ACTIVITY REPORT FORMAT

YEAR: 2020-21

NAME OF THE ACTIVITY: Workshop- A glimpse of the Real world of Mental Health.

DD/MM/YY: 13/10/21 TARGET GROUP: MA II

NAME OF FACULTY: Dr. Anuja Deshpande.

NO OF STUDENTS: 55

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Ms. Surabhi Joshi & Ms. Mind Mohite, Founder of Saantvan Mental Health Services.

VENUE: Online- Zoom. TIME: 1:30pm.

OBJECTIVES:
To make students aware about the market scenario in the real world practice

METHODOLOGY: Interactive session & Experiential Method.

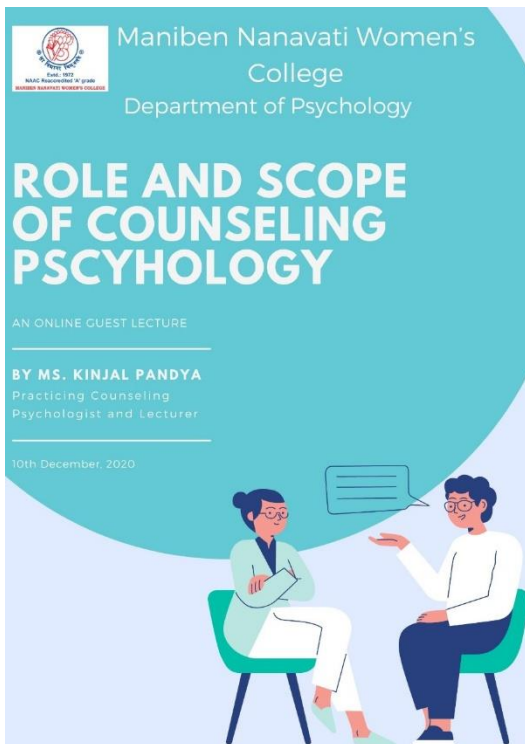
OVERVIEW: The speakers made the students comfortable by engaging them in various activities to make them aware & experience openness in understanding.

OUTCOME: The students learnt about the practicing scenario in the real world.

ANY OTHER REMARKS:
Students expressed to have more experiential based activities, in their learning.

PARTICIPATORY LEARNING

Talk on Scope of Counselling Psychology by Ms. Kinjal Pandya on 10.12.2020 for MA II Counselling Students.



Maniben Nanavati Women's College
Department of Psychology

ROLE AND SCOPE OF COUNSELING PSYCHOLOGY

AN ONLINE GUEST LECTURE

BY MS. KINJAL PANDYA
Practicing Counseling Psychologist and Lecturer

10th December, 2020

The poster features an illustration of two people sitting in chairs and talking, with a speech bubble between them.

MANIBEN NANVATI WOMENS COLLEGE

DEPT OF P.G. PSYCHOLOGY

ACTIVITY REPORT FORMAT

YEAR: 2020-21

NAME OF THE ACTIVITY: Scope of Counseling Psychology

DD/MM/YY: 10/12/20 TARGET GROUP: MA II: Counseling

NAME OF FACULTY: Dr. Anuja

NO OF STUDENTS: 25

SPEAKER/RESOURCE PERSON (WITH DESIGNATION):
Ms. Kinjal Pandya - Psychologist

VENUE: Online TIME: 10:30 am.

OBJECTIVES:
To familiarize students with different avenues in counseling psychology

METHODOLOGY: Participatory Interactive.

OVERVIEW: The session focused on diverse areas in the field of counseling & the skills required for the same.

OUTCOME: An increased awareness of the field was seen.

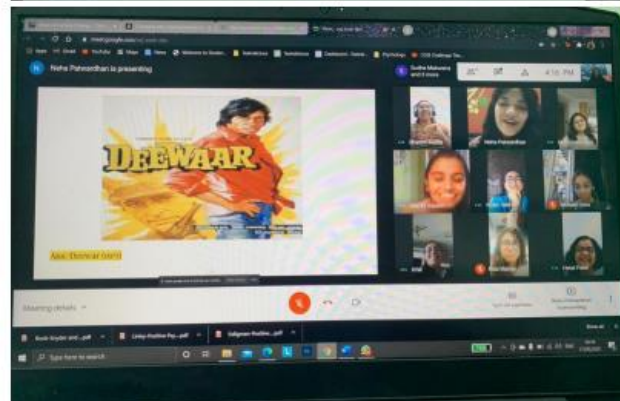
ANY OTHER REMARKS: Nil



The screenshot shows a Zoom meeting in progress. At the top, there is a grid of five small video thumbnails of participants. The main window shows a larger video of a woman in a yellow shirt. On the right side, there is a 'Participants (28)' list with names and icons for mute and video. Below that is a 'Chat' window showing a message from 'Afreen Khan to Everyone: mam my camera isn't working'. At the bottom, there is a 'To: Everyone (in Waiting Room)' dropdown and a text input field for sending messages.

PROBLEM SOLVING :

FIELD- PROJECT



CASE STUDY

Simulated Case 6- MNWC MA Psychology 12.05.2021

Based on the Case given Below write a detailed Case History, MSE , Tests recommended, Case Conceptualization and a detailed therapy plan with techniques/ skills that could be used.

BM, is a 24-year-old female from a conservative Gujarati Family. She currently resides with her parents and younger brother. Her relation with her parents was reported to be strained. She reported good relation with her brother and extended family BM came as a self-referral for emotional concerns. She reported to feel very irritable, anxious and in March 2020. She came for counseling in May 2021 and mentioned initially about self-confidence issues. She also mentioned she needed some skills to do well at an interview.

She seemed intelligent and was able to verbalize her need very well. She was very well groomed and gave good eye contact. She had good attention and concentration. She mostly spoke In English and Hindi and was coherent. Her mood did seem dysthymic in the first session and affect was appropriate.

BM was born in Gujarat, soon after that her family migrated to Tanzania and she completed her primary schooling there. The family came back to India when she was in her 5th grade. She reported that she really liked coming back to India. BM reported that she had a very happy childhood, had many friends and also loved spending time with cousins. She reported being an average student in school. She reported being happy go lucky and not being bothered about grades or performance in school. The client reported that post her 11th grade she became serious about studies. She did well in her 12th grade and further pursued B. Tech in Electronics and telecommunication. She further did one-year specialized course in semiconductor technology from Hyderabad, which she completed in early March 2020.

Since the first lockdown she has come back home and since then her symptoms started appearing. She noticed that she was irritable most of the time, would start crying at small things and also found it very difficult to sleep. She had recurrent thoughts of her being not good enough and that she would land up a failure. She reported this to her mother, however her mother at that time said it is due to Covid period and said 'as time passes things will get better.' This caused strain in their relationship as she felt 'no one understands me'. She meanwhile took up a project for her training institute and was in charge of supervising interns. She was also looking at taking up a full-time job. However, she was unable to get a job in the location and the terms she wanted. Looking at her classmates getting her job, made her start questioning her abilities. In the session post the history taking session she reported her mood had deteriorated and she was again becoming as bad as she was in March 2020. She also reported more strain with her parents and she had lost appetite and sleep. Currently, she also reported frequent passive suicidal thoughts. The parents reported being very worried for her as she has stopped talking to them and has also stopped eating properly.

MANIBEN NANVATI WOMENS COLLEGE

**DEPT OF Child Development
ACTIVITY REPORT
YEAR: 2020-21**

NAME OF THE ACTIVITY: Extension activity: Story telling for MMC children

DD/MM/YY: 21/11/2020

TARGET GROUP: Children from MMC

NAME OF FACULTY: DR Swati Partani

NO OF STUDENTS: 3

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): -

VENUE: Whats app Video Call

TIME: 30 minutes

OBJECTIVES: To enrich the experiences of underprivileged children during pandemic

To instil the sense of responsibility among students for the society

METHODOLOGY: Experiential

OVERVIEW: Due to lack of resources, children from Mumbai Mobile Creche whose parents were not educated were refrained from the early experiences. Students of Child development department volunteered to take part in the story telling sessions for these children on whats app call, engaging them meaningfully.

OUTCOME: Children from the MMC collaboration benefitted with this activity along with the students of CD dept to use their skills of story telling in the digital form



Swati Partani <swati.partani@mnwc.edu.in>

Thank you for your association in our 11th Book Week!

4 messages

Swati Baid <education@mmcmail.org.in>
To: swati.partani@mnwc.edu.in
Cc: Vrushali Naik <daycare@mmcmail.org>

Tue, Nov 24, 2020 at 12:09 PM

Dear Swati Mam,
Greetings from MMC!

Just a small note to thank you so much for partnering with us on the occasion of our 11th Book Week and giving this wonderful opportunity to our children to be introduced to your wonderful story telling and the world it opens up for them! This year has been different than the usual for all of us but the excitement of our children was no different. Our children were very excited for an online story telling session and enjoyed the session with your students.

Three students Tasmiya Kazi, Shital Parekh and Sana Makhnoja from Maniben Nanavati Women's College had associated with our children on the 21st November for an online story telling session for our children. Tasmiya and Shita conducted two sessions each with different centres for approximately 30 minutes each and Sana conducted one session for the same duration. All three of them were well prepared and our children had an amazing experience with each one of them. I really wish to compliment the college for encouraging their students to participate in such activities. We look forward to further association as well.

We thank each one of them once again for taking time out from your busy schedule to open up new vistas for them. It would be great if you can visit our Facebook page and "like" our page, which will help to spread the word around!

It was possible for us to commemorate this occasion only with your whole hearted support!

Regards,
Swati



Swati Baid
Education officer

Mobile: +91 7045599210 | Board: +91 22 22020869 / 79

Email: education@mmcmail.org.in

Website: mumbaimobilecreches.org

[Facebook](#) | [Twitter](#) | [YouTube](#)

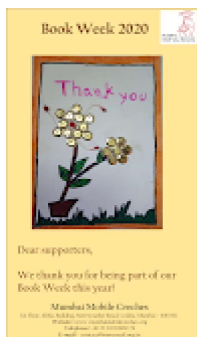
<https://goo.gl/maps/vzbFayYz7iK2>

Mumbai Mobile Creches

1st Floor, Abbas Building [Mereweather Road](#), Colaba, Mumbai – 400 001

CIN: U80101MH2006NPL164821

Book Week 2020- Thank you card 6.png
1593K



Swati Partani <swati.partani@mnwc.edu.in>
 To: Swati Baid <education@mmcmail.org.in>

Tue, Nov 24, 2020 at 12:25 PM

Dear Seating,
 Thank you for your email, this is second year in a row, association for the book week from department of Child Development, Maniben Nanavati Women's College.
 We thank Mumbai Mobile crèche for giving opportunity to our students to reach small children from MMC.
 Will appreciate if you can share some pictures of the activity conducted.
 Thank you once again!
 Warm Regards

[Quoted text hidden]

Swati Baid <education@mmcmail.org.in>
 To: Swati Partani <swati.partani@mnwc.edu.in>
 Cc: Vrushali Naik <daycare@mmcmail.org>

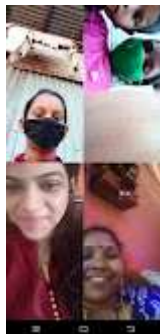
Tue, Nov 24, 2020 at 4:51 PM

Dear Swati Mam,
 Please find some of the screen shots taken by our teachers during the sessions of Shital, Sana and Tasmiya.

Thanks once again to the Department of Child Development, Maniben Nanavati Women's College

Warm regards,
 [Quoted text hidden]
 [Quoted text hidden]

8 attachments

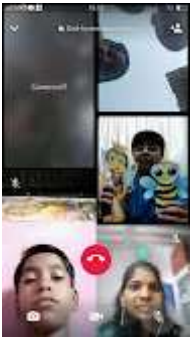


IMG-20201121-WA0021.jpg
 61K

IMG-20201121-WA0025.jpg
 99K



IMG-20201121-WA0040.jpg
59K



IMG-20201121-WA0043.jpg
74K



IMG-20201121-WA0046.jpg
54K



WhatsApp Image 2020-11-24 at 16.45.09.jpeg
66K

WhatsApp Image 2020-11-24 at 16.45.10.jpeg
65K



IMG-20201121-WA0026.jpg
70K

Swati Partani <swati.partani@mnwc.edu.in>
To: Swati Baid <education@mmcmil.org.in>
Cc: Vrushi Naik <daycare@mmcmil.org>

Tue, Nov 24, 2020 at 5:34 PM

Thanks a lot for sharing.
[Quoted text hidden]

DEPARTMENT OF CHILD DEVELOPMENT

RAAH INITIATIVE

ACTIVITY REPORT

YEAR: 2019-2020

NAME OF THE ACTIVITY: AZADI KE LAFZ

DD/MM/YY: 15th August, 2021

TARGET GROUP: Members of the Transgender and LGBTQIA+ community, Youth, Adults.

NAME OF FACULTY: Dr Swati Partani

NO OF STUDENTS: 5

COLLABORATION: RAAH with Team Project Kinnarambh, Rotaract District 3141, Humsafar Trust, Rotaract Club of MVM.

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): members of the LGBTQIA+ community

Venue: Online

OBJECTIVES:

- To encourage freedom of speech among members of the transgender community.
- To empower members of the transgender community.
- To support the creativity of the members of the LGBTQIA+ community

METHODOLOGY: On the occasion of 73rd Independence day members of the LGBTQIA+ community were invited to speak and convey what freedom and independence means to them. This was an online event, we had in our midst the community members who spoke for 1 minute or less what freedom means to them. This event was conducted with the participation of many people. RAAH had the honor of working with Team Project Kinnarambh, Rotaract District 3141, Humsafar Trust, Rotaract Club of MVM among several others. There was support provided by the Principal of Maniben Nanavati Women's College, Dr. Rajshree Trivedi, Rtn. Sunnil Mehta, Rtn. Ravishekar Krishnaswami Sandeep Mane from Humsafar Trust and Maya Awasthy. Participants included Anjali Siroya, Shreya Reddy, Reshma and Shape India Volunteers among many others.

OVERVIEW: It was amazing to hear all the participants without any language barrier. There were several participants who sent in their words and heartfelt expression of freedom through poems, speech and many more formats. There was plenty of creativity and the final video conveys the power of their words

Video: <https://www.youtube.com/watch?v=vGIxe1BDHZY>

AAH
Estd.: 1972
C Reaccredited 'A' c

AZADI KE LAFZZ
RAAH initiative, Dept. of Child Development
Maniben Nanavati Women's College in
Collaboration with Project- KINNARRAMBH
Rotray District 3141

Rotary District 3141
Rotary Opens Opportunities
Vision 2020
Beyond the Ordinary

Azadi Ke Lafz
I Quote my words of Freedom
Theme: My Thoughts, My Freedom

Rtr. Glenda D'silva

Shreya Reddy

Anjali Sirova

REGISTERED



MANIBEN NANAVATI WOMEN'S COLLEGE

DEPT OF CHILD DEVELOPMENT

ACTIVITY REPORT

YEAR: 2020-2021

NAME OF THE ACTIVITY: BEYOND GENDER (Unmasking Gender Norms)

DD/MM/YY: 20/11/20

TARGET GROUP: College students

NAME OF FACULTY: Dr. Swati Partani

NO OF STUDENTS: 103

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Ms. Maya Urmi Aher, a social activist

VENUE: Zoom Meetings

TIME: 6:45-8:15pm

OBJECTIVES:

- To create awareness among the youth about the transgender identity.
- To make society more accepting of the transgender community.
- To help ensure the eradication of verbal and physical abuse that the transgender community is subjected to.

METHODOLOGY: The methodology used was Participative.

OVERVIEW:

RAAH initiative, Department of Child Development in collaboration with SMATVA under WDC, Maniben Nanavati Women's College organized this gender sensitization program. This program was conducted on 20th of November, from 6:45-8:15pm, which is also observed as the Transgender Day of Remembrance. The program was conducted online through the Zoom application and about 103 students participated.

The aim of the program was to make our society more accepting of the transgender community through educating the citizens about the transgender identity. To help achieve this aim, Ms. Maya Urmi Aher, a social activist, was invited as the guest speaker. Ms. Maya provided information on various concepts such as sex, gender and sexuality. The speaker also informed the audience specifically about the transgender identity, wherein themes like- the experience of being a transgender, the process of transitioning, etc were covered. The speaker also, very graciously, answered the queries the audience had about her personal experiences and the subject in general and kept the session interactive throughout.

OUTCOME:

The session was an informative one wherein the audience was encouraged to interact with the speaker to gain a better understanding of the topic. The session not only educated the participants about the transgender identity but was particularly sensitizing as it brought out the perspective of a transgender individual.





Raah Initiative,
Dept. of Child Development
In collaboration with
Samatva series: Equality for all,
Women Development Cell,
Maniben Nanavati Women's college
(Best College Award: 2018-19)



Beyond Gender:

Unmasking Gender Norms



Speaker:
Sachin aka Maya Urmi Ahire

**Join us for the
gender sensitization programme**

Date: 20/11/20

Time: 6:45pm sharp.

Venue : Zoom Meeting

Meeting id: 6689263603

Paascode: RAAH





Raah <raahmanzil@gmail.com>

Invitation to sensitize youth "Beyond Gender: Unmasking gender norms"

2 messages

Swati Partani <swati.partani@mnwc.edu.in> 20 November 2020 at 12:50
To: Mayatweet0903@gmail.com, Wdc@mnwc.edu.in, mnwcmail@mnwc.edu.in, Raah Humsafar <raahmanzil@gmail.com>, cdmnwc@gmail.com

Dear Sachin aka Maya Urmi Aher,
It's our immense pleasure to invite you to deliver a talk on Beyond Gender: Unmasking gender norms, a Gender sensitization programme. This programme is conducted by RAAH Initiative, Department of Child Development In Collaboration with Samatva Series: Equality for all, under Women's Development Cell, Maniben Nanavati Women's College.
This programme will be conducted on Zoom Platform on 20th November, 2020 at 6:45 pm, Thursday. Looking forward to having you with us in the evening and enriching the youth with your expertise.
Thank you so much
Warm regards

--
Dr Swati Partani
HOD & Asst Professor,
Department of Child Development,
Maniben Nanavati Women's College,
Mumbai.g the

Maya Urmi Aher <mayatweet0903@gmail.com> 20 November 2020 at 15:02
To: Swati Partani <swati.partani@mnwc.edu.in>
Cc: Wdc@mnwc.edu.in, mnwcmail@mnwc.edu.in, Raah Humsafar <raahmanzil@gmail.com>, cdmnwc@gmail.com

Dear madam

Thanks alot for giving me this opportunity where I have been asked to share my information about gender n talk on topic beyond gender.

Request you to please send me Zoom link so tht I can login on time.

[Quoted text hidden]

Timestamp	Name of the student
20/11/2020 20:04:09	Nousheen Abdul Syed
20/11/2020 20:04:17	Zuverya Momin
20/11/2020 20:04:35	Racheal Johnson
20/11/2020 20:04:39	Maseera Qureshi
20/11/2020 20:04:41	Shaikh Rukhsar Abdul ku
20/11/2020 20:04:42	Janhavi Moreker
20/11/2020 20:04:45	Saba Shaikh Shafi
20/11/2020 20:04:49	Crystal D'souza
20/11/2020 20:04:50	Ayesha petiwala
20/11/2020 20:04:52	Mital Shah
20/11/2020 20:04:54	Pooja Panchal
20/11/2020 20:04:55	Jashman Kaur Chandok
20/11/2020 20:05:12	Simran chabra
20/11/2020 20:05:12	Sylvia sequeira
20/11/2020 20:05:20	Komal shah
20/11/2020 20:05:22	Sarah Dantas
20/11/2020 20:05:24	Juee gotle
20/11/2020 20:05:27	Rishita kanabar
20/11/2020 20:05:29	Haziqa antulay
20/11/2020 20:05:35	Sharvi Agarkar
20/11/2020 20:05:36	Vaishnavi Ghogale
20/11/2020 20:05:37	Lubna Mansuri
20/11/2020 20:05:50	Esha Mardolkar
20/11/2020 20:05:50	Shruti Doshi
20/11/2020 20:05:51	Yashvi Hitesh Mehta
20/11/2020 20:05:54	Muskan khan
20/11/2020 20:05:58	Rekha Thakur
20/11/2020 20:06:29	Vidhi Atul Shah
20/11/2020 20:06:36	Shaikh Sabila khatoon
20/11/2020 20:06:40	Archana Baitalik
20/11/2020 20:06:40	Qafiya sayed
20/11/2020 20:06:42	Zainab S khan
20/11/2020 20:06:53	Sapna
20/11/2020 20:06:54	Pratiksha wadekar
20/11/2020 20:06:59	GAURI KHANOLKAR
20/11/2020 20:07:02	Qariba Shaikh
20/11/2020 20:07:04	Gulfiza khanam
20/11/2020 20:07:09	Sana Afreen Saifi
20/11/2020 20:07:12	Siddhi Yadav
20/11/2020 20:07:28	Rhutvi shah
20/11/2020 20:07:41	Jessica Andrews
20/11/2020 20:07:45	Simran Dsouza
20/11/2020 20:08:03	Aisha khan
20/11/2020 20:08:08	Hazel Noronha
20/11/2020 20:08:11	Palak Shah

Timestamp	Name of the student
20/11/2020 20:08:25	Ashvi Kapadia
20/11/2020 20:08:28	Parveen Shaikh
20/11/2020 20:08:57	Dimple Parmar
20/11/2020 20:09:00	Vanessa V Baptista
20/11/2020 20:09:11	Heena imran khan
20/11/2020 20:09:25	Namrata Gole
20/11/2020 20:09:43	Astrid Fernandes
20/11/2020 20:09:55	Gargee Kulkarni
20/11/2020 20:10:16	Ayesha Mistry
20/11/2020 20:10:28	Saniya salema
20/11/2020 20:10:30	Tanvi k. Bhavsar.
20/11/2020 20:11:10	Divya Tiwari
20/11/2020 20:11:37	Sadiya Barudgar
20/11/2020 20:11:54	AMORSHI KUNDU
20/11/2020 20:13:17	Khan aqsa
20/11/2020 20:14:02	Fouziya shaikh
20/11/2020 20:14:04	Bhoomi Bhateya
20/11/2020 20:14:15	Raktima Sarkar
20/11/2020 20:15:07	Laiba Anis Jatu
20/11/2020 20:15:23	Fatima Khan
20/11/2020 20:16:30	Devika Pandey
20/11/2020 20:16:35	Sunidhi Singh
20/11/2020 20:18:26	kinjal sharma
20/11/2020 20:20:08	Sadaf yunus khan
20/11/2020 20:22:17	Dhruvika vora
20/11/2020 20:22:47	Priyanka Talesara
20/11/2020 20:29:48	Fwinkle Chauhan
20/11/2020 20:31:46	Nidhi shah
20/11/2020 20:32:25	Sarah Lakdawala
20/11/2020 20:32:53	Aisha Budhani
20/11/2020 20:33:26	Sana khan
20/11/2020 20:36:36	Palak Lilaker
20/11/2020 20:37:46	Zehrah Batul Bhati
20/11/2020 20:39:11	Rinku sant
20/11/2020 20:46:31	Meera
20/11/2020 20:49:31	Riya Waghela
20/11/2020 21:01:05	Pooja Vora
20/11/2020 21:02:02	Yarsopem Yangya
20/11/2020 21:04:16	Kriti Chopra Chopra
20/11/2020 21:06:42	Aafia Anees Artianawala
20/11/2020 21:14:59	Shahin Shaikh
20/11/2020 21:18:22	Ruqaiya

Timestamp	Name of the student
20/11/2020 21:24:47	Madiha hamidani
20/11/2020 21:33:08	Disha Chabhadia
20/11/2020 21:37:19	Hurraien
20/11/2020 21:38:27	Sumaiyya Husain Saleh
20/11/2020 21:58:20	Naushin parween
20/11/2020 22:00:24	Shamin
20/11/2020 22:24:36	Madeeha Penwala
20/11/2020 22:41:29	Mushkan Quazi
21/11/2020 05:34:00	Thanuseya Nadar
21/11/2020 06:54:25	Jacinta
21/11/2020 09:08:59	Saloni Haldankar
21/11/2020 10:33:47	Ekta Ganesh parmar
21/11/2020 10:35:04	ayesha wadekar
21/11/2020 11:05:35	Purva Bapat
21/11/2020 12:58:38	Shaikh tuba bano salim ja
21/11/2020 13:12:22	Kareena Verma



MANIBEN NANAVATI WOMEN'S COLLEGE

DEPT OF CHILD DEVELOPMENT

ACTIVITY REPORT

YEAR: 2020-2021

NAME OF THE ACTIVITY: **DECODING GENDER (Hint: It isn't binary)**

DD/MM/YY: 18/04/21 TARGET GROUP: Young students

NAME OF FACULTY: Dr. Swati Partani

NO OF STUDENTS: 26

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Ms. Kajal Makwana; a Psychologist, Queer Affirmative Therapist, Mental Health first aid trainer and Graphologist.

VENUE: Zoom Meetings

TIME: 6pm to 7.30pm

OBJECTIVES:

- 1.** To educate the youth on the importance of understanding gender and different gender identities.
- 2.** To inform them about the transgender and non-binary communities.
- 3.** To lay emphasis on promoting and practicing queer affirmative actions.

METHODOLOGY: The methodology used was Participative.

OVERVIEW:

Volunteer For India (VFI) for VOLSHIP 2021 Bangalore Chapter in collaboration with RAAH initiative, Department of Child Development of Maniben Nanavati Women's College organised the webinar titled "DECODING GENDER (Hint: It isn't binary)" on gender sensitization and education of the youth regarding gender identities. The program was conducted on 18th of April, 2021, from 6pm to 7.30pm. The program was conducted online through the Zoom application and about 38 participants were present. The program was also broadcast live on the Facebook page of Volunteer for India. The esteemed speaker present for this program was Ms. Kajal Makwana; a Psychologist, Queer Affirmative Therapist, Mental Health first aid trainer and Graphologist. She is also one of the core and founding members of Volunteer for India.

The main aim of the program was to educate the youth on gender identities, gender expression and how to maintain a queer and trans* affirmative environment. The program had an incredibly interactive format, with the City Leaders for VOLSHIP 2021 addressing questions gathered from youth and audience prior to the event. The speaker Ms. Kajal Makwana very patiently answered each and every question posed to her. She explained the difference between the binary outlook society is conditioned to and the non-binary reality of gender. She highlighted how “trans*” was an umbrella term and the asterisk above it denoted inclusion of more gender identities than presumed by society. There was explanation about the concept of personal pronouns and preferred names and how they form an important part of a person’s identity that must be accepted and respected. She explained that the space to understand one’s gender identity has been kept quite limited up till now by societal norms that force labels on individuals, but we must take the time to explore and figure out our identity, we must break beyond the conditioning and learning we have done from societal stereotypes.

She also offered counsel on how to be an effective ally. Two important statements were made during the program. Firstly, she stated that “Unlearning, Relearning, Understanding and Actively Practicing” were the key steps in which there could be a change in the narrative for the LGBTQIA+ community. Then, Ms. Makwana also spoke to the audience of a model she devised herself of “ABC for Allies” in which A – Asking personal pronouns and preferred name, B – Breaking Boxes (labels and stereotypes we assign presumptuously) and C – Commitment to supporting, advocating for and actively affirming the community. She also emphasized that “Bodies do not equate to sexuality, sexuality does not equate to gender expression, which does not equate to the relationships a person may be a part of”

She spoke of how trans folk who live in transphobic environments must ensure their safety first, before trying to educate others, since it is essential that their life is secure before they can truly bring about a change. She suggested online support, connecting to the community, therapy, research for alternative safety resources and organisation that can help and aid the trans community as solutions to such an adverse condition.

There was active participation and interaction from the audience. There were open discussions about the trans* community and the status they hold today in India, what is meant by “Gender Equality” in context of the 21st century perception, how the youth can work towards an inclusive and equal future were among other topics that were discussed when the audience was allowed to freely ask their questions.

The session was regarded with a general consensus as very informative and enjoyable. The vote of thanks given at 7.20 pm by a RAAH volunteer closed the ceremony.

Role of RAAH: Our Contributions

RAAH initiative, Department of Child Development of Maniben Nanavati Women’s College eagerly collaborated in this webinar by Volunteers for India.

We gathered the audience for this webinar alongside the City Leaders from Volunteers for India and we also prepared and gathered the list of questions from youth prior to the webinar.

Prior to the event our volunteers consistently promoted the webinar through personalised and creative posts on our Facebook and Instagram pages and personal WhatsApp messages to

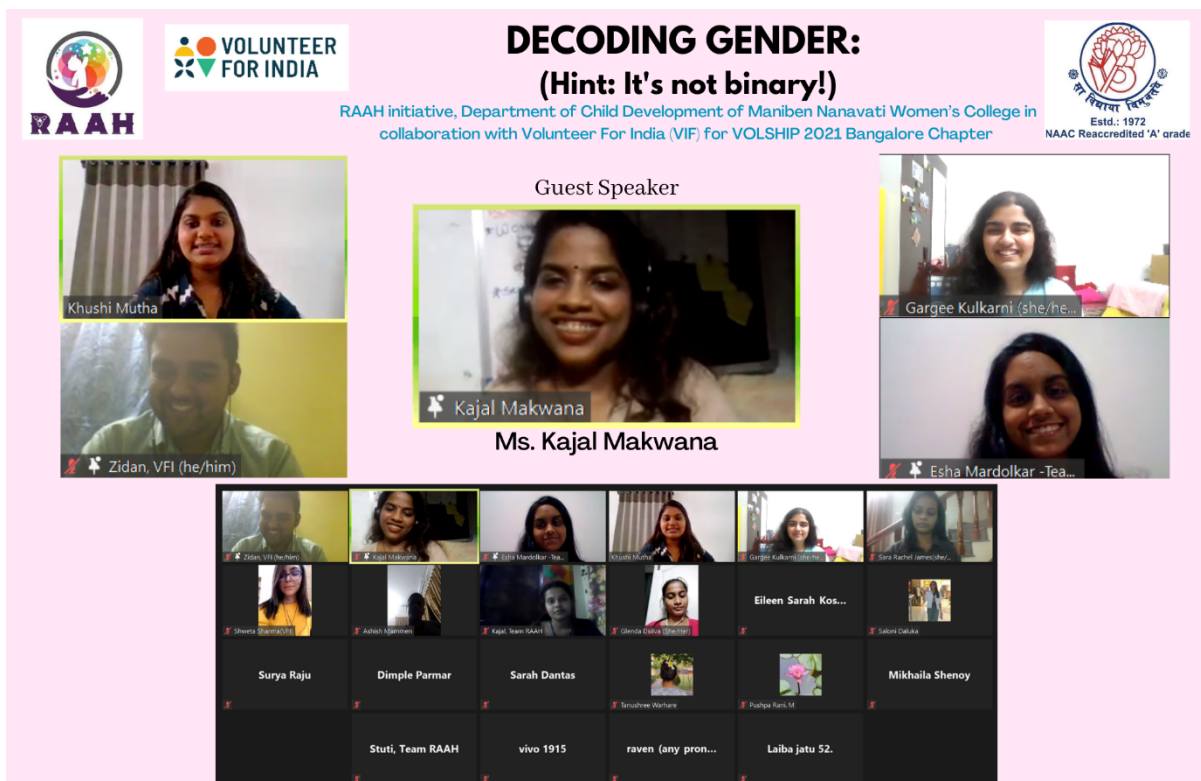
complete the two tasks formerly mentioned. We remained in touch via e-mail with the members from Volunteers for India to ensure effective collaboration for the event.

During the event, our volunteers were a proud part of the technical team to ensure smooth operation of the webinar. Two of our volunteers also participated in hosting/compering for the webinar; asking the esteemed speaker questions during the Question-and-Answer Session and proposing the Vote of Thanks to close the program.

OUTCOME:

The session was thoroughly informative and well organised. The participants expressed their gratitude towards the collaborating organisations for such an informative program. The message of the event was clearly understood by each of the participants in this incredibly interactive program. Through this event, each of the objectives mentioned above were acknowledged and successfully implemented. There were numerous topics and issues covered regarding gender identity, ensuring a queer affirmative and gender-neutral environment as frequently as possible and taking necessary steps to promote a more inclusive future. With this, there was a well-orchestrated, interesting and insightful webinar, made possible through cooperative collaboration, a brilliant audience and an experienced, knowledgeable speaker.

The pictorial report/representation in format of a collage for the event is given below.





Raah <raahmanzil@gmail.com>

VOLUNTEER FOR INDIA- DECODING GENDER (Hint: It isn't Binary!)

1 message

khushi@volunteerforindia.com <khushi@volunteerforindia.com>
To: raahmanzil@gmail.com

27 April 2021 at 23:59

Dear Team RAAH,

We are grateful to work with you for the 2nd online gender sensitisation program for youth themed - DECODING GENDER (Hint: It isn't Binary!). We thank you for helping us with the pre-decided questions, moments of the session and PR.

We seek to work with you ahead.

Thank you.

Please find the attached links:

Feedback:

<https://docs.google.com/forms/d/1ZoNhmCsRYTjgiLdhPE3SkZV3W97oQKUmBGbJCerpyMA/edit?usp=sharing>

Entries:

https://docs.google.com/spreadsheets/d/1OIAfEME5wzdcPAREK6zF1i7vW3Qg5u_bkYXAsPHuD-U/edit?usp=sharing

Presentation:

https://docs.google.com/presentation/d/1fFahp2BEoYpJ8cGP_W3wMOBexbvGAf5ylgIIVP5Bk3A/edit?usp=sharing

Regards,
Khushi Mutha & Glenda D'silva,
Leaders, Bangalore City



MANIBEN NANAVATI WOMEN'S COLLEGE

DEPT OF CHILD DEVELOPMENT

ACTIVITY REPORT

YEAR: 2021-2022

NAME OF THE ACTIVITY: ECLIPSING GENDER: A Step towards "Trans"forming Gender Norms.

DD/MM/YY:11th of April, 2021

TARGET GROUP: Parents of transgender persons, parents of MNWC students, other youth.

NAME OF FACULTY: Dr. Swati Partani

NO OF STUDENTS: 27

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Ms. Aruna Desai and Mr. Atul Kumar of the Sweekar Rainbow Parent's Group.

VENUE: Zoom Meetings

TIME: 6pm to 7.30pm.

OBJECTIVES:

1. To sensitize parents about gender and improve their understanding regarding the trans community.
2. To inform parents how they can support their children and become an effective ally to the community.
3. To lay emphasis on ensuring the children's happiness and mental health.

METHODOLOGY: The methodology used was Participative.

OVERVIEW:

RAAH initiative, Department of Child Development of Maniben Nanavati Women's College in collaboration with Volunteer For India (VIF) for VOLSHIP 2021 Bangalore Chapter organised the webinar titled "ECLIPSING GENDER: A Step towards "Trans"forming Gender Norms" on gender sensitization aimed towards parents, especially parents of transgender children. The program was conducted on 11th of April, 2021, from 6pm to 7.30pm. The program was conducted online through the Zoom application and about 26 participants were present. The program was also broadcast live on the Facebook page of Volunteer for India. The esteemed speakers present for this program were Ms. Aruna Desai and Mr. Atul Kumar of the Sweekar Rainbow Parent's Group.

The main aim of the program was to eliminate and correct any misconceptions, doubts or wrongly presumed stereotypes or beliefs parents held regarding the trans community and the upbringing of a child who does not identify with the sex or gender assigned to them at birth. The program had an incredibly interactive format, with the City Leaders for VOLSHIP 2021 addressing questions gathered from parents prior to the event. The speakers, Mrs. Aruna Desai and Mr. Atul Kumar, very patiently answered each and every question posed to them. They emphasized on how the parents should try to understand their child, put their child's happiness and identity first, before any societal pressures or expectations. As Atul Kumar Sir said, "A parent's love for their child must beat the fear of society." They kindly shared anecdotes and advice, Aruna Desai Ma'am being the proud parent of a brilliant gay son and Atul Kumar Sir being the proud father of a successful transwoman.

They provided counsel on what resources could be accessed by parents and others alike to know more about the trans community. They helped the audience understand that a parent must acknowledge that there is nothing unnatural in their child, their child was born this way and that a parent's support can allow the child to reach their full potential as a person. They acknowledged the struggle that children go through when coming to terms with both their gender and sexual identity and explained the difference between the two.

There were questions asked from the audience such as "How can we convince parents to be accepting of their child and how do we change the mindset of adamant parents that are unwilling to be there for their child?" They emphasized on counselling and therapy for the parents and children from LGBTQIA+ friendly counsellors, both resources which their organization Sweekar Rainbow Parent's Group has available, Aruna Ma'am being one of the experienced counsellors.

The session was regarded with a general consensus as a very informative and enjoyable session. The vote of thanks given at 7.20 pm by a RAAH volunteer closed the ceremony.

Role of RAAH: Our Contributions

RAAH initiative, Department of Child Development of Maniben Nanavati Women's College eagerly collaborated in this webinar by Volunteers for India.

We gathered the audience for this webinar alongside the City Leaders from Volunteers for India and we also prepared and gathered the list of questions from parents prior to the webinar.

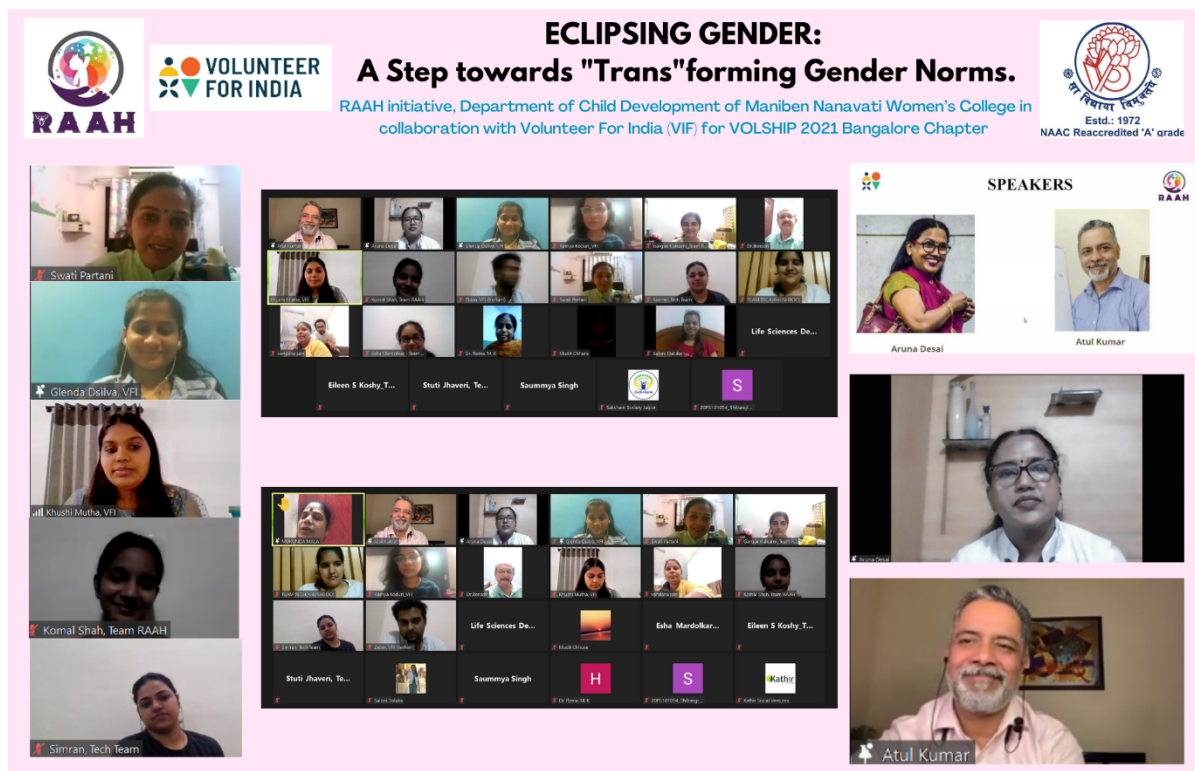
Prior to the event our volunteers consistently promoted the webinar through personalised and creative posts on our Facebook and Instagram pages to complete the two tasks formerly mentioned. We remained in touch via e-mail with the members from Volunteers for India to ensure effective collaboration for the event.

During the event, our volunteers were a proud part of the technical team to ensure smooth operation of the webinar. One of our volunteers also participated in hosting/compering for the webinar; introducing the esteemed speakers to the audience in the event and providing the vote of thanks to close the program.

OUTCOME:

The session was thoroughly informative, interactive and well organised. The participants expressed their gratitude towards the collaborating organisations for such an informative program. With the participation of numerous parents, there was clear understanding of the message of the event. Through this event, each of the objectives mentioned above were acknowledged and successfully implemented. There were numerous topics and issues covered regarding the upbringing of a trans child to the difference between gender, sex and sexuality. With this, there was a well-orchestrated, interesting and insightful webinar, made possible through cooperative collaboration, a brilliant audience and experienced, esteemed speakers.

The pictorial report/representation in format of a collage for the event is given below.





ECLIPSING GENDER: A Step towards "Trans"forming Gender Norms.

RAAH initiative, Department of Child Development of Maniben Nanavati Women's College in collaboration with Volunteer For India (VFI) for VOLSHIP 2021 Bangalore Chapter

SPEAKERS

Aruna Desai

Atul Kumar

Recording **LIVE** on Facebook
View

Participants (27)

- Atul Kumar (Co-host)
- Eileen S Koshy_Tech T... (Co-host)
- Khushi Mutha, VFI (Co-host)
- Komal Shah, Team RA... (Co-host)
- Simran, Tech Team (Co-host)
- TEAM TECH(KHU... (Co-host)
- Zidan, VFI (he/him) (Co-host)
- 20PS101054_Shibangi Rattna Ba...
- Anjali Tripathi_ VFI
- Dr. Rema. M. K
- Esha Mardolkar - Team RAAH
- Gargee Kulkarni_Team RAAH (s...
- Harsha
- Life Sciences Department

Unmute
Stop Video
Participants 27
Chat
Share Screen
Record
Reactions
Leave



ECLIPSING GENDER

A STEP TOWARDS (TRANS)FORMING THE GENDER NORMS

A GENDER SENSITISATION PROGRAM FOR PARENTS

SPEAKERS : ARUNA DESAI & ATUL KUMAR



APRIL 11, 2021 | 6 PM ONWARDS | PLATFORM : ZOOM

www.volunteerforindia.com



Raah Humsafar <raahmanzil@gmail.com>

6 Apr 2021, 18:32

to khushi, dsilvaglenda6, swati.partani

Madam,
Raah would like to contribute to 'Volun

Regards,
Team Raah

from: **Raah Humsafar** <raahmanzil@gmail.com>
to: khushi@volunteerforindia.com
cc: dsilvaglenda6@gmail.com,
swati.partani@mnwc.edu.in
date: 6 Apr 2021, 18:32
subject: Volunteer for India - Volship 2021
mailed-by: gmail.com

una Desai and Mr. Atul Kumar, for the Gender Sensitization Program for youth (week 1).



Raah Humsafar <raahmanzil@gmail.com>

7 Apr 2021, 08:54

to khushi, dsilvaglenda6, swati.partani

Madam,
Please see the trailing mail. As discussed, the collaboration would be for the Gender Sensitization Program for parents.

We apologize for the inconvenience.

Regards,
Team Raah



On Tue, 6 Apr 2021 at 18:32, Raah Humsafar <raahmanzil@gmail.com> wrote:

Madam,
Raah would like to contribute to 'Volunteer for India - Volship 2021' by inviting the expert speakers, Ms. Aruna Desai and Mr. Atul Kumar, for the Gender Sensitization Program for youth (week 1).

Regards,
Team Raah



Raah <raahmanzil@gmail.com>

VOLUNTEER FOR INDIA - Eclipsing Gender

1 message

khushi@volunteerforindia.com <khushi@volunteerforindia.com>
To: raahmanzil@gmail.com

14 April 2021 at 14:53

Dear Team RAAH,
We are grateful to work with you for the 1st online gender sensitisation program for Parents and Elders themed Eclipsing Gender: A step towards Trans (forming) Gender Norms. We thank you for helping us with the pre-decided questions, moments of the session and PR.
We seek to work with you ahead as we set the 6-week chapter.
Thank you.

Regards,
Khushi Mutha & Glenda D'silva,
Leaders, Bangalore City



WhatsApp Image 2021-04-14 at 10.07.45 AM.jpeg
188K



MANIBEN NANAVATI WOMEN'S COLLEGE

DEPT OF CHILD DEVELOPMENT

ACTIVITY REPORT

YEAR: 2021-2022

NAME OF THE ACTIVITY: **Gender Affirming Surgical Interventions: An Overview**

DD/MM/YY: 25/04/21

TARGET GROUP: Transgender Persons

NAME OF FACULTY: Dr. Swati Partani

NO OF STUDENTS: 27

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Dr. Sanjay Sharma; CEO & Managing Director of ATHI, Board Member of WPATH and Mental Health Advisor at RAAH.

VENUE: Zoom Meetings

TIME: 6:00 pm to 7.30 pm

OBJECTIVES:

- To provide information about the gender affirming surgical procedure for transgender individuals.

METHODOLOGY: The methodology used was Participative.

OVERVIEW:

Volunteer For India (VFI) for VOLSHIP 2021 Bangalore Chapter in collaboration with RAAH initiative, Department of Child Development of Maniben Nanavati Women's College organised the webinar titled "Gender Affirming Surgical Interventions: An Overview." The program was conducted on the 25th of April, 2021, from 6 pm to 7.30 pm. The program was conducted online through the Zoom application and about 34 participants were present. The program was also broadcast live on the Facebook page of Volunteer for India. The esteemed speaker present for this program was Dr. Sanjay Sharma; CEO & Managing Director of ATHI, Board Member of WPATH and Mental Health Advisor at RAAH.

The main aim of the session was to educate the transgender community on Gender Affirming Surgery; its pros and cons and available facilities. The program was very insightful, with Dr. Sanjay briefly explaining the process of surgical interventions. He carefully explained some complex terms like intersex, gender incongruence and dysphoria. He even explained the feminization and the masculinization processes. He took care to explain the surgical

procedure of each facial part - namely, forehead, eyebrows, cheekbones, jawlines, nose and upper lips. Dr. Sanjay suggested the ideal age of hormone therapy to be started and how important surgical care is. He even suggested having a mental health professional on board while undergoing the surgery.

Further, an interactive Q/A session was held, wherein a volunteer of RAAH asked Dr. Sanjay questions from the audience.

Role of RAAH: Our Contributions

RAAH initiative, Department of Child Development of Maniben Nanavati Women's College eagerly collaborated in this webinar by Volunteers for India. We gathered the audience for this webinar alongside the City Leaders from Volunteers for India.

Before the event, our volunteers consistently promoted the webinar through posts on our Facebook and Instagram pages and personal WhatsApp messages. We remained in touch via e-mail and WhatsApp with the members from Volunteers for India to ensure effective collaboration for the event. We also prepared and gathered the list of questions before the webinar.

During the event, our volunteers also participated in compering/hosting for the webinar; asking the esteemed speaker questions during the Question-and-Answer Session and introducing the organisations to the audience.

OUTCOME:

The program was very informative and insightful. There were numerous topics explained regarding the surgical procedure. The participants expressed their gratitudes to the esteemed speaker and even wished to get in touch with him.



GENDER AFFIRMATIVE SURGERIES

An Overview



RAAH initiative, Department of Child Development of Maniben Nanavati Women's College in collaboration with Volunteer For India (VFI) for VOLSHIP 2021 Bangalore Chapter

Date: Sunday, 25th April 2021
Time: 6 pm - 7.30 pm

Guest Speaker



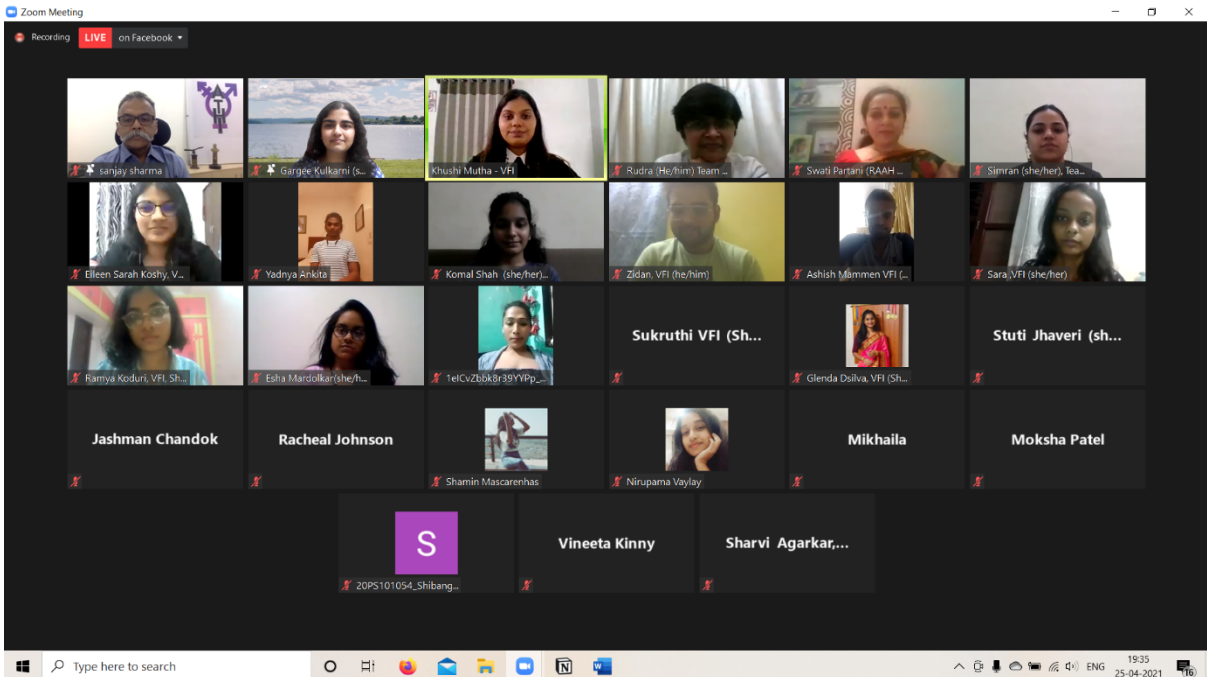
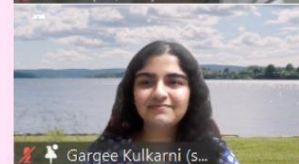
Khushi Mutha - VFI



Zidan, VFI (he/him)



Dr. Sanjay Sharma





GENDER AFFIRMING SURGICAL INTERVENTIONS: AN OVERVIEW

A WEBINAR TO SPREAD AWARENESS AMONG
TRANS PERSONS ABOUT THE SURGERY, IT'S
PROS & CONS, AND AVAILABLE FACILITIES.

SPEAKER:

AIR CMDE (DR) SANJAY SHARMA (RETD)

**(CEO & MANAGING DIRECTOR, ASSOCIATION FOR TRANSGENDER HEALTH IN
INDIA- ATHI BOARD MEMBER WPATH & MEDICAL HEALTH ADVISOR AT RAAH**

APRIL 25, 2021 | 6 PM ONWARDS | PLATFORM : ZOOM | OPEN TO ALL

WWW.VOLUNTEERFORINDIA.COM



Raah <raahmanzil@gmail.com>

Invitation for SRS Webinar

2 messages

Raah <raahmanzil@gmail.com>

19 April 2021 at 15:50

To: write2athi@gmail.com

Cc: swati.partani@mnwc.edu.in, glenda@volunteerforindia.com

Dear Dr. Sanjay Sharma,

Volunteer for India is an initiative of the Society for Promotion of Volunteerism, a registered non-profit organization working towards promoting volunteerism across India. They are organizing VOLSHIP 2021 which is a 6-week volunteering programme wherein the city leaders of Bengaluru are focusing on the upliftment of transgender people. The program aims to educate the society and members of the community itself, and, provide employment opportunities to the community.

Raah is collaborating with Volunteer for India (VOLSHIP 2021) for a webinar on 'Sex Reassignment Surgery' for transgender individuals. The event is scheduled for 25th April 2021 at 6 pm.

As discussed earlier, we would like to have you as our guest speaker for the event. Requesting you to kindly revert confirming your willingness for the event.

Regards,

Team Raah

ATHI <write2athi@gmail.com>

20 April 2021 at 07:45

To: Raah <raahmanzil@gmail.com>

I confirm my participation

Air Cmde (Dr) Sanjay Sharma (Retd)
CEO & Managing Director
Association for Transgender Health in India

[Quoted text hidden]



Raah <raahmanzil@gmail.com>

VOLUNTEER FOR INDIA- Gender Affirming Surgical Procedure

1 message

khushi@volunteerforindia.com <khushi@volunteerforindia.com>
To: raahmanzil@gmail.com

28 April 2021 at 00:01

Dear Team RAAH,

We are grateful to work with you for the 3rd online session. We thank you for helping us with the pre-decided questions, moments of the session and PR.

We seek to work with you ahead as we set the 6-week chapter.

Thank you.

Please find the attached links below:

Feedback: https://docs.google.com/forms/d/1cUeO8_HENStD9NsbizGZ7gagulFrXpjRgAtGywluOJo/edit?usp=sharing

Entries: https://docs.google.com/spreadsheets/d/1jwdT8WqQoGQMVdGTWwundqS6Rnjtt_heC9rKCStVQTE/edit?usp=sharing

Presentation: <https://docs.google.com/presentation/d/1YI8ITru4CeetZA7othCUIBXNTUSyete3aLP9Xqzf5U/edit?usp=sharing>

Questions: https://docs.google.com/document/d/1QebseiBblke_u6n_9NE1HIX6OlycRouWZyUyT5fVCRE/edit?usp=sharing

Video: https://docs.google.com/forms/d/1cUeO8_HENStD9NsbizGZ7gagulFrXpjRgAtGywluOJo/edit?usp=sharing

Regards,
Khushi Mutha & Glenda D'silva,
Leaders, Bangalore City

DEPARTMENT OF CHILD DEVELOPMENT

RAAH INITIATIVE

ACTIVITY REPORT

YEAR: 2020-21

NAME OF THE ACTIVITY: KAVACH CLOTHES DISTRIBUTION DRIVE

DD/MM/YY: 6th September, 2020

TARGET GROUP: Members of Transgender Community

NAME OF FACULTY: Dr Swati Partani

COOLABORATION: RAAH in collaboration with Rotaract Club of Andheri, Ekta Foundation (Donation Partner) and Ratna Nidhi Charitable Trust (Distribution Partner).

No. of Beneficiaries: 60

VENUE: Kapaswadi, Kalina East, Mumbai

OBJECTIVES: To benefit underprivileged transgender individuals by providing cloths to them.

METHODOLOGY: A clothes distribution drive conducted to provide clothing to members of the transgender community during the lockdown. A total of 60 members of the transgender community were provided clothes.

OVERVIEW: RAAH and it's partners in this drive believe in supporting self-expression hence, hope to have achieved their aims in this drive. The drive went smoothly with cooperation from our collaborating organisers.



DEPARTMENT OF CHILD DEVELOPMENT

RAAH INITIATIVE

ACTIVITY REPORT

YEAR: 2020-21

NAME OF THE ACTIVITY: KAVACH CLOTHES DISTRIBUTION DRIVE

DD/MM/YY: 6th September, 2020

TARGET GROUP: Members of Transgender Community

NAME OF FACULTY: Dr Swati Partani

COOLABORATION: RAAH in collaboration with Rotaract Club of Andheri, Ekta Foundation (Donation Partner) and Ratna Nidhi Charitable Trust (Distribution Partner).

No. of Beneficiaries: 60

VENUE: Kapaswadi, Kalina East, Mumbai

OBJECTIVES: To benefit underprivileged transgender individuals by providing cloths to them.

METHODOLOGY: A clothes distribution drive conducted to provide clothing to members of the transgender community during the lockdown. A total of 60 members of the transgender community were provided clothes.

OVERVIEW: RAAH and it's partners in this drive believe in supporting self-expression hence, hope to have achieved their aims in this drive. The drive went smoothly with cooperation from our collaborating organisers.





MANIBEN NANAVATI WOMEN'S COLLEGE

DEPT OF CHILD DEVELOPMENT

ACTIVITY REPORT

YEAR: 2020-2021

NAME OF THE ACTIVITY: Trans-Jan : A conversation with the members of the Transgender community

DD/MM/YY: 22/11/20
MNWC

TARGET GROUP: Students of

NAME OF FACULTY: Dr. Swati Partani

NO OF STUDENTS: 28

SPEAKER/RESOURCE PERSON (WITH DESIGNATION):

Resource Person and Collaborating Host: Ms. Nishtha Nishant from Keshav Suri Foundation in association with Canada in India

Speakers: Mr. Satvik, co-founder of Transmen Collective, Ms. Sridevi, Mumbai University's first transgender teacher and Ms. Sonakshi Makwana, a queer ally

VENUE: Zoom Meetings

TIME: 6:45 - 8:15 pm

OBJECTIVES:

- To create awareness about the transgender community among the youth through a conversation with the members of the community itself.
- To help eradicate transphobia through educating the youth about the community.
- To sensitize the youth about the community to ensure a more equal space for transgender individuals in the society.

METHODOLOGY: The methodology used was Participative.

OVERVIEW: Nishtha Nishant from Keshav Suri Foundation in association with Canada in India and Raah initiative, Department of Child Development, Maniben Nanavati Women's College organised a session 'Trans-Jan: A conversation with the members of the Transgender

community.' This session was conducted on 22nd November, 2020, from 6:45 - 8:15 pm on the Zoom application.

Mr. Satvik, co-founder of Transmen Collective, Ms. Sridevi, Mumbai University's first transgender teacher and Ms. Sonakshi Makwana, a queer ally were invited as the speakers. Ms. Nishtha Nishant was the moderator. Mr. Satvik and Ms. Sridevi shared their personal stories and experiences, and Ms. Sonakshi shared her journey of being an ally. They provided information on various topics such as gender, sexuality, hormone replacement therapy, process of transitioning, etc. The participants cleared their doubts during the Question & Answer session.

OUTCOME: The session was very informative as it had multiple members of the community sharing their perspectives. It was especially insightful because the speakers shared their personal experiences with the audience. The participants were encouraged to interact with the speakers to gain more clarity.





Raah <raahmanzil@gmail.com>

निमंत्रण लिंक: ट्रांस-जन: एक बातचीत ट्रांसजेंडर समुदाय के साथ

1 message

Nishtha Nishant <nishthanishant1@gmail.com>
To: Raah Humsafar <raahmanzil@gmail.com>

22 November 2020 at 16:45

नमस्कारम 🙏

प्रिय प्रतिभागी,

अभिवादन!

पंजीकरण के लिए धन्यवाद.

ट्रांस-जन: एक बातचीत ट्रांसजेंडर समुदाय के साथ - यह कार्यक्रम ट्रांसजेंडर समुदाय के बारे में अधिक जानने के लिए एक मंच है।

कार्यक्रम का विवरण:

घटना की तारीख: 22 नवंबर 2020

घटना का दिन: रविवार

घटना का समय: शाम 6.45 बजे - शाम 8.30 बजे

संचार की भाषा: हिंदी

ऑनलाइन मंच: ज़ूम मीटिंग

Join Zoom Meeting

<https://zoom.us/j/6689263603?pwd=Y0VOdXp2TURzdUNUbHZuVIZPYXhhZz09>

Meeting ID: 668 926 3603

Passcode: RAAH

कृपया निर्देशों का पालन करें:

1. जबकि वक्ता बोल रहे हैं, कृपया अपने आप को मूक रखें।
2. किसी भी प्रश्न को पूछने के लिए, कृपया अपना हाथ बढ़ाएं या चैट बॉक्स में टाइप करें।

हमें उम्मीद है कि ट्रांसजेंडर समुदाय के बारे में अधिक जानने में आपका अनुभव फलदायी होगा!

घटना के बाद कृपया अपनी प्रतिक्रिया हमारे साथ साझा करें।

कृपया RAAH से जुड़ें:

Instagram: raah_manzil

Facebook: RAAH

प्रणाम 🙏

निष्ठा निशांत

(पसंदीदा सर्वनाम - वह / उसकी)

समान अधिकार कार्यकर्ता,

वैज्ञानिक शोधकर्ता, गुरु नानक इंस्टीट्यूट फॉर रिसर्च एंड डेवलपमेंट, मुंबई

वैज्ञानिक सहायक, लीलैक इनसाइट्स, मुंबई

फेलो, क्वीर यूथ लीडरशिप प्रोग्राम, केशव सूरी फाउंडेशन, मुंबई

पूर्वावलोकन टीम के सदस्य, कशिश - मुंबई अंतर्राष्ट्रीय क्वीर फिल्म समारोह

संपर्क नंबर: +91 9819 63 6444

Timestamp	Name / नाम
22/11/2020 20:33:44	Pooja Panchal
22/11/2020 20:34:08	Jashman Chandok
22/11/2020 20:34:31	Pratiksha wadekar
22/11/2020 20:34:32	Aisha khan
22/11/2020 20:34:42	Sapna yadav
22/11/2020 20:34:58	Maya
22/11/2020 20:35:05	Qafiya sayed
22/11/2020 20:35:07	Janhavi Moreker
22/11/2020 20:36:40	Dimple Parmar
22/11/2020 20:37:11	Mariah Anna Dias
22/11/2020 20:37:15	Gargee Kulkarni
22/11/2020 20:37:37	Anjali
22/11/2020 20:38:56	Bhoomi Bhataya
22/11/2020 20:39:14	Meenakshi Gandotra
22/11/2020 20:39:17	Somitro
22/11/2020 20:41:23	Pankaj Gupta
23/11/2020 16:24:30	Twinkle Patel
23/11/2020 16:28:51	sonu kumar
23/11/2020 16:33:21	Priyanka Kumari
23/11/2020 16:39:00	Shraddha vinod bhuwad
23/11/2020 16:50:48	Dr . Surekha Kanse
23/11/2020 17:03:31	Ayush Garg
23/11/2020 17:09:24	Nayan Tendulkar
23/11/2020 17:32:43	Arati Kedia
23/11/2020 17:35:25	Sharvi Agarkar
23/11/2020 20:31:22	Simran Daksha
23/11/2020 22:22:00	Kinjal Sharma
06/12/2020 16:10:51	Zainab S khan

DEPARTMENT OF CHILD DEVELOPMENT

RAAH INITIATIVE

ACTIVITY REPORT

YEAR: 2020-21

NAME OF THE ACTIVITY: KAVACH CLOTHES DISTRIBUTION DRIVE

DD/MM/YY: 6th September, 2020

TARGET GROUP: Members of Transgender Community

NAME OF FACULTY: Dr Swati Partani

COOLABORATION: RAAH in collaboration with Rotaract Club of Andheri, Ekta Foundation (Donation Partner) and Ratna Nidhi Charitable Trust (Distribution Partner).

No. of Beneficiaries: 60

VENUE: Kapaswadi, Kalina East, Mumbai

OBJECTIVES: To benefit underprivileged transgender individuals by providing cloths to them.

METHODOLOGY: A clothes distribution drive conducted to provide clothing to members of the transgender community during the lockdown. A total of 60 members of the transgender community were provided clothes.

OVERVIEW: RAAH and it's partners in this drive believe in supporting self-expression hence, hope to have achieved their aims in this drive. The drive went smoothly with cooperation from our collaborating organisers.



ROTARACT CLUB OF MANIBEN NANAVATI WOMEN'S COLLEGE

ABLE TO ABILITY

ABLE TO ABILITY Rotary District 3141
3 DEC 2020, 6PM TO 7:30 PM
International Day of People with Disability
EVOLVING ATTITUDINAL CHANGE FOR INCLUSION
CHIEF GUEST: DR. RTN. SUNNIL MEHRA
QUEST OF HONOUR: FIRST LADY RTN. SHILPI MEHRA
HOST CLUB: ROTARY CLUB OF BOMBAY POWAI
COORDINATOR: Rtn. LATHA VANAMALI : 99309 63724
Zoom ID: 85093229311, PW: Ability
ALL ROTARY CLUBS OF DIST 3141 COME TO JOIN & REGISTER AS CO-HOSTS
Preeti Shah- Project Advisor(A2A) www.abletoability.org.in
Rtn. A.V. Suresh - Project Director (A2A) - 98210 97310
Rtn. Hari Prakash - Avenue Chair-C (A2A) - 77100 06661

Thanks to all our cohosts

1. RCM Ghatkopar West
2. RCM Kalakar
3. RC Chandivall Mumbai
4. RCB Lakeshore
5. RCB Mahakali Heights
6. RCM Andheri
7. RCB Seacoast
8. RCM Jewels
9. RC Deonar
10. RCM Lakers
11. RCM Yesova
12. RCB Uptown
13. RCB Hills South
14. RCB Juhu Beach
15. RCM Shivaji Park
16. RCM Western Elite
17. RCM Rising Stars
18. RCM Bravohearts
19. RCM Mumbai Marvels
20. RCM Harmony
21. RCM NORTH ISLAND
22. RCB NORTH WEST-MALAD
23. RCB Chembur west
24. RCM Central
25. RCM Bandra Kurla Complex
26. RCB Bayview
27. RCM Sion
28. RCM Mulund East
29. RCM Parleshwar
30. RCB Kandivli
31. RCM Hill View
32. RCM Khar
33. RC JVPD Mumbai

Manju Utamchandani
Mahendra
Rtr. uday hass

Preeti Shah
Rtr. Purna RCUPG
Dg Rtn Sunnil Mehra
Pj Reddy
Neetal Hoshing

ABLE TO ABILITY

Able to Ability project was conducted by Rotary District 3141 it was an online session on zoom which was on 3rd December 2020. The session was speaking about the project, narrating real life experiences and speaking about approach in the areas of disability empowerment.

ROTARACT CLUB OF MANIBEN NANAVATI WOMEN'S COLLEGE

&

AAPKA SAHARA FOUNDATION

Presents

INTERNATIONAL DAY OF OLDER PERSONS

TIMINGS: 2.00 -3.00 Day 1: DATE: 1st Oct '2020

NO OF STUDENTS PARTICIPATED : 67

NO OF TEACHER PARTICIPATED : 1



Brief Overview of the Event

This project was organised by Aapka Sahara Foundation. It was an on ground event which was on 1st October 2020. In this event 16 Rotaract Club's of District 3141 had participated. The event was held at BHN HEALTHCARE, MIRA BHAYANDAR. Many Rotaractors from all the collaborate club's had celebrated this event with the old people of the healthcare center by having a very great time together.



ROTARACT CLUB OF MANIBEN NANAVATI WOMENS COLLEGE

Report of Rotary International Citation

2020-21 ROTARY CITATION



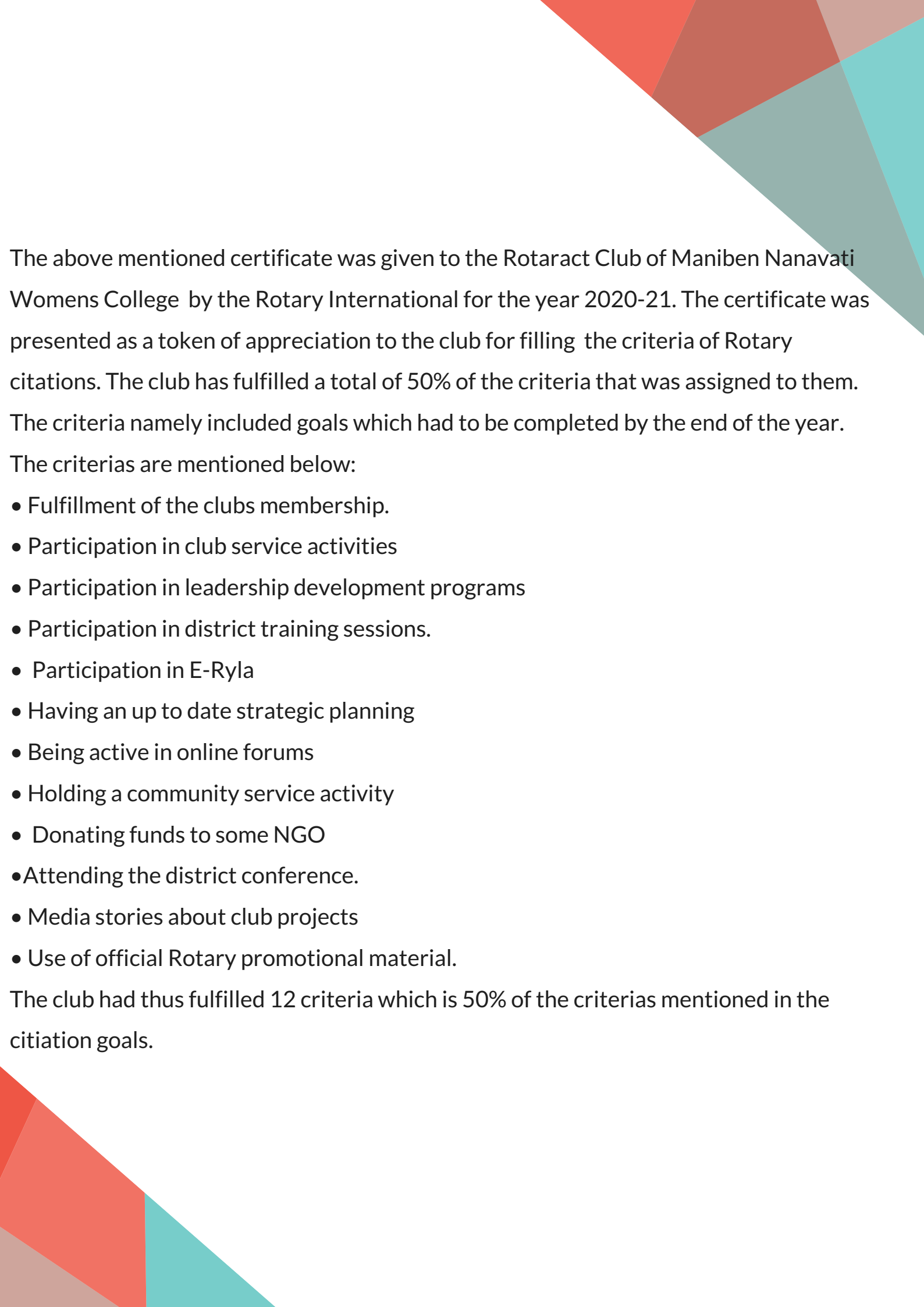
Awarded to the Rotaract Club of

Maniben Nanavati Women's College

for helping **Rotary open opportunities** in the lives
of people all over the world.

Holger Knaack
President, Rotary International

CERTIFICATE RECEIVED BY THE ROTARY INTERNATIONAL FOR THE ROTARY YEAR 2020-2021



The above mentioned certificate was given to the Rotaract Club of Maniben Nanavati Womens College by the Rotary International for the year 2020-21. The certificate was presented as a token of appreciation to the club for filling the criteria of Rotary citations. The club has fulfilled a total of 50% of the criteria that was assigned to them. The criteria namely included goals which had to be completed by the end of the year.

The criterias are mentioned below:

- Fulfillment of the clubs membership.
- Participation in club service activities
- Participation in leadership development programs
- Participation in district training sessions.
- Participation in E-Ryla
- Having an up to date strategic planning
- Being active in online forums
- Holding a community service activity
- Donating funds to some NGO
- Attending the district conference.
- Media stories about club projects
- Use of official Rotary promotional material.

The club had thus fulfilled 12 criteria which is 50% of the criterias mentioned in the citation goals.

MANIBEN NANVATI WOMENS COLLEGE

**NSS Unit
ACTIVITY REPORT
YEAR: 2020-21**

NAME OF THE ACTIVITY: Spit Free India Movement

DD/MM/YY: 19th October 2020
Citizens

TARGET GROUP: 950 Indian

NAME OF FACULTY: Dr Swati Partani

NO OF STUDENTS: one

SPEAKER/RESOURCE PERSON (WITH DESIGNATION): Nil

VENUE: Online

TIME: 24th April-December, 2020

OBJECTIVES:

1. To make citizens aware to stop spitting in public places
2. To stop spread of Covid-19 as well as reducing the usage of chewing tobacco.

METHODOLOGY: Participative

OVERVIEW: One student and faculty were chosen from NSS UNIT of Maniben Nanavati Women's College to become part of the drive "Spit India Movement" organised by Sambandh Health Foundation and Pledge for life- Tobacco free Youth. They were given one online link to spread awareness on social media. From that link 950 citizens from the country took the pledge for not spitting in public places. They filled a small questionnaire which made them think about the after effects of spitting. Later e- certificates were released to all the citizens on completion of question form.

OUTCOME: Country citizens got awareness about the after effects of spitting. They took oath not to spit in public places.



Date: 28 December 2020

Principal Dr Rajshree Trivedi
Maniben Nanavati Women's College

Letter of Appreciation

Dear Dr Rajshree Trivedi,

Greetings from the Pledge for Life Team.

Experts have determined that spitting spreads the Coronavirus. The primary cause of spitting in public places is chewing tobacco (gutkha, khaini, etc) which create an excess of saliva and the urge to spit. Government of India, under the Disaster Management Act 2005, has given the order to stop spitting in public places in every Directive. The Hon'able Prime Minister, Shri Narendra Modi, himself, urged the public not to do so too.

Along with the NSS, we launched the **Spit Free India Movement** on 24th April 2020 and it has been a great success. The Ministry of Youth Affairs has appreciated it and this is now becoming a Spit-Free India movement.

We would like to thank you and your National Service Scheme (NSS) unit, under the dynamic leadership of your Program Officer Dr Swati Partani for supporting this campaign. Your NSS Volunteers have created awareness on the issue by getting people to fill in a mobile weblink. Your NSS Unit has, till 27th December 2020 got 950 entries in the weblink.

This timely action is saving the spread of Covid-19 as well as reducing the usage of chewing tobacco. We look forward to your College's support in this movement by creating awareness in thousands more of students and general public.

Thank you for your service to society,

Sanjay Seth
Trustee
Sambandh Health
Foundation

CC: Respected Registrar, Dr. Deepak Deshpande
NSS Director, Dr. N. S. Prabhu Tendolkar
NSS Program Officer, Dr Swati Partani