



Estd.: 1972

NAAC Reaccredited 'A' grade

**MANIBEN NANAVATI WOMEN'S COLLEGE**

VALLABH BHAI ROAD, VILE PARLE (W), MUMBAI, MAHARASHTRA 4000 56

AWARDED BEST COLLEGE 2018 - 2019



Department of Child Development and  
PG ECE, Dr. Bhanuben Nanavati Career Development Centre  
In association with Yasham Foundation

Presents

# FESTIVAL OF EMOTIONS

Exploring an explosion  
of emotions!

Celebrating Children's  
Day!

Let's recognize the true  
colors of our emotions!



Date: 15th November, 2021

Time : 3pm to 5pm

Venue: Zoom Meetings



Zoom Link: <https://us06web.zoom.us/j/81609808244?pwd=bzQxTjBDbzFadDZ5enlDQVM0blNGUT09>

WhatsApp Group Link : <https://chat.whatsapp.com/Cvv6nQheWKs8Z7JiexM0gi>



Looking forward to your  
participation

# ACTIVITIES



"We are exploring, with the world, positive  
ways of dealings with our feelings"

- Fred Rogers



## ACTIVITY 1

### ***Colour Your Heart***

A rainbow of emotions!



## ACTIVITY 2

### ***Circle of Belonging***

The shapes of love and support!



## ACTIVITY 3

### ***Friendship Medal***

Appreciating the different shades of friends!



## ACTIVITY 4

### ***Dance and Movement***

"Moved" by our emotions!



NEXT PAGE FOR MATERIALS!







# MATERIALS

WHAT YOU WILL NEED



## ACTIVITY 1

***Colour Your Heart***

Paper  
Coloured pens/  
pencils

## ACTIVITY 2

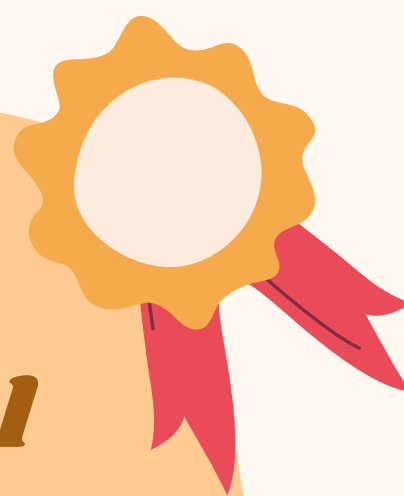
***Circle of Belonging***

Paper  
Markers / Paints  
Other creative materials (like sand,  
pebbles) (Optional)

## ACTIVITY 3

***Friendship Medal***

Blank Paper,  
Scissors, Tape,  
Ribbon  
Markers or color  
pencils



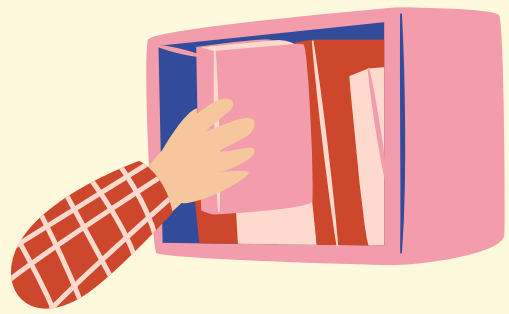
# GUIDELINES ON THE NEXT PAGE!

# Guidelines

**Please follow the following for a fantastic festival!**



**Free entry for all.  
Participation certificates for all our  
enthusiastic learners! Register soon!**



**Make sure you have everything you  
need!  
Materials! All here!**



**AGES : 5 to 12 years.  
Parents can be present for supervision.**



**Be sure to join our Whatsapp group  
once registered**



**For queries contact:  
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