



***Dr. Anuja Deshpande,***

***Assistant Professor & P.G Co-Ordinator.***

***Department of Psychology.***

Dr. Anuja feels Passionate about teaching who believes that every student must understand the importance of psychology in their everyday lives. Have proficiency in creating and engaging lesson plans and inculcating critical thinking skills among students.

She has total 13 years of teaching experience at under-graduate & post-graduate level. She has ***received UGC Award of Teacher Fellowship under Faculty Development Programme*** as per XII plan guidelines for completion her doctoral work in 2016.

She has ***nine paper presentation at International & National Conferences*** to her credit. She has published ***papers in area of Mobile Phone Addiction, Relationship Satisfaction*** in Peer-Reviewed, UGC Listed Journal, Conference Proceedings. She has Published a chapter on ***Smartphone Addiction*** in Handbook of Behavioural Addictions.

She was part of ***Organizing Committee & Chaired Session for 2<sup>nd</sup> National Conference Positive Psychology, 6<sup>th</sup> -8<sup>th</sup> December 2013. Resource Person for Seminar Marriages on Fire April 2014, MNWC.*** She has ***Chaired Scientific Session*** at Asian Congress of Applied Psychology, Singapore, May 2014. Invited to ***chair a session in National Cyber Psychology Conference 2017 & 2020.***

Invited as resource person by Dept.of Psychology R. D National College for various seminars. Invited as **Resource Person at International Seminar on Cognitive assessment and enhancement**, MNWC organized by Vrudhi Research Foundation, BFIT & Leap Ahead Assessment Centre 10th Feb 2016. She was **Convenor & Resource Person** at Three Days National CRE Workshop on Essential Counseling Skills for Counselors & Special Educators organized by Department of Psychology, MNWC & Indian Association of Health Research & Welfare from 6th-8th March 2019.

She has **been active in P.G Teaching for more than a decade** and was visiting faculty at numerous institutions. Visiting Faculty at S.N.D.T Women's University - Guidance & Counselling Department and Department of Applied Psychology 2012-13. Also Smt. M M P Shah College of Arts and Commerce 2012-14 & R.D National College for MA Psychology, 2013-14. She also teaches various papers in P.G Department of Psychology, MNWC and guides M.A II Students for Dissertations.

She has completed Online Course on Sexual Harassment & the Grievance Committee organized by RCWS, SNDTWU & Akshara. She has completed various Faculty Development Programme under PMMMNMTT to enrich her teaching experience. Completed a course on Open- Sesame – a software for creating psychological experiments in November 2019 on Udemy.

She is Member of Board of Studies, Psychology, at Smt M.M.P Shah Women's College. She is having Life Membership of Bombay Psychological Association and Affiliate to American Psychological Association

She has keen interest in field of Cognitive Psychology, Intervention Strategies in Counselling Psychology, Psychological Testing & Behavioral Addiction