



Dr Shoma Chakrawarty serves as an Assistant Professor in the PG Psychology Dept. She holds a Masters in Psychology (Clinical) from Sampurna Montfort, Bangalore and a doctorate in the area of cancer caregiving from the Dept. of Applied Psychology, Pondicherry University. She has also completed her Advanced Diploma in Counseling from Prafulla Andheri in March 2020. She comes with previous work experience in Mount Carmel College, Bangalore, and St Francis College for Women, Hyderabad.

She teaches various papers from the Clinical and Counseling specializations, alongside guiding students for dissertation and practicum. She also teaches various first-year PG papers like Research Methods, Positive Psychology and Neurocognition. She has published numerous papers in the areas of caregiving, health and well-being with one of her papers being selected as the best paper of the edition by Indian Journal of Psychology and Education in 2015. She has also co-authored a chapter on Psychological Trauma and Posttraumatic Growth in a Sage India publication titled “Character Strengths” in 2018.

She has presented papers in the area of cancer caregiving at conferences in various universities, most recent being the International Conference of Counseling, Psychotherapy, and Wellness organized by Christ University in 2019. She was an invited speaker at a Continuing Education event organized by the Indian Association of Health, Research and Welfare in March 2020. In 2019, she attended training events in different therapeutic paradigms like REBT, Attachment Theory, and Narrative Practices. She’s passionate about teaching Psychology in a

way that makes the learning personal and non-pathologizing. She enjoys the process of mentoring the students.