



Head, Dept of Psychology, Dr. Cecilia Chettiar

- Dr. Chettiar released her self-help book titled *Why are you, you?* Published by Goya publishers with ISBN 9789388951302. It is available on hardcopy and also on Kindle Stores across the world.
- She has conducted a 10-hour research methodology workshop for undergraduate students of L.S. Raheja College across four months.
- She was invited as a resource person to the department of Psychology, Auro University, Surat to speak about Integral Psychology of Sri Aurobindo on 11th & 12th October.
- She attended workshops conducted by the IQAC of SPN Doshi College, Ghatkopar on Learning Outcomes for NAAC
- She completed Module 2 of Integral Somatic Psychotherapy training conducted by Prafula Center of Psychological Wellness
- She conducted workshops on *Exam Stress and how to beat it* for the tenth-grade students of Ryan International School and M.P. Shah School.
- She presented a bi-weekly video series titled *Apply This* on Instagram, Facebook and LinkedIn for a period of six months.
- She conducts PG lectures in Personality Psychology and Research Methods.
- She also guides PG dissertations of PG department of Psychology, MNWC and MAPC Program of IGNOU.
- She is in charge of the Student Council & Research Committees at MNWC and a member of Women's Development Cell and IQAC.